

Cycling Information 2025

Dear Cyclists,

We look forward to your participation at our cycling event! Further information is below:

5K/20K/40K:

Saturday, 9/20

5K Start 8:30 am (eastern)

20K Start 11:30 am (eastern)

40K Start 1:30 pm (eastern)

Staging Location:

Rush Strong School

3081 W. Old Andrew Johnson Hwy

Strawberry Plains, TN 37871

Check-in times (eastern time): 1 hour before each race to receive race number and shirt.

5K 7:30 am (time trial competition starts at 8:30 am).

20k 10:30 am (mass start at 11:30 am).

40k 12:30 pm (mass start at 1:30 pm).

General Information:

- The school for staging is allowing for us to use it for parking, restrooms, and outdoor set-up.
- Riders will go off in one- minute intervals in the 5K time trial. The start is 4.5 miles from the school and 1.5 miles from the finish so plan your warm-up

accordingly. There is no parking for spectators at the finish, but this is an improved course so will be worth it.

- The 20K and 40K races are mass starts.
- To view a list of cyclists, routes and other information, visit the cycling page on our site:
<http://www.tnseniorolympics.com/cycling>.
- Delays due to rain will be made on site.

Good luck to each of you!

TSO and RaceDay Events Staff

Event Questions:

martin@racedayevents.net

TSO Questions:

christine@tnseniorolympics.com

(615) 200-8760- leave message