

Southwest District Fall 2019

August 12-24, 2019

**DEADLINE TO REGISTER
AUGUST 2**



PRESENTING SPONSOR



City of Jackson
Recreation and Parks Department

The Southwest District Tennessee Senior Olympics is a special event for seniors 50 and older that combines a wide range of competitive activities. The objectives of the Senior Olympics are to recognize people who have achieved and maintained good health throughout their lives: promote physical fitness and the pursuit of lifetime leisure activities: and provide opportunities for fun, recreation and fellowship.

The following counties are included in the Southwest District: Chester, Decatur, Hardeman, Hardin, Haywood, Henderson, Madison and McNairy.

General Information

Age Categories

The Tennessee Senior Olympics age categories are as follows:

50-54	55-59	60-64	65-69	70-74
75-79	80-84	85-89	90-94	95+

Participants will qualify for age divisions according to their age as of December 31, 2020. In doubles events and in team competition, teams will compete in the division determined by the age of the youngest team member.

Registration and Fees

Participants may enter an unlimited number of events. If you are unable to participate in the Southwest District, please visit our website, www.tnseniorolympics.com, to find information on other districts.

All participants are required to pay a one-time entry fee of \$20.00. Below are additional event-related fees. All fees must be submitted with the registration form and be postmarked by August 2, 2019. **After August 9, add a \$10.00 late fee . No refunds after August 12, 2019.**

Bowling	\$ 7.00 for each three game set
Golf	\$25.00

All participants must live within 30 miles of the Tennessee state line and be pre-registered to participate.

Team captains are responsible for submitting team entry forms and team rosters by August 9. A roster is included in this document. Entry forms and fees must be mailed to the address on the back of this booklet.

Participants must mail the completed entry form and all fees to:

Linda Kauffman
SW TN District Senior Olympics
175 Bolivar Hwy
Jackson, TN 38301

Please make checks payable to:

Southwest District Tennessee Senior Olympics

Inclement Weather

The Tennessee Senior Olympics reserves the right to cancel or postpone events in case of inclement weather or other extenuating circumstances. Any schedule changes will be available by calling the South Jackson Community Center at (731) 425-8614. If you are unable to reach anyone at the South Jackson Community Center. Please check Event Schedule for rain dates.

Rules and Equipment

All events will be conducted in accordance with the 2019 Tennessee Senior Olympics Official Rules Manual. A copy of the manual is provided to each District Coordinator. The complete rules manual is also available on our website, www.tnseniorolympics.com. A copy of the rules for each event will be available at each event site.

Equipment for each event will be provided by the Southwest Tennessee District Senior Olympics unless stated in the rules of each event. Participants are advised to consult the Official Rules Manual concerning equipment for their specific event (s).

Awards

Medals will be presented for first, second, and third place finalists in each age/sex category. The awards will be presented at the conclusion of each event. No medals will be mailed out.

Presented by:



Supporting by;

City of Jackson
Recreation and Parks
Department

Event Schedule

Monday, August 12

8:00 a.m.. Golf Woodland Hills Country Club
Raindate: Aug. 19

Tuesday, Aug. 13

8:00 a.m. Shuffleboard, doubles
South Jackson Community Center

Wednesday, Aug. 14

7:30 a.m. Fitness/Power Walk
South Jackson Community Center

8:00 a.m. Basketball Free Throw
Malesus Baptist Church Gym

8:30 a.m. Horseshoes
South Jackson Community Center

10:00 a.m. Shuffleboard, singles
South Jackson Community Center

Thursday, August 15

9:00 a.m. Bowling (singles, doubles, mixed
doubles)
Savannah Bowling Center

Friday, Sept. 14

9:00 a.m. Table Tennis
South Jackson Community Center

Tuesday, Aug. 20

9:00 a.m. Pickleball and Badminton, singles,
South Jackson Community Center

Wednesday, Aug. 21

8:00 a.m. Pickleball (doubles, mixed doubles)
South Jackson Community Center

11:30 a.m. Badminton (doubles, mixed doubles)
South Jackson Community Center

Saturday, Aug. 24

8:30 a.m. Cornhole (singles & doubles)
South Jackson Community Center

Saturday, Aug. 24

6:00 p.m. Banquet
Malesus Baptist Church
Fellowship Hall

***Ladies 3 On 3 Basketball team
will qualify at the
Barbara Hill Memorial Tourna-
ment on Oct. 12, 2019.***

Note:

Discus golf, track and field, swimming, volley-
ball, tennis, 5K & 10K road races, cycling, pole vault,
triple jump, men's basketball and racquetball are
open events at the Tennessee State Senior Olympics.
Local events will not be held.

CLOSING CEREMONY

Saturday, August 24

***6:00 PM Malesus Baptist Church
Fellowship Hall***

***Must register for this event
by August 16
by calling 425-8614 and
fees must be paid in advance.***

Recognition National and

Check-in for Events

Unless notified by mail or phone, check-in for events will be at the starting time listed on the schedule of events. If you are not present at game time (even an exhibition game), you will be scratched. Game Time is Forfeit Time.

Health

The Tennessee Senior Olympics strongly recommends that each participant consult his/her doctor in regards to practice, preparation, and competition in these events or any similar physical activity.

NEXT SUMMER'S STATE FINALS

IMPORTANT INFORMATION! PLEASE READ! *2020 is a Qualifying year for the 2021 National Games!*

Information and exact dates for the 2020 Tennessee Senior Olympics State Finals will be posted at www.tnseniorolympics.com by the end of the year.

To be eligible for the 2020 state finals, athletes must participate in a fall 2019 district event in most sports.

District participants will participate and qualify in age divisions that match the state finals age determination. Age at the district will be determined by the athlete's age as of December 31 of the next calendar year. Athletes must be 50 years old by December 31, 2020 to compete in the 2020 state finals.

For example, for the 2019 districts, age will be determined as of December 31, 2020. For the 2020 state finals, age will be determined as of December 31, 2020. This is to ensure that athletes are practicing and playing in the age group that they will be placed in at the summer 2020 state finals. For example, an individual who turns 50 on April 1, 2020 will play in the 50-54 division in the fall 2019 districts although he or she is 49.

Athletes must be 50 years old by December 31 of 2020 year to compete in the 2020 state finals.

Open sports that do not require district qualification include archery, cornhole, cycling (5K and 20K), the 5K and 10K road races, 5K Walk, racquetball, triple jump, pole vault, disc golf, and the powerwalk. Sports not offered at your home district are also considered open. This list is subject to change by our board of directors. **Notification of changes will be via e-mail.**

For doubles players, athletes who participated in ONE event at the district (i.e. singles, mixed, or doubles) within any doubles sport may register for all three events if interested.

Registration for the state finals will open early March 2020.

Details will be e-mailed to all district participants.

Visit www.tnseniorolympics.com for more information about the state finals.

Nationals

The next National Senior Games- the Senior Olympics are scheduled for June 2021 in Fort Lauderdale, Florida. For exact dates, please visit www.nsga.com

Qualification for this event will occur at the 2020 Tennessee Senior State Finals in Williamson County.

Both sides of this Entry Form must be completed fully to successfully register

Entry Form

**PLEASE
MARK
YOUR SIZE!**

T-Shirt Size
(fill in appropriate box)

M L XL
XXL XXXL

General Information (please print)

Last Name First Name Initial

Street Address (Include Apartment Number)

City State Zip Code

County Date of Birth Age Male Female
month day year as of 12/31/2020

Phone Number E-mail Address

Events --(Note: Open events at the State level include: 5K and 10K Runs, Archery, Cycling, tennis, swimming, track, field events, 5K walk, triple jump, pole vault and Racquetball)

- Badminton (singles)
- Badminton (doubles)
Partner's Name _____ Age ____
- Badminton (mixed doubles)
Partner's Name _____ Age ____
- Basketball Free Throw
- Basketball (3-on-3)
Team Name _____
Captain* _____
- Bowling (singles)
- Bowling (doubles)
Partner's Name _____ Age ____
- Bowling (mixed doubles)
Partner's Name _____ Age ____
- Cornhole, singles
- Cornhole (doubles)
Partner's Name _____ Age ____
- Golf
- Horseshoes
- Pickleball (singles)
- Pickleball (doubles)
Partner's Name _____ Age ____
- Pickleball (mixed doubles)
Partner's Name _____ Age ____
- Shuffleboard (singles)
- Shuffleboard (doubles-may be mixed)
Partner's Name _____ Age ____
- Softball Throw
- Table Tennis (singles)
- Table Tennis (doubles)
Partner's Name _____ Age ____
- Table Tennis (mixed doubles)
Partner's Name _____ Age ____
- Power Walk

Event Sites

Savannah Bowling Center
Address: 320 Malcomb St, Savannah, TN
Phone: (731) 925-7177

First United Methodist Church
Address: 200 South Church Street, Jackson
Phone: (731) 422-4002

South Jackson Community Center
Address: 412 Bolivar Highway, Jackson
Phone: (731) 425-8614

Woodland Hills Golf & Country Club
Address: 3500 Highway 45 South, Pinson
Phone: (731) 988-5311

Health Information

Do you have specific health conditions or problems that would need to be known in case you need emergency treatment?

- No
- Yes _____

Family Doctor _____
 Phone () _____

Emergency Contact _____
 Relation _____
 Phone () _____

Recruitment

Are you a first-time Senior Olympics athlete?

- No
- Yes, but I wasn't recruited by a returning athlete
- Yes, and I was recruited by a returning athlete and their name is _____

Liability Waiver

I, the undersigned, understand and expressly assume the dangers of the District Senior Olympics competition(s) I have entered. I hereby agree to indemnify, save and hold harmless Tennessee Senior Olympics, Southwest District Tennessee Senior Olympics, BlueCross BlueShield of Tennessee, City of Jackson Recreation and Parks Department, West Tennessee Healthcare, Woodland Hills Golf & Country Club, First United Methodist Church, University School of Jackson, Malesus Baptist Church, Savannah Bowling Center, Southwest Archers and any other sponsoring agencies or their respective agents, representatives, successors or assignees for my health, safety, loss of property or injury resulting from my participation in the Southwest District Tennessee Senior Olympics and planned special events. To the best of my knowledge, I have no physical restrictions which would prohibit my competing in the event(s) I have selected. Senior Olympics has my permission to have emergency medical personnel attend me during my participation in the Senior Olympics if it is deemed necessary.

I, the undersigned, grant Senior Olympics and its sponsors the right to use any still or motion pictures taken of me during the 2019 District Senior Olympics without remuneration.

Signature _____ Date _____

Entry and Event Fees

- Registration Fee \$ 20.00
Add \$10 after August 9, 2019 \$ _____
 - I am participating in a bowling event
_____ x \$7.00 = \$ _____
number of three game sets entered
 - I am participating in golf + \$25.00 \$ _____
 - I am attending the banquet (Aug.24) Included
 - I am attending the banquet with guests
_____ x \$10.00 = \$ _____
number of guests
 - Donation \$ _____
- TOTAL AMOUNT ENCLOSED \$ _____

*Make checks payable to
 "Southwest District Tennessee Senior Olympics."*

**Late Fee: After August 9 ADD \$10
 NO REFUNDS after August 12, 2019**

This form must be completed and postmarked or hand-delivered to the South Jackson Community Center along with all fees by August 2, 2019 in order to participate.

**Mail forms to: SW TN District Senior Olympics
 175 Bolivar Hwy, Jackson, TN 38301**

Please include your team and/or partner's name when registering for doubles and team events. Partners must also submit a registration form. You may not enter an event after the deadline.

Final Checklist

- I completed the Official Entry Form and the Event Registration Form.
- I completed the Health Information Form and signed the Liability Waiver.
- I completed the **Entry Form** in full and included a check or money order for the total amount payable to Southwest District Tennessee Senior Olympics and will submit all forms before August 2, 2019. I understand I may not enter any event after the deadline.
-

Contact Information

Linda Kauffman

Address: Southwest District
Tennessee Senior Olympics
175 Bolivar Hwy
Jackson, TN 38301

Phone: (731) 425-8614

E-Mail: southjacksoncenter@cityofjackson.net

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