

2023

Tennessee Senior Olympics

New Record Holders

Congratulations to the following athletes for setting new records in this year's state finals:

Judy	Aberg		Bill	Ondracka	
Elizabeth	Aldrich	4	Millard	Parsley	
Robert	Arnett		Elmer	Pinzon	
Greg	Bennett	2	Stephen	Randolph	4
David	Carbary		Charles	Ray	
Grady	Cash	2	Joseph	Relyea	2
Tiffany	Cate		Susan	Rollins	3
Gary	Chesney	2	Ralph	Schmook	
Dennis	Christian	2	Susan	Skiff	4
Detra	Cleven	5	Jane	Smith	
Duane	Daugherty		Robert	Southerlan	
John	Disterdick		Doni	Sulfridge	
Sally	Evenden	2	Connie	Tatgenhorst	2
Annette	Fenech		Barry	Tomkins	
Kaden	Fox		John	Trainer	2
			Mildrette	White	
Thomas	Gee				
Steve	Gerbig				
Beth	Gilley				
Lucille	Hardin	2			
James	Hodges				
Lawrence	Holmes				
Neringa	Jakstiene	7			
Richard	Jordan	4			
Dale	Klay	2			
Melinda	Kolker				
Karen	Lewis				
Brian	Lumley				
Lawrence	Marvin				
Patrick	McCauslin				
Dennis	Meinert				
Evelyn	Meredith	3			
Eric	Morgenstern				
Joe	Myers				
Mary	Nees				
Larry	Nelson				

2023 Records Booklet

Archery Indoor Records Unless Marked * = outdoor record

Archery - Barebow Compound

Female

65-69 Jane Smith Birmingham, AL 2023 546*

Male

50-54 Lynn Cook -Henderson 2012 819

65-69 Jim Laird Cleveland 2014 743

70-74 Jim Laird Cleveland 2021 673*

75-79 Jim Laird Cleveland 2022 579*

80-84 James Threadgill Wildersville 2016 635

Archery - Barebow Recurve

Female

55-59 Jenny Dutton Kingsport 2022 606*

60-64 Elzbieta Tworek Knoxville 2021 509*

65-69 Beth Gilley Maryville 2023 222*

70-74 Jeanne Horton Lexington 2014 183

Male

50-54 Jerry Tworek Knoxville 2014 623

55-59 Jerry Tworek Knoxville 2016 713

55-59 Jerry Tworek Knoxville 2018 719*

60-64 Jerry Tworek Knoxville 2021 720*

65-69 Nick Carty Dalton 2022 638*

70-74 Art Vincent Nashville 2017 550*

75-79 Steve Gerbig Evansville, IN 2023 646*

Archery - Compound Finger

Female

50-54 Sheila Janiro Nashville 2014 451

55-59 Nancy Weaver Fairfield Glade 1999 234*

60-64 Nancy Weaver Fairfield Glade 2000 400*

70-74 Mary Helton Chattanooga 1998 59*

70-74 Dinna Lee 24

75-79 Mary Helton Chattanooga 2000 199*

80-84 Mary Helton Chattanooga 2004 208*

Male

50-54 Rick Weaver 793

50-54 Robert Anderson Indian Mound 1999 797*

55-59 Robert Anderson Indian Mound 2002 829*

60-64 Horace A. Larue Knoxville 1999 800*

65-69 Millard Parsley Memphis 2012 749

70-74 Millard Parsley Memphis 2014 739

70-74 Millard Parsley Memphis 2018 755*

75-79 Millard Parsley Memphis 2023 676*

Archery - Compound Release

Female

50-54 Melinda Kolker Columbia 2023 840*

55-59 Tami Hornick Dickson 2018 834*

60-64 Ruth Ann Van Wey Clarksville 2001 724*

65-69 Betty Moser Jackson 2013 819

70-74 Betty Moser Jackson 2014 789

75-79 Nancy Weaver 632

75-79 Sarah W. Davis Memphis 2008 730*

Male

50-54 Calvin Dykes Clinton 2015 886

50-54 Kevin Kime Murfreesboro 2022 873*

55-59 Jack Dale, Jr. Friendsville 2016 882

60-64 Jack Dale, Jr. Friendsville 2018 872*

65-69 James Thurman Kingsport 2007 876*

65-69 Charles Blankinship 871

70-74 James Thurman Kingsport 2014 876

75-79 Dale Moser Jackson 2007 850*

75-79 Gerald Tedesco Madison 2017 843*

80-84 Dale Moser Jackson 2014 797

80-84 Gerald Tedesco Madison 2022 801*

85-89 Jesse Jolly Clarksville 2003 652*

85-89 Dale Moser Madison 2017 700*

90-94 Jesse Jolly Clarksville 2005 567*

Archery - Recurve

Female

55-59 Elzbieta Tworek Knoxville 2014 808

60-64 Laura Elsaesser Tellico Plains 2017 673*

65-69 Betsy Robinson Clinton 2005 233*

70-74 Donna Lee Sparta 2009 18*

80-84 Martha Swasey Signal Mtn. 2000 166*

85-89 Martha Swasey Signal Mtn. 2004 175*

90-94 Martha Swasey Signal Mtn. 2007 94*

Male

50-54 Christian Hawkins Millington 2022 817*

50-54 Leo Benson 686

55-59 Roger Pruyn Hermitage 2006 756*

55-59 Bryan Batson 689

60-64 Sam McCaleb Lebanon 2008 751

60-64 Steve Upshaw 668

65-69 Ronald McPherson Fairfield Glade 2004 827

65-69 Thomas Niedermeyer 706

70-74 Ronald L McPherson Fairfield Glade 2009 781

70-74 Charles Bundy Nashville 2022 623*

75-79 Ronald L McPherson Fairfield Glade 2016 787

80-84 Harold Seaman Dyersburg 2006 154

80-84 Ronald L McPherson Fairfield Glade 2021 785*

85-89 No Record

Bowling - Singles

Female

50-54 Laura Smith Chattanooga 2004 608

55-59 Diane Bell Troy 2015 612

60-64 Jinnie Henry Hixson 2005 611

65-69 Ernestine James Sevierville 2003 654

70-74 Lauree Childress Nashville 2007 591

75-79 Ruthmarie Spitcaufsky Chattanooga 2014 567

80-84 Beverly Bejma Franklin 2012 548

85-89 Dorothy Tucker Murfreesboro 2007 564

90-94 Dorothy Hargett Memphis 2013 500

Male

50-54 Earl Bell Troy 2008 700

55-59 Doug Hayes Clarksville 2006 744

60-64 Ronald Nash Nashville 2003 773

65-69 Barry Tompkins Burlison 2022 750

65-69 Barry Tompkins Burlison 2023 750

70-74 Chuck Davidson Humbolt 2007 697

75-79 Charles Davidson Humbolt 2011 667

80-84 Gil Taylor Bartlett 2019 659

85-89 Clem Zulinski Laverne 2006 643

90-94 Bob Durschlag Memphis 2008 503
95-99 Robert Jones Pinson 2011 413
100-104 Robert Jones Pinson 2015 396

Cycling - 5k (Strawberry Plains Course 2020)

50-54 Pamela Bettis-Tanner Greeneville 2022 8:08.7
55-59 Suzanne Brown Cane Ridge 2022 9:27.6
60-64 Doni Sulfridge Knoxville 2021 8:29.05
65-69 Missy Bemiller Knoxville 2022 7:53.10
70-74 Connie Tatgenhorst Knoxville 2023 8:58.8
75-79 Barbara Bogart Elizabethton 2021 11:16.24
80-84 Barbara Bogart Elizabethton 2022 11:34.8
Male
50-54 Bill Ondracka Knoxville 2021 7:13.89
55-59 Peter Wimberg Gatlinburg 2020 6:36.95
60-64 Gary Teschendorf Vonore 2021 7:28.03
65-69 Thomas Gee Paris 2020 7:33.1
70-74 Robert Barlow Nashville 2022 7:40.4
75-79 Ralph Schmook Evensville 2023 8:03.1
80-84 Durward Higgins Chattanooga 2022 8:39.4
85-89 Harvey Liberman Knoxville 2022 10:19.1
90-94 No Record

Cycling - 20k (Strawberry Plains Course)

Female
50-54 Pamela Bettis-Tanner Greeneville 2022 32:35.4
55-59 Tiffany Cate Sevierville 2022 45:13.1
60-64 Doni Sulfridge Knoxville 2021 34:31.8
65-69 Doni Sulfridge Knoxville 2022 32:35.6
70-74 Gracie Stroup Morristown 2021 38:48.4
75-79 Barbara Bogart Elizabethton 2021 56:09.4
80-84 Barbara Bogart Elizabethton 2022 57:16.6
Male
50-54 Bill Ondracka Knoxville 2021 31:54.4
50-54 Greg Bennett Versailles, MO 2023 31:24.1
55-59 James Stacks Hixson 2021 31:53.8
55-59 Eric Morgenstern Erie, CO 2023 3:24.35
60-64 Lee Sherbakoff Knoxville 2022 32:35.9
65-69 Thomas Gee Paris 2020 33:15.1
70-74 Robert Barlow Nashville 2022 32:32
75-79 Dennis Meinert Chattanooga 2023 33:46.2
80-84 Durward Higgins Chattanooga 2022 32:37.2
85-89 Harvey Liberman Knoxville 2022 46:25.4
90-94 No Record

Cycling - 40K (Strawberry Plains Course)

NOTE: Records were not recorded for 2022.
Due to wet conditions, the course was shortened.

Women

50-54 Karen Lewis Knoxville 2023 1:19.05
55-59 Tiffany Cate Sevierville 2023 1:37.45
60-64 Judy Aberg Lebanon 2023 1:12.33
65-69 Doni Sulfridge Knoxville 2023 1:04.56
70-74 Connie Tatgenhorst Knoxville 2023 1:18.06
Male
50-54 Greg Bennett Versailles, MO 2023 1:04.25
55-59 Bill Ondracka Mascot 2023 1:04.51
60-64 Elmer Pinzon Knoxville 2023 1:14.12
65-69 Brian Lumley Maryville 2023 1:04.52
70-74 Thomas Gee Paris 2023 1:05.02
75-79 Larry Nelson Hixson 2023 1:20.35
80-84 Charles Ray Cleveland 2023 1:53.10

Cycling - 5k (Williamson Co. Course)

Female

50-54 Alison Davis Nashville 2012 9:07
55-59 Anna Flowers Dickson 2007 8:25
60-64 Sandra Davis Martin 2006 8:50
65-69 Barbara Bogart Elizabethton 2007 9:04
70-74 Judith Pardue Lenoir City 2006 10:37
75-79 Barbara Rihani Nashville 2013 13:15.7
80-84 No Record

Male

50-54 John Burrell Nashville 2012 6:53
55-59 Thomas Gee Paris 2007 7:11
60-64 Phillip Davis Martin 2007 7:18
65-69 Durward Higgins Chattanooga 2008 7:15
70-74 Durward Higgins Chattanooga 2016 7:31
75-79 Simeon Higgins Chattanooga 2017 7:28
80-84 William Proffitt Knoxville 2006 9:08
85-89 Harvey Liberman Knoxville 2019 9:16
90-94 No Record

Cycling - 20k (Williamson Co. Course)

Female

50-54 Alison Davis Nashville 2012 37:11
55-59 Terry Humphrey Franklin 2012 31:36
60-64 Susan Rollins Johnson City 2018 32:18
65-69 Gracie Stroup Morristown 2016 36:18
70-74 Barbara Bogart Elizabethton 2012 49:07
75-79 Barbara Rihani Nashville 2013 53:46
80-84 No Record

Male

50-54 Lonnie Puterbaugh Brentwood 2010 31:13.16
55-59 Thomas Gee Paris 2008 31:12
60-64 David Barnhart Huntsville, AL 2008 31:13
65-69 Durward Higgins Chattanooga 2008 31:12
70-74 Durward Higgins Chattanooga 2012 31:33.5
75-79 Simeon Higgins Chattanooga 2018 32:18
80-84 Harvey Liberman Knoxville 2018 46:26
85-89 Harvey Liberman Knoxville 2019 47:57.6
90-94 No Record

Disc Golf

Female

50-54 Jennifer Hulbert Franklin 2022 63

Male

50-54 Anthony Caldwell Shelbyville 2021 52
55-59 Jeffrey King Hixson 2021 52
60-64 Randy Zinsmaster Nashville 2021 57
65-69 Randy Zinsmaster Nashville 2022 63
70-74 David Carbary Mount Juliet 2023 64
75-79 Charles Koltitz Loudon 2021 78

Field Event-Discus

Female

50-54 Susan Thornton Brentwood 2010 96'2"
55-59 Susan Thornton Brentwood 2016 90'1"
60-64 Denise Wood Knoxville 2010 79'1.75"
65-69 Jeanne Morton Bartlett 2003 69'6"
70-74 Jeanette Woods Eads 2014 62'9"
75-79 Evelyn Meredith Memphis 2019 59'6"
80-84 Evelyn Meredith Memphis 2023 48'9"
85-89 Sarah Overton Memphis 2010 40'1/2"

90-94 Rowena Cupp New Tazewell 2019 29:05
Male
50-54 Steve Wade Brentwood 2016 150'7"
55-59 Glen A. Johnson Bristol 1996 155'11"
60-64 Steven Thomason Ardmore 2009 155'10.5"
65-69 Glen Johnson Bristol 2004 161'5"
70-74 Dale Klay Erwin 2018 121'6"
75-79 Dale Klay Erwin 2023 111'9"
80-84 Warren Barger Chattanooga 2004 79'
85-89 Charles Green Mt. Juliet 2018 85'
90-94 Warren Barger Chattanooga 2011 63'6"
95-99 Warren Barger Chattanooga 2016 49'11"

Field Event–High Jump

Female

50-54 Neringa Jakstiene Memphis 2017 4'9.5"
55-59 Neringa Jakstiene Memphis 2018 4'11.25"
60-64 Neringa Jakstiene Memphis 2023 4'8"
65-69 Chestine Fulbright Madisonville 1993 3'5"
Betsy Boswell Bartlett 2005 3'5"
70-74 Sarah M. Overton Memphis 1999 3'4"
Luella Morris Hohenwald 1997 3'4"
75-79 Sarah Overton Memphis 2003 3'7"
80-84 Sarah Overton Memphis 2005 3'4"
85-89 Sarah Overton Memphis 2012 3'
90-94 No Record

Male

50-54 Bob Vanfleteren Franklin 2011 5'4.5"
55-59 Bob Vanfleteren Franklin 2017 5'4.5"
60-64 Bob Vanfleteren Franklin 2021 5'5"
65-69 Charles Lanza Memphis 2002 4'6"
70-74 Carl Papa Knoxville 2021 4'6"
75-79 Warren Barger Chattanooga 1997 4'2"
80-84 James Richardson Maryville 2016 3'11"
85-89 Warren Barger Chattanooga 2006 3'7.5"
90-94 Warren Barger Chattanooga 2012 3'6"
95-99 Warren Barger Chattanooga 2016 3'3"

Field Event–Javelin

Female

50-54 Meg Foster Kingsport 2016 135'9"
55-59 Denise Wood Knoxville 2008 94'5.5"
60-64 Denise Wood Knoxville 2010 90'9"
65-69 Donna Beeler Knoxville 2006 65'4"
70-74 Sarah M. Overton Memphis 1996 64'1/2"
75-79 Sarah M. Overton Memphis 2002 55'2"
80-84 Margie Atkins Madisonville 2006 45'6"
85-89 Sarah Overton Memphis 2010 44'2"
90-94 Tylene Seaton Beech Bluff 2011 26'3.75"

Male

50-54 James Parker Hixson 2016 168'4"
55-59 James Parker Hixson 2019 174'
60-64 James Parker Hixson 2023 177'10"
65-69 James Michalik Knoxville 2021 138'5"
70-74 Charles Lanza Memphis 2006 116'5"
75-79 Charles Lanza Memphis 2012 99'11"
80-84 Charles Lanza Memphis 2016 105'8"
85-89 Charles Lanza Memphis 2021 73'5"
90-94 John T. Hagar Mt. Juliet 2003 49'2"
95-99 Robert Jones Pinson 2008 38'

Field Event–Long Jump

Female

50-54 Neringa Jakstiene Memphis 2017 15'6 1/4"
55-59 Neringa Jakstiene Memphis 2018 16'3.25"
60-64 Neringa Jakstiene Memphis 2023 14'11.25"
65-69 Betsy Boswell Bartlett 2005 9'6.5"
70-74 Betty F. Potts Memphis 2001 8'9"
75-79 Carol Stricklin Arlington 2021 7'4"
80-84 Margie Atkins Madisonville 2006 6'4"
85-89 Sarah Overton Memphis 6'
90-94 Eleanore F. Pease Fairfield Glade 2001 3'7.5"

Male

50-54 Bob Vanfleteren Franklin 2013 17'9.25"
55-59 Roger L. Kroodsma Oak Ridge 2000 17'11"
60-64 Bob Vanfleteren Franklin 2021 18'
65-69 Rick Bean Murfreesboro 2022 14'10'.25"
70-74 Charles C. Baker Hixson 1998 14'5"
75-79 Charles C. Baker Hixson 2004 12'9"
80-84 Charles C. Baker Hixson 2007 11'5"
85-89 Warren Barger Chattanooga 2006 9'2"
90-94 Charles C. Baker Hixson 2016 8'1 1/2"
95-99 Warren Barger Chattanooga 2016 5'5"

Field Event- Pole Vault

Female

50-54 Neringa Jakstiene Memphis 2017 7'6"
55-59 Neringa Jakstiene Memphis 2018 7'2.25"
60-64 Neringa Jakstiene Memphis 2023 6'2"
65-69 Carol Stricklin Memphis 2010 3'6"
70-74 No Record
75-79 No Record
80-84 Sarah Overton Memphis 2008 3'2"
85-89 Sarah Overton Memphis 2010 3'6"

Male

50-54 Alan Cox Johnson City 2017 10'6"
55-59 Bob Vanfleteren Franklin 2018 9'6"
60-64 Jim P Thompson Seymour 2016 12'
65-69 Jim P Thompson Seymour 2019 11'6"
70-74 Roger Chassay Huntsville 2009 8'
75-79 John Wendling Sewanee 2012 7'6"
80-84 John Wendling Sewanee 2015 5'
85-89 Robert Southerlan Cookeville 2023 43'.50"

Field Event–Shot Put

Female

50-54 Meg Foster Kingsport 2018 38'1"
55-59 Susan Thornton Brentwood 2016 33'7.5"
60-64 Denise Wood Knoxville 2010 31'9"
65-69 Trudy Baumer Big Sandy 1994 28'
70-74 Trudy Baumer Big Sandy 1996 25'7"
75-79 Jeanette Woods Eads 2021 24'5"
80-84 Omrie Hinkle Midway 2016 21'8"
85-89 Sarah Overton Memphis 2010 16'1"
90-94 Tylene Seaton Beech Bluff 2012 14'8 3/4"

Male

50-54 John Nespoli Memphis 2004 52'9"
55-59 John Nespoli Rossville 2009 44'10"
60-64 Joseph Myers White Pine 2016 47'8"
65-69 Glen Johnson Bristol 2004 45'7"
70-74 Joe Myers White Pine 2023 44'9"

75-79 Dale Klay Erwin 2023 36'4"
80-84 Cory Hartbarger Shelbyville 2009 33'4 3/4"
85-89 Charles Lanza Memphis 2021 28'
90-94 Warren Barger Chattanooga 2011 24'3.75"
95-99 Robert Jones Pinson 2011 21'4.5"

Field Event–Softball Throw

Female

50-54 Meg Foster Kingsport 2016 187'7"
55-59 Denise Wood Knoxville 2008 152'7"
60-64 Carol Jackson Chattanooga 2002 122'9"
65-69 Jean Hinkle Midway 1998 129'
70-74 Carol Jackson Chattanooga 2003 110'6"
75-79 Jean Hinkle Midway 2009 99' 9 1/2"
80-84 Margie Atkins Madisonville 2004 78'1"
85-89 Sarah Compton Henderson 2004 61'
90-94 Tylene Seaton Beech Bluff 2011 51'1"

Male

50-54 Jon G English Brentwood 2013 268'9"
55-59 Richard King Lebanon 2001 270'
60-64 Richard King Cookeville 2009 243'4 1/2"
65-69 Charles Lanza Memphis 2003 203'
70-74 Charles Lanza Memphis 2008 192'3"
75-79 Charles Lanza Memphis 2013 162' 2 1/4"
80-84 Hubert Seaton Beech Bluff 1997 143'
85-89 John T. Hagar Mt. Juliet 1998 112'
90-94 John T. Hagar Mt. Juliet 2003 88'9"
95-99 Robert Jones Pinson 2009 54'10"

Field Event–Triple Jump

Female

50-54 Neringa Jakstiene Memphis 2017 34'3/4"
55-59 Neringa Jakstiene Memphis 2018 35'9"
60-64 Neringa Jakstiene Memphis 2023 33'1"
65-69 Carol Stricklin Germantown 2011 18'7.75"
70-74 Carol Stricklin Germantown 2016 17'3"
75-79 Joan Conant Kingsport 2016 15'2"
80-84 Joyce Manis Kingsport 2018 10'4"
85-89 No Record

Male

50-54 Bob VanFleteren Franklin 2013 34'4"
55-59 Bob VanFleteren Franklin 2016 33'11 3/4"
60-64 Bob VanFleteren Franklin 2021 33'7"
65-69 Charles Brickell Danridge 2021 25'
70-74 Larry Heine Old Hickory 2011 22'11.75"
75-79 James Hodges Cordova 2023 23'10"
80-84 Yilmaz Eryasa Nashville 2011 22'3.75"
85-89 Yilmaz Eryasa Nashville 2014 19' 3 1/2"
90-94 RG Wolf Mt. Juliet 2021 7'7"

Golf

Female

50-54 Carol Massey Hixson 2004 154
55-59 Robin Bradley Denmark 2012 158
60-64 Evelyn Blackmon Nashville 2018 150
65-69 Nancy Harper Crossville 2018 153
70-74 Patricia Gregory Nashville 2017 163
75-79 Marty Wennermark Crossville 2018 159
80-84 June Allison Soddy Daisy 2006 182
85-89 Jacqueline Cone Fairfield Glade 2016 212
90-94 No Record

Male

50-54 Gary Pettit Knoxville 1998 142
James Bjork Murfreesboro 2005 142
55-59 Don Midgett Tullahoma 1998 140
James Bjork Murfreesboro 2011 140
60-64 Robert Bunkley Olive Branch 2005 140
Ed McDugle Memphis 2022 140
65-69 George White Rockwood 2005 140
Jim Brown Loudon 2010 140
70-74 Don Midgett Tullahoma 2012 146
75-79 Jack Bowman Corryton 2000 143
80-84 Robert Kondziela Loudon 2017 146
85-89 Vernon Vandiver Morristown 2000 177
90-94 Vincent Maloney Morristown 1997 201
90-94 R.G. Wolf Mount Juliet 2021 63 (9holes)

Swimming–50y Backstroke

Female

50-54 Sharon Burlingame Heiskill 2008 :35.42
55-59 Jill Massie-Braun Jefferson City 2018 :33.45
60-64 Diann Uustal Soddy Daisy 2009 :33.92
65-69 Penny Noyes Bowling Green 2022 :32.29
70-74 Barbara Dillard Lebanon 2009 :41.72
75-79 Barbara Dillard Lebanon 2013 46.51
80-84 Barbara Dillard Lebanon 2018 :47.56
85-89 Louise Stevenson Murfreesboro 2010 42.64
90-94 Hollyce Kirkland Sevierville 2010 55.18
95-99 Hollyce Kirkland Sevierville 2014 1:50.92

Male

50-54 Doug Thain Greenbrier 2011 :27.93
55-59 Doug Thain Greenbrier 2016 :28.22
60-64 Patrick McCauslin College Grove 2023 :29.75
65-69 Gary Chesney Louisville 2022 :32.37
70-74 Stephen Randolph Knoxville 2023 :34.21
75-79 John Trainer Nashville 2013 :40.00
80-84 William Lauer Knoxville 2015 :40.46
85-89 William Lauer Knoxville 2019 :44.08
90-94 Joseph Daws Nashville 2018 1:11.04
95-99 Joseph Daws Nashville 2022 1:24.61

Swimming–100y Backstroke

Female

50-54 Melanie Chambers Caruthersville 2008 1:17.57
55-59 Diann Uustal Soddy Daisy 2009 1:13.65
60-64 Diann Uustal Soddy Daisy 2010 1:13.60
65-69 Diann Uustal Soddy Daisy 2014 1:16.25
70-74 Barbara Dillard Lebanon 2009 1:33.53
75-79 Barbara Dillard Lebanon 2013 1:42.00
80-84 Barbara Dillard Lebanon 2018 1:49.02
85-89 Mary Jane Mullins Mt Juliet 2016 2:09.91
90-94 Hollyce Kirkland Sevierville 2010 3:24.62
95-99 Hollyce Kirkland Sevierville 2016 4:12.02

Male

50-54 John Ebuna Powell 2008 :59.29
55-59 John Ebuna Powell 2013 1:00.89
60-64 John Ebuna Powell 2018 1:03.80
65-69 Gary Chesney Louisville 2022 1:12.34
70-74 Stephen Randolph Knoxville 2023 1:15.16
75-79 John Trainer Nashville 2013 1:28.28
80-84 William Lauer Knoxville 2015 1:30.86

85-89 William Lauer Knoxville 2019 1:40.07
90-94 Joseph Daws Nashville 2018 2:43.65
95-99 Joseph Daws Nashville 2022 3:12.49

Swimming–200y Backstroke

Female

50-54 Melanie Chambers Caruthersville 2008 2:46.64
55-59 Sharon Burlingame Heiskell 2012 2:52.35
60-64 Sharon Burlingame Heiskell 2016 2:49.99
65-69 Diann Uustal Chattanooga 2014 2:53.13
70-74 Barbara Dillard Lebanon 2011 3:32.19
75-79 Barbara Dillard Lebanon 2013 3:45.86
80-84 Barbara Dillard Lebanon 2018 3:51.79
85-89 Mary Jane Mullins Mt Juliet 2016 4:45.48
90-94 Hollyce Kirkland Sevierville 2010 7:55.52
95-99 Hollyce Kirkland Sevierville 2014 8:28.76

Male

50-54 John Ebuna Powell 2008 2:08.39
55-59 John Ebuna Powell 2013 2:13.27
60-64 John Ebuna Powell 2018 2:19.96
65-69 Jeffrey Calvert Franklin 2021 2:43.21
70-74 Stephen Randolph Knoxville 2023 2:55.65
75-79 John Trainer Nashville 2013 3:17.69
80-84 William Lauer Knoxville 2015 3:21.66
85-89 John Trainer Nashville 2023 3:29.03
90-94 Roy DiGesare Antioch 2005 5:48.31

Swimming–50y Breaststroke

Female

50-54 Detra Clevon Kingsport 2022 :37.00
55-59 Detra Clevon Kingsport 2023 :38.45
60-64 Diann Uustal Chattanooga 2010 :38.65
65-69 Marion Bailey Memphis 2018 :44.38
70-74 Mary Nees Johnson City 2023 :48.10
75-79 Lucille Hardin Nashville 2013 :55.70
80-84 Lucille Hardin Nashville 2018 1:01.12
85-89 Lucille Hardin Nashville 2023 1:06.13
90-94 Mary Vowell Martin 2016 1:30.66
95-99 Hollyce Kirkland Sevierville 2014 2:31.82

Male

50-54 Richard Bernstein Germantown 2008 :32.55
55-59 John Ebuna Powell 2013 :31.87
60-64 Doug Soltis Knoxville 2022 :30.61
65-69 Edward Leech Cleveland 2014 :36.58
70-74 John McCord Knoxville 2019 :37.59
75-79 John Wendling Sewanee 2014 :44.25
80-84 William Lauer Knoxville 2017 :45.40
85-89 William Lauer Knoxville 2019 :50.33
90-94 Jesse B. Jolly Clarksville 2005 2:31.84
95-99 Jesse B. Jolly Clarksville 2010 3:38.50

Swimming–100y Breaststroke

Female

50-54 Detra Clevon Kingsport 2022 1:20.09
55-59 Detra Clevon Kingsport 2023 1:21.76
60-64 Celia Morse Franklin 2021 1:35.34
65-69 Marion Bailey Memphis 2018 1:40.81
70-74 Mary Nees Johnson City 2022 1:46.63
75-79 Lucille Hardin Nashville 2013 2:07.36
80-84 Lucille Hardin Nashville 2018 2:14.60
85-89 Lucille Hardin Nashville 2023 2:29.74

90-94 No Record

95-99 Hollyce Kirkland Sevierville 2018 6:50.41
Male

50-54 John Ebuna Powell 2008 1:08.72
55-59 John Ebuna Powell 2012 1:09.22
60-64 John Ebuna Powell 2017 1:12.12
65-69 Edward Leech Cleveland 2014 1:22.34
70-74 Edward Leech Cleveland 2019 1:24.40
75-79 William Lauer Knoxville 2009 1:29.81
80-84 William Lauer Knoxville 2014 1:36.48
85-89 William Lauer Knoxville 2019 1:53.95
90-94 No Record

Swimming–200y Breaststroke

Female

50-54 Kathy Chisholm Oak Ridge 2008 3:07.94
55-59 Nancy Burleson Crossville 2012 2:45.83
60-64 Sharon Burlingame Heiskell 2016 3:18.24
65-69 Marion Bailey Memphis 2018 3:43.22
70-74 Lucille Hardin Nashville 2008 4:15.23
75-79 Lucille Hardin Nashville 2013 4:34.80
80-84 Lucille Hardin Nashville 2018 4:57.83
85-89 Mary Vowell Martin 2012 4:07.49
90-94 Mary Vowell Martin 2016 7:29.10

Male

50-54 Richard Bernstein Germantown 2008 2:38.05
55-59 Mike Phillips Spring Hill 2012 2:45.83
60-64 Richard Bernstein Germantown 2018 2:43.26
65-69 Edward Leech Cleveland 2014 3:00.72
70-74 William Lauer Knoxville 2005 3:08.58
75-79 William Lauer Knoxville 2010 3:16.50
80-84 William Lauer Knoxville 2014 3:28.89
85-89 William Lauer Knoxville 2019 3:55.44
90-94 No Record

Swimming–50y Butterfly

Female

50-54 Detra Clevon Kingsport 2022 :31.05
55-59 Jill Massie-Braun Jefferson City 2018 :34:00
60-64 Diann Uustal Soddy Daisy 2010 :31.51
65-69 Diann Uustal Soddy Daisy 2014 :33.18
70-74 Barbara Dillard Lebanon 2009 :44.86
75-79 Jean Cothran Nashville 2007 1:04.75
80-84 Mary Jane Mullins Mt Juliet 2015 1:15.79
85-89 Mary Jane Mullins Mt Juliet 2016 1:18.23
90-94 Mary Vowell Martin 2017 1:54.43

Male

50-54 John Ebuna Powell 2007 :25.91
55-59 John Ebuna Powell 2013 :26.30
60-64 Patrick McCauslin College Grove 2022 :26.97
65-69 Gary Chesney Louisville 2023 :30.23
70-74 Michael Morris Oak Ridge 2012 :33.15
75-79 Michael Morris Okay Ridge 2017 :35.63
80-84 William Lauer Knoxville 2014 :37.15
85-89 William Lauer Knoxville 2021 :45.42

Swimming–100y Butterfly

Female

50-54 Detra Clevon Kingsport 2022 1:13.30
55-59 Detra Clevon Kingsport 2023 1:13.87

60-64 Lynn Cartee Gatlinburg 2008 1:36.90

65-69 Susan Skiff Clarksville 2023 1:33.12

70-74 Rosemary Sexton
Kingsport 2022 1:49.70

75-79 Mary Daughtery Oak Ridge 2012 2:32.27

80-84 Mary Daughtery Oak Ridge 2018 3:02.72

85-89 No Record

Male

50-54 John Ebuna Powell 2008 56.67

55-59 John Ebuna Powell 2012 58:34

60-64 Patrick McCauslin College Grove 2019 1:02.06

65-69 Gary Chesney Louisville 2022 1:10.57

70-74 Michael Morris Oak Ridge 2012 1:13.24

75-79 Michael Morris Oak Ridge 2017 1:17.87

80-84 William Lauer Knoxville 2014 1:34.25

85-89 William Lauer Knoxville 2021 2:02.51

Swimming - 200y Butterfly (added 2016)

Female

50-54 No Record

55-59 Karen Bland Kingsport 2018 3:14.81

60-64 Karen Bland Kingsport 2022 3:07.41

65-69 Sharon Burlingame Heiskell 2021 3:29.53

70-74 Rosemary Sexton Kingsport 2022 4:06.34

75-79 No Record

80-84 No Record

85-89 No Record

90-94 No Record

Male

50-54 No Record

55-59 Judd Jones Knoxville 2016 2:50.67

60-64 Mike Phillips Spring Hill 2018 2:56.90

65-69 Jeffrey Calvert Franklin 2022 2:55.46

70-74 Greg Grass Knoxville 2022 3:30.33

75-79 Robert Waters Germantown 2018 5:06.06

80-84 William Lauer Knoxville 2016 3:37.17

85-89 No Record

90-94 No Record

Swimming–50y Freestyle

Female

50-54 Karen Blizard Blountville 2010 :28.49

55-59 Jill Massie-Braun Jefferson City 2018 :29.37

60-64 Diann Uustal Soddy Daisy 2010 :29.12

65-69 Diann Uustal Soddy Daisy 2014 :30.78

70-74 Elizabeth Aldrich Calhoun 2023 :33.96

75-79 Penny Heydt Johnson City 2021 :40.48

80-84 Barbara Dillard Lebanon 2018 :41.97

85-89 Mary Vowell Martin 2011 1:00.96

90-94 Mary Vowell Martin 2016 1:09.02

95-99 Hollyce Kirkland Sevierville 2014 2:29.75

Male

50-54 John Ebuna Powell 2007 :22.61

55-59 William Thompson Brentwood 2021 :23.22

60-64 John Ebuna Powell 2017 :24.07

65-69 Richard Jordan Memphis 2018 :27.39

70-74 Richard Jordan Memphis 2023 :27.98

75-79 Michael Morris Oak Ridge 2017 :30.06

80-84 William Lauer Knoxville 2015 :32.13

85-89 John Trainer Nashville 2022 :39.27

90-94 Joseph Daws Nashville 2017 1:10.54

95-99 Joseph Daws Nashville 2022 1:37.85

Swimming–100y Freestyle

Female

50-54 Ginny Maher Brentwood 2010 1:03.36

55-59 Ginny Maher Brentwood 2016 1:04.69

60-64 Karen Bland Kingsport 2022 1:05.88

65-69 Diane Allison Nashville 2018 1:14.41

70-74 Elizabeth Aldrich Calhoun 2022 1:15.23

75-79 Penny Heydt Johnson City 2021 1:32.86

80-84 Marilyn Beckner Ooltewah 2022 1:57.26

85-89 Susie Fister Germantown 2015 2:12.50

90-94 Mary Vowell Martin 2016 2:32.53

95-99 Hollyce Kirkland Sevierville 2016 4:29

Male

50-54 John Ebuna Powell 2008 :50.33

55-59 John Ebuna Powell 2012 :51.35

60-64 John Ebuna Powell 2017 :53.98

65-69 Richard Jordan Memphis 2018 :59.87

70-74 Michael Morris Oak Ridge 2012 1:03.61

75-79 Michael Morris Oak Ridge 2017 1:05.31

80-84 William Lauer Knoxville 2015 1:12.68

85-89 John Trainer Nashville 2022 1:32.41

90-94 Joseph Daws Nashville 2017 2:50.22

95-99 Joseph Daws Nashville 2022 3:57.24

Swimming–200y Freestyle

Female

50-54 Karen Blizard Blountville 2010 2:21.45

55-59 Ginny Maher Brentwood 2016 2:21.01

60-64 Karen Bland Kingsport 2022 2:19.49

65-69 Susan Skiff Clarksville 2023 2:38.03

70-74 Elizabeth Aldrich Calhoun 2023 2:48.52

75-79 Penny Heydt Johnson City 2021 3:27.21

80-84 Eleanor Wessner Johnson City 2008 3:48.98

85-89 Susie Fister Germantown 2016 5:05.9

90-94 Mary Vowell Martin 2018 6:53.43

95-99 Hollyce Kirkland Sevierville 2018 11:24.11

Male

50-54 John Ebuna Powell 2007 1:54.64

55-59 John Ebuna Powell 2013 1:58.76

60-64 John Ebuna Powell 2018 2:04.39

65-69 Richard Jordan Memphis 2018 2:11.09

70-74 Richard Jordan Memphis 2023 2:16.49

75-79 Michael Morris Oak Ridge 2017 2:26.19

80-84 William Lauer Knoxville 2015 2:48.94

85-89 John Trainer Nashville 2023 3:44.51

90-94 Joseph Daws Nashville 2019 7:19.16

Swimming–500y Freestyle

Female

50-54 Karen Blizard Blountville 2010 6:19.54

55-59 Karen Bland Kingsport 2018 6:16.81

60-64 Karen Bland Kingsport 2022 6:06.24

65-69 Susan Skiff Clarksville 2023 6:42.96

70-74 Brenda Payne Memphis 2018 8:08.50

75-79 Sumner Foster Nashville 2017 9:37.18

80-84 Eleanor Wessner Johnson City 2008 9:48.51

85-89 Mary Jane Vowell Mount Juliet 2019 15:22.59

90-94 Mary Vowell Martin 2016 15:55.66

95-99 Hollyce Kirkland Sevierville 2018 28:08.97
Male
50-54 Doug Thain Greenbrier 2011 5:17.82
55-59 Doug Thain Greenbrier 2016 5:30.88
60-64 Richard Jordan Memphis 2013 5:45.78
65-69 Richard Jordan Memphis 2018 5:54.34
70-74 Richard Jordan Memphis 2023 6:06.05
75-79 William Lauer Knoxville 2009 6:58.26
80-84 William Lauer Knoxville 2016 7:49.28
85-89 Ernest Robertson Cookeville 2010 13:52.90
90-94 Joseph Daws Nashville 2017 18:28.48

Swimming–100y Individual Medley

Female

50-54 Detra Cleven Kingsport 2022 1:12.09
55-59 Detra Cleven Kingsport 2023 1:13.20
60-64 Diann Uustal Soddy Daisy 2009 1:12.99
65-69 Penny Noyes Bowling Green 2022 1:10.84
70-74 Elizabeth Aldrich Calhoun 2023 1:30.22
75-79 Barbara Dillard Lebanon 2016 1:53.91
80-84 Barbara Dillard Lebanon 2018 1:57.11
85-89 Mary Jane Mullins Mt Juliet 2016 2:27.59
90-94 Mary Vowell Martin 2017 3:49.16

Male

50-54 John Ebuna Powell 2007 :58.97
55-59 John Ebuna Powell 2012 :59.39
60-64 Doug Soltis Knoxville 2022 1:02.40
65-69 Gary Chesney Louisville 2023 1:12.31
70-74 Stephen Randolph Knoxville 2023 1:16.08
75-79 William Lauer Knoxville 2009 1:20.26
80-84 William Lauer Knoxville 2014 1:25.48
85-89 William Lauer Knoxville 2021 1:40.24

Swimming–200y Individual Medley

Female

50-54 Detra Cleven Kingsport 2022 2:38.91
55-59 Detra Cleven Kingsport 2023 2:41.58
60-64 Kathi Lindstrom Franklin 2013 2:56.25
65-69 Susan Skiff Clarksville 2023 3:09.86
70-74 Elizabeth Aldrich Calhoun 2023 3:15.50
75-79 Mary Daughtery Oak Ridge 2012 4:43.06
80-84 Mary Jane Mullins Mt Juliet 2015 5:10.65
85-89 Mary Jane Mullins Mt Juliet 2016 5:48.28
90-94 Mary Vowell Martin 2016 8:02.10

Male

50-54 John Ebuna Powell 2008 2:10.32
55-59 John Ebuna Powell 2012 2:10.74
60-64 John Ebuna Powell 2017 2:18.61
65-69 Gary Chesney Louisville 2022 2:41.43
70-74 Richard Jordan Knoxville 2023 2:53.21
75-79 William Lauer Knoxville 2010 3:01.17
80-84 William Lauer Knoxville 2014 3:14.07
85-89 William Lauer Knoxville 2021 4:00.73

Swimming - 400y Individual Medley (added 2016)

Female

50-54 No Record
55-59 Karen Bland Kingsport 2018 6:07.00
60-64 Karen Bland Kingsport 2022 6:04.37
65-69 Sharon Burlingame Heiskell 2021 6:55.50
70-74 Elizabeth Aldrich Calhoun 2022 6:53.27

75-79 No Record

80-84 No Record

85-89 No Record

90-94 No Record

Male

50-54 No Record

55-59 Judd Jones Knoxville 2016 5:34.69

60-64 John Ebuna Powell 2018 5:24.66

65-69 Jeffrey Calvert Franklin 2021 5:59.83

70-74 Edward Leech Cleveland 2019 6:59.87

75-79 Robert Waters Germantown 2022 10:17.89

80-84 William Lauer Knoxville 2016 6:51.96

85-89 William Lauer Knoxville 2021 8:14.55

90-94 No Record

Track Event–50m Run

Female

50-54 Neringa Jakstiene Memphis 2017 :07.60
55-59 Neringa Jakstiene Memphis 2018 :07.62
60-64 Neringa Jakstiene Memphis 2023 :07.90
65-69 Alice Greene Knoxville 2014 :09.06
70-74 Alice Greene Knoxville 2021 :09.31
75-79 Evelyn Meredith Memphis 2018 :10.19
80-84 Evelyn Meredith Memphis 2022 :10.69
85-89 Naiad Kuhlman Fairfield Glade 2014 :11.94
90-94 Lillian Atchley Cleveland 2022 :23.36
95-99 Hollyce Kirkland Sevierville 2014 :29.0

Male

50-54 Bob Vanfleteren Franklin 2012 :06.92
55-59 Duane Daugherty Nashville 2016 :06.77
60-64 John Bacon Gallatin 2012 :06.98
65-69 Jamie Tyler Knoxville 2019 :07.49
70-74 David Craig Columbia 2022 :07.58
75-79 Grady Cash Nashville 2022 :08.19
80-84 Don Meredith Memphis 2021 :08.86
85-89 Yilmaz Eryasa Nashville 2014 :09.16
90-94 Robert Arnette Murfreesboro 2023 :10.72

Track Event–100m Run

Female

50-54 Neringa Jakstiene Memphis 2017 :14.04
55-59 Neringa Jakstiene Memphis 2018 :14.46
60-64 Neringa Jakstiene Memphis 2023 :14.92
65-69 Alice Greene Knoxville 2014 :16.91
70-74 Ruth Shanks Kingsport 1996 :16.94
75-79 Mildrette White Bartlett 2023 :18.93
80-84 Evelyn Meredith Memphis 2023 :21.09
85-89 Naiad Kuhlman Crossville 2014 :24.08
90-94 Eleanore Pease Fairfield Glade 2000 :33.49
95-99 Hollyce Kirkland Sevierville 2014 :59.29

Male

50-54 Nate Robertson Jackson 2004 :12.32
55-59 David S. Denman Dyersburg 1996 :12.06
60-64 Duane Daugherty Nashville 2023 12.77
65-69 David Craig Columbia 2017 :13.02
70-74 David Craig Loudon 2021 13.44
75-79 John Wall Cookeville 2007 :14.88
80-84 Don Meredith Memphis 2021 15:92

85-89 Charlie Baker Hixson 2012 :18.10
90-94 Charles Baker Hixson 2016 :21.96
95-99 Maxwell Springer Knoxville 2008 27.42

Track–200m Run

Female

50-54 Neringa Jakstiene Memphis 2017 :29.75
55-59 Neringa Jakstiene Memphis 2018 :29.80
60-64 Neringa Jakstiene Memphis 2023 :31.37
65-69 Ruth Shanks Kingsport 1993 :37.5
70-74 Ruth Shanks Kingsport 1996 :38.25
75-79 Evelyn Meredith Memphis 2018 :43.00
80-84 Evelyn Meredith Memphis 2023 :47.25
85-89 Mavis Borthick Springfield 2000 1:02.65
90-94 Eleanore Pease Fairfield Glade 2000 1:25.01
95-99 Hollyce Kirkland Sevierville 2014 2:18.77

Male

50-54 Antonio A. Cooper Memphis 1997 :25.7
William Yelverton Murfreesboro 2014 :25.7
55-59 Jim Mathis Memphis 1993 25.0
60-64 Jim Mathis Memphis 1994 25.08
65-69 Estes E. Redditt Somerville 1996 :28.00
70-74 David Craig Columbia 2022 :28.77
75-79 Grady Cash Nashville 2023 :31.64
80-84 Charlie C. Baker Hixson 2006 :33.17
85-89 Charlie Baker Hixson 2012 :38.73
90-94 Maxwell Springer Knoxville 2004 :47.11
95-99 Maxwell Springer Knoxville 2008 1:04.46

Track–400m Run

Female

50-54 Karen Seiferth Johnson City 2010 1:10.88
55-59 Susan Rollins Johnson City 2014 1:10.36
60-64 Susan Rollins Johnson City 2018 1:14.35
65-69 Susan Rollins Johnson City 2023 1:19.93
70-74 Wandie F. Nelson Fair. Glade 1996 1:30
75-79 Margie Stoll Nashville 2017 1:43.41
80-84 Margie Stoll Nashville 2021 2:04.36
85-89 Mavis Borthick Springfield 1999 2:30.50
90-94 Eleanore Pease Fairfield Glade 2003 3:27.56
95-99 Hollyce Kirkland Sevierville 2016 4:58.56

Male

50-54 Stan Patterson Nashville 2016 :55.55
55-59 Jim Mathis Memphis 1993 :55
60-64 Jim Mathis Memphis 1994 :56.09
65-69 Howard Clark Mt Juliet 2017 :59.77
70-74 Howard Clark Mt Juliet 2022 1:03.95
75-79 Grady Cash Nashville 2023 1:10.24
80-84 Charlie C. Baker Hixson 2007 1:17.83
85-89 Maxwell Springer Knoxville 1998 1:33
90-94 Maxwell Springer Knoxville 2005 1:52.06
95-99 Maxwell Springer Knoxville 2008 2:50.31

Track–800m Run

Female

50-54 Susan Rollins Johnson City 2012 2:45.26
55-59 Susan Rollins Johnson City 2014 2:40
60-64 Susan Rollins Johnson City 2018 2:47.37
65-69 Susan Rollins Johnson City 2023 3:04.6
70-74 Margie Stoll Nashville 2012 3:28.12
75-79 Margie Stoll Nashville 2017 3:57.74

80-84 Margie Stoll Nashville 2021 4:38.9
85-89 Mavis Borthick Springfield 1999 5:43
90-94 Lillian Atchley Cleveland 2021 10:02.35
95-99 Hollyce Kirkland Sevierville 2014 9:56
Male

50-54 Calvin Graham Old Hickory 2022 2:11.71
55-59 Mark Carver Nashville 2016 2:19.89
60-64 David Schmanski Goodlettsville 2014 2:14
65-69 Howard Clark Mt Juliet 2016 2:27.46
70-74 Grady Cash Nashville 2017 2:46.45
75-79 Carlos Cobos Hermitage 2014 3.12
80-84 Ted Wilson Nashville 2016 3:39.78
85-89 Maxwell Springer Knoxville 1998 4:05
90-94 Maxwell Springer Knoxville 2005 4:45
95-99 Maxwell Springer Knoxville 2008 6:57.52

Track–1500m Run

Female

50-54 Susan Rollins Johnson City 2012 5:36.83
55-59 Susan Rollins Johnson City 2014 5:28.17
60-64 Susan Rollins Johnson City 2018 5:41.60
65-69 Susan Rollins Johnson City 2023 6:07.65
70-74 Margie Stoll Nashville 2011 6:49.52
75-79 Margie Stoll Nashville 2017 7:45.65
80-84 Valera Jones Murfreesboro 2015 10:12.15
85-89 Allie Walker Springfield 1995 11:40
90-94 Lillian Atchley Cleveland 2021 19:14.54
95-99 Mary Lou Davidson Hermitage 1998 19:07

Male

50-54 Paul Scalisi Brentwood 2012 4:34.37
55-59 Mark Carver Nashville 2016 4:51.46
60-64 David Schmanski Goodlettsville 2014 4:51.98
65-69 Tom McCormack Jonesborough 2021 5:16.84
70-74 Michael Hoppe Thompson Station 2018 6:00.65
75-79 Carlos Cobos Hermitage 2014 6:34.84
80-84 Gian S. Sahota Nashville 2004 7:29
85-89 Maxwell Springer Knoxville 1998 8:35
90-94 Maxwell Springer Knoxville 2005 10:28

Track–1500m Race Walk

Female

50-54 Rosemary Sexton Kingsport 2000 8:59
55-59 Leslie Latterman Pulaski 2016 9:14.91
60-64 Joyce M. Walker Yuma 1996 9:22
65-69 Joyce Curtis Kingsport 2003 9:37
70-74 Ellinora Vinson McMinnville 1994 10:02
75-79 Ellinora Vinson McMinnville 1996 10:13
80-84 Mary Godsey 1993 11:36
85-89 Mavis Borthick Springfield 1999 12:35
90-94 Lillian Atchley Cleveland 2021 20:59
95-99 Mary Lou Davidson Hermitage 1999 20:39.02

Male

50-54 Charles Mullins Kingsport 1996 8:15
Jerry Dixon Greenbrier 1996 8:15
55-59 Jo-David Keith Nashville 2022 7:37.87
60-64 Gene Siler Williamsburg. 1996 8:27
65-69 Donald Mackey Johnson City 1994 8:36
70-74 Jerry Dixon Greenbrier 2014 8:33
75-79 Edward Liskovec Crossville 2004 10:24
80-84 Dusty Smith Dyersburg 2007 10:21

85-89 Dusty Smith Dyersburg 2008 10:40.79

90-94 Dusty Smith Dyersburg 2013 12:14.81

Track–5k Run (Williamson County course)

Female

50-54 Susan Rollins Johnson City 2010 20:23

55-59 Susan Rollins Johnson City 2016 20:28

60-64 Susan Rollins Johnson City 2018 21:04

65-69 Margie Stoll Nashville 2006 23:19

70-74 Margie Stoll Nashville 2011 24:46

75-79 Margie Stoll Nashville 2016 27:08

80-84 Margie Stoll Nashville 2021 31:32

85-89 Mary Allen Memphis 2021 47:42

Male

50-54 Joseph Relyea Nolensville 2023 17:37

55-59 Dan Smithhisler Pleasant View 2014 18:26

60-64 Robert Barber Loudon 2006 18:52

65-69 Tom McCormack Jonesborough 2021 18:46

70-74 David Peterson Franklin 2018 22:53

75-79 Dennis Christian Nashville 2015 23:50

80-84 Tom Parker Morristown 2016 27:09

85-89 Dennis Christian Nashville 2023 31:41

90-94 John Smartt Knoxville 2010 46:56

Track–10k Run (Williamson County course)

Female

50-54 Karen Seiferth Johnson City 2008 43:34

55-59 Vickie Spickard Nashville 2012 47:01

60-64 Eugenie Candon Huntsville 2022 47:39.28

65-69 Margie Stoll Nashville 2008 48:31

70-74 Margie Stoll Nashville 2011 :51.25

75-79 Margie Stoll Nashville 2016 57:27

80-84 Margie Stoll Nashville 2022 1:12.59.05

Male

50-54 Joseph Relyea Nolensville 2023 35:57

55-59 Dan Smithhisler Pleasant View 2014 37:39

60-64 Dan Smithhisler Mt. Juliet 2016 39:11

65-69 Dan Smithhisler Mt. Juliet 2022 43:13.10

70-74 Dennis Christian Nashville 2009 47:57

75-79 Sergio Bianchini Chattanooga 2016 48:45

80-84 Tom Parker Morristown 2016 1:00.30

85-89 Dennis Christian Nashville 2023 1:06.31

Power Walk

Female

50-54 Carolyn Newbern Medon 2009 10:59.79

55-59 Cynthia Paschal Nashville 2022 10:21.850

60-64 Annette Fenech Lewisburg 2023 9:38.05

65-69 Sally Evenden Greenbrier 2023 9:55.08

70-74 Carol Rolfes Spring Hill 2019 10:52.16

75-79 Carol Rolfes Spring Hill 2022 11:33.32

80-84 Lydia Bishop Hixson 2013 13:21.58

85-89 Eleanor Pendergraft Johnson City 2022 16:24.20

90-94 Hollyce Kirkland Sevierville 2012 18:57.06

95-99 Hollyce Kirkland Sevierville 2014 20:13

Male

50-54 Kaden Fox Knoxville 2007 8:02

55-59 Jo-David Keith Nashville 2022 7:42.94

60-64 Kaden Fox Spring Hill 2015 8:14.55

65-69 Kaden Fox Spring Hill 2023 7:42.73

70-74 Gene Siler Williamsburg 2006 10:11

75-79 Jerry Dixon Greenbrier 2018 10:02.22

80-84 John Disterdick Chattanooga 2023 11:32.53

85-89 John Del Colle Vonore 2015 12:15.12

90-94 David Chapman Tellico Plains 2010 21:02.69

Track-5K Race Walk (added in 2015)

Female

50-54 Stacie Trybe Manchester 2019 41:54

55-59 Leslie Latterman Pulaski 2017 32:44

60-64 Leslie Latterman Pulaski 2018 35:30

65-69 Sally Evenden Greenbrier 2023 35:25

70-74 Carol Rolfes Spring Hill 2021 38:22

75-79 Carol Rolfes Spring Hill 2022 39:57

80-84 Gloria Wilson Mt Juliet 2016 1:14.02

85-89 Eleanor Pendergraft Johnson City 2022 53:70

Male

50-54 No Record

55-59 Byron Kaelin Mt Juliet 2017 32:42

60-64 Kaden Fox Spring Hill 2018 30:19

65-69 Melville Harris Memphis 2022 31:19

70-74 Jerry Dixon Greenbrier 2015 30:40

75-79 Lawrence Marvin Centerville 2023 38:09

80-84 Charles Britt Spring Hill 2016 48:10

85-89 Lawrence Holmes Brentwood 2023 46:42

90-94 Raden Sumantri Cordova 2019 1:12.04