

2018

TENNESSEE SENIOR OLYMPICS

EAST TN



DISTRICT

Presented by:



of Tennessee

September 28 - October 3, 2018

Entry Deadlines:

Early Bird- August 31, 2018

Final Deadline- September 7, 2018

The Tennessee Senior Olympics is a sports competition for athletes ages 50 and older of all skill levels. The objectives of the Senior Olympics are to recognize people who have achieved and maintained good health throughout their lives; promote physical fitness and the pursuit of lifetime leisure activities; and provide opportunities for fun, recreation and fellowship.

GENERAL INFORMATION

DISTRICT INFORMATION

The Tennessee Senior Olympics hosts ten district events across the state of Tennessee. Athletes are encouraged to participate in their home district (determined by county of residence). If unable to do so, one may choose from any district.

Teams and individuals may participate in as many districts as desired. Registration and payment are required for each district.

For further information about all district dates and deadlines please visit www.tnseniorolympics.com or call (615) 200-8760.

AGE CATEGORIES

The Tennessee Senior Olympics age categories are as follows:

| | | | | |
|-------|-------|-------|-------|-------|
| 50-54 | 55-59 | 60-64 | 65-69 | 70-74 |
| 75-79 | 80-84 | 85-89 | 90-94 | 95+ |

Participants will qualify for age divisions according to their age as of December 31, 2019. **For more information, please read the State Finals article on page 7.**

In doubles events and in team competition, teams will compete in the division determined by the age of the youngest team member.

REGISTRATION

Participants may enter an unlimited number of events. However, one may not register for events that will **overlap** in time.

Upon receipt of registration, athletes will receive a confirmation letter. Please make sure all the information is correct on your confirmation letter. For questions or corrections, please contact your district coordinator. Contact information is included in this form.

HEALTH

The Tennessee Senior Olympics strongly recommends that each participant consult his/her doctor in regards to practice, preparation, and competition in these events or any similar physical activity.

OUR WEBSITE

For those who may be new to the Senior Olympics, please visit our website at www.tnseniorolympics.com. A web page has been designed for each district, including information such as counties in the district, rules, entry forms, team rosters, and other information. The website is also a great source for additional details about the state finals and the Tennessee Senior Olympics.

AWARDS

Medals will be presented for first, second, and third place finalists in each age/sex category. The awards will be presented at the conclusion of each event.

INCLEMENT WEATHER

The Tennessee Senior Olympics reserves the right to cancel or postpone events in case of inclement weather or extenuating circumstances. Any schedule changes will be announced at the event site. For further information, please call your district coordinator (see chart or website).

RULES AND EQUIPMENT

All events will be conducted in accordance with the 2018 Tennessee Senior Olympics Official Rules Manual. A copy of the manual is provided to each District Coordinator. The complete rules manual is also available on our website, www.tnseniorolympics.com. A copy of the rules for each event will be available at each event site.

Equipment for each event will be provided by the Tennessee Senior Olympics unless stated in the rules of each event. Participants are advised to consult the Official Rules Manual concerning equipment for their specific event(s).

CHECK-IN FOR EVENTS

Unless notified by mail or phone, check-in for events will be at the starting time listed on the schedule of events. If an athlete is not present at game time (even exhibition), he or she will be scratched even if participating at another Senior Olympics event. Game Time is Forfeit Time.

EVENT SITES

Gatlinburg Community Center

156 Proffitt Road, Gatlinburg, TN 37738 | (865) 436-4990

Herbert Holt Park

151 N. Park Lane, Gatlinburg, TN 37738 | (865) 436-4990

Mynatt Park

634 Asbury Lane, Gatlinburg, TN 37738 | (865) 436-4990

Mills Park

214 Mills Park Rd., Gatlinburg, TN 37738 | (865) 436-4990

Gatlinburg Golf Course

520 Dollywood Lane, Pigeon Forge, TN 37863 | (800) 231-4128

The following counties are included in the East District: Anderson, Blount, Campbell, Claiborne, Cocke, Grainger, Hamblen, Jefferson, Knox, Loudon, Morgan, Roane, Scott, Sevier and Union.

PLEASE NOTE: READ SCHEDULE CAREFULLY AS IT HAS CHANGED.

EVENT SCHEDULE

LEGEND: HP-Holt Park | MP-Mills Park | GCC-Gatlinburg Community Center | GOLF - Gatlinburg Golf Course | Mynatt Park

FRIDAY, SEPTEMBER 28, 2018

| Time: | Location | Event |
|------------------------|----------|---|
| 8:00 a.m. – 12:00 p.m. | MP | Registration |
| 10:00 a.m. | MP | Track Events –LISTED IN MEET ORDER (50M, 800M, 100M, 400M, 200M, 1500M & 1500M Race Walk) |
| 12:30 p.m. | MP | Field Events-LISTED IN MEET ORDER (Men-Shot Put, Discus, Javelin, Long Jump, & Softball Throw) (Women-Discus, Shot Put, Long Jump, Javelin, & Softball Throw) |

SATURDAY, SEPTEMBER 29, 2018

| | | |
|----------------------|----------|--|
| 8:00 a.m.-12:00 p.m. | GCC | Registration |
| 8:30 a.m. | MP | 5K Run |
| 9:30 a.m. | GCC Pool | Swimming warm ups |
| 10:00 a.m. | GCC Pool | Swimming Events-LISTED IN MEET ORDER (200Y Free, 100Y Fly, 50Y Breast, 200Y IM, 100Y Back, 50Y Free, 200Y Breast, 100Y IM, 200Y Back, 100Y Free, 50Y Fly, 100Y Breast, 50Y Back, 500Y Free) |
| 11:00 a.m. | GCC | Bowling Singles age 50-64 |
| 12:30 p.m. | GCC | Bowling-doubles age 50-64 |
| 2:00 p.m. | GCC | Bowling-mixed doubles age 50-64 |

SUNDAY, SEPTEMBER 30, 2018

| | | |
|----------------------|-------------|----------------------------------|
| 1:00 p.m.- 3:00 p.m. | GCC | Registration |
| 1:30 p.m. | GCC | Bowling-singles age 75+ |
| 1:30 p.m. | MP | Disc Golf |
| 1:30 p.m. | Mynatt Park | Tennis (all events & age groups) |
| 3:00 p.m. | GCC | Bowling-doubles age 75+ |
| 4:00 p.m. | GCC | Bowling-mixed doubles age 75+ |

Presented by:



District Sponsors





EVENT SCHEDULE

LEGEND: HP-Holt Park | MP-Mills Park | GCC-Gatlinburg Community Center | GOLF - Gatlinburg Golf Course | Mynatt Park

MONDAY, OCTOBER 1, 2018

| | | |
|-----------------------|-----|--------------------------------------|
| 7:00 a.m.- 11:00 a.m. | GCC | Registration |
| 8:00 a.m. | GCC | Pickleball - singles |
| 10:00 a.m. | GCC | Pickleball - doubles & mixed doubles |
| 11:00 a.m. | GCC | Bowling - singles age 65-69 |
| 12:30 p.m. | GCC | Bowling - doubles age 65-69 |
| 2:00 p.m. | GCC | Bowling - mixed doubles age 65-69 |

TUESDAY, OCTOBER 2, 2018

| | | |
|----------------------|-----|------------------------------------|
| 9:00 a.m.- 1:00 p.m. | GCC | Registration |
| 9:00 a.m. | MP | Horseshoes - women & men |
| 11:00 a.m. | GCC | Table Tennis - women & men |
| 11:00 a.m. | GCC | Bowling - singles age 70-74 |
| 12:30 p.m. | GCC | Bowling - doubles age 70-74 |
| 1:00 p.m. | GCC | Basketball - free throw etc. women |
| 1:30 p.m. | GCC | Basketball - free throw etc. men |
| 2:00 p.m. | GCC | Bowling - mixed doubles age 70-74 |

WEDNESDAY, OCTOBER 3, 2018

| | | |
|------------|----------|-------------------------|
| 9:00 a.m. | GCC-GOLF | Registration |
| 10:00 a.m. | GCC-GOLF | Golf - *Shot Gun Start* |

BROOKSIDE RESORT

Lovingly described as “a house with 100 bedrooms,” Brookside Resort is a beloved fixture in the popular mountain resort town of Gatlinburg, Tennessee. Nestled in the foothills of the Great Smoky Mountains, this independent, family-owned resort has welcomed generations of guests in pursuit of family fun and outdoor recreation. Its wooded, ten-acre setting features spacious guest rooms with private balconies overlooking the Roaring Fork Creek, two outdoor swimming pools, an eight-foot waterfall, a well-equipped fitness center, and quiet picnic areas.

Ask for the Senior Olympic rate \$99 for king \$109 for queen

463 E Parkway ~ Gatlinburg, TN 37738 ~ 865-436-5611



ENTRY FORM

General Information (please print)

Last Name _____ First Name _____ Initial _____

Street Address (Include Apartment Number) _____

City _____ State _____ Zip Code _____

County _____ Date of Birth _____

Phone Number Home Cell

 Age (as of 12/31/2019) month _____ day _____ year _____ Male Female

E-mail Address _____ Emergency Contact (Name, Phone, Relationship) _____

T-Shirt Size
*(fill in appropriate box)

| | | |
|------|-----|---|
| S | M | L |
| XL | XXL | |
| XXXL | | |

Events –Note: Open events at the State level include: 5K & 10K Runs, Archery, Cycling, Racquetball, Power Walk and any sport not offered in your district event.

- | | |
|--|---|
| <ul style="list-style-type: none"> <input type="checkbox"/> Basketball <ul style="list-style-type: none"> <input type="checkbox"/> Free Throw <input type="checkbox"/> 3-Point <input type="checkbox"/> Hot Shot <input type="checkbox"/> Bowling (singles) <input type="checkbox"/> Bowling (doubles) Partner's Name _____ Bday _____ <input type="checkbox"/> Bowling (mixed doubles) Partner's Name _____ Bday _____ <input type="checkbox"/> Disc Golf <input type="checkbox"/> Field Events (indicate each event) <ul style="list-style-type: none"> <input type="checkbox"/> Long Jump <input type="checkbox"/> Javelin <input type="checkbox"/> Shot Put <input type="checkbox"/> Discus <input type="checkbox"/> Softball Throw <input type="checkbox"/> Golf List others in foursome - all players must submit a registration form Self _____ 1 _____ 2 _____ 3 _____ <input type="checkbox"/> Horseshoes <input type="checkbox"/> Pickleball (singles) <input type="checkbox"/> Pickleball (doubles) Partner's Name _____ Bday _____ <input type="checkbox"/> Pickleball (mixed doubles) Partner's Name _____ Bday _____ | <ul style="list-style-type: none"> <input type="checkbox"/> Swimming (indicate each event - select only 6 events) <ul style="list-style-type: none"> Backstroke <input type="checkbox"/> 50Y <input type="checkbox"/> 100Y <input type="checkbox"/> 200Y Breaststroke <input type="checkbox"/> 50Y <input type="checkbox"/> 100Y <input type="checkbox"/> 200Y Butterfly <input type="checkbox"/> 50Y <input type="checkbox"/> 100Y Freestyle <input type="checkbox"/> 50Y <input type="checkbox"/> 100Y <input type="checkbox"/> 200Y <input type="checkbox"/> 500Y Indiv. Medley (4 strokes) <input type="checkbox"/> 100Y <input type="checkbox"/> 200Y <input type="checkbox"/> Table Tennis (singles) <input type="checkbox"/> Table Tennis (doubles) Partner's Name _____ Bday _____ <input type="checkbox"/> Table Tennis (mixed doubles) Partner's Name _____ Bday _____ <input type="checkbox"/> Tennis (singles) <input type="checkbox"/> Tennis (doubles) Partner's Name _____ Bday _____ <input type="checkbox"/> Tennis (mixed doubles) Partner's Name _____ Bday _____ <input type="checkbox"/> Track Events (indicate each event) <ul style="list-style-type: none"> Run/Walk- <input type="checkbox"/> 50M <input type="checkbox"/> 100M <input type="checkbox"/> 200M <input type="checkbox"/> 400M <input type="checkbox"/> 800M <input type="checkbox"/> 1500M Run <input type="checkbox"/> 1500M Racewalk <input type="checkbox"/> 5K Run |
|--|---|

Health Information

Do you have specific health conditions or problems that would need to be known in case you need emergency treatment?

- No
 Yes _____

Family Doctor _____

Phone () _____

Recruitment

Are you a first-time Senior Olympics athlete?

- No
 Yes, but I wasn't recruited by a returning athlete
 Yes, and I was recruited by a returning athlete and his/her name is _____

Volunteer

Are you interested in volunteering for an event?

- Yes, and I would prefer to volunteer for:

 No

Liability Waiver

I, the undersigned, understand and expressly assume the dangers of the District Senior Olympics competition(s) I have entered. I hereby agree to indemnify, save and hold harmless Tennessee Senior Olympics, East District Tennessee Senior Olympics, BlueCross BlueShield of Tennessee, Town of Pigeon Forge, Gatlinburg Recreation Department, Gatlinburg Golf Course and any other sponsoring agencies or their respective agents, representatives, successors or assignees for my health, safety, loss of property or injury resulting from my participation in the East District Tennessee Senior Olympics and planned special events. To the best of my knowledge, I have no physical restrictions which would prohibit my competing in the event(s) I have selected. Senior Olympics has my permission to have emergency medical personnel attend to me during my participation in the Senior Olympics if it is deemed necessary.

I, the undersigned, grant Senior Olympics and its sponsors the right to use any still or motion pictures taken of me during the 2018 District Senior Olympics without remuneration.

Signature _____ Date _____

Entry and Event Fees

- Early Bird Fee (postmarked by 8/31) \$25.00
 Final Deadline Fee (postmarked by 9/7) \$30.00

I am entering over ten events
_____ - 10 = _____ x \$3.00 = \$ _____.00
number of events entered

I am participating in a bowling event
_____ x \$5.00 = \$ _____.00
number of bowling events

I am participating in golf + \$35.00 \$ _____.00

Donation \$ _____

TOTAL AMOUNT ENCLOSED \$ _____

Make checks payable to "East District TN Sr Olympics" .00

Mail all forms to: East District TN Sr Olympics
c/o Gatlinburg Recreation Dept.
P.O. Box 5
Gatlinburg, TN 37738

Or scan & email form to: melissaw@gatlinburgtn.gov

V/MC/DISC/AX total \$ _____
Card # _____
Exp Date ____/____/____ 3 digit CVT ____ (on back of card)

This form must be completed and postmarked by September 1, 2018 in order to participate. Forms may be mailed to: East District Tennessee Senior Olympics, c/o Gatlinburg Recreation Department
PO Box 5, Gatlinburg, TN 37738

Please include your team and/or partner's name when registering for doubles and team events. Partners must also submit a registration form. You may not enter an event after the deadline.

NEXT SUMMER'S STATE FINALS IMPORTANT INFORMATION! PLEASE READ!

The Tennessee Senior Olympics State Finals are scheduled for June 2019 in Williamson County, TN. The exact dates will be posted at www.tnseniorolympics.com by the end of the year.

To be eligible for the 2019 state finals, athletes must participate in a fall 2018 district event in most sports.

District participants will participate and qualify in age divisions that match the state finals age determination. Age at the district will be determined by the athlete's age as of December 31 of the next calendar year. Athletes must be 50 years old by December 31, 2019 to compete in the 2019 state finals.

For example, for the 2018 districts, age will be determined as of December 31, 2019. For the 2019 state finals, age will be determined as of December 31, 2019. This is to ensure that athletes are practicing and playing in the age group that they will be placed in at the summer 2019 state finals. For example, an individual who turns 50 on April 1, 2019 will play in the 50-54 division in the fall 2018 districts although he or she is 49.

Athletes must be 50 years old by December 31 of 2019 year to compete in the 2019 state finals.

Open sports that do not require district qualification include archery, cycling (5K and 20K), the 5K and 10K road races, 5K Walk, racquetball, triple jump, pole vault, disc golf, and the powerwalk. Sports not offered at your home district are also considered open. This list is subject to change by our board of directors. **Notification of changes will be via e-mail.**



Tennessee Senior Olympics District Dates Fall 2018

| District | 2018 Dates | Entry Deadline | Contact Name | Phone Number | Email Address |
|-------------------|---|--|----------------|----------------|--|
| Chattanooga | October 12-31; Pickleball Feb 22-24, 2019 | Deadline: September 15; PB deadline: February 1 | Kelly Price | (423) 240-1508 | kellyelaineprice@hotmail.com |
| East TN | September 28 - October 3 | Early Bird: August 31 Final Deadline: September 7 | Melissa Ward | (865) 436-4990 | melissaw@gatlinburgtn.gov |
| First TN | TBA | TBA | Teresa Sutphin | (423) 722-5120 | tsutphin@ftaad.org |
| Greater Nashville | September 24- 29; Golf - 9/18; Track and Field: TBA | Early Bird: August 24 Final Deadline: August 31 | Traci Meador | (615) 200-8760 | gnseniorolympics@comcast.net |
| Memphis | September 14 - 28 | Early Bird: August 17 Final deadline: August 24 | Lori Fageol | (901) 383-9101 | Lori.fageol@memphistn.gov |
| Northwest | August 27 - October 26 | Deadline: August 17 | Julie Jones | (731) 587-4213 | julie.jones@nwtd.org |
| South Central | October 22-26; Tennis - 9/10- 9/11; Pickleball - 9/11 - 9/12 | Deadline: August 31 | Pam Kemp | (931) 762-4231 | Pkemp@lawrenceburgtn.gov |
| Southeast | September 18 - October 1 | Deadline: August 27 | Melody Moses | (423) 745-6830 | sesolympics@hotmail.com |
| Southwest | September 10 - 21 | Deadline: August 24 | Linda Kauffman | (731) 425-8614 | southjacksoncenter@cityofjackson.net |
| Upper Cumberland | September 8 - 20 | Deadline: August 24 | Angela Shadden | (931) 484-7416 | fpsctn@yahoo.com |

****Dates are subject to change without notice, please check www.tnseniorolympics.com for updates or call the district coordinator for more information.**

Go to www.tnseniorolympics.com for a complete list of counties and to download entry forms.

For doubles players, athletes who participated in ONE event at the district (i.e. singles, mixed, or doubles) within any doubles sport may register for all three events if interested.

Registration for the state finals will open early March 2019.

Details will be e-mailed to all district participants.

Visit www.tnseniorolympics.com for more information about the state finals.

NATIONALS

The next National Senior Games- the Senior Olympics are scheduled for June 14-28, 2019 in Albuquerque, NM.

Qualification for this event occurred at our recent 2018 state finals in Williamson County.

We realize that our 2019 state finals will overlap the Nationals next summer. Unfortunately, late June during the high school dead period is the only time that we can secure the many venues needed across Williamson County. We wish those going to New Mexico the best of luck and we look forward to seeing those of you planning to stay in Tennessee next summer.

If you qualified, you should receive information directly from the National office by January 2019. For more Information please visit www.nsga.com.



East TN District
Tennessee Senior Olympics
c/o Gatlinburg Recreation Department
PO Box 5 Gatlinburg, TN 37738

Final Checklist

- I completed the Official Entry Form and the Event Registration Form.
- I completed the Health Information Form and signed the Liability Waiver.
- I completed the Fee and Ticket Order Form and included a check or money order for the total amount payable to East District Tennessee Senior Olympics and I submitted all forms before September 7, 2018.
- I am including the above pages (3) to be mailed back.
- I understand I may not enter any events after the deadline.

Contact Information

Melissa Ward, Coordinator

E-Mail: melissaw@gatlinburgtn.gov

Phone: (865) 436-4990

Address: Melissa Ward, East District Coordinator

Tennessee Senior Olympics
c/o Gatlinburg Recreation Department
PO Box 5 Gatlinburg, TN 37738

District Dates: September 28, 2018 - October 3, 2018

Presented by:



District Sponsors

