

2020

TENNESSEE SENIOR OLYMPICS



NEW LOCATION
for Athlete-
Check, Track &
Field, Basketball,
and Volleyball -
Ravenwood High
School. We will
not be at Battle
Ground Academy.

STATE FINALS



June 19-25, 2020
June 15-16, 2020 GOLF
August 7-9, 2020 PICKLEBALL

Presented by:



MUST BE POSTMARKED BY:

FINAL ENTRY DEADLINE May 6, 2020

COVID-19 Update - We are monitoring the situation as we prepare for the Games. As we get closer, if it would be in the best interest of our athletes to postpone events to a later date, please know that this will be communicated immediately.

ONLINE REGISTRATION AVAILABLE- VISIT www.TNSeniorOlympicsOnline.com

The 40th Annual Tennessee Senior Olympics is a sports competition for athletes 50 and older that combines a wide range of competitive activities. Residents from 10 District/Metropolitan areas across the state will be competing. The mission of the Senior Olympics is to promote healthy lifestyles for seniors through fitness, sports, and an active involvement in life.

REGISTRATION INFORMATION

WHO IS ELIGIBLE?

A Athletes who have participated in a 2019 or winter 2020 Tennessee Senior Olympics district event. Please note: Tennessee is a CLOSED state (exception: softball). The Tennessee Senior Olympics is open to Tennessee residents only. However, Tennessee border state competitors (no more than 30 miles from Tennessee) may compete in the Tennessee Senior Olympics. You must meet all other requirements.

B Athletes may only enter those exact sports or events that were played at the district. Exception: Doubles sports may enter all three (singles, doubles, and mixed) if one of these events was played at district.

C OPEN SPORTS exceptions:
The following sports do not require district participation in order to register for the state finals.
Cornhole, disc golf, archery, Cycling (5K/20K), Power Walk, Racquetball, Road Races (5K/10K), Pole Vault Triple Jump and Volleyball.

Any sport not offered at your district.

Golf: 2019 District Golfers will be given first chance to register and then golf will be opened on April 15 to all golfers.

1 HOW DO I REGISTER?

ONLINE-To register online, go to www.tnseniorolympics.com
OR

2 MAIL-Fill out the entry form. (Note: team captains must submit/mail all applications and a roster in together). If a roster is not submitted, then your team will not be registered until it is received.

Make check payable to 'TN Senior Olympics' and mail to:
TN Senior Olympics
PO Box 681
Mt. Juliet TN 37121

WILL I RECEIVE A REGISTRATION CONFIRMATION?

Yes. You will be EMAILED a confirmation letter and detailed newsletter which will include additional information about the

event. If you do not provide an e-mail address, your confirmation letter will be mailed. The mailed confirmations will be sent once all entries are received, entered and doubles/roster problems are worked out. Expect this packet of information by mid-May. We will start depositing checks as soon as possible.

ADDITIONAL information can be found at www.tnseniorolympics.com.

WHAT TIME WILL I BE SCHEDULED TO PLAY ON THE DAY MY SPORT IS HELD?

Bracketed sports times cannot be determined until all entries have been received and numbers analyzed. Some age groups may not start until later in the day. Starting times per age group will be posted on the website a week before state finals. Start times for non-bracketed sports such as swimming and track are included on the schedule (enclosed in this brochure).

HOW CAN I FIND A PARTNER OR TEAM?

We have a real-time link available online 24/7 to show athletes who are looking for partners or teams. Please go to our website, www.tnseniorolympics.com, to fill out a request or view the information.

HOTEL INFORMATION

Please check our website at www.tnseniorolympics.com for hotel information. Click "State Finals" and then "Hotel Information".

NATIONAL INFORMATION

The National Senior Games-the Senior Olympics is scheduled for November 2021 in Ft. Lauderdale, FL. This year is a qualifying cycle for the 2021 event. Our 2020 State Finals events serve as qualifying sites for Tennessee. Top finalists from this summer's state finals will qualify for the event. Please visit www.nsga.com for further information.

Presenting Sponsor:



Title Sponsor:



Also Sponsored By:



TEAM CAPTAINS – IMPORTANT NOTICE

If registering online, an online roster will pop up when you click you are the captain. It MUST be completed for your team to be officially registered, OR you may mail in a paper roster. Please note that you or EVERY team player must complete all aspects of online registration for each player including name, address, date of birth, etc.

If registering via mail, team captains must mail all entry forms for all players plus a paper roster in at once.

A roster must be submitted for your team to be officially registered. Rosters are available at www.tnseniorolympics.com.

EVENT SELECTION

☐ Archery (*only one archery event may be entered*)

- ☐ Compound finger ☐ Barebow compound
☐ Compound release ☐ Barebow recurve
☐ Recurve

☐ Badminton (Singles) District place _____

☐ Badminton (Doubles) District place _____

Partner's Name _____

Date of Birth _____ Age _____

☐ Badminton (Mixed Doubles) District place _____

Partner's Name _____

Date of Birth _____ Age _____

☐ Basketball Free Throw

☐ Basketball 3-Point

☐ Basketball Hot Shot

☐ 3-on-3 Basketball District place _____

Team Name _____

Team Captain Name _____

☐ Bowling (Singles)

☐ Bowling (Doubles)

Partner's Name _____

Date of Birth _____ Age _____

☐ Bowling (Mixed Doubles) _____

Partner's Name _____

Date of Birth _____ Age _____

☐ Cornhole Singles

☐ Cornhole Doubles

Partner's Name _____

Date of Birth _____ Age _____

☐ Cycling ☐ 20K ☐ 5K

☐ Disc Golf

☐ Golf (36 holes)

Average Golf Score _____

☐ Pickleball

Skill level (3.0, 3.5 etc) _____

☐ Pickleball (Singles) District place _____

☐ Pickleball (Doubles) District place _____

Partner's Name _____

Date of Birth _____ Age _____

☐ Pickleball (Mixed Dbls) District place _____

Partner's Name _____

Date of Birth _____ Age _____

☐ Racquetball (Singles)

☐ Racquetball (Doubles)

Partner's Name _____

Date of Birth _____ Age _____

☐ Racquetball (Mixed Doubles) _____

Partner's Name _____

Date of Birth _____ Age _____

☐ Shuffleboard (Singles) District place _____

☐ Shuffleboard (Doubles) District place _____

Partner's Name _____

Date of Birth _____ Age _____

☐ Softball Throw

☐ Softball Team

Team Name _____

Captain Name _____

☐ Swimming (**Maximum of 6 events**)

(United States Masters Swim Number /if member)

Please place Average Time by each event

Backstroke ☐ 50Y Time _____

☐ 100Y Time _____

☐ 200Y Time _____

Breaststroke ☐ 50Y Time _____

☐ 100Y Time _____

☐ 200Y Time _____

Butterfly ☐ 50Y Time _____

☐ 100Y Time _____

☐ 200Y Time _____

Freestyle ☐ 50Y Time _____

☐ 100Y Time _____

☐ 200Y Time _____

☐ 500Y Time _____

Indiv. Medley ☐ 100Y Time _____

☐ 200Y Time _____

☐ 400Y Time _____

☐ Table Tennis (Singles) District place _____

☐ Table Tennis (Doubles) District place _____

Partner's Name _____

Date of Birth _____ Age _____

☐ Table Tennis (Mixed Dbls) District place _____

Partner's Name _____

Date of Birth _____ Age _____

☐ Tennis (*only two tennis events may be entered*)

Skill level (3.0, 3.5 etc) _____

☐ Tennis (Singles) District place _____

☐ Tennis (Doubles) District place _____

Partner's Name _____

Date of Birth _____ Age _____

☐ Tennis (Mixed Doubles) District place _____

Partner's Name _____

Date of Birth _____ Age _____

☐ Track (*please list Average Time*)

☐ 50M Run Time _____

☐ 100M Run Time _____

☐ 200M Run Time _____

☐ 400M Run Time _____

☐ 800M Run Time _____

☐ 1500M Run Time _____

☐ 1500M Racewalk Time _____

☐ Powerwalk Time _____

☐ 5K Racewalk ☐ 5K Run ☐ 10K Run

☐ Field Events

☐ Long Jump ☐ Javelin ☐ Discus ☐ Shot Put

☐ Triple Jump ☐ High Jump ☐ Pole Vault

☐ Volleyball District Place _____

Team Name _____

Team Captain Name _____

FEES

Online Registration & Payment Available - visit www.tnseniorolympicsonline.com
or use this form to figure total cost. Mail check or money order with the Registration Form.

Make check payable to the Tennessee Senior Olympics

GOLF REGISTRATION (All-inclusive price includes 36 holes, cart, driving range, lunch each day, medals, and other administrative costs. This fee also allows athletes to register for June 19-25 state finals sports if eligible. Registration fee will be waived below for other sports but not other fees such as the party, team fees etc). **Do NOT pay the registration fee of \$60 seen right below.** **\$150.00** \$ _____

STATE REGISTRATION FEE (Fee covers administrative costs, registration materials, memorabilia item, insurance, medals, equipment, etc.; FEE IS NON-REFUNDABLE.

FINAL DEADLINE FEE **\$60.00** \$ _____

TEAM ATHLETE FEE – All team athletes (basketball, volleyball) are required to pay a fee to help with referee/umpire expenses. This is a one-time \$5 fee even if the athlete plays more than one team sport. **\$5.00** \$ _____

TRACK/FIELD, CYCLING, 5K/10K ROAD RACES FEE – Athletes are required to pay a fee to help with officials/timing costs. This is a one-time \$5 fee even if the athlete does more than one of these listed sports. **\$5.00** \$ _____

EXTRA EVENT FEE – First ten (10) events are included in Entry Fee. A \$10 fee _____ X **\$10.00** \$ _____
is added for each event that is entered over the initial 10.

STATE FINALS PARTY – Monday, June 22, 2020 (Athlete) **\$10.00** \$ _____
Includes meal, a limited number of Guest Tickets will be available (Guest Ticket) **\$15.00** \$ _____
at the door.

FACILITY & TOURNAMENT FEES

Bowling (singles, includes shoes and ball) **\$7.50** \$ _____
Bowling (doubles, includes shoes and ball) **\$7.50** \$ _____
Bowling (mixed doubles, includes shoes and ball) **\$7.50** \$ _____

FIT FOR LIFE PROGRAM – Donation to help with State costs

- ☐ Level 1 – Recognition in program and on website **\$25.00** \$ _____
☐ Level 2 – Level 1 plus extra T-shirt and drawing for entry fee **\$50.00** \$ _____
☐ Level 3 – Level 2 plus TSO Memorabilia Item and recognition on website **\$100.00+** \$ _____
☐ Donation Only – I do not want to receive the above items. \$ _____

TOTAL AMOUNT ENCLOSED \$ _____

FINAL CHECKLIST

- ☐ I completed the information on the Tennessee Senior Olympics Official Entry Form and Event Registration Form.
☐ Signed the Liability Waiver.
- ☐ I completed the Fee and Ticket Order Form and included a check or money order for the total amount payable to: **Tennessee Senior Olympics.**
☐ I am including the above pages (3) to be mailed back.

FEE IS NON-REFUNDABLE



Questions?

Contact us at
info@tnseniorolympics.com or
(615) 200-8760

Mail all forms to this address
Tennessee Senior Olympics, Inc.
PO Box 681
Mt. Juliet TN 37121

STATE FINALS EVENT SCHEDULE

Subject to Change



June 15 & 16, 2020

Golf 8:00 a.m. Heatherhurst Golf Club /Fairfield Glade

Friday, June 19, 2020

Athlete Check-in 1:30-6:00 p.m. Ravenwood High School

Field Event Rotation 3-8:00 p.m. Ravenwood High School
(High jump, Long jump, Triple jump, Pole vault)

Saturday, June 20, 2020

Cycling 5K Time Trial 6:30 a.m. TBA

Cornhole 9:00 a.m. Academy Park

Athlete Check-in 7:15 a.m. Ravenwood High School
5:00 p.m.

Track and Field 8:00 a.m. Ravenwood High School
(1500M Run, followed by 400M Run)

Field Event Rotation 11am-6pm Ravenwood High School
(Shot put, Discus, Javelin) Women report at 11am/ Men at 1pm

Softball Throw 12-3:00 p.m. Ravenwood High School

Archery Practice 3:00-6:00 pm. Williamson County Soccer Complex

Track and Field 5:00 p.m. Ravenwood High School
(100M Run, Followed by 4x100M Relay**
Power Walk, followed by Fitness Walk.)

Sunday, June 21, 2020

Cycling, 20K Road Race 6:30 a.m. TBA

Cornhole 9:00 a.m. Academy Park

Athlete Check-in 7:15 am-5 pm Ravenwood High School

Track and Field 8:00 a.m. Ravenwood High School
(50M Run followed by 800M Run, followed by 1500M Racewalk, followed by 200M Run)

Archery 9:00 a.m. Williamson County Soccer Complex

Volleyball 9:00 a.m. Ravenwood High School

Bowling Practice 11 a.m.-6 p.m. Franklin Entertainment Center

Tennis 12:00 p.m. Indoor Sports Complex

Badminton (singles) 2:00 p.m. Franklin Recreation Center

Monday, June 22, 2020

Athlete Check-in 7:15 a.m.-5 p.m. Ravenwood High School

Tennis 8:00 a.m. Indoor Sports Complex

Bowling (doubles 50-64) 9:00 a.m. Franklin Entertainment Center

Badminton (doubles, mixed doubles) 8:00 a.m. Franklin Recreation Complex

Shuffleboard (doubles, all ages) 8:00 a.m. Academy Park

Racquetball Singles 9:00 a.m. TBA

Volleyball 9:00 a.m. Ravenwood High School

Disc Golf 9:00 a.m. Crockett Park

Swimming Practice 12:00-3:00 p.m. Indoor Sports Complex

Bowling (singles 50-64) 12:00 p.m. Franklin Entertainment Center

Bowling (mixed 50-64) 3:00 p.m. Franklin Entertainment Center

Party 6:30 p.m. The Factory

Tuesday, June 23, 2020

Athlete Check-in 7:15 a.m.-4p.m. Ravenwood High School

5K Run/Racewalk 6:30 a.m. River Park

Tennis 8:00 a.m. Indoor Sports Complex

Basketball 3-on-3 (women) 8:00 a.m. Ravenwood High School

Shuffleboard (singles, women) 8:00 a.m. Academy Park

Swimming (warm-ups) 8:30 a.m. Indoor Sports Complex

Basketball Free Throw (women) 9-10:30 a.m. Ravenwood High School

*Times listed are general start times. Please check website for more specific information per sport.

STATE FINALS EVENT SCHEDULE

continued

Tuesday, June 23, 2020 (Continued)

Swimming	9:00 a.m.	Indoor Sports Complex
(200Y freestyle)		
Bowling	9:00 a.m.	Franklin Entertainment Center
(singles, 65-74)		
Racquetball	9:00 a.m.	TBA
(singles if needed, doubles)		
Table Tennis	9:00 a.m.	Academy Park
(singles, doubles, mixed doubles)		
Swimming	9:30 a.m.	Indoor Sports Complex
(100Y butterfly)		
Swimming	10:00 a.m.	Indoor Sports Complex
(50Y breaststroke)		
Basketball Free	10:30 a.m.	Ravenwood High School
Throw (women's finals)		
Swimming	10:30 a.m.	Indoor Sports Complex
(200Y individual medley)		
Bowling	12:00 p.m.	Franklin Entertainment Center
(singles 75+)		
Swimming	12:00 p.m.	Indoor Sports Complex
(100Y backstroke)		
Swimming	12:30 p.m.	Indoor Sports Complex
(50Y freestyle)		
Swimming	1:00 p.m.	Indoor Sports Complex
(200Y breaststroke)		
Swimming	1:30 p.m.	Indoor Sports Complex
(200Y butterfly followed by 100Y free relay)		
Bowling	3:00 p.m.	Franklin Entertainment Center
(doubles 65-74)		
Basketball	5 p.m. (women)	Ravenwood High School
(3 point & Hot Shot Contests)		
	6 p.m. (men)	

Wednesday, June 24, 2020

Athlete Check-in	7:15 am-4 pm	Ravenwood High School
Tennis	8:00 a.m.	Indoor Sports Complex
Basketball 3-on-3	8:00 a.m.	Ravenwood High School
(women's finals and men 70-80+)		
Shuffleboard	8:00 a.m.	Academy Park
(singles, men)		
Swimming	8:30 a.m.	Indoor Sports Complex
(warm up)		
Basketball Free Throw (men)	9-10:30 a.m.	Ravenwood High School

Swimming	9:00 a.m.	Indoor Sports Complex
(200Y backstroke)		
Bowling	9:00 a.m.	Franklin Entertainment Center
(doubles 75+)		
Swimming	9:30 a.m.	Indoor Sports Complex
(100Y freestyle)		
Swimming	10:00 a.m.	Indoor Sports Complex
(50Y butterfly)		
Basketball Free	10:30 a.m.	Ravenwood High School
Throw (men's finals)		
Swimming	10:30 a.m.	Indoor Sports Complex
(100Y breaststroke)		
Swimming	12:00 p.m.	Indoor Sports Complex
(50Y backstroke)		
Bowling	12:00 p.m.	Franklin Entertainment Center
(mixed doubles 65-74)		
Swimming	12:30 p.m.	Indoor Sports Complex
(100Y individual medley)		
Basketball	1:00 p.m.	Ravenwood High School
3-on-3 (men)		
Swimming	1:00 p.m.	Indoor Sports Complex
(500Y freestyle)		
Swimming	1:30 p.m.	Indoor Sports Complex
(400Y individual medley followed by 100Y IM relay)		
Bowling	3:00 p.m.	Franklin Entertainment Center
(mixed doubles 75+)		

Thursday, June 25, 2020

Athlete Check-in	7:15-11 a.m.	Ravenwood High School
10K Run	6:30 a.m.	River Park
Tennis	8:00 a.m.	Indoor Sports Complex
		Franklin High
Basketball	8:00 a.m.	Ravenwood High School
3-on-3 (men)		

August 7-9, 2020

Pickleball		Chattanooga Convention Center
(Singles, Doubles, Mixed)		



*Times listed are general start times. Please check website for more specific information per sport.

**Swimming relay registration will be at pool, Track 4x100M Relay registration will be at the track.

Tennessee Senior Olympics

June 19-25, 2020

Golf Date
June 15-16, 2020

Pickleball
August 7-9, 2020




PLEASE DO NOT MISS IMPORTANT UPDATES!
JOIN OUR E-MAIL LIST AT WWW.TNSENIOROLYMPICS.COM

PRESORTED
STANDARD
US POSTAGE PAID
NASHVILLE TN
PERMIT # 3731

MAIL ALL FORMS TO THIS ADDRESS

Tennessee Senior Olympics, Inc.
PO Box 681
Mt. Juliet TN 37121

The logo for the Tennessee Senior Olympics, featuring a stylized red and blue flame or ribbon shape with the words 'Senior Olympics' in a script font and 'TENNESSEE' in a bold, sans-serif font above it.