

Tennessee Senior Olympics

Field Event Schedule

2025



Friday, June 20

W O M E N	Long Jump 3:00 PM All women report
	Triple Jump → Held at the conclusion of women's long jump
	High Jump 4:30 PM All women report
	Pole Vault 6:00 PM Athletes must bring their own poles (or at conclusion of all other events)

M E N	Long Jump 4:00 PM Men 75 and older report
	5:00 PM Men 50-74 report
	Triple Jump → Held at the conclusion of men's long jump
	High Jump 3:00 PM Men 70 and up report 3:30 PM Men 50-69 report Bar will start low
	Pole Vault 6:00 PM Athletes must bring their own poles (or at conclusion of all other events)

Note: Officials will be flexible about allowing athletes the ability to move back and forth between all events if overlap occurs.

Saturday, June 21

A a 8 L n 0 L d + W M O E M N E N	Shot Put 11:00 AM Women 50-69 11:45 AM Women 70 and older 12:30 PM Men 75-79/80-84/85-89/90-94
	Javelin 11:00 AM Men 75-79/80-84/85-89/90-94 11:45 AM Women 50-69 12:30 PM Women 70 and older
	Discus 11:00 AM Women 70 and older 11:45 AM Men 75-79/80-84/85-89/90-94 12:30 PM Women 50-69

W M O E M N E N	Softball Throw 11:00 AM - 2:00 PM 2:15 PM Medalists will be announced
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M 7 E 9 N 5 0 t o	Shot Put 1:30 PM Men 50-54/55-59/60-64 2:30 PM Men 65-69 3:30 PM Men 70-74
	Javelin 1:30 PM Men 70-74 2:30 PM Men 50-54/55-59/60-64 3:30 PM Men 65-69
	Discus 1:30 PM Men 65-69 2:30 PM Men 70-74 3:30 PM Men 50-54/55-59/60-64