

# 2022

## TENNESSEE SENIOR OLYMPICS

# STATE FINALS



**EVERYONE IS WELCOME!**  
District Qualification  
Waived for 2022 State Finals.  
Athletes 50+  
(open to TN residents  
only or live within  
30 miles of  
the TN border).



**June 22-23, 2022**  
**June 24 - June 30, 2022**  
**August 5-7, 2022**  
**September 10, 2022**

**GOLF**  
**STATE FINALS**  
**PICKLEBALL**  
**CYCLING**

Presented by:



of Tennessee

**DEADLINES:**  
**JUNE STATE FINALS:** MAY 6  
**ARCHERY:** JUNE 10  
**PICKLEBALL:** JUNE 29  
**CYCLING:** AUGUST 19

ONLINE REGISTRATION AVAILABLE- VISIT [www.tnseniorolympics.com](http://www.tnseniorolympics.com)

The 42nd Annual Tennessee Senior Olympics is a sports competition for athletes 50 and older that combines a wide range of competitive activities. Residents from 10 District/Metropolitan areas across the state will be competing. The mission of the Senior Olympics is to promote healthy lifestyles for seniors through fitness, sports, and an active involvement in life.

# REGISTRATION INFORMATION

## WHO IS ELIGIBLE?

**EVERYONE IS WELCOME! District Qualification waived for 2022 State Finals. Athletes 50+ (open to TN residents only or live within 30 miles of the TN border.)**

## HOW DO I REGISTER?

- 1** ONLINE-To register online, go to [www.tnseniorolympics.com](http://www.tnseniorolympics.com)  
OR
- 2** MAIL-Fill out the entry form. (Note: team captains must submit/mail all applications and a roster in together). If a roster is not submitted, then your team will not be registered until it is received.

Make check payable to 'TN Senior Olympics' and mail to:  
TN Senior Olympics  
PO Box 681  
Mt. Juliet TN 37121

## WILL I RECEIVE A REGISTRATION CONFIRMATION?

Yes. You will be EMAILED a confirmation letter and detailed newsletter which will include additional information about the event. If you do not provide an e-mail address, your confirmation letter will be mailed. The mailed confirmations will be sent once all entries are received, entered and doubles/roster problems are worked out. Expect this packet of information by early June. We will start depositing checks as soon as possible.

ADDITIONAL information can be found at [www.tnseniorolympics.com](http://www.tnseniorolympics.com).

## WHAT TIME WILL I BE SCHEDULED TO PLAY ON THE DAY MY SPORT IS HELD?

Bracketed sports times cannot be determined until all entries have been received and numbers analyzed. Some age groups may not start until later in the day. Starting times per age group will be posted on the website a week before state finals. Start times for non-bracketed sports such as swimming and track are included on the schedule (enclosed in this brochure).

## HOW CAN I FIND A PARTNER OR TEAM?

Presenting Sponsor:



of Tennessee

Title Sponsor:

WILLIAMSON COUNTY  
PARKS & RECREATION

Also Sponsored By:



RACE DAY EVENTS



FRANKLIN  
TENNESSEE



CHATTANOOGA  
SPORTS

We have a real-time link available online 24/7 to show athletes who are looking for partners or teams. Please go to our website, [www.tnseniorolympics.com](http://www.tnseniorolympics.com), to fill out a request or view the information.

## HOTEL INFORMATION

Please check our website at [www.tnseniorolympics.com](http://www.tnseniorolympics.com) for hotel information. Click "State Finals" and then "Hotel Information".

## ATHLETE RECEPTION AND MIXER

We have so missed hosting our athlete party the past two summers! So, get ready to enjoy being back together this year to rekindle and make new friendships amongst the TSO family.

TSO Athlete Reception and Mixer

Come and Go

Light refreshments

Come mingle, meet the newly inducted Hall of Fame members, enjoy a very short program at 7pm, watch an athlete slideshow, etc.

Monday, June 27

6:30 pm

Williamson County Enrichment Center  
Tickets may be purchased for \$8 for athletes and guests when registering.

## NATIONAL INFORMATION

The events offered at the TN State Finals will allow athletes to qualify or to be eligible to register for the 2023 Nationals in Pittsburgh, PA. Please don't miss this opportunity to compete with friends and the opportunity to qualify for the 2023 Nationals. Please visit [www.nsga.com](http://www.nsga.com) for more information.



Both sides of this Entry Form must be completed fully to successfully register

## TEAM CAPTAINS – IMPORTANT NOTICE

If registering online, an online roster will pop up when you click you are the captain. It MUST be completed for your team to be officially registered, OR you may mail in a paper roster. Please note that you or EVERY team player must complete all aspects of online registration for each player including name, address, date of birth, etc.

If registering via mail, team captains must mail all entry forms for all players plus a paper roster in at once.

A roster must be submitted for your team to be officially registered. Rosters are available at [www.tnseniorolympics.com](http://www.tnseniorolympics.com).

# EVENT SELECTION

Archery ( *registration through Music City Archery.*  
*Call 615-566-5187*)

- ☐ Badminton (Singles) District place \_\_\_\_\_  
☐ Badminton (Doubles) District place \_\_\_\_\_  
Partner's Name \_\_\_\_\_  
Date of Birth \_\_\_\_\_ Age \_\_\_\_\_
- ☐ Badminton (Mixed Doubles) District place \_\_\_\_\_  
Partner's Name \_\_\_\_\_  
Date of Birth \_\_\_\_\_ Age \_\_\_\_\_
- ☐ Basketball Free Throw  
☐ Basketball 3-Point  
☐ Basketball Hot Shot  
☐ 3-on-3 Basketball District place \_\_\_\_\_  
Team Name \_\_\_\_\_  
Team Captain Name \_\_\_\_\_
- ☐ Bowling (Singles)  
☐ Bowling (Doubles)  
Partner's Name \_\_\_\_\_  
Date of Birth \_\_\_\_\_ Age \_\_\_\_\_
- ☐ Bowling (Mixed Doubles)  
Partner's Name \_\_\_\_\_  
Date of Birth \_\_\_\_\_ Age \_\_\_\_\_
- ☐ Cornhole Singles  
☐ Cornhole Doubles  
Partner's Name \_\_\_\_\_  
Date of Birth \_\_\_\_\_ Age \_\_\_\_\_
- ☐ Cornhole (mixed doubles)  
Partner's Name \_\_\_\_\_  
Date of Birth \_\_\_\_\_ Age \_\_\_\_\_
- ☐ Cycling ☐20K \_\_\_\_\_ Avg Time ☐5K \_\_\_\_\_ Avg Time  
☐ Disc Golf  
☐ Golf (36 holes)  
Golf Handicap \_\_\_\_\_  
☐ Pickleball  
**Skill level (3.0, 3.5 etc)** \_\_\_\_\_  
☐ Pickleball (Singles) District place \_\_\_\_\_  
☐ Pickleball (Doubles) District place \_\_\_\_\_  
Partner's Name \_\_\_\_\_  
Date of Birth \_\_\_\_\_ Age \_\_\_\_\_
- ☐ Pickleball (Mixed Dbls) District place \_\_\_\_\_  
Partner's Name \_\_\_\_\_  
Date of Birth \_\_\_\_\_ Age \_\_\_\_\_
- ☐ Racquetball (Singles)  
☐ Racquetball (Doubles)  
Partner's Name \_\_\_\_\_  
Date of Birth \_\_\_\_\_ Age \_\_\_\_\_
- ☐ Racquetball (Mixed Doubles)  
Partner's Name \_\_\_\_\_  
Date of Birth \_\_\_\_\_ Age \_\_\_\_\_
- ☐ Shuffleboard (Singles) District place \_\_\_\_\_  
☐ Shuffleboard (Doubles) District place \_\_\_\_\_  
Partner's Name \_\_\_\_\_  
Date of Birth \_\_\_\_\_ Age \_\_\_\_\_  
Shuffleboard doubles may be mixed or same gender.

- ☐ Swimming (**Maximum of 6 events**)  
(United States Masters Swim Number  
/if member)

**Please place Average Time by each event**

Backstroke ☐ 50Y Time \_\_\_\_\_  
☐ 100Y Time \_\_\_\_\_  
☐ 200Y Time \_\_\_\_\_

Breaststroke ☐ 50Y Time \_\_\_\_\_  
☐ 100Y Time \_\_\_\_\_  
☐ 200Y Time \_\_\_\_\_

Butterfly ☐ 50Y Time \_\_\_\_\_  
☐ 100Y Time \_\_\_\_\_  
☐ 200Y Time \_\_\_\_\_

Freestyle ☐ 50Y Time \_\_\_\_\_  
☐ 100Y Time \_\_\_\_\_  
☐ 200Y Time \_\_\_\_\_  
☐ 500Y Time \_\_\_\_\_

Indiv. Medley ☐ 100Y Time \_\_\_\_\_  
☐ 200Y Time \_\_\_\_\_  
☐ 400Y Time \_\_\_\_\_

- ☐ Table Tennis (Singles) District place \_\_\_\_\_  
☐ Table Tennis (Doubles) District place \_\_\_\_\_  
Partner's Name \_\_\_\_\_  
Date of Birth \_\_\_\_\_ Age \_\_\_\_\_

- ☐ Table Tennis (Mixed Dbls) District place \_\_\_\_\_  
Partner's Name \_\_\_\_\_  
Date of Birth \_\_\_\_\_ Age \_\_\_\_\_

- ☐ Tennis (**only two tennis events may be entered**)  
**Skill level (3.0, 3.5 etc)** \_\_\_\_\_

☐ Tennis (Singles) District place \_\_\_\_\_  
☐ Tennis (Doubles) District place \_\_\_\_\_  
Partner's Name \_\_\_\_\_  
Date of Birth \_\_\_\_\_ Age \_\_\_\_\_

☐ Tennis (Mixed Doubles) District place \_\_\_\_\_  
Partner's Name \_\_\_\_\_  
Date of Birth \_\_\_\_\_ Age \_\_\_\_\_

- ☐ Track (**please list Average Time**)

☐ 50M Run Time \_\_\_\_\_  
☐ 100M Run Time \_\_\_\_\_  
☐ 200M Run Time \_\_\_\_\_  
☐ 400M Run Time \_\_\_\_\_  
☐ 800M Run Time \_\_\_\_\_  
☐ 1500M Run Time \_\_\_\_\_  
☐ 1500M Racewalk Time \_\_\_\_\_  
☐ Powerwalk Time \_\_\_\_\_  
☐ 5K Walk ☐ 5K Run ☐ 10K Run

- ☐ Field Events  
☐ Long Jump ☐ Javelin ☐ Discus ☐ Shot Put  
☐ Triple Jump ☐ High Jump ☐ Pole Vault  
☐ Softball Throw

- ☐ Volleyball District Place \_\_\_\_\_  
Team Name \_\_\_\_\_  
Team Captain Name \_\_\_\_\_

For 2022 place  
a "0" for district  
place.



# FEES

**Online Registration & Payment Available - visit [www.tnseniorolympics.com](http://www.tnseniorolympics.com)**  
or use this form to figure total cost. Mail check or money order with the Registration Form.

Make check payable to the Tennessee Senior Olympics

**GOLF REGISTRATION** (All-inclusive price includes 36 holes, cart, lunch each day, medals, and other administrative costs. This fee also allows athletes to register for June 24 - September 10 state finals sports if eligible. Registration fee will be waived below for other sports but not other fees such as the team fees etc). **Do NOT pay the registration fee of \$70 seen right below.** **\$140.00** \$ \_\_\_\_\_

**STATE REGISTRATION FEE** (Fee covers administrative costs, registration materials, memorabilia item, insurance, medals, equipment, etc.; FEE IS NON-REFUNDABLE.

**ENTRY FEE \$70 (NON-REFUNDABLE) NOTE: \$50 FOR SOFTBALL PLAYERS** **\$70.00** \$ \_\_\_\_\_

**TEAM ATHLETE FEE** – All team athletes (basketball, softball, volleyball) are required to pay a fee to help with referee expenses. This is a one-time \$5 fee even if the athlete plays more than one team sport. **\$5.00** \$ \_\_\_\_\_

**TRACK/FIELD, 5K/10K ROAD RACES FEE** – Athletes are required to pay a one-time fee to offset timing expenses and cost of officials. **\$5.00** \$ \_\_\_\_\_

**CYCLING FEE**– Fee to offset timing, cycling staff, and equipment costs **\$10.00** \$ \_\_\_\_\_

**PARTY** – Athlete Reception and Mixer Monday June 27 6:30 pm in Franklin, TN **\$8.00** \$ \_\_\_\_\_

**GUEST \$8.00 PER PERSON** \$ \_\_\_\_\_

**EXTRA EVENT FEE** – First ten (10) events are included in Entry Fee. A \$5 fee \_\_\_\_\_ **X \$5.00** \$ \_\_\_\_\_  
is added for each event that is entered over the initial 10.

## FACILITY & TOURNAMENT FEES

Bowling singles **\$8** \$ \_\_\_\_\_

Bowling doubles **\$8** \$ \_\_\_\_\_

Bowling mixed doubles **\$8** \$ \_\_\_\_\_

**FIT FOR LIFE PROGRAM** – for donations received by 9/1

☐ Level 1 – Recognition in program and on website **\$25.00** \$ \_\_\_\_\_

☐ Level 2 – Level 1 plus extra T-shirt and drawing for entry fee **\$50.00** \$ \_\_\_\_\_

☐ Level 3 – Level 2 plus TSO Memorabilia Item and recognition on website **\$100.00+** \$ \_\_\_\_\_

☐ Donation Only – I do not want to receive the above items. \$ \_\_\_\_\_

Please make the above donation in honor of or in memory of the following person:

\_\_\_\_\_  
In Honor/In Memory (please circle)

I am aware the Entry Fee is  
Non-Refundable (please check)

**TOTAL AMOUNT ENCLOSED** \$ \_\_\_\_\_



## Questions?

Contact us at  
[info@tnseniorolympics.com](mailto:info@tnseniorolympics.com) or  
(615) 200-8760

Mail all forms to this address  
**Tennessee Senior Olympics, Inc.**  
**PO Box 681**  
**Mt. Juliet TN 37121**

## FINAL CHECKLIST

- ☐ I completed the information on the Tennessee Senior Olympics Official Entry Form and Event Registration Form.
- ☐ Signed the Liability Waiver.

- ☐ I completed the Fee Form and included a check or money order for the total amount payable to:

**Tennessee Senior Olympics.**

- ☐ I am including the above pages (3) to be mailed back.

# STATE FINALS EVENT SCHEDULE

Subject to Change



## Wednesday and Thursday, June 22 and 23, 2022

**Golf** 8:00 a.m. Franklin Bridge Golf Club

**3x3 Basketball** 2:00 pm Franklin High School tnseniorolympics.com  
65+/70+/75+/80+

**Tennis** 12:00 p.m. Indoor Sports Complex

## Friday, June 24, 2022

**Athlete Check-in** 1:30-6:00 p.m. Franklin High School

**Field Event Rotation** 3-8:00 p.m. Franklin High School  
(High jump, Long jump, Triple jump, Pole vault)

**Softball** TBD Fieldstone Farms

## Monday, June 27, 2022

**Athlete Check-in** 7:15 a.m.-5 p.m. Franklin High School

**Tennis** 8:00 a.m. Indoor Sports Complex

**Bowling (doubles 50-64)** 9:00 a.m. Franklin Entertainment Center

**Badminton (Doubles, mixed doubles)** 9:00 a.m. Franklin Recreation Complex

**Shuffleboard (Singles, Doubles all ages)** 8:00 a.m. Academy Park

**Racquetball** 9:00 a.m. Longview Recreation Center

**3x3 Basketball** 9:00 am Franklin High School  
65+/70+/75+/80+

**Disc Golf** 9:00 a.m. Crockett Park

**Swimming Practice** 12:00-3:00 p.m. Indoor Sports Complex

**Bowling (mixed 50-64)** 12:00 p.m. Franklin Entertainment Center

**Bowling (singles 50-64)** 3:00 p.m. Franklin Entertainment Center

**Athlete Reception and Mixer** 6:30 p.m. Williamson County Enrichment Center

## Tuesday, June 28, 2022

**Athlete Check-in** 7:15 a.m.-4 p.m. Franklin High School

**5K Run/Walk** 6:30 a.m. River Park

**Tennis** 8:00 a.m. Indoor Sports Complex

**Cornhole (singles, doubles)** 8:00 a.m. Academy Park

**Swimming (warm-ups)** 8:30 a.m. Indoor Sports Complex

## Saturday, June 25, 2022

**Athlete Check-in** 7:15 a.m. Franklin High School  
5:00 p.m.

**Track and Field** 8:00 a.m. Franklin High School  
(1500M Run, followed by 400M Run)

**Volleyball** 9:00 a.m. Academy Park

**Softball** TBD Fieldstone Farms

**3x3 Basketball** 9:00 am Franklin High School  
50+/55+/60+

**Field Event Rotation** 11am-6pm Franklin High School  
(Shot put, Discus, Javelin)  
Women report at 11am/ Men at 1pm

**Softball Throw** 12-3:00 p.m. Franklin High School

**Archery Practice** 2:00-5:00 pm. Williamson County Soccer Complex

**Track and Field** 5:00 p.m. Franklin High School  
(100M Run, Followed by 4x100M Relay\*\*  
Power Walk, followed by Fitness Walk.)

## Sunday, June 26, 2022

**Athlete Check-in** 7:15 a.m.-5 pm Franklin High School

**Track and Field** 8:00 a.m. Franklin High School  
(50M Run followed by 800M Run,  
followed by 1500M Racewalk, followed by  
200M Run)

**Archery** 9:00 a.m. Williamson County Soccer Complex

**3x3 Basketball** 9:00 a.m. Franklin High School  
50+/55+/60+

**Volleyball** 9:00 a.m. Academy Park

**Basketball Skill Events** (Free throw, 3-point, Hot Shot)  
12:00 pm Location TBD

**Bowling Practice** 11 a.m.-6 p.m. Franklin Entertainment Center

\*Times listed are general start times. Please check website for more specific information per sport.

# STATE FINALS EVENT SCHEDULE

continued

## Tuesday, June 28, 2022 (Continued)

<b>Swimming</b>	9:00 a.m.	Indoor Sports Complex
(200Y freestyle)		
<b>Bowling</b>	9:00 a.m.	Franklin Entertainment Center
(singles, 65-74)		
<b>Racquetball</b>	9:00 a.m.	Longview Recreation Center
<b>Badminton</b>	9:00 a.m.	Franklin Recreation Center
<b>Swimming</b>	9:30 a.m.	Indoor Sports Complex
(100Y butterfly)		
<b>Swimming</b>	10:00 a.m.	Indoor Sports Complex
(50Y breaststroke)		
<b>Swimming</b>	10:30 a.m.	Indoor Sports Complex
(200Y individual medley)		
<b>Bowling</b>	12:00 p.m.	Franklin Entertainment Center
(singles 75+)		
<b>Swimming</b>	12:00 p.m.	Indoor Sports Complex
(100Y backstroke)		
<b>Swimming</b>	12:30 p.m.	Indoor Sports Complex
(50Y freestyle)		
<b>Swimming</b>	1:00 p.m.	Indoor Sports Complex
(200Y breaststroke)		
<b>Swimming</b>	1:30 p.m.	Indoor Sports Complex
(200Y butterfly followed by 100Y free relay)		
<b>Bowling</b>	3:00 p.m.	Franklin Entertainment Center
(doubles 65-74)		

## Wednesday, June 29, 2022

<b>Athlete Check-in</b>	7:15 am-4 pm	Franklin High School
<b>Tennis</b>	8:00 a.m.	Indoor Sports Complex
<b>Cornhole</b>	8:00 a.m.	Academy Park
(Mixed Doubles)		
<b>Swimming</b>	8:30 a.m.	Indoor Sports Complex
(warm up)		
<b>Table Tennis</b>	9:00 a.m.	Academy Park
(singles, doubles, mixed doubles)		
<b>Swimming</b>	9:00 a.m.	Indoor Sports Complex
(200Y backstroke)		
<b>Bowling</b>	9:00 a.m.	Franklin Entertainment Center
(doubles 75+)		
<b>Racquetball</b>	9:00 a.m.	Longview Recreation Center
<b>Swimming</b>	9:30 a.m.	Indoor Sports Complex
(100Y freestyle)		
<b>Swimming</b>	10:00 a.m.	Indoor Sports Complex
(50Y butterfly)		

<b>Swimming</b>	10:30 a.m.	Indoor Sports Complex
(100Y breaststroke)		
<b>Swimming</b>	12:00 p.m.	Indoor Sports Complex
(50Y backstroke)		
<b>Bowling</b>	12:00 p.m.	Franklin Entertainment Center
(mixed doubles 65-74)		
<b>Swimming</b>	12:30 p.m.	Indoor Sports Complex
(100Y individual medley)		
<b>Swimming</b>	1:00 p.m.	Indoor Sports Complex
(500Y freestyle)		
<b>Swimming</b>	1:30 p.m.	Indoor Sports Complex
(400Y individual medley followed by 100Y IM relay)		
<b>Bowling</b>	3:00 p.m.	Franklin Entertainment Center
(mixed doubles 75+)		

## Thursday, June 30, 2022

<b>Athlete Check-in</b>	7:15-11 a.m.	Franklin High School
<b>10K Run</b>	6:30 a.m.	River Park
<b>Tennis</b>	8:00 a.m.	Indoor Sports Complex

## August 5-7, 2022

Pickleball		Chattanooga Convention Center
(Singles, Doubles, Mixed)		

## Saturday, September 10, 2022

<b>Cycling 5K/20K</b>	Strawberry Plains, TN
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\*Times listed are general start times. Please check website for more specific information per sport.

\*\*Swimming relay registration will be at pool, Track 4x100M Relay registration will be at the track.

# Tennessee Senior Olympics

June 22-23, 2022

- GOLF

June 24-June 30, 2022

- STATE FINALS

August 5-7, 2022

- PICKLEBALL

September 10, 2022

- CYCLING



PLEASE DO NOT MISS IMPORTANT UPDATES!  
JOIN OUR E-MAIL LIST AT [WWW.TNSENIOROLYMPICS.COM](http://WWW.TNSENIOROLYMPICS.COM)

MAIL ALL FORMS TO THIS ADDRESS  
Tennessee Senior Olympics, Inc.  
PO Box 681  
Mt. Juliet TN 37121

