<u> 2021</u>

TENNESSEE SENIOR OLYMPICS

ENNESSEE Senior Olympics

Presented by:



June 21-July 1 August 6-8 September 11



Here's to the ones still going for the win.

Congratulations to all the Senior Olympics athletes across our state. For more than 40 years, we've been honored to be right here supporting your journeys toward health, wellness and personal victories.



THE TENNESSEE SENIOR OLYMPICS is a special event

for senior adults age 50 and older that combines a wide range of competitive events. The state finals are sponsored by BlueCross BlueShield of Tennessee, the Williamson County Parks and Recreation Department, the City of Franklin and the City of Brentwood.

This is the 41st annual statewide Senior Olympics competition. The mission of the Tennessee Senior Olympics is to promote healthy lifestyles for Seniors through fitness, sports, and an active involvement in life.

Have a safe and happy 2021 state competition. Good luck to all!

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Senior Games Oath

Today the joy of competition
calls me to the test.
I have the opportunity
to strive to reach my best.
I have learned with age
that effort is the only true first place.
There is victory in accepting challenge,
and in trying, there is grace.

Emergency Information

June Registration Headquarters:

(615) 200-8760 (No text messages please) — Franklin Recreation Complex

Rain Out Info: (615) 200-8760 (No text messages please)

Williamson County Parks and Recreation Department: (615) 790-5719

Williamson County Medical Center staff will be present at most sites.

Other emergencies should be directed to Williamson County's emergency assistance number — 911.

State Finals Staff

Event Co-Chairs Christine Dewbre Gary Hathcock Traci Meador

Volunteer Coordinators Traci Meador Gail Ragland Lisa Wright

Medical
Williamson
County Medical
Center
Gretchen Jackson
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Archery Music City Archery

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Basketball 3-on-3Chris Gravlee
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Basketball Skill Events
Chris Gravlee

Bowling Angel McKee Don McKee

Cornhole Ryan Pett Krystal Turner Cycling/Road Races Martin Coleman Andy Howe

Disc GolfBryce Bradley

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RacquetballJoe Williams

Athlete Check-In Gail Ragland

Shuffleboard Ryan Pett Krystal Turner

Swimming Jordan Brown Steven Murry Lisa Wright

T-ShirtsKellie Graves
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Volleyball Elaine Mitchell Kelly Price

WCPR Staff Katie Adams **Jack Aide** Mike Arnold Angie Beasley Kristen Beasley Bryce Bradley Javis Dennis Hunter Eubanks Ann Marie Flynn Chris Gravlee Bennett Johnson Evan Hampton Adrian Ludwig Kristi McDonald Amber Morris Daneen Newkirk Ryan Pett Krystal Turner Evan Smith David Polk Rachel Wahlstrom Roy Wayne Brittney Williams



WILLIAMSON COUNTY GOVERNMENT

May 28, 2021

Welcome Tennessee Senior Olympics Participants and Fans!

It is my pleasure to welcome you to the 2021 Senior Olympics in Williamson County.

Williamson County Parks & Recreation Department is proud to provide the very best recreational equipment and facilities for your competitions, and we hope you will enjoy them during your visit! In addition to your scheduled Senior Olympic events, we hope you will have an opportunity to visit the many historic sites, restaurants, and shops that make our community a popular destination.

Thank you for the privilege of hosting the Senior Olympics again this year. I wish you good luck in your individual events and hope you enjoy your visit to Franklin and Williamson County.

Sincerely,

Rogers C. Anderson

Williamson County Mayor

RCA/id



Athlete Check-In

Participants must check in at the Athlete Check-in Headquarters at Franklin Recreation Complex either before or after participating. This is mandatory.

Due to the distance from the Franklin Recreation Complex, athletes in these sports may report directly to your event site:

GOLF
RACQUETBALL
PICKLEBALL (August in Chattanooga)
CYCLING (September in Strawberry Plains)

Athlete Check-in Headquarters	will be open:
Friday, June 25	1:00 p.m 6:00 p.m.
Saturday, June 26	7:15 a.m 5:00 p.m.
Sunday, June 27	7:15 a.m 5:00 p.m
Monday, June 28	7:15 a.m 5:00 p.m
Tuesday, June 29	7:15 a.m 4:00 p.m
Wednesday, June 30	7:15 a.m 4:00 p.m
Thursday, July 1	7:15 a.m 11:00 a.m

7.80 0.	ategories
50-54	80-84
55-59	85-89
60-64	90-94
65-69	95-99
70-74	100-104
75-79	

Postponement/Cancellation of Events

In case of inclement weather or last minute site changes, a notice will be posted at the event site regarding postponement or cancellation of events. Please also call 615-200-8760 (No text messages please). If at all possible, we will also post notices at www.tnseniorolympics.com and www.facebook.com/tnseniorolympics.

Equipment

Equipment for each event will be provided by Tennessee Senior Olympics unless otherwise stated in the rules of each event. Participants are advised to consult the Official Rules Manual concerning equipment for their specific event(s).

TN Senior Olympics Hall of Fame

CONGRATULATIONS TO THE CLASS OF 2021!

Joyce Manis Wayne Matthews Margie Stoll Joe Sykes

THESE WORTHY INDIVIDUALS JOIN THESE PAST HONOREES:

2017
Charlie Baker
Warren Barger
Margaret Jones
Robert Jones
Eddie Liscovec
Joanne Ramsey, posthumously

CLASS OF 2018

Bo Deaton
John Disterdick
Bill Lauer
Georgia Phillips
Christine Dewbre

CLASS OF 2019

Frank Baker Mary Tim Burgin Linda Kauffman Hollyce Kirkland

IMPORTANT INFORMATION! PLEASE READ!

Information and exact dates for the 2022 Tennessee Senior Olympics State Finals will be posted at www. tnseniorolympics.com by the end of the year.

To be eligible for the 2022 state finals, athletes must participate in a fall 2021 district event in most sports.

District participants will participate and qualify in age divisions that match the state finals age determination. Age at the district will be determined by the athlete's age as of December 31 of the next calendar year. Athletes must be 50 years old by December 31, 2022 to compete in the 2022 state finals.

For example, for the 2021 districts, age will be determined as of December 31, 2022. For the 2022 state finals, age will be determined as of December 31, 2022. This is to ensure that athletes are practicing and playing in the age group that they will be placed in at the summer 2022 state finals. For example, an individual who turns 50 on April 1, 2022 will play in the 50-54 division in the fall 2021 districts although he or she is 49. Athletes must be 50 years old by December 31 of 2022 year to compete in the 2022 state finals.

Open sports that do not require district qualification include archery, cornhole, cycling (5K and 20K), disc golf, the 5K and 10K road races, 5K Walk, racquetball, triple jump, pole vault, and the powerwalk.

Sports not offered at your home district are also considered open. This list is subject to change by our board of directors. **Notification of changes will be via e-mail.** Registration for the state finals will open in March 2022.

Details will be e-mailed to all district participants.

Visit www.tnseniorolympics.com for more information about the state finals.

2021 Fall District Dates will be posted at www.tnseniorolympics.com



2022 STATE FINALS.

You must participate in a 2021 FALL DISTRICT to be eligible for the 2022 STATE FINALS.

Visit tnseniorolympics.com for full details



STATE FINALS EVENT SCHEDULE

General Schedule

Check www.tnseniorolympics.com for detailed schedules and start times.



Golf 8:00 a.m. Two Rivers Golf Course

Friday, June 25, 2021

Athlete Check-in 1:00-6:00pm Franklin Recreation

Complex

Field Events- jumps 3:00pm Brentwood High School

Saturday, June 26, 2021

Athlete Check-in 7:15 a.m.-5 p.m. Franklin Recreation

Complex

Track 8:00 a.m. Brentwood High School

(1500m/400m)

Field Events- throws 11 a.m.-5 p.m. Brentwood High School

Softball Throw 12-3:00 p.m. Brentwood High School

3x3 Basketball 9:00 a.m. Academy Park

50+/55+/60+

Basketball Free Throw 10am-12:00pm Academy Park

0-64

Basketball 3- Point/Hot Shot 6:00pm Academy Park

50-64

Track 5 p.m. Brentwood High School

(100m run, 4 x 100 relay, power walk)

Sunday, June 27, 2021

Athlete Check-in 7:15 a.m.–5 pm Franklin Recreation

Complex

Track 8:00 a.m. Brentwood High School

(50m/800m/1500m race walk/200m)

Volleyball 9:00 a.m. Franklin Recreation Complex

Archery 9:00 a.m. Williamson Co Soccer Complex

3 x3 Basketball 9 a.m. (50-64) Academy Park

2 p.m. (65-85)

Bowling Practice 10 a.m.-6 p.m. Franklin Entertainment Center

Basketball Free Throw 2:00-4:00 pm Academy Park

65-85

Basketball 6:00 p.m. Academy Park

3 Point/Hot Shot

65-85

Tennis 12:00 p.m. Indoor Sports Complex

Monday, June 28, 2021

Athlete Check-in 7:15 a.m.–5 p.m. Franklin Recreation Complex

Tennis 8:00 a.m. Indoor Sports Complex

Bowling 9:00 a.m. Franklin Entertainment Center

(doubles 50-64)

Badminton 9:00 a.m. Franklin Recreation Complex

(doubles/mixed)

Shuffleboard 8:00 am (men)

(Singles, all ages) 12:30 pm (women) Academy Park

Cornhole 8:00 am (women)

(Singles, all ages) 12:30 pm (men) Academy Park

Racquetball 9:00 a.m. Longview Recreation Center

3x3 Basketball 9:00 am Indoor Sports Complex

65+/70+/75+/80+

Disc Golf 9:00 a.m. Crockett Park

Swimming Practice 12:00-3:00 p.m. Indoor Sports Complex

Bowling 12:00 p.m. Franklin Entertainment Center

(mixed 50-64)

Bowling 3:00 p.m. Franklin Entertainment Center

(singles 50-64)

Tuesday, June 29, 2021

Athlete Check-in 7:15 a.m.-4p.m. Franklin Recreation Complex

5K Run/Walk 6:30 a.m. River Park

Tennis 8:00 a.m. Indoor Sports Complex

Shuffleboard 8:00 a.m. Academy Park

(doubles)

Swimming 8:30 a.m. Indoor Sports Complex

(warm-ups)

Cornhole 12:30 p.m. Academy Park

(mixed doubles)

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STATE FINALS EVENT SCHEDULE

continued

Swimming	9:00 a.m.	Indoor Sports Complex	
(200Y freestyle)			
Bowling	9:00 a.m.	Franklin Entertainment Center	
(singles, 65-74)			
Racquetball	9:00 a.m.	Longview Recreation Center	
Badminton	9:00 a.m.	Franklin Recreation Center	
(singles)			
Swimming	9:30 a.m.	Indoor Sports Complex	
(100Y butterfly)			
Swimming	10:00 a.m.	Indoor Sports Complex	
(50Y breaststroke)			
Swimming	10:30 a.m.	Indoor Sports Complex	
(200Y individual medley)			
Bowling	12:00 p.m.	Franklin Entertainment Center	
(singles 75+)			
Swimming	12:00 p.m.	Indoor Sports Complex	

Tuesday, June 29, 2021 (Continued)

(50Y freestyle) **Swimming** 1:00 p.m. Indoor Sports Complex

(200Y breaststroke)

(100Y backstroke)

Swimming

Swimming 1:30 p.m. Indoor Sports Complex

(200Y butterfly followed by 100Y free relay)

12:30 p.m.

Bowling 3:00 p.m. Franklin Entertainment Center

(doubles 65-74)

Wednesday, June 30, 2021

Athlete Check-in 7:15 am-4 pm Franklin Recreation

Complex

Indoor Sports Complex

Tennis 8:00 a.m. Indoor Sports Complex

Cornhole 9:00 a.m. Academy Park

(Doubles)

Swimming 8:30 a.m. Indoor Sports Complex

(warm up)

Table Tennis9:00 a.m.Academy Park

(singles, doubles, mixed doubles)

Swimming 9:00 a.m. Indoor Sports Complex

(200Y backstroke)

Bowling 9:00 a.m. Franklin Entertainment Center

(doubles 75+)

Swimming 9:30 a.m. Indoor Sports Complex

(100Y freestyle)

Swimming 10:00 a.m. Indoor Sports Complex

(50Y butterfly)

Swimming 10:30 a.m. Indoor Sports Complex

(100Y breaststroke)

Swimming 12:00 p.m. Indoor Sports Complex

(50Y backstroke)

Bowling 12:00 p.m. Franklin Entertainment Center

(mixed doubles 65-74)

Swimming 12:30 p.m. Indoor Sports Complex

(100Y individual medley)

Swimming 1:00 p.m. Indoor Sports Complex

(500Y freestyle)

Swimming 1:30 p.m. Indoor Sports Complex (400Y individual medley followed by 100Y IM relay)

Bowling 3:00 p.m. Franklin Entertainment Center

(mixed doubles 75+)

Thursday, July 1, 2021

Athlete Check-in 7:15-11a.m. Franklin Recreation Complex

10K Run 6:30 a.m. River Park

Tennis (if needed) 8:00 a.m. Indoor Sports Complex

August 6-8, 2021

Pickleball Chattanooga Convention

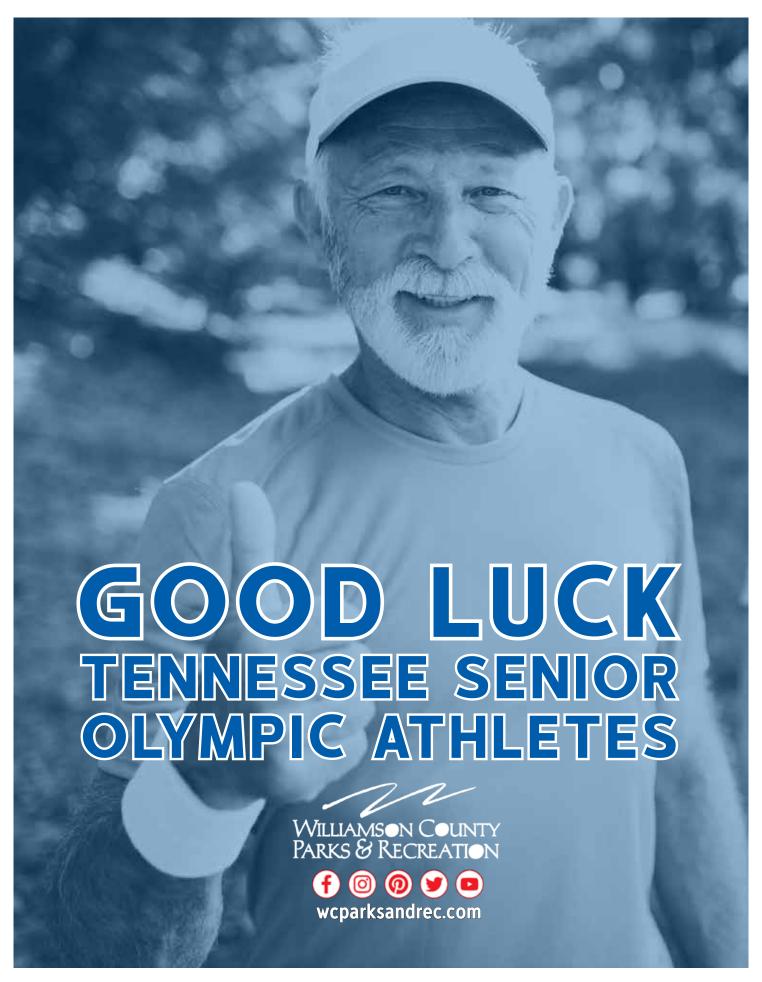
(Singles, Doubles, Mixed) Center

Saturday, September 11, 2021

Cycling 5K/20K Strawberry Plains, TN

^{*}Times listed are general start times. Please check website for more specific information per sport.

^{**}Swimming relay registration will be at pool, Track 4x100M Relay registration will be at the track.





EVENT VENUES

- 1 Brentwood High School
- 2 Williamson Co Soccer Complex
- 3 Franklin High School (not used in 2021)
- 4 Franklin Entertainment Center
- **5** Franklin Recreation Complex
- 6 Indoor Sports Complex

- 7 Longview Recreation Center
- 8 The Factory (not used in 2021)
- 9 Academy Park/Enrichment Center
- 10 River Park

- Brentwood High School 5304 Murray Ln Brentwood, TN 37027
- Williamson County Soccer Complex (outdoor venue) 1878 Downs Boulevard, Franklin, TN 37064
- Franklin High School (not used in 2021) 810 Hillsboro Rd Franklin TN 37064
- Franklin Entertainment Center
 1200 Lakeview Drive
 Franklin TN 37067
- Franklin Recreation Complex 1120 Hillsboro Road Franklin TN 37064
- Indoor Sports Complex 920 Heritage Way Brentwood, TN 37027
- Longview Recreation Center 2909 Commonwealth Drive Spring Hill, TN 37174
- The Factory (not used in 2021) 230 Franklin Road Franklin, TN 37064
- 9 Academy Park/Enrichment Center 120 Everbright Avenue Franklin, TN 37064
- River Park
 1100 Knox Valley Drive
 Brentwood, TN 37027



Thank You To Our Donors

Names in Red indicate that the gift was made in memory or honor of that person Bronze Level -

Donation of \$25 or more

David Huntsinger Joseph Daws Philip Sebes JOHN WALKER Richard Tillman Jon English Charles Silverstein Jim Froula Patricia Flynn Eric Boozer James Clay Parker J Greg Harrison David Phelps Michael White II Teresa Davidson Conrad Cox Julia Hazzard Terrie Corbin **Ted Broyles** Brian Egan Will Downs Dan Ball **Ieff Brown** Jim Bjork Virginia Longee Robert Ann Lewis Luis Rosa Vickie Spickard Joe Sykes Robert Street Thomas Carter Robert Kondziela

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Barbara Shelton (honor) Barry Sanders Betty Harper Purdy Christine Parker Chuck Scotch Hollis T. Wood Sr. In Honor Of All Of Those Who Have Gone Before In honor of Billy Cabrera In honor of Billy Neely In Honor of Rosario Albano In memory of Charles Ingram In memory of Glenn Bolton In Memory of My Dad: Graham Austin He taught me how to play golf In memory of Steve Mahan Jerry Dixon Johnston Ewing, "In memory of" Kenneth Rice, "In memory of" Linda Coss Matthew Manis, "In memory of" Memory of George Cunningham Memory of Julia Spillett Richard H. Meschendorf

Vance Southall

Thank You To Our Donors

Names in Red indicate that the gift was made in memory or honor of that person

Silver Level 2 Donation of \$50 or more

Gold Level 3 Donation of \$100 or more

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> Dottie Hargett Nancy M. Calonge Sharon Leming Schaich

Utley Noble Team Kristin

Cindy Parks Boone Sumantri Michelle Curtin

Rogelio Pagan

Joanne Ward

In honor of Will Beyer and

In Honor of Joyce

Memory of John Karter *Memory of my lovely mother,*

In Memory of Olive Bird

Molly Myers Linda Porterfield Robert Craig Alfreida Coleman

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Margie Stoll Fred Lovelace

Janet Jernigan *In honor of Christine Dewbre* Don Hobbs In Memory of Carol A. Hobbs Carol Stricklin *In Memory of John Ewing*

Bobby Gratz

Tom Nadeau *In Memory of my Father Clement P* Nadeau/ 2nd place Nationals in Golf

2013 for Texas

John Freels Jon Freels George Mead Ken Peterson Dewayne Atchley Lillian Atchley

Frank Baker Memory of Mr. Charles Baker Zafer Roback

Bob Melvin memory of

Warren Barger Warren Barger

Bill Buckner - In memory

Special Thanks

The Honorable Rogers Anderson Williamson County Mayor

The Honorable Ken Moore Franklin Mayor

The Honorable Rhea Little *Brentwood Mayor*

Mr. J.D. Hickey Chief Executive Officer, BlueCross BlueShield of Tennessee

Mr. Gordon Hampton Mr. Gary Hathcock Williamson County Parks and Recreation

Mr. Gary Hathcock Chairperson of the Board of Directors, Tennessee Senior Olympics



Christine Dewbre
Traci Meador
Tennessee Senior Olympics Staff

Kelly Price, Richard West, Melissa Ward, Amanda Johnson, Janie Nicholson, Pam Kemp, Melody Moses, Linda Kauffman, Angela Shadden, and Teresa Sutphin District Coordinators

To the many volunteers of BlueCross BlueShield of Tennessee, the city, agencies, clubs, recreation departments, and other individuals who volunteered their time. A special thanks to Hands on Nashville for their assistance this year



Thank You Notes Encouraged Please consider taking the time after our event to express your appreciation to the following individuals. Without the support of these agencies, this event would truly not take place. Thank you in advance for your time spent on this correspondence.

Ms. Laurel Eldridge BlueCross BlueShield of Tennessee 1 Cameron Hill Circle Chattanooga, TN 37402 Laurel_Eldridge@bcbst.com Mayor Rogers Anderson Williamson County Mayor 1320 West Main Street, Suite 125 Franklin, TN 37064 Gordon Hampton, Director Williamson County Parks and Recreation 1120 Hillsboro Rd Franklin, TN 37064 gordon.hampton@ williamsoncounty-tn.gov

2022 NATIONALS

We wish the best of luck to those of you who plan to attend the National Senior Games- the Senior Olympics for May 10-23, 2022 in Fort Lauderdale, Florida.

In response to the pandemic, NSGA made many adjustments to the qualification process for the above-mentioned 2022 National Senior Games. All athletes who are eligible for the priority registration period will receive notification from the NSGA.

An open registration period will also be offered.

In addition, qualifiers from our 2021 state finals will be reported to Nationals.

2023 NATIONALS

The 2023 National Senior Games- the Senior Olympics is slated for Pittsburgh, PA.

Dates to be announced.

Qualification for this event will occur at the 2022 Tennessee Senior State Finals in Williamson County.

Therefore, participating in your 2021 district is vital for those sports that require qualification. See state finals article.

For more information about Nationals, please visit www.nsga.com

Join the 50+ Movement!

Feel Younger · Healthier · Stronger · Joyful

Please help us share this information with a friend!

"My decision to participate in the TSO was a life changer. Exercise and fitness are now a part of me. A part of my identity. It was fun and I really loved being a part of a group that truly appreciates the gifts they have been given at this time in their life." Jennifer Ford, Race Walking

HOW TO JOIN THE TSO

- 1) Pick one of our sports. See the list at the bottom.
- 2) Register for one of our events during an open registration period. Visit www.tnseniorolympics.com for details.
- 3) You will receive a confirmation and communication along the way regarding where, when, and how to compete.

OPPORTUNITIES

Will you be 50 by the end of the calendar year and a TN resident or live within 30 miles of our border? JOIN US!

- 1) District events are held all over the state in the fall of each year.
- 2) State finals are held each summer
- 3) A national competition is held every other year.

For More Information

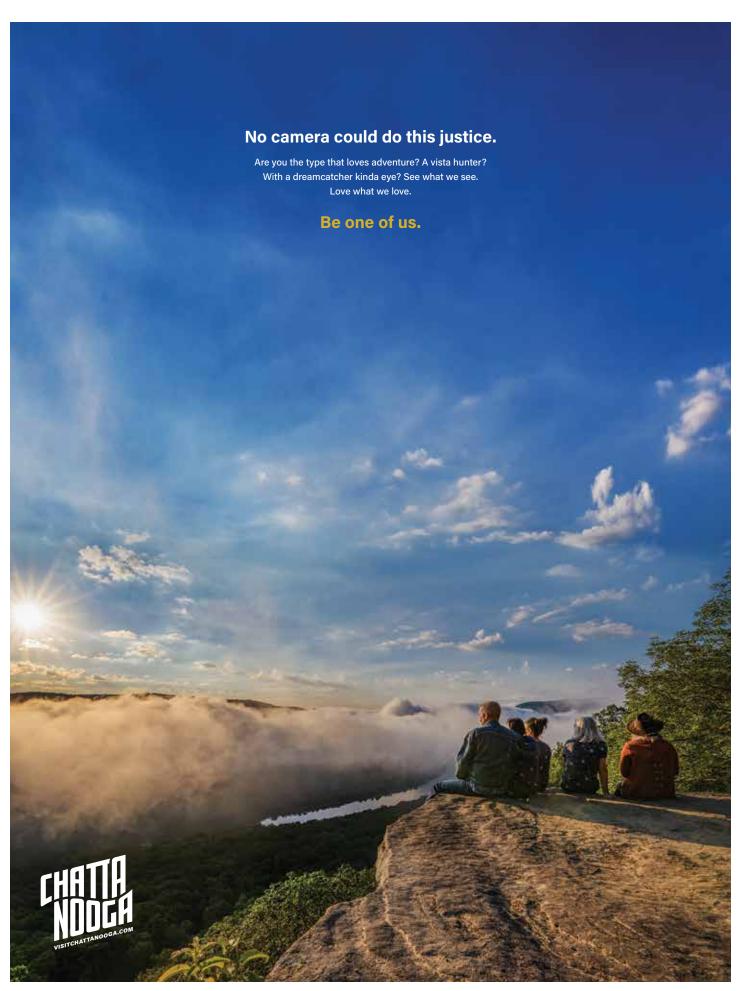
info@tnseniorolympics.com
615-200-8760
www.tnseniorolympics.com
We are happy to help guide and answer questions!

Be there for the next generation.

Never Stop Playing!

 $\label{lem:archery} Archery \cdot Badminton \cdot Basketball \ (3 \ on \ 3) \cdot Basketball \ Skill \ Events \cdot Bowling \cdot Corn \ Hole \cdot Cycling \cdot Disc \ Golf \ Field \ Events \cdot Golf \cdot Horseshoes \cdot Pickleball \cdot Racquetball \cdot Road \ Races \cdot Shuffleboard \cdot Swimming \ Table \ Tennis \cdot Track \ Events \cdot Race \ Walk \cdot Power \ Walk \cdot Volleyball$

Please be aware that some sports listed are not offered at the district or national level.





Strength is ageless. Dedication is timeless.

For more than 40 years, we've been right here to support the incredible athletes in the Tennessee Senior Olympics. Your commitment to health and wellness is an inspiration for us all.



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