

5K Run

| 50 - 54 | | Female | | | | | | | | |
|---------|----------|------------|-------|-------|----------|----|-----------------------|-----|-----|-------|
| Event | District | County | REG # | Place | FN | MI | LN | Age | Bib | Time |
| 5K Run | GN | Davidson | 597 | 1 | Jennifer | B | Meko | 52 | 38 | 26 11 |
| | GN | Rutherford | 1044 | 2 | Diana | L | Jones | 54 | 39 | 27 01 |
| 55 - 59 | | Female | | | | | | | | |
| Event | District | County | REG # | Place | FN | MI | LN | Age | Bib | Time |
| 5K Run | FT | Washington | 430 | 1 | Peggy | A | Kaczorowski- Jones | 56 | 40 | 27 11 |
| | GN | Williamson | 814 | 2 | Michiko | | Gaittens | 55 | 41 | 28 37 |
| | GN | Williamson | 940 | 3 | Luz | E | Prieto | 55 | 42 | 30 03 |
| | GN | Williamson | 588 | | Susan | R | Lambreth | 58 | 43 | |
| 55 - 59 | | Male | | | | | | | | |
| Event | District | County | REG # | Place | FN | MI | LN | Age | Bib | Time |
| 5K Run | GN | Davidson | 508 | 1 | Timothy | P | OLEary | 55 | 44 | 19 41 |
| | GN | Williamson | 153 | 2 | Anthony | J | Johnson | 56 | 45 | 22 14 |
| 60 - 64 | | Female | | | | | | | | |
| Event | District | County | REG # | Place | FN | MI | LN | Age | Bib | Time |
| 5K Run | GN | Davidson | 881 | 1 | Vickie | W | Spickard | 60 | 47 | 24 09 |
| | GN | Rutherford | 53 | 2 | Susan | T | Maguigan | 64 | 46 | 30 26 |
| 60 - 64 | | Male | | | | | | | | |
| Event | District | County | REG # | Place | FN | MI | LN | Age | Bib | Time |
| 5K Run | GN | Wilson | 519 | 1 | Dan | F | Smithhisler | 61 | 51 | 19 02 |
| | GN | Sumner | 1020 | 2 | David | A | Schmanski | 63 | 49 | 20 26 |
| | SC | Mauzy | 76 | 3 | Brian | E | Vincent | 64 | 50 | 27 21 |
| | MP | Shelby | 700 | 4 | Gregory | F | Luscombe | 60 | 48 | 29 04 |
| | ET | Knox | 325 | | Ernie | | Brooks | 63 | 52 | |

| 65 - 69 | | Female | | | | | | | | |
|----------------|-----------------|---------------|--------------|--------------|-----------|-----------|-----------|------------|------------|-------------|
| Event | District | County | REG # | Place | FN | MI | LN | Age | Bib | Time |
| 5K Run | GN | Sumner | 294 | 1 | Betty | J | Salyers | 68 | 53 | 27 51 |
| | GN | Davidson | 817 | 2 | Helen | H | Fussell | 68 | 54 | 32 18 |
| 65 - 69 | | Male | | | | | | | | |
| Event | District | County | REG # | Place | FN | MI | LN | Age | Bib | Time |
| 5K Run | GN | Williamson | 977 | 1 | David | R | Peterson | 69 | 56 | 22 38 |
| | GN | Williamson | 303 | 2 | Michael | E | Hoppel | 69 | 55 | 22 53 |
| 70 - 74 | | Female | | | | | | | | |
| Event | District | County | REG # | Place | FN | MI | LN | Age | Bib | Time |
| 5K Run | UC | Cannon | 468 | 1 | Janet | L | Jernigan | 73 | 58 | 32 01 |
| | SC | Maury | 1030 | 2 | Patricia | J | Bruhn | 72 | 57 | 35 50 |
| 70 - 74 | | Male | | | | | | | | |
| Event | District | County | REG # | Place | FN | MI | LN | Age | Bib | Time |
| 5K Run | GN | Davidson | 186 | 1 | Grady | J | Cash | 70 | 61 | 23 50 |
| | CM | Hamilton | 496 | 2 | Larry | E | Nelson | 73 | 59 | 27 31 |
| | GN | Williamson | 1125 | 3 | Michael | B | Drake | 70 | 62 | 30 11 |
| | CM | Marion | 262 | | Joseph | E | Sedita | 70 | 60 | |
| | GN | Rutherford | 810 | | Bob | A | Pierce | 73 | 63 | |
| 75 - 79 | | Female | | | | | | | | |
| Event | District | County | REG # | Place | FN | MI | LN | Age | Bib | Time |
| 5K Run | GN | Davidson | 67 | 1 | Margie | S | Stoll | 76 | 65 | 27 40 |
| | MP | Shelby | 1039 | 2 | Jane | S | Ridsdel | 79 | 64 | 40 02 |
| 75 - 79 | | Male | | | | | | | | |
| Event | District | County | REG # | Place | FN | MI | LN | Age | Bib | Time |
| 5K Run | GN | Davidson | 411 | 1 | Carlos | - | Cobos | 78 | 66 | 25 49 |
| | GN | Davidson | 165 | 2 | Dennis | D | Christian | 79 | 68 | 30 09 |
| | GN | Rutherford | 684 | 3 | Harmon | J | Roberts | 78 | 69 | 36 07 |
| | GN | Rutherford | 1043 | 4 | Joseph | R | Millichap | 77 | 67 | 42 38 |

| 80 - 84 | | Male | | | | | | | | |
|----------------|-----------------|---------------|--------------|--------------|-----------|-----------|-----------|------------|------------|-------------|
| Event | District | County | REG # | Place | FN | MI | LN | Age | Bib | Time |
| 5K Run | ET | Hamblen | 227 | 1 | Tom | | Parker | 81 | 71 | 29 02 |
| | GN | Davidson | 840 | | Ted | E | Wilson | 81 | 70 | |
| 85 - 89 | | Male | | | | | | | | |
| Event | District | County | REG # | Place | FN | MI | LN | Age | Bib | Time |
| 5K Run | GN | Rutherford | 331 | | Fred | R | Lovelace | 88 | 72 | |