

# Tennessee Senior Olympics

## Covid- 19 Guidelines

### Bowling

**August 31- September 2, 2020**

The TN Senior Olympics plans to offer adult noncontact sports such as bowling. According to the TN Pledge, “Noncontact sporting events and activities” mean sports that can be conducted while substantially maintaining appropriate social distancing, and that involve at most only close contact or proximity between participants that is incidental to the activity.

Spectators will **not** be allowed.

Venue: Franklin Entertainment Center

**ATHLETES WHO CHOOSE TO ATTEND AND/OR PARTICIPATE IN TSO SPORTING EVENTS AND ACTIVITIES MUST ADHERE TO THE FOLLOWING TENNESSEE PLEDGE GUIDELINES. A WAIVER MUST BE SIGNED PRIOR TO COMPETITION.**

- **Symptom Checks:** All athletes, staff and volunteers reporting to the event will be screened for COVID-19 symptoms with the following questions.
  - Have you been in close contact with a confirmed case of COVID-19 in the past 14-days? (this does not apply to medical personnel, first responders, or others who encounter COVID-19 as part of their professional or caregiving duties while wearing appropriate PPE);
  - Are you experiencing a cough, shortness of breath, or sore throat?
  - Have you had a fever in the last 48 hours?
  - Have you had any new loss of taste or smell?
  - Have you had vomiting or diarrhea in the last 24 hours?

**Temperatures WILL be taken upon arrival at the event.**

Any athlete, staff, or volunteer who exhibits COVID-19 symptoms (i.e., answers “yes” to any of the screening questions or who is running a fever) is to leave the premises immediately and seek medical care and/or COVID-19 testing, per Tennessee Department of Health and CDC guidelines

All athletes, staff, or volunteers should stay home if feeling ill.

- **Athletes and Volunteer Staff Guidelines**
  - Should maintain at least 6-feet of separation from others when not on the lanes engaged in the event/activity where feasible. To further this practice, physical markings in check-in areas or on/in other shared areas to serve as social distancing reminders.
  - For check-in, athletes will be required to stand 6’ apart while waiting. The athlete must sign a waiver with a pen that can be kept. A T- shirt will be placed on the

table for the athlete to pick up. The bowler must immediately go to their assigned lane upon check-in.

- If check-in exceeds a certain number, a volunteer will hold athletes outside until ample room is available.
  - Limited group sizes and mixing will be adhered to within athlete groups. There will be 2 bowlers assigned to each lane, 3 at the most.
  - One bowler will be allowed at the return at a time.
  - Should refrain from high fives, handshakes or other physical contact with partners, opposing competitors, staff and volunteers. Volunteer staff will regularly review social distancing rules and guidelines with athletes.
- **Spectators will NOT be allowed.**
- **Cloth Face Coverings.**
    - **Volunteer staff will** wear cloth face coverings if in close proximity to others and/or if using a projected voice within 15-feet of others.
    - **Athletes** will wear cloth face coverings when not actively participating in athletic activity. When bowling, face coverings may be removed.
  - **Personal Hygiene Practices:**
    - **All athletes and competition managers will wash or sanitize their hands upon arriving and leaving each sporting event or activity. Designated hand sanitizer stations will be on site.**
    - **Athletes and volunteer staff will:**
      - Regularly wash their hands or use hand sanitizer between activity while on site and generally wash their hands more frequently;
      - Avoid touching their face;
      - Practice good respiratory etiquette when coughing or sneezing; and
      - Will not spit.

The TSO has recommended that persons more vulnerable or at-risk for COVID-19 as identified by the CDC (e.g. due to age or severe underlying medical conditions) take extra precaution or refrain from attending or participating for the time being.

- **Sanitization:** Staff or volunteers will conduct regular disinfecting of high-touch surfaces, equipment and common areas using disinfectant cleaning supplies in accordance with CDC guidelines.
- **Bathroom Facilities:** The number of persons present in bathroom facilities at any one time will be limited to reduce potential exposure within those confined spaces, and sanitization of such areas should occur at increased intervals.

- **Signage.** Signs will be posted encouraging social distancing (visible to athletes and volunteer staff). Signage and ground markings will be used to indicate proper social distancing at check-in or anywhere else a line is anticipated to form.
- **Equipment:**
  - Bowling balls and shoes must be supplied by each athlete.
  - Medals (in plastic covering) will be available separately to winners instead of in a small ceremony.
- **Food & Beverage:**
  - Individuals are encouraged to bring their own personal beverages to all athletic events and activities. Drinks should be labeled with the individual's name. Individuals should take their drink containers home each day for cleaning or use single-use bottles.
  - Athletes are encouraged to bring individual, pre-packaged food, if needed.
  - The concession stand will be available. Bowlers will be issued their own plate and cup that will be delivered to them.
- The TSO will maintain a **complete list** of athletes and volunteer staff present at each event and be prepared to cooperate with the local health department in the event of a confirmed case of COVID-19 by a participant.
- **Expectations and new protocols WILL be communicated to athletes in advance of the practices or activity in question. TSO Staff will have each team or individual sign that they have received information about the guidelines and a waiver upon arrival.**