

2017-2018 TENNESSEE SENIOR OLYMPICS



CHATTANOOGA DISTRICT



Presented by
  of Tennessee

October 7-31, 2017
Pickleball- February 2-4, 2018

REGISTER ONLINE & SAVE \$5.00
Deadline-September 15, 2017

The Tennessee Senior Olympics is a sports competition for athletes ages 50 and older of all skill levels. The objectives of the Senior Olympics are to recognize people who have achieved and maintained good health throughout their lives; promote physical fitness and the pursuit of lifetime leisure activities; and provide opportunities for fun, recreation and fellowship.

GENERAL INFORMATION

DISTRICT INFORMATION

The Tennessee Senior Olympics hosts ten district events across the state of Tennessee. It is necessary to participate in a district event to advance to the state finals. This does not apply to “open” sports offered at the state finals. Athletes are encouraged to participate in their home district (determined by county of residence). If unable to do so, one may choose from any district.

Teams and individuals may participate in as many districts as desired. Registration and payment are required for each district. Out-of-district composition for team sports remains the same.

For further information about all district dates and deadlines please visit www.tnseniorolympics.com or call (615) 200-8760.

AGE CATEGORIES

The Tennessee Senior Olympics age categories are as follows:

50-54	55-59	60-64	65-69	70-74	100-104
75-79	80-84	85-89	90-94	95-99	

Participants will qualify for age divisions according to their age as of **December 31, 2018**. (See page 7 for explanation of new qualifying system.)

In doubles events and in team competition, teams will compete in the division determined by the age of the youngest team member.

REGISTRATION

Participants may enter an unlimited number of events. However, one may not register for events that will overlap in time.

Upon receipt of registration, athletes will receive a confirmation letter and newsletter via e-mail with event details. Please make sure all the information is correct on your confirmation letter. For questions or corrections, please contact Kelly Price at (423) 240-1508 or kellyelaineprice@hotmail.com.

HEALTH

The Tennessee Senior Olympics strongly recommends that each participant consult his/her doctor in regards to practice, preparation, and competition in these events or any similar physical activity.

OUR WEBSITE

For those who may be new to the Senior Olympics, please visit our website at www.tnseniorolympics.com. A web page has been designed for each district, including information such as counties in the district, rules, entry forms, team rosters, and other information. The website is also a great source for additional details about the state finals and the Tennessee Senior Olympics. We encourage you to Join our Mailing List to stay informed.

AWARDS

Medals will be presented for first, second, and third place finalists in each age/sex category. The awards will be presented at the conclusion of each event. All participants are eligible to advance to State Finals.

INCLEMENT WEATHER

The Tennessee Senior Olympics reserves the right to cancel or postpone events in case of inclement weather or extenuating circumstances. Any schedule changes will be placed on the district answering machine. In the event of bad weather, it is your responsibility to call and check for changes. Please call (423) 240-1508 to check for information and updates to the schedule.

RULES AND EQUIPMENT

All events will be conducted in accordance with the 2014 Tennessee Senior Olympics Official Rules Manual. A copy of the manual is provided to each District Coordinator. The complete rules manual is also available on our website, www.tnseniorolympics.com. A copy of the rules for each event will be available at each event site.

Equipment for each event will be provided by the Tennessee Senior Olympics unless stated in the rules of each event. Participants are advised to consult the Official Rules Manual concerning equipment for their specific event(s).

You **MUST** participate at the district to attend the state finals June 2018.

CHECK-IN FOR EVENTS

Unless notified by mail or phone, check-in for events will be at the starting time listed on the schedule of events. If an athlete is not present at game time (even exhibition), he or she will be scratched even if participating at another Senior Olympics event. Game Time is Forfeit Time.

The following counties are included in the Chattanooga District: Grundy, Hamilton, Marion, and Sequatchie (or within a 30 Mile radius of the TN state line).

EVENT SCHEDULE

LEGEND: **BRC**-Brainerd Rec Center | **BAG**-Brown Acres Golf | **GPS**-GPS School | **SDKC**-Soddy Daisy Kids Club
| **WRC**-Wyatt Rec Center | **HYMCA**- Hixson YMCA | **Hixson Spare Time Bowl**-HSTB | **Champions Club**-CC | **Baylor School**-BS

SATURDAY, OCTOBER 7, 2017

11:00AM CC TENNIS DOUBLES
12:30PM CC TENNIS MIXED
2:00PM CC TENNIS SINGLES

FRIDAY, OCTOBER 13, 2017

10:00AM BAG GOLF

FRIDAY, OCTOBER 20, 2017

10:00AM BRC SHUFFLEBOARD,
SINGLES, DOUBLES

SATURDAY, OCTOBER 21, 2017

11:00AM SKC HORSESHOES

SUNDAY, OCTOBER 22, 2017

11:00AM GPS TRACK EVENTS
2:30PM GPS FIELD EVENTS
4:00PM GPS SOFTBALL THROW

FRIDAY, OCTOBER 27, 2017

10:00AM BRC FREE THROWS
11:00AM BRC 3 PT SHOT
11:30AM BRC HOT SHOT
12:30PM BRC "MEN ONLY"
3 ON 3 BASKETBALL

SATURDAY, OCTOBER 28, 2017

9:00AM WRC BADMINTON DOUBLES
10:00AM WRC BADMINTON MIXED DOUBLES
12:30PM WRC BADMINTON SINGLES
3:00PM WRC TABLE TENNIS SINGLES
3:30PM WRC TABLE TENNIS DOUBLES
4:00PM WRC TABLE TENNIS MIXED DOUBLES

SUNDAY, OCTOBER 29, 2017

1:00PM BS SWIMMING

OCTOBER 30, 31, NOV 1, 2017 (MON-TUES-WED)

9:00AM (MON./10-30) HPSB BOWLING SINGLES
9:00AM (TUES./10-31) HPSB BOWLING DOUBLES
9:00AM (WED.-NOV. 1) HPSB BOWLING
MIXED DOUBLES

FEBRUARY 2,3,4 2018 (FRI-SUN)

9:00AM (FRI-FEB 2) TBA PICKLEBALL SINGLES
9:00AM (SAT-FEB 3) TBA PICKLEBALL DOUBLES
9:00AM (SUN-FEB 4) TBA PICKLEBALL
MIXED DOUBLES

If the sport is NOT offered, those sports are open events at the Tennessee State Senior Olympics.

Presented
by:



District & Event Sponsor:
City of Chattanooga
Recreation Division



A WORD TO THOSE OF YOU WHO ARE NEW

Many times we are asked what the competition is like at the Senior Olympics. Sometimes we hear apprehension in the voice of a newcomer or that a newcomer may not “feel ready”. The beautiful thing about the Senior Olympics is that it offers a healthy competition for individuals of all skill levels. A beginner will have the chance to reawaken or try new skills and set a baseline in terms of fitness. A seasoned athlete can sharpen skills and strive to best prior personal performances. What is unique about the Senior Olympics is the warmth and acceptance that you will discover among all competitors, staff, and volunteers. You will often find that a national level athlete will cross a finish line and then turn and cheer as every athlete finishes. Our mission in providing this program is to give you a goal so that you will train year long and stay fit and healthy.

EVENT SITES

BRAINERD REC CENTER

1010 N. Moore Road
(423) 643-6220

BROWN ACRES GOLF COURSE

406 Brown Road
(423) 757-PAR4

GPS SCHOOL

205 Island Ave
(423) 634-7600

HIXSON HOLIDAY BOWL

5530 Hixson Pike
843-2695

SODDY DAISY KIDS PARK

Dayton Pike at Depot St.
Soddy-Daisy, TN

WYATT REC CENTER

406 Colville St.
(423) 240-1508

HIXSON REC CENTER

5401 School Drive
(423) 240-1508

CHAMPIONS CLUB

3400 Lupton Drive
(423) 355-7099

BAYLOR SCHOOL

171 Baylor School Rd.
(423) 267-8505

IMPORTANT INFORMATION! PLEASE READ!

The Tennessee Senior Olympics State Finals are scheduled for June 2018 in Williamson County, TN. The exact dates will be posted at www.tnseniorolympics.com by the end of the year.

To be eligible for the 2018 state finals, athletes must participate in a fall 2017 district event.

District participants will participate and qualify in age divisions that match the state finals age determination. Age at the district will be determined by the athlete's age as of December 31 of the next calendar year. Athletes must be 50 years old by December 31 of 2018 year to compete in the 2018 state finals.

Open sports that do not require district qualification include archery, cycling, the 5k and 10k road race, racquetball, and the power and fitness walk. Sports not offered at your home district are also considered open. This list is subject to change by our board of directors. Notification of changes will be via e-mail.

Registration for the state finals will open in March 2018. Details will be emailed to all district participants.

Visit www.tnseniorolympics.com for more information about the state finals.

NATIONALS

The next National Senior Olympics Games are scheduled for 2019 in Albuquerque, NM. Qualification for this event will occur at the 2018 TN State Olympics State Finals. For more information please visit: www.nsga.com.

FOR QUESTIONS PLEASE CONTACT: KELLY PRICE, (423) 240-1508 or kellyelaineprice@hotmail.com

**You MUST participate at the district to attend the State Finals in June 2018.
Additional information may be found on our website: www.tnseniorolympics.com**

Both sides of this Entry Form must be completed fully to successfully register.

IMPORTANT NOTICE - WE NEED AN EMAIL ADDRESS

Please note that all confirmation receipts and other information will be e-mailed. Please provide an e-mail address for yourself or the e-mail address of a son, daughter, or grandchild who is able to pass the information on to you.

Email address:

Confirmations will be e-mailed. Please write clearly and in CAPS.

ENTRY FORM

SAVE \$5.00 BY REGISTERING ONLINE AT:
www.tnseniorolympics.com/chattanooga-district

General Information (please print)

Last Name

First Name

Initial

Street Address (Include Apartment Number)

City

State

Zip Code

County

Date of Birth

month

day

year

Age

Male

Female

AS OF 12/31/18

T-Shirt Size
(fill in appropriate box)

S

M

L

XL

XXL

XXXL

Events – Note: Open events at the State level include: 5K and 10K Runs, Archery, Cycling, Racquetball Triple Jump, Pole Vault and the Power Walk

- | | |
|---|---|
| <ul style="list-style-type: none"> <input type="checkbox"/> Badminton (singles) <input type="checkbox"/> Badminton (doubles)
Partner's Name _____ DOB ____ <input type="checkbox"/> Badminton (mixed doubles)
Partner's Name _____ DOB ____ <input type="checkbox"/> Basketball Free Throw <input type="checkbox"/> Basketball 3-Point Shot <input type="checkbox"/> Basketball Hot Shot <input type="checkbox"/> 3-on-3 Basketball _____ <input type="checkbox"/> Men's
Team Name _____
Captain* _____ <input type="checkbox"/> Bowling (singles) <input type="checkbox"/> Bowling (doubles)
Partner's Name _____ DOB ____ <input type="checkbox"/> Bowling (mixed doubles)
Partner's Name _____ DOB ____ <input type="checkbox"/> Field Events (indicate each event)
<input type="checkbox"/> Long Jump <input type="checkbox"/> Javelin <input type="checkbox"/> Shot Put
<input type="checkbox"/> Discus <input type="checkbox"/> Softball Throw <input type="checkbox"/> High Jump <input type="checkbox"/> Golf <input type="checkbox"/> Horseshoes <input type="checkbox"/> Pickleball (singles) <input type="checkbox"/> Pickleball (doubles)
Partner's Name _____ DOB ____ <input type="checkbox"/> Pickleball (mixed doubles)
Partner's Name _____ DOB ____ | <ul style="list-style-type: none"> <input type="checkbox"/> Shuffleboard (singles) <input type="checkbox"/> Shuffleboard (doubles-may be mixed)
Partner's Name _____ DOB ____ <input type="checkbox"/> Swimming (indicate each event - select only 6 events)
Backstroke <input type="checkbox"/> 50Y <input type="checkbox"/> 100Y <input type="checkbox"/> 200Y
Breaststroke <input type="checkbox"/> 50Y <input type="checkbox"/> 100Y <input type="checkbox"/> 200Y
Butterfly <input type="checkbox"/> 50Y <input type="checkbox"/> 100Y
Freestyle <input type="checkbox"/> 50Y <input type="checkbox"/> 100Y <input type="checkbox"/> 200Y <input type="checkbox"/> 500Y
Indiv. Medley (4 strokes) <input type="checkbox"/> 100Y <input type="checkbox"/> 200Y <input type="checkbox"/> Table Tennis (singles) <input type="checkbox"/> Table Tennis (doubles)
Partner's Name _____ DOB ____ <input type="checkbox"/> Table Tennis (mixed doubles)
Partner's Name _____ DOB ____ <input type="checkbox"/> Tennis (singles) (select only 2 Tennis events) <input type="checkbox"/> Tennis (doubles)
Partner's Name _____ DOB ____ <input type="checkbox"/> Tennis (mixed doubles)
Partner's Name _____ DOB ____ <input type="checkbox"/> Track Events (indicate each event)
<input type="checkbox"/> 50M <input type="checkbox"/> 100M <input type="checkbox"/> 200M <input type="checkbox"/> 400M <input type="checkbox"/> 800M
<input type="checkbox"/> 1500M <input type="checkbox"/> 1500 Racewalk |
|---|---|

Please note: Team Captains must submit their entire team's entry forms as well as a roster at one time to be officially entered
 Go to www.tnseniorolympics.com for a complete list of counties and to download entry forms.

Health Information

Do you have specific health conditions or problems that would need to be known in case you need emergency treatment?

- No
 Yes _____

Family Doctor _____

Phone () _____

Emergency Contact _____

Relation _____

Phone () _____

Recruitment

Are you a first-time Senior Olympics athlete?

- No
 Yes, but I wasn't recruited by a returning athlete
 Yes, and I was recruited by a returning athlete and his/her name is _____

How did you find out about the Senior Olympics?

- Radio/TV Newspaper Website
 SilverSneakers® Senior Center Friend
 Parks & Recreation Program Poster/brochure
 Walgreen Other _____

Media Release

- Tennessee Senior Olympics has my permission to release my contact information, including name, address, phone number and email address to the media.

Liability Waiver

I, the undersigned, understand and expressly assume the dangers of the District Senior Olympics competition(s) I have entered. I hereby agree to indemnify, save and hold harmless Tennessee Senior Olympics, Chattanooga District Tennessee Senior Olympics, BlueCross BlueShield of Tennessee, City of Chattanooga, Youth and Family Development Dept, Chattanooga State Technical Community College, Recreation Division of the City of Chattanooga, Baylor School, Brown Acres Golf Course, GPS School, YMCA, Soddy-Daisy City Parks, Hixson Holiday Bowl, and any other sponsoring agencies or their respective agents, representatives, successors or assignees for my health, safety, loss of property or injury resulting from my participation in the Chattanooga District Tennessee Senior Olympics and planned special events. To the best of my knowledge, I have no physical restrictions which would prohibit my competing in the event(s) I have selected. Senior Olympics has my permission to have emergency medical personnel attend me during my participation in the Senior Olympics if it is deemed necessary.

I, the undersigned, grant Senior Olympics and its sponsors the right to use any still or motion pictures taken of me during the 2017-18 District Senior Olympics.

Print Name _____

Signature _____ Date _____

This form must be completed and postmarked by September 15, 2017. Forms to be mailed to: Chattanooga Senior Olympics, P.O. Box 15324, Chattanooga, TN 37415. Make checks payable to: Chattanooga Senior Olympics. Please include your team and/or partner's name when registering for doubles and team events. Partners must also submit a registration form. You may not enter an event after the deadline.

Volunteer

Are you interested in volunteering for an event?

- Yes, and I would prefer to volunteer for:

 No

Entry and Event Fees

Registration Fee \$ 40.00
(postmarked by September 15, 2017)

I am participating in golf + \$29.00 \$ _____
(includes greens fees and cart)

I am participating in a bowling event
_____ x \$8.00 = \$ _____.00
number of events entered

Donation \$ _____.00

TOTAL AMOUNT ENCLOSED \$ _____.00

YOU MAY ALSO REGISTER ONLINE:

Click link at:

www.tnseniorolympics.com/chattanooga-district

NO REFUNDS

**Make checks payable to:
Chattanooga Senior Olympics**

**Mail to:
Chattanooga Senior Olympics
P.O. Box 15324
Chattanooga, TN 37415**



Rule Highlights

- 1) As mentioned on the general information page, athletes are encouraged to participate in their home district (determined by county of residence). If unable to do so, one may choose from any district. Teams and individuals may participate in as many districts as desired. Registration and payment required for each district.
- 2) If an athlete is the only individual in his or his respective age group, he or she must play an exhibition match to qualify for the state finals and before medals will be awarded.
- 3) Athletes must pre-register for each sport. Events may not be entered at the last minute and on site. Sports must be checked on entry forms.
- 4) Athletes must qualify in each specific event to qualify for the state finals. For example, swimming the 50 freestyle does not qualify an athlete for the 100 freestyle.
- 5) Doubles partners who qualify at the district for the state finals should plan to play together. If one of the partners cannot attend, another qualified athlete in the same competition may be chosen. Changes must be submitted no later than one month prior to the state finals.
- 6) Athletes will be required to check-in to events 10 minutes prior to their scheduled match. Game time is forfeit time will be upheld.
- 7) There are limits to the number of out-of-district players who can play on basketball, volleyball, and softball teams. Please consult our rulebook for these specific rules.
- 8) Athletes are allowed to play on one team per team sport.

The Tennessee Senior Olympics rulebook may be viewed online at www.tnseniorolympics.com.
Please check this for a complete listing of all rules.



**Chattanooga District
Senior Olympics**
P.O. Box 15324
Chattanooga, TN 37415



Presented
by:



of Tennessee

District & Event Sponsor:
**City of Chattanooga
Recreation Division**