

2019

TENNESSEE SENIOR OLYMPICS

STATE FINALS



Presented by:



of Tennessee

June 21-27, 2019



We're right here

For bringing home the gold.

For the thousands of athletes who compete each year.

For the Tennessee Senior Olympics and more than 35 years of celebrating active, healthy seniors.

For good.

See more about our mission at bettertennessee.com.



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THE TENNESSEE SENIOR OLYMPICS is a special event for senior adults age 50 and older that combines a wide range of competitive events. The state finals are sponsored by BlueCross BlueShield of Tennessee, the Williamson County Parks and Recreation Department, the City of Franklin, the City of Brentwood and Battle Ground Academy.

This is the 39th annual statewide Senior Olympics competition. The mission of the Tennessee Senior Olympics is to promote healthy lifestyles for Seniors through fitness, sports, and an active involvement in life.

Have a safe and happy 2019 state competition. Good luck to all!

Board of Directors

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Senior Games Oath

Today the joy of competition
calls me to the test.
I have the opportunity
to strive to reach my best.
I have learned with age
that effort is the only true first place.
There is victory in accepting challenge,
and in trying, there is grace.

Emergency Information

Registration Headquarters:

(615) 200-8760 (No text messages please) — Battle Ground Academy

Rain Out Info: (615) 200-8760 (No text messages please)

Williamson County Parks and Recreation Department:
(615) 790-5719

Williamson County Medical Center staff will be
present at most sites.

Other emergencies should be directed to Williamson
County's emergency assistance number — 911.

State Finals Staff

Event Co-Chairs
Christine Dewbre
Gary Hathcock
Traci Meador

Volunteer Coordinators
Traci Meador
Gail Ragland
Lisa Wright

Medical
Williamson
County Medical
Center
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Marty Kennedy

Archery
Jim Maze
Hunter Eubanks

Badminton
Sherry Hipps
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Ann Raynor
Ann Thornton

Basketball 3-on-3
Chris Gravlee
Richard West
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Basketball Skill Events
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Gary Hathcock

Bowling
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Don McKee

Cornhole
Linda Kauffman

Cycling/Road Races
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Dave Bunt
Martin Coleman
Tomas de Paulis
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Pickleball
Katie Adams
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Kelly Price
Noa Geyne
Don Stanley

Racquetball
Chris Redding

Athlete Check-In
Gail Ragland

Shuffleboard
Linda Kauffman
Kylie Preston
Ryan Pett

Swimming
Jordan Brown
Mike Conrad
Sue Conrad
Evan Hampton

Steven Murry
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Lisa Wright

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Kellie Graves
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Table Tennis
Larry Thoman
Roger Dickson

Tennis
Ann Marie Flynn

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Kristen Pitts
Chris Podunajec
Kylie Preston
Chris Redding
Lance Westbrooks
Ryan Pett



WELCOME *from the* **GOVERNOR**

Dear Friends,

On behalf of the State of Tennessee, it is my pleasure to welcome the participants and guests to the 2019 Tennessee Senior Olympics State Finals.

As governor, I am pleased to recognize participants from across the Volunteer State for their lifelong commitment to physical fitness. I commend you for your hard work and dedication and thank you for representing Tennessee in such a positive way. I would also like to thank Tennessee Senior Olympics, Inc. for organizing this special event, as well as the volunteers who helped make this event possible.

Again, welcome to the Tennessee Senior Olympics State Finals. Maria and I wish each of you the very best in your respective competitions.

Sincerely,

A handwritten signature in cursive script that reads "Bill Lee".

Bill Lee

Rogers C. Anderson
Williamson County Mayor



WILLIAMSON COUNTY GOVERNMENT

May 22, 2019

Welcome Tennessee Senior Olympics Participants and Fans!

It is my pleasure to welcome you to the 2019 Senior Olympics in Williamson County.

Williamson County Parks & Recreation Department is proud to provide the very best recreational equipment and facilities for your competitions, and we hope you will enjoy them during your visit! In addition to your scheduled Senior Olympic events, we hope you will have an opportunity to visit the many historic sites, restaurants, and shops that make our community a popular destination.

Thank you for the privilege of hosting the Senior Olympics again this year. I wish you good luck in your individual events and hope you enjoy your visit to Franklin and Williamson County.

Sincerely,

Rogers C. Anderson
Williamson County Mayor

RCA/jd



June 12, 2019

Dear Tennessee Senior Athlete,

Welcome to the State Finals of the 2019 Tennessee Senior Olympics! Congratulations on your achievement. You're at the top of your game, and we're excited for your success.

For more than 30 years, we've been honored to sponsor the games and show our support for Tennessee Senior Olympians. It's one of the ways we demonstrate our commitment to better health for our communities.

Every year, athletes like you inspire us with your drive and your dedication to living a healthy and active life. Thanks for being a great role model for us and all of your Tennessee neighbors.

We're right here to cheer you on as you go for the gold. Good luck in the finals!

Best of Health,



J. Todd Ray
Senior Vice President and General Manager, Senior Products

Athlete Check-In

Participants must check in at the Athlete Check-in Headquarters at Battle Ground Academy either before or after participating. This is mandatory.

Athlete Check-in Headquarters will be open:

Friday, June 21 1:30 p.m. – 6:00 p.m.
Saturday, June 22 7:15 a.m. – 5:00 p.m.
Sunday, June 23 7:15 a.m. – 5:00 p.m.
Monday, June 24 7:15 a.m. – 5:00 p.m.
Tuesday, June 25 7:15 a.m. – 5:00 p.m.
Wednesday, June 26 7:15 a.m. – 4:00 p.m.
Thursday, June 27 7:15 a.m. – 11:00 a.m.

Age Categories

50-54	80-84
55-59	85-89
60-64	90-94
65-69	95-99
70-74	100-104
75-79	

Postponement/Cancellation of Events

In case of inclement weather or last minute site changes, a notice will be posted at the event site regarding postponement or cancellation of events. Please also call 615-200-8760 (No text messages please). If at all possible, we will also post notices at www.tnseniorolympics.com and www.facebook.com/tnseniorolympics.

Equipment

Equipment for each event will be provided by Tennessee Senior Olympics unless otherwise stated in the rules of each event. Participants are advised to consult the Official Rules Manual concerning equipment for their specific event(s).



Battle Ground Academy™

Thank you for visiting!



- | | | |
|---|--|---|
| 1. Armistead Hall
(Upper School Administration/Library) | 7. Cherry Sports Center | 15. Power Plant |
| 2. Harlin Student Center
(Dining/Assembly/Headmaster/Business) | 8. Roar Store | 16. Smithsonian Indoor Baseball Facility |
| 3. McElroy Hall
(US Math/Foreign Language) N503-N511 | 9. Middle School Administration & Library | 17. Softball Field |
| 4. Bragg Hall
(US English/History) C404-C411 | 10. Middle School Academic Building | 18. Fleming-Wilt Baseball Field |
| 5. Ware Hall
(US Science) S302-S307 | 11. Fine Arts
(Band/Chorus/Drama/Speech) | 19. Guffee-Brown Stadium |
| 6. Mary Campbell Visual Arts Center | 12. Middle School Gymnasium | 20. Stewart-Campbell Track/Soccer Complex |
| | 13. Glen Echo
(Admissions/Alumni/Development) | 21. Pratt Practice Field |
| | 14. Jewell Athletic and Wellness Center | 22. Fred P. Hallum Tennis Complex |

IMPORTANT INFORMATION! PLEASE READ!

Information and exact dates for the 2020 Tennessee Senior Olympics State Finals will be posted at www.tnseniorolympics.com by the end of the year.

To be eligible for the 2020 state finals, athletes must participate in a fall 2019 district event in most sports.

District participants will participate and qualify in age divisions that match the state finals age determination. Age at the district will be determined by the athlete's age as of December 31 of the next calendar year. Athletes must be 50 years old by December 31, 2020 to compete in the 2020 state finals.

For example, for the 2019 districts, age will be determined as of December 31, 2020. For the 2020 state finals, age will be determined as of December 31, 2020. This is to ensure that athletes are practicing and playing in the age group that they will be placed in at the summer 2020 state finals. For example, an individual who turns 50 on April 1, 2020 will play in the 50-54 division in the fall 2019 districts although he or she is 49. Athletes must be 50 years old by December 31 of 2020 year to compete in the 2020 state finals.

Open sports that do not require district qualification include archery, cornhole, cycling (5K and 20K), disc golf, the 5K and 10K road races, 5K Walk, racquetball, triple jump, pole vault, and the powerwalk. Sports not offered at your home district are also considered open. This list is subject to change by our board of directors. **Notification of changes will be via e-mail.**

For doubles players, athletes who participated in ONE event at the district (i.e. singles, mixed, or doubles) within any doubles sport may register for all three events if interested. Registration for the state finals will open early March 2020.

Details will be e-mailed to all district participants.

Visit www.tnseniorolympics.com for more information about the state finals.

2019 Fall District Dates will be
posted at
www.tnseniorolympics.com
when available

DON'T FORGET!

2020 STATE FINALS.

You must participate in a 2019
FALL DISTRICT to be eligible for
the 2020 STATE FINALS.

Visit tnseniorolympics.com
for full details



STATE FINALS EVENT SCHEDULE

Subject to Change



June 17 & 18, 2019

Golf 8:00 a.m. Heatherhurst Golf Club
/Fairfield Glade

Friday, June 21, 2019

Athlete Check-in 1:30-6:00 p.m. Battle Ground Academy

Field Event Rotation 3-8:00 p.m. Battle Ground Academy
(High jump, Long jump, Triple jump, Pole vault)

Saturday, June 22, 2019

Cycling 5K Time Trial 6:30 a.m. Christ Church Arrington

Cornhole Doubles 9:00 a.m. Academy Park

Athlete Check-in 7:15 a.m. Battle Ground Academy
5:00 p.m.

Track and Field 8:00 a.m. Battle Ground Academy
(1500M Run, followed by 400M Run)

Field Event Rotation 11am-6pm Battle Ground Academy
(Shot put, Discus, Javelin) Women report at 11am/ Men at 1pm

Softball Throw 12-3:00 p.m. Battle Ground Academy

Archery Practice 3:00-6:00 pm. Williamson County Soccer
Complex

Track and Field 5:00 p.m. Battle Ground Academy
(100M Run, Followed by 4x100M Relay**
Power Walk, followed by Fitness Walk.)

Sunday, June 23, 2019

Cycling, 20K Road Race 6:30 a.m. College Grove Rec Center

Cornhole Singles 9:00 a.m. Academy Park

Athlete Check-in 7:15 am-5 pm Battle Ground Academy

Track and Field 8:00 a.m. Battle Ground Academy
(50M Run followed by 800M Run, followed by 1500M Racewalk,
followed by 200M Run)

Archery 9:00 a.m. Williamson County Soccer
Complex

Volleyball 9:00 a.m. Battle Ground Academy

Bowling Practice 11 a.m.-6 p.m. Franklin Entertainment Center

Tennis 12:00 p.m. Indoor Sports Complex

Badminton (singles) 2:00 p.m. Franklin Recreation Center

Monday, June 24, 2019

Athlete Check-in 7:15 a.m.-5 p.m. Battle Ground Academy

Tennis 8:00 a.m. Indoor Sports Complex

Bowling 9:00 a.m. Franklin Entertainment Center
(doubles 50-64)

Badminton 8:00 a.m. Franklin Recreation Complex
(doubles, mixed doubles)

Shuffleboard 8:00 a.m. Academy Park
(doubles, all ages)

Racquetball Singles 9:00 a.m. Longview Rec Center

Disc Golf 9:00 a.m. Crockett Park

Swimming Practice 12:00-3:00 p.m. Indoor Sports Complex

Bowling 12:00 p.m. Franklin Entertainment Center
(singles 50-64)

Bowling 3:00 p.m. Franklin Entertainment Center
(mixed 50-64)

Tuesday, June 25, 2019

Athlete Check-in 7:15 a.m.-5p.m. Battle Ground Academy

5K Run/Racewalk 6:30 a.m. River Park

Tennis 8:00 a.m. Indoor Sports Complex

Basketball 3-on-3 8:00 a.m. Battle Ground Academy
(women)

Shuffleboard 8:00 a.m. Academy Park
(singles, women)

Horseshoes 8:00 a.m. Franklin Recreation Center
(singles, men)

Swimming 8:30 a.m. Indoor Sports Complex
(warm-ups)

Basketball Free Throw (women) 9-10:30 a.m. Battle Ground Academy

Party 6:30 p.m. Williamson County
Enrichment Center

STATE FINALS EVENT SCHEDULE

continued

Tuesday, June 25, 2019 (Continued)

Swimming (200Y freestyle)	9:00 a.m.	Indoor Sports Complex
Bowling (singles, 65-74)	9:00 a.m.	Franklin Entertainment Center
Racquetball (singles if needed, doubles)	9:00 a.m.	Longview Rec Center
Table Tennis (singles, doubles, mixed doubles)	9:00 a.m.	Academy Park
Pickleball Doubles	9:00 a.m.	Franklin Rec Franklin High
Swimming (100Y butterfly)	9:30 a.m.	Indoor Sports Complex
Swimming (50Y breaststroke)	10:00 a.m.	Indoor Sports Complex
Basketball Free Throw (women's finals)	10:30 a.m.	Battle Ground Academy
Swimming (200Y individual medley)	10:30 a.m.	Indoor Sports Complex
Bowling (singles 75+)	12:00 p.m.	Franklin Entertainment Center
Swimming (100Y backstroke)	12:00 p.m.	Indoor Sports Complex
Swimming (50Y freestyle)	12:30 p.m.	Indoor Sports Complex
Swimming (200Y breaststroke)	1:00 p.m.	Indoor Sports Complex
Swimming (200Y butterfly followed by 100Y free relay)	1:30 p.m.	Indoor Sports Complex
Bowling (doubles 65-74)	3:00 p.m.	Franklin Entertainment Center
Basketball (3 point & Hot Shot Contests)	5 p.m. (women) 6 p.m. (men)	Battle Ground Academy

Wednesday, June 26, 2019

Athlete Check-in	7:15 am-4 pm	Battle Ground Academy
Tennis	8:00 a.m.	Indoor Sports Complex
Basketball 3-on-3 (women's finals and men 70-80+)	8:00 a.m.	Battle Ground Academy
Shuffleboard (singles, men)	8:00 a.m.	Academy Park
Horseshoes (singles, women)	8:00 a.m.	Franklin Recreation Center
Swimming	8:30 a.m.	Indoor Sports Complex

(warm up)		
Basketball	9-10:30 a.m.	Battle Ground Academy
Free Throw (men)		
Swimming (200Y backstroke)	9:00 a.m.	Indoor Sports Complex
Bowling (doubles 75+)	9:00 a.m.	Franklin Entertainment Center
Pickleball	9:00 a.m.	Franklin Rec (mixed doubles) Franklin High
Swimming (100Y freestyle)	9:30 a.m.	Indoor Sports Complex
Swimming (50Y butterfly)	10:00 a.m.	Indoor Sports Complex
Basketball Free Throw (men's finals)	10:30 a.m.	Battle Ground Academy
Swimming (100Y breaststroke)	10:30 a.m.	Indoor Sports Complex
Swimming (50Y backstroke)	12:00 p.m.	Indoor Sports Complex
Bowling (mixed doubles 65-74)	12:00 p.m.	Franklin Entertainment Center
Swimming (100Y individual medley)	12:30 p.m.	Indoor Sports Complex
Basketball 3-on-3 (men)	1:00 p.m.	Battle Ground Academy
Swimming (500Y freestyle)	1:00 p.m.	Indoor Sports Complex
Swimming (400Y individual medley followed by 100Y IM relay)	1:30 p.m.	Indoor Sports Complex
Bowling (mixed doubles 75+)	3:00 p.m.	Franklin Entertainment Center

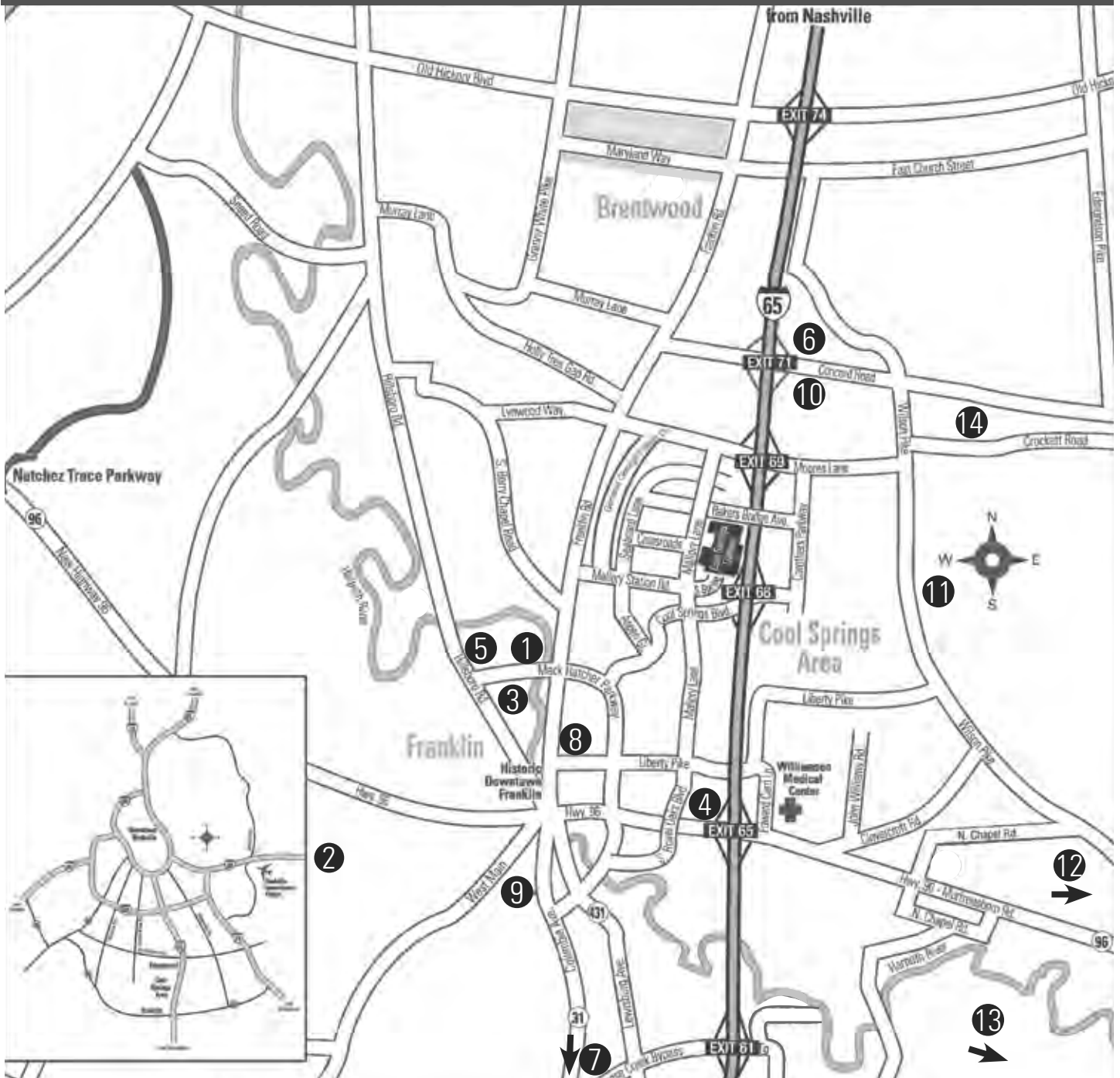
Thursday, June 27, 2019

Athlete Check-in	7:15-11 a.m.	Battle Ground Academy
10K Run	6:30 a.m.	River Park
Tennis	8:00 a.m.	Indoor Sports Complex
Pickleball (singles)	8:00 a.m.	Franklin Rec Franklin High
Basketball 3-on-3 (men)	8:00 a.m.	Battle Ground Academy

*Times listed are general start times. Please check website for more specific information per sport.

**Swimming relay registration will be at pool, Track 4x100M Relay registration will be at the track.

VENUE MAP



EVENT VENUES

- | | |
|---------------------------------|-------------------------------------|
| 1 Battle Ground Academy | 9 Academy Park/Enrichment Center |
| 2 Williamson Co Soccer Complex | 10 River Park |
| 3 Franklin High School | 11 Ravenwood High School |
| 4 Franklin Entertainment Center | 12 Christ Church |
| 5 Franklin Recreation Complex | 13 College Grove Parks & Rec Center |
| 6 Indoor Sports Complex | 14 Crockett Park - The Indoor Arena |
| 7 Longview Recreation Center | |
| 8 The Factory | |

- 1 Battle Ground Academy
336 Ernest Rice Lane
Franklin, TN 37069
- 2 Williamson County Soccer
Complex (outdoor venue)
1878 Downs Boulevard,
Franklin, TN 37064
- 3 Franklin High School
810 Hillsboro Rd
Franklin TN 37064
- 4 Franklin Entertainment Center
1200 Lakeview Drive
Franklin, TN 37067
- 5 Franklin Recreation Complex
1120 Hillsboro Road
Franklin, TN 37064
- 6 Indoor Sports Complex
920 Heritage Way
Brentwood, TN 37027
- 7 Longview Recreation Center
2909 Commonwealth Drive
Spring Hill, TN 37174
- 8 The Factory
230 Franklin Road
Franklin, TN 37064
- 9 Academy Park/Enrichment Center
110 and 120 Everbright Avenue
Franklin, TN 37064
- 10 River Park
1100 Knox Valley Drive
Brentwood, TN 37027
- 11 Ravenwood High School
1724 Wilson Pike
Brentwood, TN 37027
- 12 Christ Church
6450 Christ Church Lane
Arrington, TN 37014
- 13 College Grove Parks & Rec Center
8607 Horton Hwy
College Grove, TN 37046
- 14 Crockett Park Disc Golf
1485 Volunteer Pkwy (staging at Indoor Arena)
Brentwood, TN 37027



Building a foundation for lifelong health



Congratulations to the senior athletes,
and thank you for setting a great
example of lifelong health and wellness.

BGA's Wellness Program
encourages and teaches
all students from K-12
how to lead healthy lifestyles
that focus on true well-being.

Battle Ground Academy™

Learn more about our approach to
developing students -- both mind and body.
www.battlegroundacademy.org

TRIBUTES & DONATIONS

Our many thanks to the following donors who not only support the Tennessee Senior Olympics through their participation, but also through their generous donations. We would like to thank the following individuals who have provided more than \$25 donations in the past year.

Bronze Level

JAY ARCHER
CHARLES BAKER
THERESA BECK
FRANCES BUCKNER
MICHELLE CASADY
ANTHONY CHINGMAN III
LESTER COWELL
ROBERT CRAIG
LYNN CREW
INNA CULP
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GWEN FLANIKEN
EDWARD FLETCHER
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TOM MULGREW
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MIKE MORGAN
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BOONE SUMANTRI
ROBERT TAYLOR

IN MEMORY OF

ROYCE MCGEE
BY
MELODY SCOTT

DOROTHY MCREE
BY

DAVID AND NORMA
MCGRATH

THE GRAM FAMILY

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LOUIS AND SANDRA
PRIDDY

ROBERT GREGORY

LEON AND NANCY
CANDELLA

MIKE MORGAN

JAMES AND MARGARET
HARVEY

WILLIAM AND LORRAINE
CATLETT

BRUCE AND SUSAN GILL

Thank You Notes Encouraged

Please consider taking the time after our event to express your appreciation to the following individuals. Without the support of these agencies, this event would truly not take place.

Thank you in advance for your time spent on this correspondence.

Ms. Laurel Eldridge
BlueCross BlueShield of Tennessee
1 Cameron Hill Circle
Chattanooga, TN 37402
Laurel_Eldridge@bcbst.com

Mayor Rogers Anderson
Williamson County Mayor
1320 West Main Street, Suite 125
Franklin, TN 37064

Ms. Judy Hayes
Williamson County Board of Commissioners
1775 Pope's Chapel Road
Thompson's Station, TN 37179

Gordon Hampton
Director
Williamson County Parks and Recreation
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Franklin, TN 37064
gordonh@williamson-tn.org

Dr. Will Keller
Headmaster
Battle Ground Academy
336 Ernest Rice Lane
Franklin, TN 37069

With heartfelt
Thanks

Special Thanks

The Honorable Rogers Anderson
Williamson County Mayor

The Honorable Ken Moore
Franklin Mayor

The Honorable Jill Burgin
Brentwood Mayor

Mr. J.D. Hickey
*Chief Executive Officer,
BlueCross BlueShield of Tennessee*

Mr. Gordon Hampton
Mr. Gary Hathcock
Williamson County Parks and Recreation

Mr. Gary Hathcock
*Chairperson of the Board of Directors,
Tennessee Senior Olympics*

Dr. Will Kesler
Mr. Paul Brown
Mr. Andrew Phelps
Ms. Candy Sullivan
Battle Ground Academy

Mary Danielson
Laurel Eldridge
Alison Sexter
Amanda Heskew
Steven Johns
Lisa Wright
BlueCross BlueShield of Tennessee

Christine Dewbre
Traci Meador
Tennessee Senior Olympics Staff

Kelly Price, Richard West, Melissa Ward,
Amanda Johnson, Julie Jones, Pam Kemp,
Melody Moses, Linda Kauffman, and
Angela Shadden
District Coordinators

To the many volunteers of Battle Ground
Academy, BlueCross BlueShield of Tennessee,
the city, agencies, clubs, recreation
departments, and other individuals who
volunteered their time.

A special thanks to Hands on Nashville for
their assistance this year.

We are honored to support the
Tennessee Senior Olympics, Inc.

Thank you for all you do to promote healthy
lifestyles for seniors of Tennessee

firstadvantagebanking.com


FIRST ADVANTAGE BANK



NATIONAL INFORMATION

The next National Senior Games- the Senior Olympics are scheduled for June 2021 in Fort Lauderdale, Florida.

For exact dates, please visit

www.nsga.com

Qualification for this event will occur at the 2020 Tennessee Senior State Finals in Williamson County.



**National
Senior Games
Association®**

FORT LAUDERDALE

JOIN THE 50+ MOVEMENT!

Feel Younger · Healthier · Stronger · Joyful

Please help us share this information
with a friend!

“My decision to participate in the TSO was a life changer. Exercise and fitness are now a part of me. A part of my identity. It was fun and I really loved being a part of a group that truly appreciates the gifts they have been given at this time in their life.” Jennifer Ford, Race Walking

HOW TO JOIN THE TSO

- 1) Pick one of our sports. See the list at the bottom.
- 2) Register for one of our events during an open registration period. Visit www.tnseniorolympics.com for details.
- 3) You will receive a confirmation and communication along the way regarding where, when, and how to compete.

OPPORTUNITIES

Will you be 50 by the end of the calendar year and a TN resident or live within 30 miles of our border?
JOIN US!

- 1) District events are held all over the state in the fall of each year.
- 2) State finals are held each summer
- 3) A national competition is held every other year.

For More Information

info@tnseniorolympics.com

615-200-8760

www.tnseniorolympics.com

We are happy to help guide and answer questions!

Be there for the next generation.

Never Stop Playing!

Archery · Badminton · Basketball (3 on 3) · Basketball Skill Events · Bowling · Corn Hole · Cycling · Disc Golf
Field Events · Golf · Horseshoes · Pickleball · Racquetball · Road Races · Shuffleboard · Swimming
Table Tennis · Tennis · Track Events · Race Walk · Power Walk · Volleyball

Please be aware that some sports listed are not offered at the district or national level.



GOOD LUCK TENNESSEE SENIOR OLYMPIC ATHLETES



WILLIAMSON COUNTY
PARKS & RECREATION



wcparksandrec.com