# 2024

## TENNESSEE SENIOR OLYMPICS

# STATE FIVALS





Eligibility requirements on page 2 Athletes must turn

**50 by 12/31/2024.** 

Presented by:





State Finals: June 21- 27, 2024 • Williamson County

(all sports except cycling and pickleball)

Pickleball: August 7-11, 2024 • Chattanooga Convention Center

Cycling: September 21, 2024 • Strawberry Plains, TN

**DEADLINES**:

JUNE EVENTS: MAY 10
PICKLEBALL: JULY 19
CYCLING: AUG 30

The 44th Annual Tennessee Senior Olympics is a sports competition for athletes 50 and older that combines a wide range of competitive activities. Residents from 10 District/Metropolitan areas across the state will be competing. The mission of the Senior Olympics is to promote healthy lifestyles for seniors through fitness, sports, and an active involvement in life.

### REGISTRATION INFORMATI

ARE YOU ELIGIBLE FOR THE STATE FINALS?

Please review the checklist below:

1. Did you participate in a district event last fall or recently in Chattanooga? Many of our state sports require district participation. If so, you are eligible to register.

NOTE: If your area did not host a district or your sport was not offered at your district, you are eligible to register.

2. Are you an open sport athlete? If so, district participation is not required, and you are eligible to register. Open sports

Archery, Basketball 3x3, Cornhole, Cycling, Disc Golf, Golf Scramble, Pole Vault, Racquetball, Road Races (1 mile Run/5K/10K), Softball, Triple Jump, Volleyball, Walks-1500m Power Walk; 1500m Race Walk, 5K Race Walk, Any sport not offered at your district.

3. Are you a first-time TN Senior Olympic athlete (never participated in a district or state event before)? You are permitted a one-time waiver from district participation and are eligible to register.

#### **OUT-OF-STATE ATHLETES ALLOWED IN CERTAIN SPORTS**

The TSO Board of Directors adopted the following rule in 2023:

The sports of:

archery, basketball, cycling, racquetball, softball, volleyball will be open to out-of-state residents with TN athletes receiving priority registration. Out-of-staters may register starting April 15 as long as capacity has not been reached.

Please spread the word to teams you might know in other states. In addition, cycling, racquetball, and archery out-ofstaters will be welcomed as well.

#### **HOW DO I REGISTER?**

ONLINE-To register online, go to www.tnseniorolympics.com

MAIL-Fill out the entry form. (Note: team captains must submit/ mail all applications and a roster in together). If a roster is not submitted, then your team will not be registered until it is received.

Also Sponsored By:

Make check payable to 'TN Senior Olympics' and mail to: TN Senior Olympics • PO Box 681 • Mt. Juliet TN 37121

#### **WILL I RECEIVE A REGISTRATION CONFIRMATION?**

Yes. Confirmations are sent by email. Please provide an email address or one of a friend or family member. It is important for someone to view your sports/events to ensure everything is correct.

ADDITIONAL information can be found at www.tnseniorolympics.com.

#### WHAT TIME WILL I BE SCHEDULED TO PLAY ON THE DAY MY SPORT IS HELD?

Bracketed sports times cannot be determined until all entries have been received and numbers analyzed. Some age groups may not start until later in the day. Starting times per age group will be posted on the website a week before state finals. Start times for non-bracketed sports such as swimming and track are included on the schedule (enclosed in this brochure).

#### **HOW CAN I FIND A PARTNER OR TEAM?**

We have a real-time link available online 24/7 to show athletes who are looking for partners or teams. Please go to our website, www.tnseniorolympics.com, to fill out a request or view the information.

#### HOTEL INFORMATION

Please check our website at www.tnseniorolympics.com for hotel information. Click "State Finals" and then "Hotel Information".

#### HALL OF FAME DINNER AND CEREMONY

Monday, June 24 • 6:00 pm Williamson County Enrichment Center 110 Everbright Lane • Franklin, TN 37064

Join us for dinner as we celebrate those being inducted into the Tennessee Senior Olympics Hall of Fame! After the meal, a special program will be held including awards, speeches, and a slideshow.

As the venue is limited in space and to allow for family and friends of the inductees, tickets will be limited to the first 75 people. Cost: \$15

#### 2025 NATIONALS

New Qualifying Cycle!

THE ROAD TO DES MOINES

The 2024 Tennessee Senior Olympics State Finals events will serve as qualifying opportunities for the 2025 Nationals. Please reference the first article in this newsletter above for state dates and eligibility.

Top finalists at our state finals events will qualify for the 2025 National Senior Games scheduled for Des Moines, Iowa from July 24- August 4, 2025

After many years, the qualifying and hosting cycle has returned to the National Senior Games being held on odd years, with qualifying taking place on even years.

Visit www.nsga.com for further info including detailed qualifying information.







#### **IMPORTANT NOTICE – EMAIL ADDRESS**

Please note that all confirmation receipts and other information will be e-mailed. Please provide an e-mail address for yourself or the e-mail address of a son, daughter, or grandchild who is able to pass the information to you. We will be communicating via email ONLY.

Please be sure and check your Spam and /or Junk folder if you do not receive an email from us after submitting your registration online.

Confirmations will be **E-MAILED**. Please write clearly.

You must pre-register to participate. Check the Schedule of Events for general starting times. Please make sure that your partner's name and age are correct. Doubles partners must be recorded or team will be scratched. Your registration fee includes the first ten (10) events that have been entered. An event includes any activity (i.e.the 100M, 200M and 400M Runs are considered three events). For every event over ten (10), there is a \$5 fee. Fee covers administrative costs, registration materials, memorabilia item, insurance, medals, equipment, etc. FEES ARE NON-REFUNDABLE.

Initial

# ENTRY FORM

General Information (please print) Last Name First Name
Last Name Flist Name
Street Address (Include Apartment Number)
Success (include repartment stamper)
City State
County Date
Primary Phone Number mon
Secondary Phone Number
Secondary Friorie Number
Emergency Contact's Name
Emergency Contact's Phone Number
Are you a First Time Participant Yes or No.  If so, how did you hear about the TSO?
ELIGIBILITY: I have read "Am I Eligible" on page 2 and have met the criteria of eligibility. Note: if it is determined I am not eligible I will be disqualified and my entry fee will be non-refundable.  I agree.
<b>GENDER</b> : I agree to compete in the gender that matches my gender at birth.  I agree.
CODE OF CONDUCT: I agree to abide by the TSO Code of Conduct as outlined in the TSO Rulebook.  I agree.

T-Shirt Size Unisex Fit
(fill in appropriate box)
XS
S M
L XL
XXL XXXL

#### Media Release

of Birth

Age

as of 12/31/2024

Zip Code

year

Malé

Tennessee Senior Olympics has my permission to release my contact information, including name, address, phone number and email address to the media.

Female

#### Liability Waiver

I, the undersigned, understand and expressly assume the dangers of the Tennessee Senior Olympics competition(s) I have entered. I hereby agree to indemnify, save and hold harmless Tennessee Senior Olympics, BlueCross BlueShield of Tennessee, Williamson County Parks & Recreation Department, Chattanooga Sports Committee, Chattanooga Convention Center, Chattanooga Recreation Division, Music City Archery, Williamson County Convention and Visitors Bureau, Williamson County Government, Race Day Events, Franklin High School, City of Franklin, City of Brentwood, Franklin City Parks, Williamson County Medical Center, Franklin Entertainment Center, Henry Horton Golf Course, Tennis Complex at Maryland Farms, Fieldstone Farms Softball Complex and Williamson County Board of Education and any other sponsoring agencies or their respective agents, representatives, successors or assignees for my health, safety, loss of property or injury resulting from my participation in the Tennessee Senior Olympics and planned special events. To the best of my knowledge, I have no physical restrictions which would prohibit my competing in the event(s) I have selected. Senior Olympics has my permission to have emergency medical personnel attend to me during my participation in the Senior Olympics if it is deemed necessary. I, the undersigned, grant Senior Olympics and its sponsors the right to use any still or motion pictures taken of me during the 2024 Tennessee Senior Olympics without remuneration.

Signature	
Date	_

If your district was not held or your sport was not offered place a "O" for district place.

#### **TEAM CAPTAINS – IMPORTANT NOTICE**

If registering online, an online roster will pop up when you click you are the captain. It MUST be completed for your team to be officially registered, OR you may mail in a paper roster. Please note that you or EVERY team player must complete all aspects of online registration for each player including name, address, date of birth, etc.

If registering via mail, team captains must mail all entry forms for all players plus a paper roster in at once.

A roster must be submitted for your team to be officially registered. Rosters are available at www.tnseniorolympics.com.

# **EVENT SELECTION**

_	· Li · · · · · · ·	_011011
	Archery (select one event of Barebow Recurve □ Compound Release □ Barebow Compound	only)  Compound Fingers Recurve
	Badminton (Doubles) Partner's Name	District place District place Age
	Badminton (Mixed Doubles	s) District placeAge
	Basketball Free Throw Basketball 3-Point Basketball Hot Shot 3-on-3 Basketball Team Name Team Captain Name	District place
	Bowling (Singles) Bowling (Doubles) Partner's Name Date of Birth	
	Bowling (Mixed Doubles) Partner's Name	Age
	Cornhole Singles Cornhole Doubles Partner's Name Date of Birth	
	Cornhole (mixed doubles) Partner's Name Date of Birth	
□ Tin	Cycling □40KAvg	Time □20KAvg □5KAvg Time
	Disc Golf	2 cycling events
ш	Skill level (3.0, 3.5 etc RE	QUIRED)
	Pickleball (Singles) Pickleball (Doubles) Partner's Name Date of Birth	District place District place
		trict placeAge
	Racquetball (Singles) Racquetball (Doubles) Partner's Name	
	Racquetball (Mixed Doubles) Partner's Name	Age
		rict place

	Shuffleboard (D	oubles)District place
	Date of Birth	Age
	Shuffleboard do	ubles may be mixed or same gender.
	Softball (Team)	)
Tea	m Name	
Tea	ım Captain Nam	
	Swimming (Ma	ximum of 6 events)
	Please place As	erage Time by each event
	Backstroke	□ 50Y Time
		□ 100Y Time
		□ 200Y Time
	D 44 1	D COV T
ľ	Breaststroke	□ 50Y Time
Ct		☐ 100Y Time
ot		2001 Time
007	Butterfly	□ 50Y Time
r it	-	□ 100Y Time
ot		□ 200Y Time
ed	Eroogtylo	□ 50Y Time
a	Freestyle	□ 50Y Time □ 100Y Time
		□ 200 Y 11me
et		□ 500Y Time
B		
	Indiv. Medley	□ 100Y Time
		☐ 200Y Time
П	Table Tennis (S	☐ 200Y Time ☐ d00Y Time ☐ ingles) District place ☐
	Table Tennis (L.	oubles)District place
	Partner's Name	Age
	Date of Birth_	Age
	Table Tennis (N	fixed Dbls) District place
	Date of Birth	Age
	Tennis ( <i>only tw</i>	o tennis events may be entered)
_	Skill level (3.0,	3.5 etc REQUIRED)
	☐Tennis (Singl	es) District place
	Tennis (Doub	es) District place les) District place
	Date of Birth	
	<b></b> : (3.4)	1D 11 \ D' + ' + 1
	Partner's Nai	ne
	Date of Birth	d Doubles) District place Age Age
	Truck preuse "	st Average Time)
	□50M Run	Time Time Time
	□100M Run	Time
	□200M Run □400M Run	Time
	□800M Run	Time
	□1500M Run	Time
	□Powerwalk	Time
	□1500M Races	Time Time valk Time
	□5K Walk	□5K Run □10K Run □1 Mile Run
	Field Events	IJavelin □Discus □Shot Put
	Triple Jump	□ High Jump □ Pole Vault □ Softball Throw
	Volleyball	District Place
æ	Team Name	District Place
Tea	ım Captain Name	

#### Online Registration & Payment Available - visit www.tnseniorolympics.com

or use this form to figure total cost. Mail check or money order with the Registration Form.

Make check payable to the Tennessee Senior Olympics

<b>GOLF REGISTRATION</b> (All-inclusive price includes 36 holes, cart, lunch each day, medals, and other adrathletes to register for June 21 - September 21 state finals sports if eligible. Registration fee will be waived be		
such as the team fees etc). Do NOT pay the registration fee of \$70 seen right below.	\$	
<b>STATE REGISTRATION FEE</b> (Fee covers administrative costs, registration materials, medals, equipment, etc.; FEE IS NON-REFUNDABLE.	, memorat	oilia item, insurance,
ENTRY FEE \$70 (NON-REFUNDABLE)	\$70.00	\$
<b>TEAM ATHLETE FEE</b> – All team athletes (basketball, softball & volleyball) are required to pay a fee to help with referee expenses. This is a one-time \$5 fee even if the athlete plays more than one team sport.	\$5.00	\$
GOLF SCRAMBLE FEE (separate fee)	\$80.00	\$
TRACK/FIELD, 1 MILE RUN, 5K/10K ROAD RACES FEE – Athletes are required to pay	<b>\$5.00</b>	\$
a one-time fee to offset timing expenses and cost of officials.		
CYCLING FEE— Fee to offset timing, cycling staff, and equipment costs	\$15.00	\$
PARTY – Hall of Fame Ceremony Monday, June 24 at 6pm in Franklin, TN	\$15.00	\$
GUEST \$15.00 PER	PERSON	\$
<b>EXTRA EVENT FEE</b> – First ten (10) events are included in Entry Fee. A \$5 fee	_ X \$5.00	\$
is added for each event that is entered over the initial 10.		
FACILITY & TOURNAMENT FEES		
Bowling singles \$8.50		\$
Bowling doubles \$8.50		\$
Bowling mixed doubles \$8.50		\$
FIT FOR LIFE PROGRAM – for donations received by 9/1		
☐ Level 1 — Recognition in program and on website	\$25.00	\$
□ Level 2 – Level 1 plus extra T-shirt	\$50.00	\$
□ Level 3 – Level 2 plus TSO Memorabilia Item	\$100.00+	\$
$\square$ Donation Only – I do not want to receive the above items.		\$
Please make the above donation in honor of or in memory of the following person:		
I am aware the Entry Fee		
In Honor/In Memory (please circle)  Non-Refundable (please	check)	
FINAL CHECKLIST TOTAL AMOUNT EN	ICLOSED	\$
DI completed the information on the Tennessee		Ouactions?

- Senior Olympics Official Entry Form and Event Registration Form.
- ☐ Signed the Liability Waiver.

□ I completed the Fee Form and included
a check or money order for the total amount payable to:
Tennessee Senior Olympics

☐ I am including the above pages (3) to be mailed back.



#### **Questions?**

Contact us at info@tnseniorolympics.com or (615) 200-8760

Mail all forms to this address **Tennessee Senior Olympics, Inc.** PO Box 681 Mt. Juliet TN 37121

# STATE FINALS EVENT SCHEDULE

Subject to Change

Tuesday, June 18

**Golf Scramble** 8am Shotgun Henry Horton Golf Course

Wednesday June 19 and Thursday, June 20, 2024

**Golf** Tee Times TBD Henry Horton Golf Course

Friday, June 21, 2024

Athlete Check-in1:30-6:00 p.m.Franklin High SchoolField Event Rotation3-8:00 p.m.Franklin High School

(High jump, Long jump, Triple jump, Pole vault)

3x3 Basketball Men 50/55/60 (if needed)

**Softball** TBD Fieldstone Farms Softball

Complex

Saturday, June 22, 2024

**Athlete Check-in** 7:15 a.m. – 5:00 p.m. Franklin High School

**Track and Field** 8:00 a.m. Franklin High School

(1500M Run, followed by 400M Run)

Volleyball Women 9:00 a.m. Academy Park

**3x3 Basketball** 9:00 a.m. Franklin High School

Men 50/55/60

Basketball Skill Events TBD Franklin High School

All men 50-64 (Free throw, hot shot, 3 point)

Field Event Rotation 11 a.m. Franklin High School

(Shot put, Discus, Javelin)

**Softball Throw** 11-2:00 p.m. Franklin High School

**Archery Practice** 4:00-6:00 p.m. Williamson County Soccer

Complex

**Track and Field** 5:00 p.m. Franklin High School

(100M Run, Followed by 4x100M Relay\*\*

Softball TBD Fieldstone Farms Softball

Complex

**Sunday, June 23, 2024** 

Athlete Check-in 7:15 a.m.–5 p.m. Franklin High School

Track and Field 8:00 a.m. Franklin High School

(50M Run followed by 800M Run, followed by powerwalk,

followed by Racewalk, followed by 200M Run)

**Archery** 9:00 a.m. Williamson County Soccer

Complex

Basketball 3x3 TBD Franklin High School

Men 50+/55+/60+

Volleyball Women (if needed); Men 9:00 a.m. Academy Park

Basketball Skill Events Men 65+/All Women TBD TBD

(Free throw, 3-point, Hot Shot)

Bowling Practice 11 a.m.-6 p.m. Franklin Entertainment Center

3x3Basketball TBD Franklin High School

Men 65+/70+/75+/80/All Women

**Tennis** 12:00 p.m. Indoor Sports Complex

Monday, June 24, 2024

**Athlete Check-in** 7:15 a.m.–4 p.m. Franklin High School

**Tennis** 8:00 a.m. Indoor Sports Complex

**Bowling** 9:00 a.m. Franklin Entertainment Center

(doubles 50-64)

**Badminton** 9:00 a.m. Franklin Recreation Complex

(Doubles, mixed doubles, singles)

**Shuffleboard** 8:00 a.m. Academy Park

(Singles, Doubles all ages)

**Racquetball** 9:00 a.m. Tennis Complex at Maryland

Farms

**3x3 Basketball Women; Men 65+** 9:00 a.m. Franklin High School

Disc Golf9:00 a.m.Crockett ParkTable Tennis9:00 a.m.Academy Park

(singles, doubles, mixed doubles)

**Swimming Practice** 12:00-3:00 p.m. Indoor Sports Complex

**Bowling** 12:00 p.m. Franklin Entertainment Center

(mixed 50-64)

Bowling 3:00 p.m. Franklin Entertainment Center

(singles 50-64)

Hall of Fame Ceremony 6:00 p.m. Williamson County Enrichment

Center

**Tuesday, June 25, 2024** 

Athlete Check-in 7:15 a.m.-4 p.m. Franklin High School

**1 Mile Run/5K Run/5K Walk** 6:30 a.m. River Park

**Tennis** 8:00 a.m. Indoor Sports Complex

Cornhole 8:00 a.m. Academy Park

**Swimming** 8:30 a.m. Indoor Sports Complex

(warm-ups)

**Badminton** (if needed) Franklin Recreation Center

**Swimming** 9:00 a.m. Indoor Sports Complex

(200Y freestyle)

**Bowling** 9:00 a.m. Franklin Entertainment Center

(singles, 65-74)

**Racquetball** 9:00 a.m. Tennis Complex at

Maryland Farms

\*Times listed are general start times. Please check website for more specific information per sport.

## STATE FINALS EVENT SCHEDULE

continued

**Swimming** 9:30 a.m. Indoor Sports Complex

(100Y butterfly)

**Swimming** 10:00 a.m. Indoor Sports Complex

(50Y breaststroke)

**Swimming** 10:30 a.m. Indoor Sports Complex

(200Y individual medley)

**Bowling** 12:00 p.m. Franklin Entertainment Center

(singles 75+)

**Swimming** 12:00 p.m. Indoor Sports Complex

(100Y backstroke)

**Swimming** 12:30 p.m. Indoor Sports Complex

(50Y freestyle)

**Swimming** 1:00 p.m. Indoor Sports Complex

(200Y breaststroke)

**Swimming** 1:30 p.m. Indoor Sports Complex

(200Y butterfly followed by 100Y free relay)

**Bowling** 3:00 p.m. Franklin Entertainment

Center

(doubles 65-74)

Wednesday, June 26, 2024

**Athlete Check-in** 7:15 a.m. - 4 p.m. Franklin High School

Tennis8:00 a.m.Indoor Sports ComplexCornhole8:00 a.m.Academy Park

Swimming 8:30 a.m. Indoor Sports Complex

(warm up)

**Swimming** 9:00 a.m. Indoor Sports Complex

(200Y backstroke)

**Bowling** 9:00 a.m. Franklin Entertainment

Center

(doubles 75+)

Racquetball (if needed) 9:00 a.m. Tennis Complex at

Maryland Farms

**Swimming** 9:30 a.m. Indoor Sports Complex

(100Y freestyle)

**Swimming** 10:00 a.m. Indoor Sports Complex

(50Y butterfly)

**Swimming** 10:30 a.m. Indoor Sports Complex

(100Y breaststroke)

**Swimming** 12:00 p.m. Indoor Sports Complex

(50Y backstroke)

**Bowling** 12:00 p.m. Franklin Entertainment

Center

(mixed doubles 65-74)

**Swimming** 12:30 p.m. Indoor Sports Complex

(100Y individual medley)

**Swimming** 1:00 p.m. Indoor Sports Complex

(500Y freestyle)

**Swimming** 1:30 p.m. Indoor Sports Complex

(400Y individual medley followed by 100Y IM relay)

**Bowling** 3:00 p.m. Franklin Entertainment

Center

(mixed doubles 75+)

Thursday, June 27, 2024

Athlete Check-in 10:00 a.m. Franklin High School

**10K Run** 6:30 a.m. River Park

**Tennis** 8:00 a.m. (if needed) Indoor Sports

Complex

August 7-11, 2024

Pickleball Chattanooga Convention

Center

Wednesday, August 7

Singles M/W ages 65+ (to start in the afternoon after set-up)

Thursday, August 8

M/W Doubles ages 65+

Friday, August 9

Mixed Doubles Ages 65+

Friday, August 9

Singles M/W Ages 50-64

Saturday, August 10

M/W Doubles Ages 50-64

Sunday, August 11

Mixed Doubles Ages 50-64

**Skill divisions:** 

**Division I:** 4.5/5.0

Division II: 4.0

Division III: 3.5

Division IV: 3.0

Division V: 2.5

Saturday, September 21, 2024

Cycling 5K/20K/40K (choice of 2) TBD Strawberry Plains, TN

<sup>\*</sup>Times listed are general start times. Please check website for more specific information per sport.



Tennessee Senior Olympics, Inc. PO Box 681 Mt. Juliet TN 37121

