

TENNESSEE SENIOR OLYMPICS **STATE JUNE 100**

OUT-OF-STATE Athletes allowed in certain sports. See article inside for more information.

Eligibility

requirements on

page 2

Athletes must turn

50 by 12/31/2025

Presented by:



of Tennessee

The 2025 State Finals events will be open to all Tennessee athletes and those living within 30 miles of the TN border in 2025. Athletes must turn 50 by 12/31/25 to be eligible.



State Finals: June 18- 26, 2025 Williamson County (all sports except cycling, golf, and pickleball)

Golf: Henry Horton Golf Course Chapel Hill, TN June 18 - One day 18-hole tournament June 19 - 4-person Golf Scramble

Pickleball: August 6-10, 2025 Chattanooga Convention Center Cycling: September 20, 2025 Strawberry Plains, TN

Entry Deadlines: June Events: Friday, May 9 Pickleball: Friday, July 18 Cycling: Friday, Aug 29

ONLINE REGISTRATION AVAILABLE- VISIT www.tnseniorolympics.com

The 44th Annual Tennessee Senior Olympics is a sports competition for athletes 50 and older that combines a wide range of competitive activities. Residents from 10 District/Metropolitan areas across the state will be competing. The mission of the Senior Olympics is to promote healthy lifestyles for seniors through fitness, sports, and an active involvement in life.

REGISTRATION INFORMATION

ARE YOU ELIGIBLE FOR THE STATE FINALS?

Please review the checklist below:

THE 2025 STATE FINALS EVENTS WILL BE OPEN TO ALL TENNESSEE ATHLETES AND THOSE LIVING WITHIN 30 MILES OF THE TN BORDER IN 2025. ATHLETES MUST TURN 50 BY 12/31/25 TO BE ELIGIBLE.

DISTRICT QUALIFICATION HAS BEEN WAIVED FOR THIS SUMMER ONLY.

RESIDENCY EXCEPTION: OUT-OF-STATE ATHLETES WILL BE ALLOWED IN THE FOLLOWING SPORTS: ARCHERY, BASKETBALL, CYCLING AND VOLLEYBALL.

HOW DO I REGISTER?

ONLINE-To register online, go to www.tnseniorolympics.com OR

MAIL-Fill out the entry form. (Note: team captains must submit/ mail all applications and a roster in together). If a roster is not submitted, then your team will not be registered until it is received.

Make check payable to: Tennessee Senior Olympics 5251-C Hwy 153 PMB 138 Hixson, TN 37343

WILL I RECEIVE A REGISTRATION CONFIRMATION?

Yes. Confirmations are sent by email. Please provide an email address or one of a friend or family member. It is important for someone to view your sports/events to ensure everything is correct.

ADDITIONAL information can be found at www.tnseniorolympics.com.

WHAT TIME WILL I BE SCHEDULED TO PLAY ON THE DAY MY SPORT IS HELD?

Bracketed sports times cannot be determined until all entries have been received and numbers analyzed. Some age groups may not start until later in the day. Starting times per age group will be posted on the website a week before state finals. Start times for non-bracketed sports such as swimming and track are included on the schedule (enclosed in this brochure).



HOW CAN I FIND A PARTNER OR TEAM?

We have a real-time link available online 24/7 to show athletes who are looking for partners or teams. Please go to our website, www.tnseniorolympics.com, to fill out a request or view the information.

HOTEL INFORMATION

Please check our website at www.tnseniorolympics.com for hotel information. Click "State Finals" and then "Hotel Information".

HALL OF FAME DINNER AND CEREMONY

Monday, June 23 • 6:00 pm Williamson County Enrichment Center 110 Everbright Lane • Franklin, TN 37064

Join us for dinner as we celebrate those being inducted into the Tennessee Senior Olympics Hall of Fame! After the meal, a special program will be held including awards, speeches, and a slideshow.

As the venue is limited in space and to allow for family and friends of the inductees, tickets will be limited to the first 75 people. Cost: \$15

NATIONALS

The 2024 Tennessee Senior Olympics State Finals events served as a qualifier for the 2025 Nationals.

The next qualifying cycle will be in 2026 for the 2027 Nationals in Tulsa, OK.

Good luck to our Tennessee athletes

Visit www.nsga.com for further info including detailed qualifying information.

IMPORTANT NOTICE – EMAIL ADDRESS

Please note that all confirmation receipts and other information will be e-mailed. Please provide an e-mail address for yourself or the e-mail address of a son, daughter, or grandchild who is able to pass the information to you. We will be communicating via email ONLY.

Please be sure and check your Spam and /or Junk folder if you do not receive an email from us after submitting your registration online.

Confirmations will be **E-MAILED**. Please write clearly.

ENTRY FORM

You must pre-register to participate. Check the Schedule of Events for general starting times. Please make sure that your partner's name and age are correct. Doubles partners must be recorded or team will be scratched. Your registration fee includes the first ten (10) events that have been entered. An event includes any activity (i.e. the 100M, 200M and 400M Runs are considered three events). For every event over ten (10), there is a \$5 fee. Fee covers administrative costs, registration materials, memorabilia item, insurance, medals, equipment, etc. FEES ARE NON-REFUNDABLE.

Tennis Complex at Maryland Farms, Fieldstone Farms Softball Complex and Williamson County Board of Education and any other

sponsoring agencies or their respective agents, representatives,

injury resulting from my participation in the Tennessee Senior Olympics and planned special events. To the best of my knowledge, I have no physical restrictions which would prohibit my competing

participation in the Senior Olympics if it is deemed necessary.

Tennessee Senior Olympics without remuneration.

successors or assignees for my health, safety, loss of property or

in the event(s) I have selected. Senior Olympics has my permission to have emergency medical personnel attend to me during my

I, the undersigned, grant Senior Olympics and its sponsors the right to use any still or motion pictures taken of me during the 2025

		T-Shirt Size
General Information (please print)		Unisex Fit
Last Name First Name	Initial	(fill in appropriate box)
		XS
Street Address (Include Apartment Number)		
		S M
City State	Zip Code	L XL
		XXL XXXL
County Date of Bin	<u>-th</u>	AAL AAAL
Primary Phone Number month	day year Male Female	
Age		
Sacondory Uhona Number	of	
	ia Release	
0	Tennessee Senior Olympics has my	1
	release my contact information, incl	e ,
	address, phone number and email ad	dress to the media.
	ility Waiver	
	undersigned, understand and expressly	
	Tennessee Senior Olympics competit by agree to indemnify, save and hold	harmless Tennessee
Are you a First time Participant L Yes of L No. Senio	r Olympics, BlueCross BlueShield of	Tennessee, Williamson
<u> </u>	ty Parks & Recreation Department, Cl nittee, Chattanooga Convention Cente	
	ation Division, Music City Archery, V	
Conv	ention and Visitors Bureau, Williamso	on County Government,
	Day Events, Franklin High School, Ci entwood, Franklin City Parks, William	
	r, Franklin Entertainment Center, Hen	

ELIGIBILITY: I have read "Am I Eligible" on page 2 and have met the criteria of eligibility. **Note:** if it is determined I am not eligible I will be disqualified and my entry fee will be non-refundable.

I agree.

GENDER: I agree to compete in the gender that matches my gender at birth.

I agree.

CODE OF CONDUCT: I agree to abide by the TSO Code of Conduct as outlined in the TSO Rulebook.

Signature _____ Date

I agree.

Please note: Team Captains must submit their entire team's entry forms as well as a roster at one time to be officially entered

TEAM CAPTAINS – IMPORTANT NOTICE

If registering online, an online roster will pop up when you click you are the captain. It MUST be completed for your team to be officially registered, OR you may mail in a paper roster. Please note that you or EVERY team player must complete all aspects of online registration for each player including name, address, date of birth, etc.

EVENT SELECTION

	Archery (select one event only)□ Barebow Recurve□ Compound Fingers□ Compound Release□ Recurve□ Barebow Compound
	Basketball Free Throw Basketball 3-Point Basketball Hot Shot 3-on-3 Basketball Team Name Team Captain Name
	Billiards (Singles) (8ball -open) Bowling (Singles) Bowling (Doubles) Partner's Name
	Bowling (Mixed Doubles)
	Partner's NameAge Date of BirthAge Chair Volleyball (co-ed) Team Name
	Team Captain Name Cornhole Singles Cornhole Doubles Partner's Name Date of BirthAge
	Conhole (mixed doubles) Partner's Name Date of Birth Age
□ Tin	$\begin{array}{c} \text{Cycling } \Box 40\text{K} \underline{\qquad} \text{Avg Time} \\ \text{ne} \\ \end{array} \begin{array}{c} \text{D} 5\text{K} \underline{\qquad} \text{Avg Time} \\ \end{array}$
	Maximum of 2 cycling events Disc Golf Golf Scramble Team Name
	Team Captain Name Golf (18 holes)
_	Golf Handicap
	Pickleball
	Pickleball Skill level (3.0, 3.5 etc REQUIRED) Pickleball (Singles) Pickleball (Doubles) Perture a New York
	Pickleball Skill level (3.0, 3.5 etc REQUIRED) Pickleball (Singles) Pickleball (Doubles) Partner's Name Date of Birth Age
	Pickleball Skill level (3.0, 3.5 etc REQUIRED) Pickleball (Singles) Pickleball (Doubles) Partner's Name Date of Birth Pickleball (Mixed Dbls) Partner's Name
	Pickleball Skill level (3.0, 3.5 etc REQUIRED) Pickleball (Singles) Pickleball (Doubles) Partner's Name Date of Birth Age Pickleball (Mixed Dbls) Partner's Name Date of Birth Age Power Lifting Shuffleboard (Singles) Shuffleboard (Doubles) Partner's Name
	Pickleball Skill level (3.0, 3.5 etc REQUIRED) Pickleball (Singles) Pickleball (Doubles) Partner's Name Date of Birth Age Pickleball (Mixed Dbls) Partner's Name Date of Birth Age Power Lifting Shuffleboard (Singles) Shuffleboard (Doubles) Partner's Name
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	Pickleball Skill level (3.0, 3.5 etc REQUIRED) Pickleball (Singles) Pickleball (Doubles) Partner's Name Date of Birth Pickleball (Mixed Dbls) Partner's Name Date of Birth Power Lifting Shuffleboard (Singles) Shuffleboard (Doubles) Partner's Name

If registering via mail, team captains must mail all entry forms for all players plus a paper roster in at once.

A roster must be submitted for your team to be officially registered. Rosters are available at www.tnseniorolympics.com.

□ Swimming (Maximum of 6 events)

		erage Tin	e by each event	
	Backstroke	\Box 50Y	Time	
		\square 100Y \square 200Y	Time Time	
		L 2001		
	Breaststroke	□ 50Y	Time	
		□ 100Y	Time	
		□ 200Y	Time	
	- ~			
	Butterfly	□ 50Y		
		□ 100Y □ 200Y	Time	
		L 2001	Time	
	Freestyle	□ 50Y	Time	
		□ 100Y	Time	
		□ 200Y	Time	
		□ 500Y	Time	
	India Madlas	— 100V	Time	
	Indiv. Medley	\square 100 Y \square 200 Y	Time	
		\square 400Y	Time	
	Table Tennis (S		11110	
	Table Tennis (D	oubles)		
	Partner's Name			
_	Date of Diffi		A)	ge
	Table Tennis (M	lixed Dbls)	A	
	Date of Birth		As	
	Tennis (<i>only tw</i>	o tennis ev	ents may be ente	red)
-	Shill lovel (2.0		entis may be entie	i cu)
	Skill level (5.0,	3.5 etc Rh	OUIRED)	
	Tennis (Single	es)	QUIRĖD)	
	□Tennis (Singl	es) les)		
	Tennis (Single Tennis (Doub Partner's Nar	es) les) ne		
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	□Tennis (Singl □Tennis (Doub Partner's Nar Date of Birth □Tennis (Mixe Partner's Nar Date of Birth Track (<i>please li</i> □50M Run □100M Run □200M Run □400M Run □400M Run □1500M Run □1500M Run □5K Walk Field Events □Long Jump □Triple Jump Volleyball Team Name	es) les) ne d Doubles) ne st Average Tin Tin Tin Tin Tin Tin Tin Tin	Aş A Aş Aş Aş Aş Aş Aş Aş Aş Aş Aş Aş Aş Aş	ge ge ge I1 Mile Run Put □Softball Throw
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Online Registration & Payment Available - visit www.tnseniorolympics.com or use this form to figure total cost. Mail check or money order with the Registration Form.

Make check payable to the Tennessee Senior Olympics

GOLF TOURNAMENT (\$75: 18 holes -this fee covers the general entry fee for any additional non-golf sports. (The golf scramble is a separate \$75 fee).

GOLF SCRAMBLE: \$75/18 holes. This fee covers the general entry fee for any additional non-golf sports. (The golf tournament is a separate \$75 fee).

STATE REGISTRATION FEE (Fee covers administrative costs, registration materials, memorabilia item, insurance, medals, equipment, etc.; FEE IS NON-REFUNDABLE.

ENTRY FEE \$70 (NON-REFUNDABLE)	\$70.00	\$
TEAM ATHLETE FEE – All team athletes (basketball, soccer & volleyball) are required to pay a fee to help with referee expenses. This is a one-time \$5 fee even if the athlete plays more than one team sport.	\$	
TRACK/FIELD, 1 MILE RUN, 5K/10K ROAD RACES FEE – Athletes are required to p	ay \$5.00	\$
a one-time fee to offset timing expenses and cost of officials.		
CYCLING FEE— Fee to offset timing, cycling staff, and equipment costs	\$	
PARTY – Hall of Fame Ceremony Monday, June 23 at 6pm in Franklin, TN	\$	
GUEST \$15.00 PE	R PERSON	\$
EXTRA EVENT FEE – First ten (10) events are included in Entry Fee. A \$5 fee	\$	
is added for each event that is entered over the initial 10.		
FACILITY FEE		
Bowling	\$5.00	\$
FIT FOR LIFE PROGRAM – for donations received by 9/1		
Level 1 – Recognition in program and on website	\$25.00	\$
🗆 Level 2 – Level 1 plus extra T-shirt	\$	
🗆 Level 3 – Level 2 plus TSO Memorabilia Item	\$	
Donation Only – I do not want to receive the above items.	\$	
Please make the above donation in honor of or in memory of the following person	:	
In Honor/In Memory (please c	ircle)	
I am aware the Entry F Non-Refundable (pleas	ee is	
TOTAL AMOUNT E	NCLOSED	\$
		-

FINAL CHECKLIST

- I completed the information on the Tennessee Senior Olympics Official Entry Form and Event Registration Form.
- □ Signed the Liability Waiver.
- I completed the Fee Form and included a check or money order for the total amount payable to:

a check of money order for the total amount payable to: Tennessee Senior Olympics.



Questions?

Contact us at info@tnseniorolympics.com or (615) 200-8760 Mail <u>all</u> forms to this address **Tennessee Senior Olympics, Inc.** 5251-C Hwy 153 • PMB 138 Hixson, TN 37343 ***NOTE NEW ADDRESS**

 $[\]Box$ I am including the above pages (3) to be mailed back.

STATE FINALS EVENT SCHEDULE

*Times listed are general start times. Check www.tnseniorolympics.com for specific start times.

Wednesday, Ju	ine 18	-			tnseniorolympics.com
Golf Tournament	Tee Times	18 hole tourney- tee times Henry Horton Golf Course	Volleyball Co- ed/ fo	llowed by Men 8:30	
Tennis	8:00 AM	Indoor Sports Complex	Archery	8:00 AM	Williamson County Soccer Complex
Thursday, June	e 19		3x3 Basketball	9:00 AM	Men 50+/55+/60+ Finals Franklin High School
Golf Scramble	8:00am shotgun	Scramble Henry Horton Golf Course	Basketball Skills Eve	nte TRD	(Free throw, 3-point,
Tennis	8:00 AM	Indoor Sports Complex			Hot Shot) All Women/Men 65+ Franklin High School
Friday, June 20)		Bowling Practice	10:00am-10:00pn	n Franklin Entertainment Center
Tennis	8:00 AM	Indoor Sports Complex	-	-	
Athlete Check-in	1:30-6:00PM	Franklin High School	3x3 Basketball	TBD	Men 65+/70+/75+/80/ All Women Franklin High School
Field Event Rotation	3:00-8:00PM	(High jump, Long jump, Triple jump, Pole vault) Franklin High School	Monday, June 2 Athlete Check-in	23 7:15am-4:00pm	Franklin High School
Saturday, June	21		Shuffleboard	8:00 AM	(Singles, Doubles all ages)
Athlete Check-in	7:15am-5:00pm	Franklin High School	Table Tennis	8:00 AM	Academy Park (singles, doubles, mixed doubles)
Track and Field	8:00 AM (1500)	M Run, followed by 400M Run) Franklin High School	Bowling	9:00 AM	Academy Park (doubles 50-64)
Volleyball Women	8:30 AM	Academy Park			Franklin Entertainment Center
3x3 Basketball	TBD	Men 50/55/60 Indoor Sports Complex	Chair Volleyball	9:00 AM	Franklin Recreation Center
Basketball Skills Eve	nts	TBD All men 50-64 (Free	Billiards	9:00 AM	65 and above Franklin Entertainment Center
		throw, hot shot, 3 point) Indoor Sports Complex	3x3 Basketball	TBD	(Women; Men 65+) Franklin High School
Field Event Rotation Softball Throw	11:00 AM 11:00am-2:00pm	(Shot put, Discus, Javelin) Franklin High School Franklin High School	Swimming Practice	12:00-3:00pm	Indoor Sports Complex
Archery Practice	4:00-6:00pm	Williamson County Soccer	Bowling	12:00 PM	(mixed 50-64) Franklin Entertainment Center
Track and Field	5:00 PM	Complex (100M Run, Followed by 4x100M Relay) Franklin High School	Bowling	3:00 PM	(singles 50-64) Franklin Entertainment Center
Sunday, June 2	22		Hall of Fame Ceremon	y 6:00 PM	Williamson County Enrichment Center
Athlete Check-in	7:15am-5:00pm	Franklin High School	Tuesday, June 2	24	
Disc Golf	7:00 AM	Crockett Park	Athlete Check-in	7:15am-4:00pm	Franklin High School
Track and Field	8:00 AM	(50M Run followed by 800M Run, followed by powerwalk, followed by 200M Run)	1 Mile Run/5K Run/5	K Walk 6:30 AM	River Park
		Franklin High School	Cornhole	8:00 AM	Doubles and Mixed Doubles Academy Park

*Times listed are general start times. Please check website for more specific information per sport.

STATE FINALS EVENT SCHEDULE

continued

Swimming	8:30 AM (Warmu	ps) Indoc	r Sports Complex	Swimming	10:00 AM (50Y b	utterfly)	Indoor Sports Complex
Chair Volleyball	8:30 AM	Frankli	n Recreation Center	Swimming	10:30 AM (100Y breaststroke) Indoor Sports Complex		
Power Lifting	9:00 am	Frankli	n High School	Swimming	12:00 PM (50Y backstroke) Indoor Sports Complex		
Swimming	9:00 AM (200Y fr	eestyle)	Indoor Sports Complex	Bowling	12:00 PM (mixed doubles 65-74) Franklin Entertainment Center		
Billiards	9:00 AM 50-64	Frankli Center	n Entertainment	Swimming	12:30 PM(100Y i	ndividua	al medley) Indoor Sports Complex
Soccer 7 v 7	TBD	William Comple	nson County Soccer ex	Swimming	1:00 PM (500Y fre	eestyle)	Indoor Sports Complex
Bowling	9:00 AM (singles,	65-74)	Franklin Entertainment Center	Swimming	1:30 PM	follow	individual medley ved by 100Y IM relay) r Sports Complex
Swimming	9:30 AM (100Y bi	utterfly)	Indoor Sports Complex	Bowling	3:00 PM (mixed o		75+) lin Entertainment Center
Swimming	10:00 AM	(50Y br	eaststroke)Indoor	Thursday, June	26		
		Sports	Complex	Athlete Check-in/	7:15am-10:00am	Frankl	lin High School
Swimming	10:30 AM		ndividual medley) Sports Complex	10K Run	6:30 AM	River I	-
Davidaria	12.00 PM (: 1	75.)		August 6 -10			
Bowling	12:00 PM (single		n Entertainment	Pickleball	August 6-10, 202	5	
Swimming	12:00 PM (100Y b	Center			Skill divisions: Division I: 4.5/5.0 Division II: 4.0 Division III: 3.5 Division IV: 3.0		
			Complex		Division V: 2.5	- h a t t a m a	and Convention Contor
Swimming	12:30 PM (50Y fre	estyle)	Indoor Sports	Wednesday, Aı			ooga Convention Center
			Complex	•	•	·	Commention Combon
Swimming	1:00 PM (200Y bre	aststroke	-	Pickleball Singles N	w/wagesos+ C	natianc	ooga Convention Center
Swimming	1:30 PM	by 100`	Complex outterfly followed Y free relay) Sports Complex		oubles ages 65+ C	hattanc	ooga Convention Center
				Friday, August		_	
Bowling	3:00 PM (double		Franklin inment Center				oga Convention Center
Wednesday, Ju	ne 25			Pickleball Singles N	M/W Ages 50-64 0	Chattand	ooga Convention Center
Athlete Check-in	7:15am-4:00pm	Frankli	n High School				
Cornhole	8:00 AM	Singles	Academy Park	Saturday, Augu Pickleball M/W Dou		Chattanc	ooga Convention Center
Swimming	8:30 AM (Warmu	ps) Indoo	r Sports Complex	Sunday, Augus		-1	
Soccer 7 v 7	TBD If needed		ison County Soccer			nattanc	ooga Convention Center
Swimming	9:00 AM (200y ba	Comple (ckstroke)	Indoor Sports	Saturday, Sept ^{Cycling}		(choice o	of 2) Strawberry Plains, TN
Bowling	9:00 AM (double:		Complex anklin ntertainment Center				
Swimming	9:30 AM (100Y fre	estyle) I	ndoor Sports Complex				

*Times listed are general start times. Please check website for more specific information per sport. **Swimming relay registration will be at pool, Track 4x100M Relay registration will be at the track.



MAIL ALL FORMS TO THIS ADDRESS

Tennessee Senior Olympics, Inc. 5251-C Hwy 153 PMB 138 Hixson, TN 37343 *NOTE NEW ADDRESS PRESORTED FIRST-CLASS MAIL U.S. POSTAGE PAID NASHVILLE, TN PERMIT NO. 3731

Tennessee Senior Olympics

State Finals: June 18- 26, 2025

Williamson County (all sports except cycling, golf, and pickleball)

Pickleball: August 6-10, 2025 Chattanooga Convention Center Cycling: September 20, 2025 Strawberry Plains, TN Golf: Henry Horton Golf Course Chapel Hill, TN June 18 - One day 18-hole tournament June 19 - 4-person Golf Scramble Entry Deadlines: June Events: Friday, May 9 Pickleball: Friday, July 18 Cycling: Friday, Aug 29





PLEASE DO NOT MISS IMPORTANT UPDATES! JOIN OUR E-MAIL LIST AT WWW.TNSENIOROLYMPICS.COM