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A LERYONE IS WELCOME District Qualification Waived for 2022 State Finals. Athletes 50+ Copen to TN residents only or live within 30 miles of the TN border).

Presented by:



June 22-23, 2022 June 24 - June 30, 2022 August 5-7, 2022 September 10, 2022

DEADLINES: JUNE STATE FINALS: MAY 6 ARCHERY: JUNE 10 PICKLEBALL: JUNE 29 CYCLING: AUGUST 19

GOLF STATE FINALS PICKLEBALL CYCLING

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ONLINE REGISTRATION AVAILABLE- VISIT www.tnseniorolympics.com

The 42nd Annual Tennessee Senior Olympics is a sports competition for athletes 50 and older that combines a wide range of competitive activities. Residents from 10 District/Metropolitan areas across the state will be competing. The mission of the Senior Olympics is to promote healthy lifestyles for seniors through fitness, sports, and an active involvement in life.

REGISTRATION INFORMATION

WHO IS ELIGIBLE? EVERYONE IS WELCOME! District Qualification waived for 2022 State Finals. Athletes 50+ (open to TN residents only or live within 30 miles of the TN border.)

HOW DO I REGISTER?

ONLINE-To register online, go to www.tnseniorolympics.com OR

MAIL-Fill out the entry form. (Note: team captains must submit/mail all applications and a roster in together). If a roster is not submitted, then your team will not be registered

Make check payable to 'TN Senior Olympics' and mail to: TN Senior Olympics PO Box 681

Mt. Juliet TN 37121

until it is received.

WILL I RECEIVE A REGISTRATION CONFIRMATION?

Yes. You will be EMAILED a confirmation letter and detailed newsletter which will include additional information about the event. If you do not provide an e-mail address, your confirmation letter will be mailed. The mailed confirmations will be sent once all entries are received, entered and doubles/roster problems are worked out. Expect this packet of information by early June. We will start depositing checks as soon as possible.

ADDITIONAL information can be found at www.tnseniorolympics.com.

WHAT TIME WILL I BE SCHEDULED TO PLAY ON THE DAY MY SPORT IS HELD?

Bracketed sports times cannot be determined until all entries have been received and numbers analyzed. Some age groups may not start until later in the day. Starting times per age group will be posted on the website a week before state finals. Start times for non-bracketed sports such as swimming and track are included on the schedule (enclosed in this brochure).

HOW CAN I FIND A PARTNER OR TEAM?







CHATTANOOG









We have a real-time link available online 24/7 to show athletes who are looking for partners or teams. Please go to our website, www.tnseniorolympics.com, to fill out a request or view the information.

HOTEL INFORMATION

Please check our website at www.tnseniorolympics.com for hotel information. Click "State Finals" and then "Hotel Information".

ATHLETE RECEPTION AND MIXER

We have so missed hosting our athlete party the past two summers! So, get ready to enjoy being back together this year to rekindle and make new friendships amongst the TSO family.

TSO Athlete Reception and Mixer

Come and Go

Light refreshments

Come mingle, meet the newly inducted Hall of Fame members, enjoy a very short program at 7pm, watch an athlete slideshow, etc.

Monday, June 27

6:30 pm

Williamson County Enrichment Center Tickets may be purchased for \$8 for athletes and guests when registering.

NATIONAL INFORMATION

The events offered at the TN State Finals will allow athletes to qualify or to be eligible to register for the 2023 Nationals in Pittsburgh, PA. Please don't miss this opportunity to compete with friends and the opportunity to qualify for the 2023 Nationals. Please visit www.nsga.com for more information.

IMPORTANT NOTICE – EMAIL ADDRESS

Please note that all confirmation receipts and other information will be e-mailed. Please provide an e-mail address for yourself or the e-mail address of a son, daughter, or grandchild who is able to pass the information to you. We will be communicating via email ONLY.

Please be sure and check your Spam and /or Junk folder if you do not receive an email from us after submitting your registration online.

Confirmations will be **E-MAILED**. Please write clearly.

ENTRY FORM

You must pre-register to participate. Check the Schedule of Events for general starting times. Please make sure that your partner's name and age are correct. Doubles partners must be recorded or team will be scratched. Your registration fee includes the first ten (10) events that have been entered. An event includes any activity (i.e.the 100M, 200M and 400M Runs are considered three events). For every event over ten (10), there is a \$5 fee. Fee covers administrative costs, registration materials, memorabilia item, insurance, medals, equipment, etc. FEES ARE NON-REFUNDABLE.

		T-Shirt Size
General Information (please print)		Dri-Fit Unisex Fit
Last Name Firs	t Name Initial	(fill in appropriate box)
		XS
Street Address (Include Apartment Number)	· · · · · · · · · · · · · · · · · · ·	
		S M
City	State Zip Code	L XL
County	Date of Birth	XXL XXXL
Primary Phone Number	month day year Age Male Female	
	Age Male Female	
Secondary Phone Number	as of 12/31/2022	
	Media Release	
	_	
Emergency Contact's Name	Tennessee Senior Olympics has my	
	release my contact information, inc address, phone number and email a	.
Emergency Contact's Phone Number	-	deress to the media.
	Liability Waiver I, the undersigned, understand and expressly	vassume the dangers
	of the Tennessee Senior Olympics competin	
	I hereby agree to indemnify, save and hold	harmless Tennessee
	Senior Olympics, BlueCross BlueShield of	
Are you a First Time Participant \Box Yes or \Box No.	County Parks & Recreation Department, C Committee, Chattanooga Convention Center	
If a how did you have about the TSO?	Recreation Division, Music City Archery, V	
If so, how did you hear about the TSO?	Convention and Visitors Bureau, Williamso	
	City of Franklin, City of Brentwood, Frank Williamson County Medical Center, Frank	
	Center, Franklin Bridge Golf Club, Raveny	
	Williamson County Board of Education and	d any other sponsoring
	agencies or their respective agents, represe	
	assignees for my health, safety, loss of pro from my participation in the Tennessee Ser	
Volunteer	planned special events. To the best of my k	
Are you interested in volunteering for an event?	physical restrictions which would prohibit	
	event(s) I have selected. Senior Olympics I to have emergency medical personnel atten	
Yes	participation in the Senior Olympics if it is	
(list events here)	I, the undersigned, grant Senior Olympics a	and its sponsors the right
No 🖵	to use any still or motion pictures taken of	
	Tennessee Senior Olympics without remun	eration.

Signature		
Date		

TEAM CAPTAINS – IMPORTANT NOTICE

If registering online, an online roster will pop up when you click you are the captain. It MUST be completed for your team to be officially registered, OR you may mail in a paper roster. Please note that you or EVERY team player must complete all aspects of online registration for each player including name, address, date of birth, etc.

EVENT SELECTION Archery ((registration through Music City Arche

 If registering via mail, team captains must mail all entry forms for all players plus a paper roster in at once.

A roster must be submitted for your team to be officially registered. Rosters are available at www.tnseniorolympics.com.

hery (<i>(registration throug. Call 615-566-5187</i>)		(Ui		laximum of 6 events) sters Swim Number
Badminton (Singles)	District place		Please place A	Average Time by each event
Badminton (Doubles)	District place		Backstroke	□ 50Y Time
Partner's Name			Duvinstrone	□ 100Y Time
Date of Birth	District place District place Age			□ 200Y Time
Badminton (Mixed Double	s) District place		Breaststroke	□ 50Y Time
Date of Birth	Age			□ 100Y Time
Basketball Free Throw	8			□ 200Y Time
Basketball 3-Point Basketball Hot Shot	District place		Butterfly	□ 50Y Time □ 100Y Time
Team Name				□ 200Y Time
Team Captain Name			D (1	
Bowling (Singles)			Freestyle	□ 50Y Time □ 100Y Time
Bowling (Doubles)		For 202	2 nlace	\square 100Y Time
Partner's Name		a "O" for	district	□ 200Y Time
	Age	pla pla	CC.	□ 500Y Time
Bowling (Mixed Doubles) Partner's Name	Age	110	Indiv. Medley	□ 100Y Time
Date of Birth	Age			□ 200Y Time
Cornhole Singles			T-1-1 - T ()	□ 400Y Time
Cornhole Doubles			Table Tennis (Singles) District place
Partner's Name			Partner's Nam	Doubles)District place
Date of Birth	Age		Date of Birth	ieAge
Cornhole (mixed doubles) Partner's Name	Age		Table Tennis (I	Mixed Dbls) District place heAge
Date of Birth	Age		Date of Birth	
Cycling $\Box 20K$ Avg	Time $\Box 5K$ Avg Time		Tennis (only to	wo tennis events may be entered)
Disc Golf			Skill level (3.0	0, 3.5 etc)
Golf (36 holes)			□Tennis (Sing	ples) District place
Golf Handicap			Tennis (Dou	ubles) District place
Pickleball			Partner's Na	bles) District place ameAge
Skill level (3.0, 3.5 etc)	District also		Date of Birt	thAge
Pickleball (Singles) Pickleball (Doubles)	District place District place		DTennis (Mix Partner's Na	ame Age
Partner's Name Date of Birth			Date of Birt	thAge
	Age		Track (<i>please</i>)	list Average Time)
Pickledall (Mixed Dols)DI Partner's Name	strict place		□50M Run	Time
Date of Birth	Age		$\square 100M Run$	Time
Racquetball (Singles)			□200M Run □400M Run	Time
Racquetball (Doubles) Partner's Name	Age		□800M Run	Time
Date of Birth	Age		□1500M Run	lime
Racquethall (Mixed Doubles			□1500M Race	ewalk Time Time
Partner's Name	Age		□5K Walk	D5K Run D10K Run
Shufflehoord (Sizeles) Di	Agc		Field Events	
Shuffleboard (Doubles) Dis	trict place trict place			□Javelin □Discus □Shot Put
Derthor's Name				□ □High Jump □Pole Vault
Date of Birth	Age		□Softball Thr Volleyball	District Place
	Agt		Team Name	
Shuffleboard doubles may	be mixed or same gender.		Team Captain	Name

Online Registration & Payment Available - visit www.tnseniorolympics.com or use this form to figure total cost. Mail check or money order with the Registration Form.

Make check payable to the Tennessee Senior Olympics

GOLF REGISTRATION (All-inclusive price includes 36 holes, cart, lunch each day, medals, and other adm	inistrative costs.	This fee also allows
athletes to register for June 24 - September 10 state finals sports if eligible. Registration fee will be waived belo	ow for other spor	ts but not other fees
such as the team fees etc). Do NOT pay the registration fee of \$70 seen right below.	\$140.00 \$	

STATE REGISTRATION FEE (Fee covers administrative costs, registration materials, memorabilia item, insurance, medals, equipment, etc.; FEE IS NON-REFUNDABLE.

TEAM ATHLETE FEE – All team athletes (basketball, softball, volleyball) are \$5.00 \$ required to pay a fee to help with referee expenses. This is a one-time \$5 fee \$5.00 \$
even if the athlete plays more than one team sport.
TRACK/FIELD, 5K/10K ROAD RACES FEE – Athletes are required to pay \$5.00 \$
a one-time fee to offset timing expenses and cost of officials.
CYCLING FEE– Fee to offset timing, cycling staff, and equipment costs \$10.00 \$
PARTY – Athlete Reception and Mixer Monday June 27 6:30 pm in Franklin, TN \$8.00 \$
GUEST \$8.00 PER PERSON \$
EXTRA EVENT FEE – First ten (10) events are included in Entry Fee. A \$5 fee X \$5.00 \$
is added for each event that is entered over the initial 10.
FACILITY & TOURNAMENT FEES
Bowling singles \$8 \$
Bowling doubles \$8 \$
Bowling mixed doubles \$8 \$
FIT FOR LIFE PROGRAM – for donations received by 9/1
□ Level 1 – Recognition in program and on website \$25.00 \$
□ Level 2 – Level 1 plus extra T-shirt and drawing for entry fee \$50.00 \$
□ Level 3 – Level 2 plus TSO Memorabilia Item and recognition on website \$100.00+ \$
Donation Only – I do not want to receive the above items.
Please make the above donation in honor of or in memory of the following person:

In Honor/In Memory (please circle)

FINAL CHECKLIST

- □ I completed the information on the Tennessee Senior Olympics Official Entry Form and Event Registration Form.
- □ Signed the Liability Waiver.

 I completed the Fee Form and included a check or money order for the total amount payable to:
Tennessee Senior Olympics.

 \Box I am including the above pages (3) to be mailed back.

I am aware the Entry Fee is Non-Refundable (please check)

TOTAL AMOUNT ENCLOSED



Questions? Contact us at info@tnseniorolympics.com or (615) 200-8760

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Mail <u>all</u> forms to this address Tennessee Senior Olympics, Inc. PO Box 681 Mt. Juliet TN 37121

STATE FINALS EVENT SCHEDULE

Subject to Change



Indoor Sports Complex

Franklin High School

Indoor Sports Complex

Franklin Entertainment

Franklin Recreation

Longview Recreation Center

Franklin High School

Indoor Sports Complex

Franklin Entertainment Center

Franklin Entertainment Center

Williamson County Enrichment Center

Franklin High School

Indoor Sports Complex

Indoor Sports Complex

River Park

Academy Park

Crockett Park

Center

Complex

Academy Park

Wednesday an ^{Golf}		June 22 and 23, 2022 Franklin Bridge Golf Club	3x3 Basketball 65+/70+/75+/80+		Franklin I
Friday, June 24	4, 2022		Tennis	12:00 p.m.	l
·			Monday, June	27,2022	
Athlete Check-in	1:30-6:00 p.m	. Franklin High School		-	
Field Event Rotation	1 3-8:00 p.m.	Franklin High School	Athlete Check-in	7:15 a.m.–5	p.m.
(High jump	, Long jump, T	riple jump, Pole vault)	Tennis	8:00 a.m.	
Softball	TBD	Fieldstone Farms			
Saturday, June	e 25, 2022		Bowling (doubles 50-64)	9:00 a.m.	(
Athlete Check-in	7:15 a.m.	Franklin High School	Badminton	9:00 a.m.	
Track and Field	5:00 p.m. 8:00 a.m. (1500M Run, fo	Franklin High School ollowed by 400M Run)	(Doubles, mixed do	ubles)	(
Volleyball	9:00 a.m.	Academy Park	Shuffleboard	8:00 a.m.	
Softball	TBD	Fieldstone Farms	(Singles, Doubles a	ll ages)	
3x3 Basketball 50+/55+/60+	9:00 am	Franklin High School	Racquetball	9:00 a.m.	l
Field Event Rotatior	(Shot put, Disc	Franklin High School cus, Javelin) t at 11am/ Men at 1pm	3x3 Basketball 65+/70+/75+/80	9:00 am +	ļ
Coftball Throw		-	Disc Golf	9:00 a.m.	
Softball Throw	12-3:00 p.m.	Franklin High School		12.00.2.00	
Archery Practice	2:00-5:00 pm	i. Williamson County Soccer Complex	Swimming Practice		o.m.
Track and Field		Franklin High School llowed by 4x100M Relay** illowed by Fitness Walk.)	Bowling (mixed 50-64)	12:00 p.m.	
Sunday, June 2	26, 2022		Bowling (singles 50-64)	3:00 p.m.	
Athlete Check-in	7:15 a.m.–5 p	m Franklin High School	Athlete Reception	6:30 p.m.	,
Track and Field	8:00 a.m.	Franklin High School	and Mixer		
	followed by 15	wed by 800M Run, 500M Racewalk, followed by	Tuesday, June	28, 2022	
	200M Run)		Athlete Check-in	7:15 a.m4 J	o.m.
Archery	9:00 a.m.	Williamson County Soccer Complex	5K Run/Walk	6:30 a.m.	ļ
3x3 Basketball 50+/55+/60+	9:00 a.m.	Franklin High School	Tennis	8:00 a.m.	
Volleyball Basketball	9:00 a.m.	Academy Park	Cornhole (singles, doubles)	8:00 a.m.	
Skill Events	(Free throw, 3 12:00 pm	8-point, Hot Shot) Location TBD	Swimming	8:30 a.m.	I
Bowling Practice	11 a.m6 p.m	. Franklin Entertainment Center	(warm-ups)		

*Times listed are general start times. Please check website for more specific information per sport.

STATE FINALS EVENT SCHEDULE

continued

Tuesday, June 28, 2022 (Continued)

Swimming	9:00 a.m.	Indoor Sports Complex	
(200Y freestyle)			
Bowling	9:00 a.m.	Franklin Entertainment Center	
(singles, 65-74)			
Racquetball	9:00 a.m.	Longview Recreation Center	
Badminton	9:00 a.m.	Franklin Recreation Center	
Swimming	9:30 a.m.	Indoor Sports Complex	
(100Y butterfly	<i>י</i>)		
Swimming	10:00 a.m.	Indoor Sports Complex	
(50Y breaststro	oke)		
Swimming	10:30 a.m.	Indoor Sports Complex	
(200Y individual medley)			
Bowling	12:00 p.m.	Franklin Entertainment Center	
(singles 75+)			
Swimming	12:00 p.m.	Indoor Sports Complex	
(100Y backstroke)			
Swimming	12:30 p.m.	Indoor Sports Complex	
(50Y freestyle)			
Swimming	1:00 p.m.	Indoor Sports Complex	
(200Y breaststroke)			
Swimming	1:30 p.m.	Indoor Sports Complex	
(200Y butterfly followed by 100Y free relay)			
Bowling	3:00 p.m.	Franklin Entertainment Center	
(doubles 65-74	+)		

Swimming 10:30 a.m. Indoor Sports Complex (100Y breaststroke) Indoor Sports Complex Swimming 12:00 p.m. (50Y backstroke) Bowling 12:00 p.m. Franklin Entertainment Center (mixed doubles 65-74) Swimming 12:30 p.m. Indoor Sports Complex (100Y individual medley) Swimming 1:00 p.m. Indoor Sports Complex (500Y freestyle) Indoor Sports Complex Swimming 1:30 p.m. (400Y individual medley followed by 100Y IM relay) Bowling 3:00 p.m. Franklin Entertainment Center (mixed doubles 75+)

Thursday, June 30, 2022

Athlete Check-in	7:15-11a.m.	Franklin High School
10K Run	6:30 a.m.	River Park
Tennis	8:00 a.m.	Indoor Sports Complex

August 5-7, 2022

Pickleball	Chattanooga Convention
(Singles, Doubles, Mixed)	Center

Saturday, September 10, 2022

Cycling 5K/20K

Strawberry Plains, TN

Wednesday, June 29, 2022

Athlete Check-in	7:15 am-4 pr	n Franklin High School
Tennis	8:00 a.m.	Indoor Sports Complex
Cornhole	8:00 a.m.	Academy Park
(Mixed Double	s)	
Swimming	8:30 a.m.	Indoor Sports Complex
(warm up)		
Table Tennis	9:00 a.m.	Academy Park
(singles, double	es, mixed dou	bles)
Swimming	9:00 a.m.	Indoor Sports Complex
(200Y backstro	ke)	
Bowling	9:00 a.m.	Franklin Entertainment Center
(doubles 75+)		
Racquetball	9:00 a.m. Lor	ngview Recreation Center
Swimming	9:30 a.m.	Indoor Sports Complex
(100Y freestyle)	
Swimming	10:00 a.m.	Indoor Sports Complex
(50Y butterfly)		

*Times listed are general start times. Please check website for more specific information per sport. **Swimming relay registration will be at pool, Track 4x100M Relay registration will be at the track.



Tennessee Senior Olympics, Inc. PO Box 681 Mt. Juliet TN 37121

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PLEASE DO NOT MISS IMPORTANT UPDATES! JOIN OUR E-MAIL LIST AT WWW.TNSENIOROLYMPICS.COM

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Olympics June 22-23, 2022 - GOLF June 24-June 30, 2022 - STATE FINALS August 5-7, 2022 - PICKLEBALL September 10, 2022 - CYCLING

Tennessee Senior