

Tennessee Senior Olympics

Field Event Schedule

2023



Friday, June 23

W O M E N	Long Jump	3:30 PM All women report
	Triple Jump	→ Held at the conclusion of women's long jump
	High Jump	3:00 PM Work in when the bar is at your height
	Pole Vault	Athletes must bring their own poles 4:00 PM All women report

M E N	Long Jump	3:30 PM Men 75 and older report
		4:00 PM Men 50-74 report
	Triple Jump	→ Held at the conclusion of men's long jump
	High Jump	3:00 PM All men report Bar will start low
	Pole Vault	Athletes must bring their own poles 5:00 PM All men report

Note: Officials will be flexible about allowing athletes the ability to move back and forth between all events if overlap occurs.
Once finished with long jump, please move immediately to pole vault.

Saturday, June 24

A a 8 L n 0 L d + W M O E M N E N	Shot Put 11:00 AM Women 50-69 11:30 AM Women 70+ 12:00 PM Men 80+
	Javelin 11:00 AM Men 80+ 11:30 AM Women 50-69 12:00 PM Women 70+
	Discus 11:00 AM Women 70+ 11:30 AM Men 80+ 12:00 PM Women 50-69

W M O E M N E N	Softball Throw 11:00 AM - 2:00 PM 2:15 PM Medalists will be announced
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M 7 E 9 N 5 0 t o	Shot Put 1:00 PM Men 50-54/55-59 1:45 PM Men 60-64/65-69 2:30 PM Men 70-74/75-79
	Javelin 1:00 PM Men 70-74/75-79 1:45 PM Men 50-54/55-59 2:30 PM Men 60-64/65-69
	Discus 1:00 PM Men 60-64/65-69 1:45 PM Men 70-74/75-79 2:30 PM Men 50-54/55-59