

Tennessee Senior Olympics

Field Event Schedule

2025



Friday, June 20

W O M E N	Long Jump 3:00 PM All women report
	Triple Jump → Held at the conclusion of women's long jump
	High Jump 4:30 PM All women report
	Pole Vault 6:00 PM Athletes must bring their own poles (or at conclusion of all other events)
M E N	Long Jump 4:00 PM Men 75 and older report
	5:00 PM Men 50-74 report
	Triple Jump → Held at the conclusion of men's long jump
	High Jump 3:00 PM Men 70 and up report 3:30 PM Men 50-69 report Bar will start low
	Pole Vault 6:00 PM Athletes must bring their own poles (or at conclusion of all other events)

Note: Officials will be flexible about allowing athletes the ability to move back and forth between all events if overlap occurs.

Saturday, June 21

A a 7 L n 5 L d + W M O E M N E N	Shot Put
	11:00 AM Women 50-69
	11:45 AM Women 70 and older
	12:30 PM Men 75-79/80-84/85-89/90-94
	Javelin
	11:00 AM Men 75-79/80-84/85-89/90-94
	11:45 AM Women 50-69
	12:30 PM Women 70 and older
	Discus
	11:00 AM Women 70 and older
	11:45 AM Men 75-79/80-84/85-89/90-94
	12:30 PM Women 50-69

W M O E M N E N	Softball Throw
	11:00 AM - 2:00 PM
	2:15 PM Medalists will be announced

M 7 E 4 N 5 0 t o	Shot Put
	1:30 PM Men 50-54/55-59/60-64
	2:30 PM Men 65-69
	3:30 PM Men 70-74
	Javelin
	1:30 PM Men 70-74
	2:30 PM Men 50-54/55-59/60-64
	3:30 PM Men 65-69
	Discus
	1:30 PM Men 65-69
	2:30 PM Men 70-74
	3:30 PM Men 50-54/55-59/60-64