

2021

TENNESSEE SENIOR OLYMPICS

STATE



FINALS



Presented by:



of Tennessee

RECORDS BOOKLET – Revised December 2021

2021

Tennessee Senior Olympics

New Record Holders

Congratulations to the following athletes for setting new records in this year's state finals:

Mary	Allen		Ronald	McPherson	
Lillian	Atchley	4	Don	Meredith	2
Missy	Bemiller		James	Michacik	
Richard	Bernstein		Celia	Morse	
Karen	Bland	4	Molly	Myers	3
Barbara	Bogart	2	Larry	Nelson	
Charles	Brickell		Bill	Ondracka	2
Sharon	Burlingame	3	Carl	Papa	
Jeffery	Calvert	4	George	Parker	
Melissa	Carter		Carol	Rolfes	
Tiffany	Cate	2	Ralph	Schmook	
Howard	Clark		James	Stacks	
David	Craig		Anthony	Steele	
Jenny	Dutton		Margie	Stoll	4
Kaden	Fox		Carol	Stricklin	
Annette	French		Gracie	Stroup	2
Gary	Germeraad		Doni	Sulfridge	2
Calvin	Graham		Gary	Teschendorf	
Alice	Greene		David	Thomas	
Hal	Hadden		Bill	Thompson	
Penny	Heydt	3	Elzbieta	Tworek	
Jo-David	Keither		Jerry	Tworek	
Jim	Laird		Bob	Vanfleteren	3
Charles	Lanza	2	R.G.	Wolf	2
William	Lauer	5	Jeanette	Woods	
Tom	McCormack	2			

2021 Records Booklet

Archery Indoor Records Unless Marked * = outdoor record

Archery - Barebow Compound

Male

50-54 Lynn Cook -Henderson 2012 819
65-69 Jim Laird Cleveland 2014 743
70-74 Jim Laird Cleveland 2021 673*
80-84 James Threadgill Wildersville 2016 635

Archery - Barebow Recurve

Female

55-59 Jenny Dutton Kingsport 2021 585*
60-64 Elzbieta Tworek Knoxville 2021 509*
70-74 Jeanne Horton Lexington 2014 183

Male

50-54 Jerry Tworek Knoxville 2014 623
55-59 Jerry Tworek Knoxville 2016 713
55-59 Jerry Tworek Knoxville 2018 719*
60-64 Jerry Tworek Knoxville 2021 720*
60-64 Nick Carty Dalton 2018 626*
65-69 Art D Vincent Nashville 2014 612
70-74 Art Vincent Nashville 2017 550*

Archery - Compound Finger

Female

50-54 Sheila Janiro Nashville 2014 451
55-59 Nancy Weaver Fairfield Glade 1999 234*
60-64 Nancy Weaver Fairfield Glade 2000 400*
70-74 Mary Helton Chattanooga 1998 59*
70-74 Dinna Lee 24
75-79 Mary Helton Chattanooga 2000 199*
80-84 Mary Helton Chattanooga 2004 208*

Male

50-54 Rick Weaver 793
50-54 Robert Anderson Indian Mound 1999 797*
55-59 Robert Anderson Indian Mound 2002 829*
60-64 Horace A. Larue Knoxville 1999 800*
65-69 Millard Parsley Memphis 2012 749
70-74 Millard Parsley Memphis 2014 739
70-74 Millard Parsley Memphis 2018 755*
75-79 Millard Parsley Memphis 2019 914*

Archery - Compound Release

Female

50-54 Melissa Carter Heiskell 2021 838*
55-59 Tami Hornick Dickson 2018 834*
60-64 Ruth Ann Van Wey Clarksville 2001 724*
65-69 Betty Moser Jackson 2013 819
70-74 Betty Moser Jackson 2014 789
75-79 Nancy Weaver 632
75-79 Sarah W. Davis Memphis 2008 730*

Male

50-54 Calvin Dykes Clinton 2015 886
55-59 Jack Dale, Jr. Friendsville 2016 882
60-64 Jack Dale, Jr. Friendsville 2018 872*
65-69 James Thurman Kingsport 2007 876*
65-69 Charles Blankinship 871

70-74 James Thurman Kingsport 2014 876
75-79 Dale Moser Jackson 2007 850*
75-79 Gerald Tedesco Madison 2017 843*
80-84 Dale Moser Jackson 2014 797
85-89 Jesse Jolly Clarksville 2003 652*
85-89 Dale Moser Madison 2017 700*
90-94 Jesse Jolly Clarksville 2005 567*

Archery - Recurve

Female

55-59 Elzbieta Tworek Knoxville 2014 808
60-64 Fay Martin Oak Ridge 1997 18*
60-64 Laura Elsaesser Telico Plains 2017 673*
65-69 Betsy Robinson Clinton 2005 233*
70-74 Donna Lee Sparta 2009 18*
80-84 Martha Swasey Signal Mtn. 2000 166*
85-89 Martha Swasey Signal Mtn. 2004 175*
90-94 Martha Swasey Signal Mtn. 2007 94*

Male

50-54 Anthony Steele Maryville 2021 775*
50-54 Leo Benson 686
55-59 Roger Pruyn Hermitage 2006 756*
55-59 Bryan Batson 689
60-64 Sam McCaleb Lebanon 2008 751
60-64 Steve Upshaw 668
65-69 Ronald McPherson Fairfield Glade 2004 827
65-69 Thomas Niedermeyer 706
70-74 Ronald L McPherson Fairfield Glade 2009 781
75-79 Ronald L McPherson Fairfield Glade 2016 787
80-84 Harold Seaman Dyersburg 2006 154
80-84 Ronald L McPherson Fairfield Glade 2021 785*
85-89 No Record

Bowling - Singles

Female

50-54 Laura Smith Chattanooga 2004 608
55-59 Diane Bell Troy 2015 612
60-64 Jinnie Henry Hixson 2005 611
65-69 Ernestine James Sevierville 2003 654
70-74 Lauree Childress Nashville 2007 591
75-79 Ruthmarie Spitcaufsky Chattanooga 2014 567
80-84 Beverly Bejma Franklin 2012 548
85-89 Dorothy Tucker Murfreesboro 2007 564
90-94 Dorothy Hargett Memphis 2013 500

Male

50-54 Earl Bell Troy 2008 700
55-59 Doug Hayes Clarksville 2006 744
60-64 Ronald Nash Nashville 2003 773
65-69 Jay Hamblen Rogersville 2000 732
70-74 Chuck Davidson Humbolt 2007 697
75-79 Charles Davidson Humbolt 2011 667
80-84 Gil Taylor Bartlett 2019 659
85-89 Clem Zulinski Laverne 2006 643
90-94 Bob Durschlag Memphis 2008 503
95-99 Robert Jones Pinson 2011 413
100-104 Robert Jones Pinson 2015 396

Cycling - 5k (Strawberry Plains Course 2020)

50-54 Kimberly Pemberton Knoxville 2020 8:40.9
55-59 Tiffany Cate Sevierville 2021 11:25.05
60-64 Doni Sulfridge Knoxville 2021 8:29.05

Revised January 2023

65-69 Missy Bemiller Knoxville 2021 8:02.58
 70-74 Gracie Stroup Morristown 2021 9:11.38
 75-79 Barbara Bogart Elizabethton 2021 11:16.24
 80-84 No Record
 Male
 50-54 Bill Ondracka Knoxville 2021 7:13.89
 55-59 Peter Wimberg Gatlinburg 2020 6:36.95
 60-64 Gary Teschendorf Vonore 2021 7:28.03
 65-69 Thomas Gee Paris 2020 7:33.1
 70-74 Ralph Schmook Evensville 2021 7:46.08
 75-79 Larry Nelson Hixson 2021 9:03.26
 80-84 Hal Hadden Brentwood 2021 12:00.46
 85-89 Harvey Liberman Knoxville 2020 10:56.8
 90-94 No Record

Cycling - 20k (Strawberry Plains Course)

Female

50-54 Kimberly Pemberton Knoxville 2020 37:00.2
 55-59 Tiffany Cate Sevierville 2021 49:19.6
 60-64 Doni Sulfridge Knoxville 2021 34:31.8
 65-69 Missy Bemiller Knoxville 2020 36:34.4
 70-74 Gracie Stroup Morristown 2021 38:48.4
 75-79 Barbara Bogart Elizabethton 2021 56:09.4
 80-84 No Record

Male

50-54 Bill Ondracka Knoxville 2021 31:54.4
 55-59 James Stacks Hixson 2021 31:53.8
 60-64 Joe Graves Knoxville 2020 33:15.7
 65-69 Thomas Gee Paris 2020 33:15.1
 70-74 David Thomas Knoxville 2020 33:16.2
 75-79 David Thomas Knoxville 2021 34:31.1
 80-84 Allen Stowe Fairview 2020 45:11.1
 85-89 Harvey Liberman Knoxville 2020 47:06.2
 90-94 No Record

Cycling - 5k (Williamson Co. Course)

Female

50-54 Alison Davis Nashville 2012 9:07
 55-59 Anna Flowers Dickson 2007 8:25
 60-64 Sandra Davis Martin 2006 8:50
 65-69 Barbara Bogart Elizabethton 2007 9:04
 70-74 Judith Pardue Lenoir City 2006 10:37
 75-79 Barbara Rihani Nashville 2013 13:15.7
 80-84 No Record

Male

50-54 John Burrell Nashville 2012 6:53
 55-59 Thomas Gee Paris 2007 7:11
 60-64 Phillip Davis Martin 2007 7:18
 65-69 Durward Higgins Chattanooga 2008 7:15
 70-74 Durward Higgins Chattanooga 2016 7:31
 75-79 Simeon Higgins Chattanooga 2017 7:28
 80-84 William Proffitt Knoxville 2006 9:08
 85-89 Harvey Liberman Knoxville 2019 9:16
 90-94 No Record

Cycling - 20k (Williamson Co. Course)

Female

50-54 Alison Davis Nashville 2012 37:11
 55-59 Terry Humphrey Franklin 2012 31:36
 60-64 Susan Rollins Johnson City 2018 32:18
 65-69 Gracie Stroup Morristown 2016 36:18

70-74 Barbara Bogart Elizabethton 2012 49:07
 75-79 Barbara Rihani Nashville 2013 53:46
 80-84 No Record

Male

50-54 Lonnie Puterbaugh Brentwood 2010 31:13.16
 55-59 Thomas Gee Paris 2008 31:12
 60-64 David Barnhart Huntsville, AL 2008 31:13
 65-69 Durward Higgins Chattanooga 2008 31:12
 70-74 Durward Higgins Chattanooga 2012 31:33.5
 75-79 Simeon Higgins Chattanooga 2018 32:18
 80-84 Harvey Liberman Knoxville 2018 46:26
 85-89 Harvey Liberman Knoxville 2019 47:57.6
 90-94 No Record

Disc Golf

Female

50-54 Jennifer Hulbert Franklin 2022 63

Male

50-54 Anthony Caldwell Shelbyville 2021 52
 55-59 Jeffrey King Hixson 2021 52
 60-64 Randy Zinsmaster Nashville 2021 57
 65-69 Randy Zinsmaster Nashville 2022 63
 70-74 Dwight James Brentwood 2022 110
 75-79 Charles Kolitz Loudon 2021 78

Field Event-Discus

Female

50-54 Susan Thornton Brentwood 2010 96'2"
 55-59 Susan Thornton Brentwood 2016 90'1"
 60-64 Denise Wood Knoxville 2010 79'1.75"
 65-69 Jeanne Morton Bartlett 2003 69'6"
 70-74 Jeanette Woods Eads 2014 62'9"
 75-79 Evelyn Meredith Memphis 2019 59'6"
 80-84 Sarah Overton Memphis 2005 46'11"
 85-89 Sarah Overton Memphis 2010 40'1/2"
 90-94 Rowena Cupp New Tazewell 2019 29:05

Male

50-54 Steve Wade Brentwood 2016 150'7"
 55-59 Glen A. Johnson Bristol 1996 155'11"
 60-64 Steven Thomason Ardmore 2009 155'10.5"
 65-69 Glen Johnson Bristol 2004 161'5"
 70-74 Dale Klay Erwin 2018 121'6"
 75-79 Charles Mariott Louisville 1996 101'2"
 80-84 Warren Barger Chattanooga 2004 79'
 85-89 Charles Green Mt. Juliet 2018 85'
 90-94 Warren Barger Chattanooga 2011 63'6"
 95-99 Warren Barger Chattanooga 2016 49'11"

Field Event-High Jump

Female

50-54 Neringa Jakstiene Memphis 2017 4'9.5"
 55-59 Neringa Jakstiene Memphis 2018 4'11.25"
 60-64 Eleanor Gipson Memphis 2012 4'6"
 65-69 Chestine Fulbright Madisonville 1993 3'5"
 Betsy Boswell Bartlett 2005 3'5"
 70-74 Sarah M. Overton Memphis 1999 3'4"
 Luella Morris Hohenwald 1997 3'4"
 75-79 Sarah Overton Memphis 2003 3'7"
 80-84 Sarah Overton Memphis 2005 3'4"
 85-89 Sarah Overton Memphis 2012 3'
 90-94 No Record

Male

50-54 Bob Vanfleteren Franklin 2011 5'4.5"
 55-59 Bob Vanfleteren Franklin 2017 5'4.5"
 60-64 Bob Vanfleteren Franklin 2021 5'5"
 65-69 Charles Lanza Memphis 2002 4'6"
 70-74 Carl Papa Knoxville 2021 4'6"
 75-79 Warren Barger Chattanooga 1997 4'2"
 80-84 James Richardson Maryville 2016 3'11"
 85-89 Warren Barger Chattanooga 2006 3'7.5"
 90-94 Warren Barger Chattanooga 2012 3'6"
 95-99 Warren Barger Chattanooga 2016 3'3"

Field Event–Javelin**Female**

50-54 Meg Foster Kingsport 2016 135'9"
 55-59 Denise Wood Knoxville 2008 94'5.5"
 60-64 Denise Wood Knoxville 2010 90'9"
 65-69 Donna Beeler Knoxville 2006 65'4"
 70-74 Sarah M. Overton Memphis 1996 64'1/2"
 75-79 Sarah M. Overton Memphis 2002 55'2"
 80-84 Margie Atkins Madisonville 2006 45'6"
 85-89 Sarah Overton Memphis 2010 44'2"
 90-94 Tylene Seaton Beech Bluff 2011 26'3.75"

Male

50-54 James Parker Hixson 2016 168'4"
 55-59 James Parker Hixson 2019 174'
 60-64 Roger Kroodsma Thorn Hill 2004 145'5"
 65-69 James Michalik Knoxville 2021 138'5"
 70-74 Charles Lanza Memphis 2006 116'5"
 75-79 Charles Lanza Memphis 2012 99'11"
 80-84 Charles Lanza Memphis 2016 105'8"
 85-89 Charles Lanza Memphis 2021 73'5"
 90-94 John T. Hagar Mt. Juliet 2003 49'2"
 95-99 Robert Jones Pinson 2008 38'

Field Event–Long Jump**Female**

50-54 Neringa Jakstiene Memphis 2017 15'6 1/4"
 55-59 Neringa Jakstiene Memphis 2018 16'3.25"
 60-64 Leslie Latterman Pulaski 2019 11'7.5"
 65-69 Betsy Boswell Bartlett 2005 9'6.5"
 70-74 Betty F. Potts Memphis 2001 8'9"
 75-79 Carol Stricklin Arlington 2021 7'4"
 80-84 Margie Atkins Madisonville 2006 6'4"
 85-89 Sarah Overton Memphis 6'
 90-94 Eleanore F. Pease Fairfield Glade 2001 3'7.5"

Male

50-54 Bob Vanfleteren Franklin 2013 17'9.25"
 55-59 Roger L. Kroodsma Oak Ridge 2000 17'11"
 60-64 Bob Vanfleteren Franklin 2021 18'
 65-69 Roger L. Kroodsma Oak Ridge 2011 14'7.25"
 70-74 Charles C. Baker Hixson 1998 14'5"
 75-79 Charles C. Baker Hixson 2004 12'9"
 80-84 Charles C. Baker Hixson 2007 11'5"
 85-89 Warren Barger Chattanooga 2006 9'2"
 90-94 Charles C. Baker Hixson 2016 8'1 1/2"
 95-99 Warren Barger Chattanooga 2016 5'5"

Field Event- Pole Vault**Female**

50-54 Neringa Jakstiene Memphis 2017 7'6"

55-59 Neringa Jakstiene Memphis 2018 7'2.25"
 60-64 Rhonda Ratcliff Sevierville 2016 5'6"
 65-69 Carol Stricklin Memphis 2010 3'6"
 70-74 No Record
 75-79 No Record
 80-84 Sarah Overton Memphis 2008 3'2"
 85-89 Sarah Overton Memphis 2010 3'6"
Male

50-54 Alan Cox Johnson City 2017 10'6"
 55-59 Bob Vanfleteren Franklin 2018 9'6"
 60-64 Jim P Thompson Seymour 2016 12'
 65-69 Jim P Thompson Seymour 2019 11'6"
 70-74 Roger Chassay Huntsville 2009 8'
 75-79 John Wendling Sewanee 2012 7'6"
 80-84 John Wendling Sewanee 2015 5'

Field Event–Shot Put**Female**

50-54 Meg Foster Kingsport 2018 38'1"
 55-59 Susan Thornton Brentwood 2016 33'7.5"
 60-64 Denise Wood Knoxville 2010 31'9"
 65-69 Trudy Baumer Big Sandy 1994 28'
 70-74 Trudy Baumer Big Sandy 1996 25'7"
 75-79 Jeanette Woods Eads 2021 24'5"
 80-84 Omrie Hinkle Midway 2016 21'8"
 85-89 Sarah Overton Memphis 2010 16'1"
 90-94 Tylene Seaton Beech Bluff 2012 14'8 3/4"

Male

50-54 John Nespoli Memphis 2004 52'9"
 55-59 John Nespoli Rossville 2009 44'10"
 60-64 Joseph Myers White Pine 2016 47'8"
 65-69 Glen Johnson Bristol 2004 45'7"
 70-74 Charles L. Green Lebanon 2003 39'9"
 75-79 Charles Lanza Memphis 2011 34'6.5"
 80-84 Cory Hartbarger Shelbyville 2009 33'4 3/4"
 85-89 Charles Lanza Memphis 2021 28'1.75"
 90-94 Warren Barger Chattanooga 2011 24'3.75"
 95-99 Robert Jones Pinson 2011 21'4.5"

Field Event–Softball Throw**Female**

50-54 Meg Foster Kingsport 2016 187'7"
 55-59 Denise Wood Knoxville 2008 152'7"
 60-64 Carol Jackson Chattanooga 2002 122'9"
 65-69 Jean Hinkle Midway 1998 129'
 70-74 Carol Jackson Chattanooga 2003 110'6"
 75-79 Jean Hinkle Midway 2009 99' 9 1/2"
 80-84 Margie Atkins Madisonville 2004 78'1"
 85-89 Sarah Compton Henderson 2004 61'
 90-94 Tylene Seaton Beech Bluff 2011 51'1"

Male

50-54 Jon G English Brentwood 2013 268'9"
 55-59 Richard King Lebanon 2001 270'
 60-64 Richard King Cookeville 2009 243'4 1/2"
 65-69 Charles Lanza Memphis 2003 203'
 70-74 Charles Lanza Memphis 2008 192'3"
 75-79 Charles Lanza Memphis 2013 162' 2 1/4"
 80-84 Hubert Seaton Beech Bluff 1997 143'
 85-89 John T. Hagar Mt. Juliet 1998 112'
 90-94 John T. Hagar Mt. Juliet 2003 88'9"

95-99 Robert Jones Pinson 2009 54'10"

Field Event-Triple Jump

Female

50-54 Neringa Jakstiene Memphis 2017 34'3/4"
55-59 Neringa Jakstiene Memphis 2018 35'9"
60-64 Susan Rollins Johnson City 2018 22'9.5"
65-69 Carol Stricklin Germantown 2011 18'7.75"
70-74 Carol Stricklin Germantown 2016 17'3"
75-79 Joan Conant Kingsport 2016 15'2"
80-84 Joyce Manis Kingsport 2018 10'4"
85-89 No Record

Male

50-54 Bob Vanfleterne Franklin 2013 34'4"
55-59 Bob Vanfleterne Franklin 2016 33'11 3/4"
60-64 Bob Vanfleterne Franklin 2021 33'7"
65-69 Charles Brickell Danridge 2021 25'
70-74 Larry Heine Old Hickory 2011 22'11.75"
75-79 John Wendling Sewanee 2014 21' 1 1/4"
80-84 Yilmaz Eryasa Nashville 2011 22'3.75"
85-89 Yilmaz Eryasa Nashville 2014 19' 3 1/2"
90-94 RG Wolf Mt. Juliet 2021 7'7"

Golf

Female

50-54 Carol Massey Hixson 2004 154
55-59 Robin Bradley Denmark 2012 158
60-64 Evelyn Blackmon Nashville 2018 150
65-69 Nancy Harper Crossville 2018 153
70-74 Patricia Gregory Nashville 2017 163
75-79 Marty Wennermark Crossville 2018 159
80-84 June Allison Soddy Daisy 2006 182
85-89 Jacqueline Cone Fairfield Glade 2016 212
90-94 No Record

Male

50-54 Gary Pettit Knoxville 1998 142
James Bjork Murfreesboro 2005 142
55-59 Don Midgett Tullahoma 1998 140
James Bjork Murfreesboro 2011 140
60-64 Robert Bunkley Olive Branch 2005 140
65-69 George White Rockwood 2005 140
Jim Brown Loudon 2010 140
70-74 Don Midgett Tullahoma 2012 146
75-79 Jack Bowman Corryton 2000 143
80-84 Robert Kondziela Loudon 2017 146
85-89 Vernon Vandiver Morristown 2000 177
90-94 Vincent Maloney Morristown 1997 201
90-94 R.G. Wolf Mount Juliet 2021 63 (9holes)

Swimming-50y Backstroke

Female

50-54 Sharon Burlingame Heiskill 2008 :35.42
55-59 Jill Massie-Braun Jefferson City 2018 :33.45
60-64 Diann Uustal Soddy Daisy 2009 :33.92
65-69 Diann Uustal Soddy Daisy 2014 :35.57
70-74 Barbara Dillard Lebanon 2009 :41.72
75-79 Barbara Dillard Lebanon 2013 46.51
80-84 Barbara Dillard Lebanon 2018 :47.56
85-89 Louise Stevenson Murfreesboro 2010 42.64
90-94 Hollyce Kirkland Sevierville 2010 55.18
95-99 Hollyce Kirkland Sevierville 2014 1:50.92

Male

50-54 Doug Thain Greenbrier 2011 :27.93
55-59 Doug Thain Greenbrier 2016 :28.22
60-64 Patrick McCauslin College Grove 2019 :30.19
65-69 Stephen Randolph Knoxville 2018 :34.20
70-74 John Trainer Nashville 2007 :36.74
75-79 John Trainer Nashville 2013 :40.00
80-84 William Lauer Knoxville 2015 :40.46
85-89 William Lauer Knoxville 2019 :44.08
90-94 Joseph Daws Nashville 2018 1:11.04

Swimming-100y Backstroke

Female

50-54 Melanie Chambers Caruthersville 2008 1:17.57
55-59 Diann Uustal Soddy Daisy 2009 1:13.65
60-64 Diann Uustal Soddy Daisy 2010 1:13.60
65-69 Diann Uustal Soddy Daisy 2014 1:16.25
70-74 Barbara Dillard Lebanon 2009 1:33.53
75-79 Barbara Dillard Lebanon 2013 1:42.00
80-84 Barbara Dillard Lebanon 2018 1:49.02
85-89 Mary Jane Mullins Mt Juliet 2016 2:09.91
90-94 Hollyce Kirkland Sevierville 2010 3:24.62
95-99 Hollyce Kirkland Sevierville 2016 4:12.02

Male

50-54 John Ebuna Powell 2008 :59.29
55-59 John Ebuna Powell 2013 1:00.89
60-64 John Ebuna Powell 2018 1:03.80
65-69 Stephen Randolph Knoxville 2018 1:16.50
70-74 John Trainer Nashville 2008 1:24.65
75-79 John Trainer Nashville 2013 1:28.28
80-84 William Lauer Knoxville 2015 1:30.86
85-89 William Lauer Knoxville 2019 1:40.07
90-94 Joseph Daws Nashville 2018 2:43.65

Swimming-200y Backstroke

Female

50-54 Melanie Chambers Caruthersville 2008 2:46.64
55-59 Sharon Burlingame Heiskell 2012 2:52.35
60-64 Sharon Burlingame Heiskell 2016 2:49.99
65-69 Diann Uustal Chattanooga 2014 2:53.13
70-74 Barbara Dillard Lebanon 2011 3:32.19
75-79 Barbara Dillard Lebanon 2013 3:45.86
80-84 Barbara Dillard Lebanon 2018 3:51.79
85-89 Mary Jane Mullins Mt Juliet 2016 4:45.48
90-94 Hollyce Kirkland Sevierville 2010 7:55.52
95-99 Hollyce Kirkland Sevierville 2014 8:28.76

Male

50-54 John Ebuna Powell 2008 2:08.39
55-59 John Ebuna Powell 2013 2:13.27
60-64 John Ebuna Powell 2018 2:19.96
65-69 Jeffrey Calvert Franklin 2021 2:43.21
70-74 John Trainer Nashville 2008 3:07.63
75-79 John Trainer Nashville 2013 3:17.69
80-84 William Lauer Knoxville 2015 3:21.66
85-89 William Lauer Knoxville 2019 3:34.85
90-94 Roy DiGesare Antioch 2005 5:48.31

Swimming-50y Breaststroke

Female

50-54 Stacy Kirkpatrick Jefferson City 2018 :37.38
55-59 Marilyn Parker Tellico Plains 2012 39.70

60-64 Diann Uustal Chattanooga 2010 :38.65
 65-69 Marion Bailey Memphis 2018 :44.38
 70-74 Lucille Hardin Nashville 2008 :51.34
 75-79 Lucille Hardin Nashville 2013 :55.70
 80-84 Lucille Hardin Nashville 2018 1:01.12
 85-89 Mary Vowell Martin 2011 1:17.98
 90-94 Mary Vowell Martin 2016 1:30.66
 95-99 Hollyce Kirkland Sevierville 2014 2:31.82

Male

50-54 Richard Bernstein Germantown 2008 :32.55
 55-59 John Ebuna Powell 2013 :31.87
 60-64 John Ebuna Powell 2018 :32.69
 65-69 Edward Leech Cleveland 2014 :36.58
 70-74 John McCord Knoxville 2019 :37.59
 75-79 John Wendling Sewanee 2014 :44.25
 80-84 William Lauer Knoxville 2017 :45.40
 85-89 William Lauer Knoxville 2019 :50.33
 90-94 Jesse B. Jolly Clarksville 2005 2:31.84
 95-99 Jesse B. Jolly Clarksville 2010 3:38.50

Swimming–100y Breaststroke

Female

50-54 Stacy Kirkpatrick Jefferson City 2018 1:23.56
 55-59 Marilynn Parker Tellico Plains 2012 1:25.69
 60-64 Celia Morse Franklin 2021 1:35.34
 65-69 Marion Bailey Memphis 2018 1:40.81
 70-74 Mary Daughtery Oak Ridge 2006 1:54.85
 75-79 Lucille Hardin Nashville 2013 2:07.36
 80-84 Lucille Hardin Nashville 2018 2:14.60
 85-89 Mary K Vowell Martin 2011 3:10.68
 90-94 No Record
 95-99 Hollyce Kirkland Sevierville 2018 6:50.41

Male

50-54 John Ebuna Powell 2008 1:08.72
 55-59 John Ebuna Powell 2012 1:09.22
 60-64 John Ebuna Powell 2017 1:12.12
 65-69 Edward Leech Cleveland 2014 1:22.34
 70-74 Edward Leech Cleveland 2019 1:24.40
 75-79 William Lauer Knoxville 2009 1:29.81
 80-84 William Lauer Knoxville 2014 1:36.48
 85-89 William Lauer Knoxville 2019 1:53.95
 90-94 No Record

Swimming–200y Breaststroke

Female

50-54 Kathy Chisholm Oak Ridge 2008 3:07.94
 55-59 Nancy Burleson Crossville 2012 2:45.83
 60-64 Sharon Burlingame Heiskell 2016 3:18.24
 65-69 Marion Bailey Memphis 2018 3:43.22
 70-74 Lucille Hardin Nashville 2008 4:15.23
 75-79 Lucille Hardin Nashville 2013 4:34.80
 80-84 Lucille Hardin Nashville 2018 4:57.83
 85-89 Mary Vowell Martin 2012 4:07.49
 90-94 Mary Vowell Martin 2016 7:29.10

Male

50-54 Richard Bernstein Germantown 2008 2:38.05
 55-59 Mike Phillips Spring Hill 2012 2:45.83
 60-64 Richard Bernstein Germantown 2018 2:43.26
 65-69 Edward Leech Cleveland 2014 3:00.72

70-74 William Lauer Knoxville 2005 3:08.58
 75-79 William Lauer Knoxville 2010 3:16.50
 80-84 William Lauer Knoxville 2014 3:28.89
 85-89 William Lauer Knoxville 2019 3:55.44
 90-94 No Record

Swimming–50y Butterfly

Female

50-54 Karen Blizzard Blountville 2010 :32.36
 55-59 Jill Massie-Braun Jefferson City 2018 :34:00
 60-64 Diann Uustal Soddy Daisy 2010 :31.51
 65-69 Diann Uustal Soddy Daisy 2014 :33.18
 70-74 Barbara Dillard Lebanon 2009 :44.86
 75-79 Jean Cothran Nashville 2007 1:04.75
 80-84 Mary Jane Mullins Mt Juliet 2015 1:15.79
 85-89 Mary Jane Mullins Mt Juliet 2016 1:18.23
 90-94 Mary Vowell Martin 2017 1:54.43

Male

50-54 John Ebuna Powell 2007 :25.91
 55-59 John Ebuna Powell 2013 :26.30
 60-64 Patrick McCauslin College Grove 2019 :27.03
 65-69 David Gibson Kingston 2010 :30.79
 70-74 Michael Morris Oak Ridge 2012 :33.15
 75-79 Michael Morris Okay Ridge 2017 :35.63
 80-84 William Lauer Knoxville 2014 :37.15
 85-89 William Lauer Knoxville 2021 :45.42

Swimming–100y Butterfly

Female

50-54 Sharon Burlingame Heiskel 2008 1:28.24
 55-59 Sharon Burlingame Heiskel 1:28.14
 60-64 Lynn Cartee Gatlinburg 2008 1:36.90
 65-69 Rosemary Sexton Kingsport 2016 1:45.42
 70-74 Brenda Payne Germantown 2018 1:54.03
 75-79 Mary Daughtery Oak Ridge 2012 2:32.27
 80-84 Mary Daughtery Oak Ridge 2018 3:02.72
 85-89 No Record

Male

50-54 John Ebuna Powell 2008 56.67
 55-59 John Ebuna Powell 2012 58:34
 60-64 Patrick McCauslin College Grove 2019 1:02.06
 65-69 Michael Morris Oak Ridge 2008 1:12.42
 70-74 Michael Morris Oak Ridge 2012 1:13.24
 75-79 Michael Morris Oak Ridge 2017 1:17.87
 80-84 William Lauer Knoxville 2014 1:34.25
 85-89 William Lauer Knoxville 2021 2:02.51

Swimming - 200y Butterfly (added 2016)

Female

50-54 No Record
 55-59 Karen Bland Kingsport 2018 3:14.81
 60-64 Sharon Burlingame Heiskell 2018 3:14.45
 65-69 Sharon Burlingame Heiskell 2021 3:29.53
 70-74 Molly Myers Knoxville 2021 4:08.79
 75-79 No Record
 80-84 No Record
 85-89 No Record
 90-94 No Record

Male

50-54 No Record
 55-59 Judd Jones Knoxville 2016 2:50.67

60-64 Mike Phillips Spring Hill 2018 2:56.90
 65-69 Jeffrey Calvert Franklin 2021 2:57.93
 70-74 John McCord Knoxville 2019 4:04.72
 75-79 Robert Waters Germantown 2018 5:06.06
 80-84 William Lauer Knoxville 2016 3:37.17
 85-89 No Record
 90-94 No Record

Swimming–50y Freestyle

Female

50-54 Karen Blizzard Blountville 2010 :28.49
 55-59 Jill Massie-Braun Jefferson City 2018 :29.37
 60-64 Diann Ustal Soddy Daisy 2010 :29.12
 65-69 Diann Ustal Soddy Daisy 2014 :30.78
 70-74 Barbara Dillard Lebanon 2009 :35.97
 75-79 Penny Heydt Johnson City 2021 :40.48
 80-84 Barbara Dillard Lebanon 2018 :41.97
 85-89 Mary Vowell Martin 2011 1:00.96
 90-94 Mary Vowell Martin 2016 1:09.02
 95-99 Hollyce Kirkland Sevierville 2014 2:29.75

Male

50-54 John Ebuna Powell 2007 :22.61
 55-59 William Thompson Brentwood 2021 :23.22
 60-64 John Ebuna Powell 2017 :24.07
 65-69 Richard Jordan Memphis 2018 :27.39
 70-74 Gary Germeraad Mount Juliet 2021 :33.72
 75-79 Michael Morris Oak Ridge 2017 :30.06
 80-84 William Lauer Knoxville 2015 :32.13
 85-89 Don Bales Kingsport 2008 :46.11
 90-94 Joseph Daws Nashville 2017 1:10.54
 95-99 Jesse Jolly Clarksville 2010 2:09.96

Swimming–100y Freestyle

Female

50-54 Ginny Maher Brentwood 2010 1:03.36
 55-59 Ginny Maher Brentwood 2016 1:04.69
 60-64 Karen Bland Kingsport 2021 1:06.74
 65-69 Diane Allison Nashville 2018 1:14.41
 70-74 Barbara Dillard Lebanon 2009 1:24.82
 75-79 Penny Heydt Johnson City 2021 1:32.86
 80-84 Susie Fister Germantown 2010 1:59.14
 85-89 Susie Fister Germantown 2015 2:12.50
 90-94 Mary Vowell Martin 2016 2:32.53
 95-99 Hollyce Kirkland Sevierville 2016 4:29

Male

50-54 John Ebuna Powell 2008 :50.33
 55-59 John Ebuna Powell 2012 :51.35
 60-64 John Ebuna Powell 2017 :53.98
 65-69 Richard Jordan Memphis 2018 :59.87
 70-74 Michael Morris Oak Ridge 2012 1:03.61
 75-79 Michael Morris Oak Ridge 2017 1:05.31
 80-84 William Lauer Knoxville 2015 1:12.68
 85-89 Richard Peck Franklin 2019 2:07.29
 90-94 Joseph Daws Nashville 2017 2:50.22
 95-99 Jesse Jolly Clarksville 2010 5:44.11

Swimming–200y Freestyle

Female

50-54 Karen Blizzard Blountville 2010 2:21.45
 55-59 Ginny Maher Brentwood 2016 2:21.01
 60-64 Karen Bland Kingsport 2021 2:25.85

65-69 Sharon Burlingame Heiskell 2021 3:15.31
 70-74 Molly Myers Knoxville 2021 3:53.91
 75-79 Penny Heydt Johnson City 2021 3:27.21
 80-84 Eleanor Wessner Johnson City 2008 3:48.98
 85-89 Susie Fister Germantown 2016 5:05.9
 90-94 Mary Vowell Martin 2018 6:53.43
 95-99 Hollyce Kirkland Sevierville 2018 11:24.11

Male

50-54 John Ebuna Powell 2007 1:54.64
 55-59 John Ebuna Powell 2013 1:58.76
 60-64 John Ebuna Powell 2018 2:04.39
 65-69 Richard Jordan Memphis 2018 2:11.09
 70-74 Michael Morris Oak Ridge 2012 2:23.47
 75-79 Michael Morris Oak Ridge 2017 2:26.19
 80-84 William Lauer Knoxville 2015 2:48.94
 85-89 Richard Peck Franklin 2019 5:03.60
 90-94 Joseph Daws Nashville 2019 7:19.16

Swimming–500y Freestyle

Female

50-54 Karen Blizzard Blountville 2010 6:19.54
 55-59 Karen Bland Kingsport 2018 6:16.81
 60-64 Karen Bland Kingsport 2021 6:10.48
 65-69 Brenda Payne Germantown 2013 7:43.33
 70-74 Brenda Payne Memphis 2018 8:08.50
 75-79 Sumner Foster Nashville 2017 9:37.18
 80-84 Eleanor Wessner Johnson City 2008 9:48.51
 85-89 Mary Jane Vowell Mount Juliet 2019 15:22.59
 90-94 Mary Vowell Martin 2016 15:55.66
 95-99 Hollyce Kirkland Sevierville 2018 28:08.97

Male

50-54 Doug Thain Greenbrier 2011 5:17.82
 55-59 Doug Thain Greenbrier 2016 5:30.88
 60-64 Richard Jordan Memphis 2013 5:45.78
 65-69 Richard Jordan Memphis 2018 5:54.34
 70-74 William Lauer Knoxville 2006 6:40.17
 75-79 William Lauer Knoxville 2009 6:58.26
 80-84 William Lauer Knoxville 2016 7:49.28
 85-89 Ernest Robertson Cookeville 2010 13:52.90
 90-94 Joseph Daws Nashville 2017 18:28.48

Swimming–100y Individual Medley

Female

50-54 Karen Blizzard Blountville 2010 1:15.89
 55-59 Ginny Maher Brentwood 2016 1:19.95
 60-64 Diann Ustal Soddy Daisy 2009 1:12.99
 65-69 Diann Ustal Soddy Daisy 2014 1:17.96
 70-74 Barbara Dillard Lebanon 2009 1:36.80
 75-79 Barbara Dillard Lebanon 2016 1:53.91
 80-84 Barbara Dillard Lebanon 2018 1:57.11
 85-89 Mary Jane Mullins Mt Juliet 2016 2:27.59
 90-94 Mary Vowell Martin 2017 3:49.16

Male

50-54 John Ebuna Powell 2007 :58.97
 55-59 John Ebuna Powell 2012 :59.39
 60-64 Patrick McCauslin College Grove 2019 1:05.02
 65-69 Michael Morris Oak Ridge 2008 1:15.79
 70-74 Michael Morris Oak Ridge 2012 1:17.34
 75-79 William Lauer Knoxville 2009 1:20.26
 80-84 William Lauer Knoxville 2014 1:25.48

85-89 William Lauer Knoxville 2021 1:40.24

Swimming–200y Individual Medley

Female

50-54 Sharon Burlingame Heiskell 2009 2:57.92

55-59 Sharon Burlingame Heiskell 2014 2:59.48

60-64 Kathi Lindstrom Franklin 2013 2:56.25

65-69 Rosemary Sexton Kingsport 2018 3:47.74

70-74 Mary Daughtery Oak Ridge 2006 4:22.90

75-79 Mary Daughtery Oak Ridge 2012 4:43.06

80-84 Mary Jane Mullins Mt Juliet 2015 5:10.65

85-89 Mary Jane Mullins Mt Juliet 2016 5:48.28

90-94 Mary Vowell Martin 2016 8:02.10

Male

50-54 John Ebuna Powell 2008 2:10.32

55-59 John Ebuna Powell 2012 2:10.74

60-64 John Ebuna Powell 2017 2:18.61

65-69 Jeffrey Calvert Franklin 2021 2:50.59

70-74 William Lauer Knoxville 2005 2:53.50

75-79 William Lauer Knoxville 2010 3:01.17

80-84 William Lauer Knoxville 2014 3:14.07

85-89 William Lauer Knoxville 2021 4:00.73

Swimming - 400y Individual Medley (added 2016)

Female

50-54 No Record

55-59 Karen Bland Kingsport 2018 6:07.00

60-64 Karen Bland Kingsport 2021 6:05.63

65-69 Sharon Burlingame Heiskell 2021 6:55.50

70-74 Molly Myers Knoxville 2021 7:59.93

75-79 No Record

80-84 No Record

85-89 No Record

90-94 No Record

Male

50-54 No Record

55-59 Judd Jones Knoxville 2016 5:34.69

60-64 John Ebuna Powell 2018 5:24.66

65-69 Jeffrey Calvert Franklin 2021 5:59.83

70-74 Edward Leech Cleveland 2019 6:59.87

75-79 No Record

80-84 William Lauer Knoxville 2016 6:51.96

85-89 William Lauer Knoxville 2021 8:14.55

90-94 No Record

Track Event–50m Run

Female

50-54 Neringa Jakstiene Memphis 2017 :07.60

55-59 Neringa Jakstiene Memphis 2018 :07.62

60-64 Susan Rollins Johnson City 2018 :08.92

65-69 Alice Greene Knoxville 2014 :09.06

70-74 Alice Greene Knoxville 2021 :09.31

75-79 Evelyn Meredith Memphis 2018 :10.19

80-84 Sarah Southall Crossville 2018 :11.47

85-89 Naiad Kuhlman Fairfield Glade 2014 :11.94

90-94 Lillian Atchley Cleveland 2021 :24.59

95-99 Hollyce Kirkland Sevierville 2014 :29.0

Male

50-54 Bob Vanfleteren Franklin 2012 :06.92

55-59 Duane Daugherty Nashville 2016 :06.77

60-64 John Bacon Gallatin 2012: 06.98

65-69 Jamie Tyler Knoxville 2019 :07.49

70-74 Grady Cash Nashville 2017 :07.67

75-79 Jerry Totty Olive Branch 2012 :08.42

80-84 Don Meredith Memphis 2021 :08.86

85-89 Yilmaz Eryasa Nashville 2014 :09.16

90-94 Charles Baker Hixson 2016 :10.97

Track Event–100m Run

Female

50-54 Neringa Jakstiene Memphis 2017 :14.04

55-59 Neringa Jakstiene Memphis 2018 :14.46

60-64 Sandra Guy Blountville 2005 :15.37

65-69 Alice Greene Knoxville 2014 :16.91

70-74 Ruth Shanks Kingsport 1996 :16.94

75-79 Evelyn Meredith Memphis 2018 :20.20

80-84 Irene Rocos Stewart 1997 :22.9

85-89 Naiad Kuhlman Crossville 2014 :24.08

90-94 Eleanore Pease Fairfield Glade 2000 :33.49

95-99 Hollyce Kirkland Sevierville 2014 :59.29

Male

50-54 Nate Robertson Jackson 2004 :12.32

55-59 David S. Denman Dyersburg 1996 :12.06

60-64 Calvin Saulsberry Memphis 2014 13.12

65-69 David Craig Columbia 2017 :13.02

70-74 David Craig Loudon 2021 12:44

75-79 John Wall Cookeville 2007 :14.88

80-84 Don Meredith Memphis 2021 15:92

85-89 Charlie Baker Hixson 2012 :18.10

90-94 Charles Baker Hixson 2016 :21.96

95-99 Maxwell Springer Knoxville 2008 27.42

Track–200m Run

Female

50-54 Neringa Jakstiene Memphis 2017 :29.75

55-59 Neringa Jakstiene Memphis 2018 :29.80

60-64 Sandra Guy Blountville 2002 :34.48

65-69 Ruth Shanks Kingsport 1993 :37.5

70-74 Ruth Shanks Kingsport 1996 :38.25

75-79 Evelyn Meredith Memphis 2018 :43.00

80-84 Margie Stoll Nashville 2021 :48.3

85-89 Mavis Borthick Springfield 2000 1:02.65

90-94 Eleanore Pease Fairfield Glade 2000 1:25.01

95-99 Hollyce Kirkland Sevierville 2014 2:18.77

Male

50-54 Antonio A. Cooper Memphis 1997 :25.7

William Yelverton Murfreesboro 2014 :25.7

55-59 Jim Mathis Memphis 1993 25.0

60-64 Jim Mathis Memphis 1994 25.08

65-69 Estes E. Redditt Somerville 1996 :28.00

70-74 Grady Cash Nashville 2017 :29.27

75-79 Yilmaz Eryasa Nashville 2004 :31.7

80-84 Charlie C. Baker Hixson 2006 :33.17

85-89 Charlie Baker Hixson 2012 :38.73

90-94 Maxwell Springer Knoxville 2004 :47.11

95-99 Maxwell Springer Knoxville 2008 1:04.46

Track–400m Run

Female

50-54 Karen Seiferth Johnson City 2010 1:10.88

55-59 Susan Rollins Johnson City 2014 1:10.36
 60-64 Susan Rollins Johnson City 2018 1:14.35
 65-69 Margie Stoll Nashville 2006 1:26.2
 70-74 Wandie F. Nelson Fair. Glade 1996 1:30
 75-79 Margie Stoll Nashville 2017 1:43.41
 80-84 Margie Stoll Nashville 2021 2:04.36
 85-89 Mavis Borthick Springfield 1999 2:30.50
 90-94 Eleanore Pease Fairfield Glade 2003 3:27.56
 95-99 Hollyce Kirkland Sevierville 2016 4:58.56

Male

50-54 Stan Patterson Nashville 2016 :55.55
 55-59 Jim Mathis Memphis 1993 :55
 60-64 Jim Mathis Memphis 1994 :56.09
 65-69 Howard Clark Mt Juliet 2017 :59.77
 70-74 Howard Clark Mt Juliet 2021 1:04.26
 75-79 Charlie C. Baker Hixson 2001 1:13.56
 80-84 Charlie C. Baker Hixson 2007 1:17.83
 85-89 Maxwell Springer Knoxville 1998 1:33
 90-94 Maxwell Springer Knoxville 2005 1:52.06
 95-99 Maxwell Springer Knoxville 2008 2:50.31

Track–800m Run

Female

50-54 Susan Rollins Johnson City 2012 2:45.26
 55-59 Susan Rollins Johnson City 2014 2:40
 60-64 Susan Rollins Johnson City 2018 2:47.37
 65-69 Margie Stoll Nashville 2006 3:09.6
 70-74 Margie Stoll Nashville 2012 3:28.12
 75-79 Margie Stoll Nashville 2017 3:57.74
 80-84 Margie Stoll Nashville 2021 4:38.9
 85-89 Mavis Borthick Springfield 1999 5:43
 90-94 Lillian Atchley Cleveland 2021 10:02.35
 95-99 Hollyce Kirkland Sevierville 2014 9:56

Male

50-54 Calvin Graham Old Hickory 2021 2:13.48
 55-59 Mark Carver Nashville 2016 2:19.89
 60-64 David Schmanski Goodlettsville 2014 2:14
 65-69 Howard Clark Mt Juliet 2016 2:27.46
 70-74 Grady Cash Nashville 2017 2:46.45
 75-79 Carlos Cobos Hermitage 2014 3:12
 80-84 Ted Wilson Nashville 2016 3:39.78
 85-89 Maxwell Springer Knoxville 1998 4:05
 90-94 Maxwell Springer Knoxville 2005 4:45
 95-99 Maxwell Springer Knoxville 2008 6:57.52

Track–1500m Run

Female

50-54 Susan Rollins Johnson City 2012 5:36.83
 55-59 Susan Rollins Johnson City 2014 5:28.17
 60-64 Susan Rollins Johnson City 2018 5:41.60
 65-69 Margie Stoll Nashville 2007 6:20.87
 70-74 Margie Stoll Nashville 2011 6:49.52
 75-79 Margie Stoll Nashville 2017 7:45.65
 80-84 Valera Jones Murfreesboro 2015 10:12.15
 85-89 Allie Walker Springfield 1995 11:40
 90-94 Lillian Atchley Cleveland 2021 19:14.54
 95-99 Mary Lou Davidson Hermitage 1998 19:07

Male

50-54 Paul Scalisi Brentwood 2012 4:34.37
 55-59 Mark Carver Nashville 2016 4:51.46

60-64 David Schmanski Goodlettsville 2014 4:51.98
 65-69 Tom McCormack Jonesborough 2021 5:16.84
 70-74 Michael Hoppe Thompson Station 2018 6:00.65
 75-79 Carlos Cobos Hermitage 2014 6:34.84
 80-84 Gian S. Sahota Nashville 2004 7:29
 85-89 Maxwell Springer Knoxville 1998 8:35
 90-94 Maxwell Springer Knoxville 2005 10:28

Track–1500m Race Walk

Female

50-54 Rosemary Sexton Kingsport 2000 8:59
 55-59 Leslie Latterman Pulaski 2016 9:14.91
 60-64 Joyce M. Walker Yuma 1996 9:22
 65-69 Joyce Curtis Kingsport 2003 9:37
 70-74 Ellinora Vinson McMinnville 1994 10:02
 75-79 Ellinora Vinson McMinnville 1996 10:13
 80-84 Mary Godsey 1993 11:36
 85-89 Mavis Borthick Springfield 1999 12:35
 90-94 Lillian Atchley Cleveland 2021 20:59
 95-99 Mary Lou Davidson Hermitage 1999 20:39.02

Male

50-54 Charles Mullins Kingsport 1996 8:15
 Jerry Dixon Greenbrier 1996 8:15
 55-59 James M. Bowers Mount Carmel 2005 7:45
 60-64 Gene Siler Williamsburg. 1996 8:27
 65-69 Donald Mackey Johnson City 1994 8:36
 70-74 Jerry Dixon Greenbrier 2014 8:33
 75-79 Edward Liskovec Crossville 2004 10:24
 80-84 Dusty Smith Dyersburg 2007 10:21
 85-89 Dusty Smith Dyersburg 2008 10:40.79
 90-94 Dusty Smith Dyersburg 2013 12:14.81

Track–5k Run (Williamson County course)

Female

50-54 Susan Rollins Johnson City 2010 20:23
 55-59 Susan Rollins Johnson City 2016 20:28
 60-64 Susan Rollins Johnson City 2018 21:04
 65-69 Margie Stoll Nashville 2006 23:19
 70-74 Margie Stoll Nashville 2011 24:46
 75-79 Margie Stoll Nashville 2016 27:08
 80-84 Margie Stoll Nashville 2021 31:32
 85-89 Mary Allen Memphis 2021 47:42

Male

50-54 Timothy O'Leary Antioch 2012 18:01
 55-59 Dan Smithhisler Pleasant View 2014 18:26
 60-64 Robert Barber Loudon 2006 18:52
 65-69 Tom McCormack Jonesborough 2021 18:46
 70-74 David Peterson Franklin 2018 22:53
 75-79 Dennis Christian Nashville 2015 23:50
 80-84 Tom Parker Morristown 2016 27:09
 85-89 George Parker Morristown 2021 34:10
 90-94 John Smartt Knoxville 2010 46:56

Track–10k Run (Williamson County course)

Female

50-54 Karen Seiferth Johnson City 2008 43:34
 55-59 Vickie Spickard Nashville 2012 47:01
 60-64 Vickie Spickard Nashville 2017 50:55
 65-69 Margie Stoll Nashville 2008 48:31

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70-74 Margie Stoll Nashville 2011 :51.25
 75-79 Margie Stoll Nashville 2016 57:27
 80-84 Valera Jones Murfreesboro 2016 1:34.54
 Male
 50-54 Timothy O'Leary Antioch 2012 36:52
 55-59 Dan Smithhisler Pleasant View 2014 37:39
 60-64 Dan Smithhisler Mt Juliet 2016 39:11
 65-69 Sergio Bianchini Chattanooga 2006 45:28
 70-74 Dennis Christian Nashville 2009 47:57
 75-79 Sergio Bianchini Chattanooga 2016 48:45
 80-84 Tom Parker Morristown 2016 1:00.30
 85-89 John Smartt Knoxville 2006 1:22:04

Power Walk

Female

50-54 Carolyn Newbern Medon 2009 10:59.79
 55-59 Barbara Taylor Johnson City 2006 11:04
 60-64 Annette French Lewisburg 2021 10:23.06
 65-69 Kathy Nash Maryville 2019 10:46.54
 70-74 Carol Rolfes Spring Hill 2019 10:52.16
 75-79 Joyce Curtis Kingsport 2013 12:07.32
 80-84 Lydia Bishop Hixson 2013 13:21.58
 85-89 Tylene Seaton Beech Bluff 2010 18:46.97
 90-94 Hollyce Kirkland Sevierville 2012 18:57.06
 95 + Hollyce Kirkland Sevierville 2014 20:13

Male

50-54 Kaden Fox Knoxville 2007 8:02
 55-59 Jo-David Keith Nashville 2021 7:50.87
 60-64 Kaden Fox Spring Hill 2015 8:14.55
 65-69 Kaden Fox Spring Hill 2021 8:48.89
 70-74 Gene Siler Williamsburg 2006 10:11
 75-79 Jerry Dixon Greenbrier 2018 10:02.22
 80-84 George Spero Nashville 2011 12:26.62
 85-89 John Del Colle Vonore 2015 12:15.12
 90-94 David Chapman Tellico Plains 2010 21:02.69

Track-5K Race Walk (added in 2015)

Female

50-54 Stacie Trybe Manchester 2019 41:54
 55-59 Leslie Latterman Pulaski 2017 32:44
 60-64 Leslie Latterman Pulaski 2018 35:30
 65-69 Barbara Taylor Johnson City 2016 39:44
 70-74 Carol Rolfes Spring Hill 2021 38:22
 75-79 Betty Hart Yuma 2017 45:50
 80-84 Gloria Wilson Mt Juliet 2016 1:14.02

Male

50-54 No Record
 55-59 Byron Kaelin Mt Juliet 2017 32:42
 60-64 Kaden Fox Spring Hill 2018 30:19
 65-69 Gene Klingensmith Tullahoma 2019 35:29
 70-74 Jerry Dixon Greenbrier 2015 30:40
 75-79 Charles Britt Spring Hill 2015 54:19
 80-84 Charles Britt Spring Hill 2016 48:10
 85-89 No Record
 90-94 Raden Sumantri Cordova 2019 1:12.04