



2025 MEMPHIS DISTRICT SENIOR OLYMPICS

Shelby, Fayette, Tipton, Lauderdale Counties

September 19 – October 13, 2025

Registration Begins: July 21, 2025

Registration Ends: September 5, 2025



Memphis District Coordinators:
Chris Tuggle & Jewel Plunkett
Memphis Parks, Athletics
(901)636-5580
Memphis District Events Coordinator:
Vernon Gipson

**Participation in a 2025 District Games will be required to qualify for the 2026 State Finals.
The 2026 State Finals is a qualifier for the 2027 Nationals.**

Participation in the District Games is an incredible opportunity for growth, competition and connection. It is not only an opportunity to enhance your skills, but also to immerse yourself in the wonderful camaraderie that our community fosters. Together, we can embrace the joy of movement, fitness, and shared experiences.

Information and exact dates for the 2026 Tennessee Senior Olympics State Finals will be posted at www.tnseniorolympics.com by early 2026.

2025 District participants will participate and qualify in age divisions that match the state finals age determination. The age at the district will be determined by the athlete's age as of December 31 of the **next** calendar year. Athletes must be 50 years old by December 31, 2026, to compete in the 2025 District games and to compete in the 2026 state finals.

Open sports that do not require district qualification will be announced in the fall of 2025.

Visit www.tnseniorolympics.com for more information about the state finals.

**2027 Nationals
New Qualifying Cycle!**

THE ROAD TO TULSA, OK

The 2026 Tennessee Senior Olympics State Finals will serve as qualifying opportunities for the 2027 Nationals.

Top finalists at our state finals will qualify for the 2027 National Senior Games scheduled in Tulsa, OK, with dates to be determined.

Visit www.nsga.com for further info including detailed qualifying information.

Registration for 2025 Memphis District Senior Olympics

Online or by Paper Registration Document

Online registration is accessed at <http://memphistso.fusesport.com/registration/2371/Website/> or by from the TSO website, tnseniorolympics.com. Select “District Registration,” scroll down and select “Memphis District,” click where directed to access the Memphis District Registration. Fees are paid by credit or debit card.

Paper Registration is completed by filling out pages 3, 4 and 5 of this document and **delivering** the completed pages along with applicable fees by check or money order to Memphis Parks, Athletics at 4845 Willow Rd., Memphis, Tennessee 38117 or to any of the Memphis Senior Centers. Senior Centers are listed with addresses on page 10. Registration is not complete until the check or money order clears. You are responsible for any bank charges for a returned check.

Opening Ceremony

Friday September 19, 2025, 6:00pm

Outside* at Willow Road Park

4845 Willow Road
Memphis, TN 38119

Lighting of the Torch & Athlete’s Oath
Introduction of Memphis District Leadership
Announcements about the games
Renew Friendships – Get Pumped up!!
(No Meal is Served)

*If inclement weather, moved to Marion Hale
Community Ctr., 4791 Willow Rd, Memphis, TN.

Closing Ceremony

Monday October 13, 2025, 12:00 noon

Whitehaven Banquet Hall

4318 Graceland Drive
Memphis, TN 38116

Lunch Served

Awards & Recognitions

Results – Pictures – Celebration

No charge for athletes.
\$15.00 per guest. Pay with registration

FEES

Registration Fee	\$45.00	For up to 10 events
Extra Event	3.00	Per event over 10
Golf Cart Fee	20.00	To be paid at the course
Bowling Fee	7.50	Per event, to be paid with registration
Closing Ceremony Guest	15.00	Per Guest, to be paid with registration

Important Information about the Registration Form, pages 3-5

- All items preceded by an asterisk (*) are required to be completed.
- All confirmation receipts and other information will be e-mailed to the email address provided below Your signature along with the date signed for the Liability Waiver is an absolute requirement.
- For doubles and mixed doubles events, **data for your doubles partners must be entered, including: first and last names and year of birth.**
 - Doubles events are with partners of the same gender.
 - Mixed Doubles events are partners of opposite genders.
 - Open Doubles events are partners of same or opposite gender.
- The registration fee of \$45.00 covers up to 10 events. For each event over 10 there is a \$3.00 fee. An event is a single competition. For example, cornhole singles, cornhole doubles and cornhole mixed doubles are 3 events. The 50Y backstroke, the 100Y backstroke and the 200Y backstroke are 3 events.
- Completed Registration forms must be delivered to Memphis Parks, Athletics or to a Memphis Parks Senior Center, no later than 2:00pm September 5, 2025. (See page 10.)
- **Please write clearly!** If there is a question about critical data, an e-mail will be sent to the e-mail address provided asking for a clarification.

Registration for 2025 Memphis District Senior Olympics

*The preferred method of Registration is Online Registration at
<http://memphisto.fusesport.com/registration/2371/website>*

*Email Address: _____

*First Name: _____ Init. _____ *Last Name _____

*Gender: ☐ Male or ☐ Female *Date of Birth: ____/____/____

*Street Address: _____

*City: _____ *County: _____ *State _____ *Zip _____

*Phone: () _____ - _____. *Age on Dec. 31, 2026 _____

*Emergency Contact Name: _____

*Emergency Contact Phone: () _____ - _____

* **Eligibility:** I agree ☐ that I meet all of the following criteria for eligibility to participate in the 2025 Memphis District Senior Olympics.

- I will be age 50 or over on **December 31, 2026**
- I am a resident of Tennessee, or I live within 30 miles of the Tennessee State border.

* **Gender:** I agree ☐ that the gender entered above matches my gender at birth and I will only register for and compete in the gender competitions that match my gender at birth.

* **Code of Conduct:** I agree ☐ that I will abide by the Tennessee Senior Olympics (TSO) Code of Conduct as outlined in the TSO Rulebook.

Liability Waiver

I, the undersigned, understand and expressly assume the risks of the Memphis District Senior Olympics competition(s) and other events that I have entered. I hereby agree to indemnify, save, and hold harmless Memphis District Senior Olympics, Tennessee Senior Olympics, BlueCross BlueShield of Tennessee, Campbell Clinic, Wholesale Shutters & Blinds, Bertha's 9th Lane Italian Ice, City of Memphis, Memphis Parks, Billy Hardwick All Star Bowling Lanes, Germantown Baptist Church, Singleton Community Center, Davis Community Center, Eldon Roark Tennis Center, Marion Hale Community Center, Memphis University School, Hickory Hill Community Center, Orange Mound Community Center, Overton Park, The Links at Pine Hill, Whitehaven Banquet Hall, Willow Road Park, any other venue locations, Sports Chairs, Volunteers and any other sponsoring or supporting agencies, or their respective agents, representatives, successors, or assignees for my health, safety, loss of property or injury resulting from my participation in the Memphis District Senior Olympics and planned special events. To the best of my knowledge, I have no physical restrictions which would prohibit my competing in the event(s) I have selected. Memphis District Senior Olympics has permission to have emergency medical personnel attend to me during my participation in the Senior Olympics if it is deemed necessary.

I, the undersigned, grant Memphis District Senior Olympics and its sponsors the right to use any still or motion pictures taken of me during the 2025 Memphis District Senior Olympics without remuneration.

*Signature: _____

*Date: _____

Event Selections. Check the boxes ☒ below for each event for which you wish to register. Enter additional data (team name, team captain, partner's name, partner's year of birth, etc.), as indicated for the event.

☐ 5 K Cycling Time Trial.

➔ **Partner First Name, Last Name and Birth Year
must be entered for Each Partner Event** ←

☐ 5 K Run.

☐ Badminton Singles.

☐ Badminton Doubles. Partner: First Name _____ Last Name _____ Birth Year _____

☐ Badminton Mixed Doubles. Partner: First Name _____ Last Name _____ Birth Yr. _____

☐ Basketball Free Throw.

☐ Basketball Three Point.

☐ Basketball Hotshot. (Shooting from multiple designated spots around the court.)

☐ Basketball 3 on 3. Team Name: _____ Captain _____

Team Code: _____ Team Gender: Male / Female, Team Minimum Age: _____

☐ Bowling Singles.

☐ Bowling Doubles. Partner: First Name _____ Last Name _____ Birth Year _____

☐ Bowling Mixed Doubles. Partner: First Name _____ Last Name _____ Birth Yr. _____

☐ Cornhole Singles.

☐ Cornhole Doubles. Partner: First Name _____ Last Name _____ Birth Year _____

☐ Cornhole Mixed Doubles. Partner: First Name _____ Last Name _____ Birth Yr. _____

☐ Golf (Cart fee \$20, payable at the golf course)

☐ Pickleball Singles.

☐ Pickleball Doubles. Partner: First Name _____ Last Name _____ Birth Year _____

☐ Pickleball Mixed Doubles. Partner: First Name _____ Last Name _____ Birth Yr. _____

☐ Shuffleboard Singles.

☐ Shuffleboard Open Doubles. Partner: First Name _____ Last Name _____ Birth Yr. _____

☐ Softball Throw

☐ Swimming:

☐ 50Y Backstroke ☐ 50Y Breaststroke ☐ 50Y Butterfly ☐ 50Y Freestyle ☐ 100Y Individual

☐ 100Y Backstroke ☐ 100Y Breaststroke ☐ 100Y Butterfly ☐ 100Y Freestyle ☐ 100Y Medley

☐ 200Y Backstroke ☐ 200Y Breaststroke ☐ 200Y Freestyle ☐ 200Y Individual
Medley

☐ Table Tennis Singles.

☐ Table Tennis Doubles. Partner: First Name _____ Last Name _____ Birth Yr. _____

☐ Table Tennis Mix. Doubles. Partner: First Name _____ Last Name _____ Birth Yr. _____

☐ Tennis Singles.

☐ Tennis Doubles. Partner: First Name _____ Last Name _____ Birth Yr. _____

☐ Tennis Mixed Doubles. Partner: First Name _____ Last Name _____ Birth Yr. _____

☐ Track and Field.

☐ 50m Run ☐ 400m Run ☐ 1500m Race Walk ☐ Javelin ☐ High Jump

☐ 100m Run ☐ 800m Run ☐ 1500m Power Walk ☐ Discus ☐ Long Jump

☐ 200m Run ☐ 1500m Run ☐ Shot Put

Fees to be Paid With Registration.

*I am aware that fees paid with registration are non-refundable: Initial here _____.

Registration Fee, for first 1-10 Events \$45.00

Number of Events over 10 _____ X \$3.00 _____._____

Number of Bowling Events _____ X \$7.50 _____._____

*I ☐ plan/☐ do not plan to attend the Opening Ceremony on Sept. 19. (No charge) 0.00

Number of guests attending the Opening Ceremony _____. (No charge for athlete or guests)

*I ☐ plan/☐ do not plan to attend the Closing Ceremony on October 12. 0.00

(No charge for athlete.)

Number of Guests attending the Closing Ceremony _____ X \$15.00 _____._____

Tax Deductible Donation to Memphis District Senior Olympics _____._____

In ☐ Memory / ☐ Honor of _____

Total Amount Enclosed by Check or Money Order _____._____

Checks and money orders **MUST** be made payable to **Tennessee Senior Games, Inc.**

The "For" notation on your check may be "Memphis District Senior Olympics".

Checklist

- ☐ I have completed all of the information items at the top of page 3.
- ☐ I have checked the eligibility, gender and code of conduct agreements on page 3.
- ☐ I have read, signed and dated the liability waiver at the bottom of page 3.
- ☐ I have entered appropriate fee amounts for the events I have selected and have entered the sum of fees to be paid with this registration.
- ☐ I have enclosed a signed check or money order for the total amount, payable to **Tennessee Senior Games, Inc.**
- ☐ I am detaching pages 3-5 to be delivered to **Memphis Parks, Athletics, or to a Memphis Parks Senior Center no later than 2:00pm September 5, 2025.**

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over 30 years.*

Memphis Parks Senior Centers

2025 Memphis District Senior Olympics Event Schedule. Keep the schedule pages (7-9) for reference.

Friday, September 19.

Opening Ceremony 6:00pm

Willow Road Park

Saturday, September 20.

Swimming

Hickory Hill Community Center

Events	Women	Men	Events	Women	Men
200Y Individual Medley	10:00a	10:10a	100Y Butterfly	11:50a	12:00p
50Y Freestyle	10:20a	10:25a	50Y Backstroke	12:10p	12:15p
100Y Breaststroke	10:30a	10:40a	200Y Freestyle	12:20p	12:30p
50Y Butterfly	10:50a	10:55a	100Y Backstroke	12:40p	12:50p
200Y Backstroke	11:00a	11:10a	100Y Indiv. Medley	1:30p	1:40P
100Y Freestyle	11:20a	11:30a	200Y Breaststroke	1:50p	2:00p
50Y Breaststroke	11:40a	11:45a			

Monday, September 22

Golf (All ages, Men & Women)

7:00a

The Links at Pine Hill

Pickleball Singles (Men & Women)

Germantown Baptist Church

Ages 50-54, 55-59, 60-64 9:00a

Ages 70-74 11:00a

Ages 75-79, 80-84, 85+ 10:00a

Ages 65-60 1:00p

Tuesday, September 23

Softball Throw (All ages, Men & Women)

9:00a

Willow Road Park

Wednesday, September 24

Badminton (All ages, Men & Women)

Davis Community Center

Singles 9:00a

Mixed Doubles 9:45a

Doubles 10:45a

Thursday, September 25.

Bowling Singles (All Ages, Men & Women)

9:00a

Billy Hardwick All Star Lanes

Tennis (All ages, Men & Women)

Eldon Roark Tennis Center

Singles 9:00a

Doubles 12:00n

Mixed Doubles 12:00n

Friday, September 26.

5K Bicycle (All ages, Men & Women)

8:00a

Overton Park

5K Run (All ages, Men & Women)

9:30a

Overton Park

Bowling Doubles (All Ages, Men & Women)

9:00a

Billy Hardwick All Star Lanes

Saturday, September 27.

Track & Field (Rain date Sat. Oct 4)

Events	Men	Women
1500m Run	7:00a	7:00a
50m Run	7:30a	8:00a
100m Run	8:30a	9:00a
200m Run	9:30a	10:00a
400m Run	10:00a	11:00a
800m Run	11:30a	12:00n
1500m Race Walk	12:30p	1:30p
1500m Power Walk	2:00p	3:00p

Memphis University School (MUS)

Events	Men	Women
High Jump	12:30p	1:00p
Long Jump	1:00p	12:30p
Shot Put	1:30p	2:00p
Discus	2:00p	1:30p
Javelin	2:45p	2:45p

Monday, September 29.

Bowling Mx. Doubles (All Ages, Men & Women)

9:00

Billy Hardwick All Star Lanes

Table Tennis (All Ages, Men & Women)

Davis Community Center

Doubles	1:00p
Mixed Doubles	2:00p
Singles	3:00p

Tuesday, September 30

Pickleball Doubles (Men & Women)

Ages 50-54, 55-59, 60-64	9:00a
Ages 65-69	11:00a
Ages 75-79, 80-84, 85+	9:00a
Ages 70-74	11:00a

Singleton Community Center

Singleton Community Center

Germantown Baptist Church

Germantown Baptist Church

Wednesday, October 1

Rain Date for Golf & Tennis, if needed. Same times & venues as shown on original dates.

Thursday, October 2

Pickleball Mixed Doubles (Men & Women)

Ages 50-54, 55-59, 60-64	9:00a
Ages 65-69	11:00a
Ages 75-79, 80-84, 85+	9:00a
Ages 70-74	11:00a

Singleton Community Center

Singleton Community Center

Germantown Baptist Church

Germantown Baptist Church

Friday, October 3

Basketball (All Ages, Men & Women)

Davis Community Center

Hot Shot	12:30p
Free Throws	2:00p
3-Point	3:00p
3 on 3 team games	4:00p

Saturday, October 4

Rain Date for Track & Field, if needed. Same times & venue as shown on original date.

Monday, October 6.

Shuffleboard (All Ages, Men & Women)

Singles	9:00a
Open Doubles	1:00p

Orange Mound Community Center

Tuesday, October 7

Cornhole Singles

Women, all ages	9:00a
Men, all ages	12:30p

Singleton Community Center

Wednesday, October 8

Cornhole Doubles

Women, all ages	9:00a
Men, all ages	12:30p

Singleton Community Center

Thursday, October 9

Cornhole Mixed Doubles (all ages)

9:00a

Singleton Community Center

Monday, October 13

Closing Ceremony

12:00n

Whitehaven Banquet Hall
4318 Graceland Drive
Memphis, Tennessee 38116

Venue Addresses

Memphis University School (MUS)
1350 Ridgeway Road
Memphis, TN 38119

Billy Hardwick All Star Lanes
1576 S White Station Rd,
Memphis, TN 38117

Orange Mound Community Center
2590 Park Ave
Memphis, TN 38114

Davis Community Center
3371 Spottswood Ave
Memphis, TN 38111

Overton Park
1914 Poplar Ave #202
Memphis, TN 38104

Eldon Roark Tennis Center
1500 Finley Rd.
Memphis, TN 38116

The Links at Pine Hill
930 Mallory Ave.
Memphis, TN 38106

Germantown Baptist Church
9450 Poplar Ave,
Germantown, TN 38139

Singleton Community Center
7266 3rd Rd
Bartlett, TN 38135

Hickory Hill Community Center
3910 Ridgeway Rd,
Memphis, TN 38115

Whitehaven Banquet Hall
4318 Graceland Drive
Memphis, TN 38116

Marion Hale Community Center
4971 Willow Rd
Memphis, TN 38117

Willow Road Park
4845 Willow Rd
Memphis, TN 38117

Memphis Parks, Senior Centers

Paper registration forms may be picked up at the office of Memphis Parks, Athletics or at any of the following Memphis Parks Senior Centers. Completed registration forms must be delivered, along with applicable fees paid by check or money order, to any of these Senior centers or to Memphis Parks, Athletics. Deadline for delivering completed forms is 2:00pm September 5, 2025.

Goodwill Homes Senior Center

163 W. Raines Rd.
Memphis, TN 38109

J.K. Lewis Senior Center

1188 N. Parkway
Memphis, TN 38105

Orange Mound Senior Center

2590 Park Ave,
Memphis, TN 38114

Frayser-Raleigh Senior Center

3985 Egypt Central
Memphis, TN 38116

Lucille McWherter Senior Center

1355 Estate Dr.
Memphis, TN 38119

Ruth E. Tate Senior Center

1620 Majorie St.
Memphis, TN 38106

Memphis Parks, Athletics

Director: Martez Hudson

4845 Willow Rd
Memphis, TN 38117

Memphis District Senior Olympics Sports Chairs

5K Events: *Vernon Gipson & Chris Tuggle*

Badminton: *K.C. Lim*

Basketball: *Vernon Gipson & Chris Tuggle*

Bowling: *Louise Madsen*

Cornhole: *Carol Stricklin & Cindi Peckham*

Golf: *Vernon Gipson and Chris Tuggle*

Pickleball: *Mike Morgan*

Shuffleboard: *Hickman Ewing*

Softball Throw: *Armstead Ward*

Swimming: *Mike Morgan & Vernon Gipson*

Table Tennis: *Dennis Fritchie & Clovis Webster*

Tennis: *Hugh Lamar & Vernon Gipson*

Track & Field: *Cheryl Collins*