

2018

TENNESSEE SENIOR OLYMPICS



SOUTHEAST DISTRICT



www.tnseniorolympics.com

Presented by:



of Tennessee

Sept 18 - Oct 1
Entry Deadline:
August 17, 2018

The Tennessee Senior Olympics is a sports competition for athletes ages 50 and older that combines a wide range of competitive activities. The mission of the Senior Olympics is to promote healthy lifestyles for seniors through fitness and sports while providing opportunities for fun, recreation and fellowship.

The following counties are included in the Southeast district: Bledsoe, Bradley, Loudon, McMinn, Meigs, Monroe, Polk and Rhea.

General Information

District Information

The Tennessee Senior Olympics hosts ten district events across the state of Tennessee. It is necessary to participate in a district event to advance to the state finals. This does not apply to “open” sports offered at the state finals. Athletes are encouraged to participate in their home district (determined by county of residence). If unable to do so, one may choose from any district.

Teams and individuals may participate in as many districts as desired. Registration and payment are required for each district. Out-of-district composition for team sports remains the same.

For further information about all district dates and deadlines please visit www.tnseniorolympics.com or call (615) 200-8760.

Age Categories

The Tennessee Senior Olympics age categories are as follows:
50-54 55-59 60-64 65-69 70-74
75-79 80-84 85-89 90-94 95+

Participants will qualify for age divisions according to their age as of December 31, 2019. In doubles events and in team competition teams will compete in the division determined by the age of the youngest team member.

Registration

Participants may enter an unlimited number of events, but should not register for events that will overlap in time. Your registration fee only covers the first ten events you enter. An event includes any activity (i.e. the 100M, 200M and 400M Runs are considered three events). For every event over ten there is a \$3.00 fee. Before August 27 a \$10.00 handling fee will be charged for **ALL** refunds. Fees are non-refundable after August 27, 2018.

Please make sure your partner’s name and age are correct. Participants in doubles or mixed doubles events must provide their own partner. Team captains are responsible for submitting all applications and a roster for their team.

All registrations must be postmarked by August 17, 2018.

Upon receipt of registration athletes will receive a confirmation letter. If you provide an email address the confirmation will be emailed, otherwise it will be mailed. Please make sure all the information is correct on your confirmation letter.

For questions or corrections please contact Melody Moses at (423) 745-6830

Presented by



Corporate Sponsors



Check-In For Events

Unless notified by mail or phone, check-in for events will be at the starting time listed on the schedule of events. If an athlete is not present at game time (even exhibition), he or she will be scratched even if participating at another Senior Olympics event. Game time is forfeit time.

Event Schedule

Tuesday, September 18th

Rock Springs Golf Course

Golf Tee times are 9 a.m., 11 a.m., 1 p.m. and 2 p.m.
Call Tom Blandford at (423) 887-2287 to schedule.

Thursday, September 20th

Classic Lanes

6:00 p.m. Bowling, Mixed Doubles (65+)

Friday, September 21st

McMinn Senior Activity Center

9:00 a.m. Opening Ceremony/Torch Presentation
9:30 a.m. Continental Breakfast
Shuffleboard Singles, Women
(see athletes newsletter for specific times)
Horseshoes, Men
(see athletes newsletter for specific times)

Cleveland YMCA

3:00 p.m. Racquetball Mixed Doubles
3:45 p.m. Racquetball Singles & Doubles, Women
4:30 p.m. Racquetball Singles & Doubles, Men

Classic Lanes

6:00 p.m. Bowling Singles, Men & Women (50-64)

Saturday, September 22nd

Athens Regional Park

8:00 a.m. Disc Golf

Eureka Trail

8:00 a.m. 5K Run

McMinn Senior Activity Center

Horseshoes, Women
(See Athlete's Newsletter for Specific times)
Shuffleboard Singles, Men
(See Athlete's Newsletter for Specific times)

Monday, September 24th

Athens YMCA

9:00 a.m. Basketball Free Throw Warm-Up, Men (65+)
9:15 a.m. Basketball Free Throw, Men (65+)
10:00 a.m. Basketball Free Throw Warm-Up, Women (65+)

Monday, September 24th (continued)

10:15 a.m. Basketball Free Throw, Women (65+)
11:00 a.m. Hot Shot & 3 Point Contest (65+)

First Baptist Church of Athens

4:00 p.m. Table Tennis, Singles
4:30 p.m. Table Tennis, Doubles and Mixed Doubles

Lee University – DeVos Recreation Center

6:00 p.m. Basketball Free Throw (50-64)
6:00 p.m. Hot Shot & 3-Point Contest (50-64)
7:00 p.m. Basketball 3 on 3, Women and Men

Tuesday, September 25th

McMinn Senior Activity Center

Cornhole, Men
(see athletes newsletter for specific times)
Cornhole, Women
(see athletes newsletter for specific times)

10:30 a.m. Checker Tournament*
12:30 p.m. Bridge Tournament (Duplicates)*

Classic Lanes

1:00 p.m. Bowling Singles, Men & Women (65+)

Lee University – DeVos Recreation Center

6:00 p.m. Volleyball, Women
7:00 p.m. Volleyball, Men

Wednesday, September 26th

McMinn County High School

8:00 a.m. Track & Field, 50M
8:30 a.m. Track & Field, 100M
9:00 a.m. Track & Field, 200M
9:30 a.m. Track & Field, 400M
10:00 a.m. Track & Field, 1500M Racewalk
10:00 a.m. Track & Field, High Jump
10:15 a.m. Track & Field, Long Jump
11:00 a.m. Track & Field, 800M
11:30 a.m. Track & Field, 1500M Run

McMinn Senior Activity Center

12:30 p.m. Bridge Tournament (Party/Rubber)*

Thursday, September 27th

Athens YMCA

9:00 a.m. Swimming (all events)

Cleveland YMCA

9:00 a.m. Pickleball Singles (65+)
10:00 a.m. Pickleball Singles (60-64)
11:00 a.m. Pickleball Singles (50-59)

McMinn Senior Activity Center

9:30 a.m. Billiards Tournament, Men*
12:30 p.m. Rook Tournament*
1:00 p.m. Billiards Tournament, Women*

Classic Lanes

1:00 p.m. Bowling Doubles (65+)

Lee University – DeVos Recreation Center

3:30 p.m. Badminton Singles, Doubles, Mixed Doubles

Classic Lanes

6:00 p.m. Bowling Doubles (50-64)

Friday, September 28th

McMinn Senior Activity Center

Shuffleboard Doubles
(see Athletes Newsletter for specific times)

Cleveland YMCA

9:00 a.m. Pickleball Doubles (65+)
10:00 a.m. Pickleball Doubles (60-64)
11:00 a.m. Pickleball Doubles (50-59)
12:00 p.m. Pickleball Mixed Doubles (65+)
1:30 p.m. Pickleball Mixed Doubles (60-64)
2:30 p.m. Pickleball Mixed Doubles (50-59)

Ingleside Tennis Complex

1:00 p.m. Tennis Singles

Classic Lanes

6:00 p.m. Bowling Mixed Doubles (50-64)

Saturday, September 29th

Ingleside Tennis Complex

9:00 a.m. Tennis Doubles, Mixed Doubles

Athens Middle School

8:00 a.m. Powerwalk
9:00 a.m. Track & Field, Javelin, Shot Put, Discus,
Softball Throw
(see Athletes Newsletter for specific times)

Monday, October 1st

McMinn Senior Activity Center

7:00 p.m. Closing Celebration/Dance
(finger foods will be served)

NOTE: PARTICIPANTS PLAYING DOUBLES OR MIXED DOUBLES MUST PROVIDE THEIR OWN PARTNER. THE PARTNER MUST ALSO SUBMIT A REGISTRATION FORM.

Health

The Tennessee Senior Olympics strongly recommends that each participant consult his/her doctor in regards to practice, preparation and competition in these events or any similar physical activity.

Awards

Medals will be presented for first, second and third place finalists in each age/sex category. If an athlete is the only individual in their age group, they must play an exhibition match to qualify for state finals and receive a medal. All participants are eligible to advance to State Finals.

Inclement Weather

The Tennessee Senior Olympics reserves the right to cancel or postpone events in case of inclement weather or other extenuating circumstances. You will be notified of any schedule changes by phone.

Rain dates are as follows:

Golf – Tuesday, September 25, 2018

Rules And Rule Changes

The complete rules manual is available on our website, www.tnseniorolympics.com. A copy of the rules for each event will be available at each event site.

Both sides of this Entry Form must be completed fully to successfully register

Entry Form

General Information (please print)

*Team Captains must submit all entry forms and team roster(s) by Aug. 17th. No exceptions!

Last Name

First Name

Initial

Street Address (Include Apartment Number)

City

State

Zip Code

County

Date of Birth

——

Age

Male

Female

Phone Number

——

Cell #

——

(as of 12/31/2019)

Do you text?

E-mail Address

T-Shirt Size
(fill in appropriate box)

<input type="checkbox"/> S	<input type="checkbox"/> M	<input type="checkbox"/> L
<input type="checkbox"/> XL	<input type="checkbox"/> XXL	<input type="checkbox"/> XXXL

- Badminton (singles)
- Badminton (doubles)
Partner's Name _____ Age _____
- Badminton (mixed doubles)
Partner's Name _____ Age _____
- Basketball Free Throw
- Basketball Hot Shot
- Basketball 3 pt contest
- Basketball (3-on-3) Captain* _____
Team Name _____
- Billiards
- Bowling (singles)
- Bowling (doubles)
Partner's Name _____ Age _____
- Bowling (mixed doubles)
Partner's Name _____ Age _____
- Bridge (duplicate) Partner's Name _____
- Bridge (party) Partner's Name _____
- Checkers
- Cornhole
- Disc Golf (18 holes)
- Golf (18 holes)
- Horseshoes
- Pickleball (singles)
- Pickleball (doubles)
Partner's Name _____ Age _____
- Pickleball (mixed doubles)
Partner's Name _____ Age _____
- Racquetball (singles)
- Racquetball (doubles)
Partner's Name _____ Age _____

- Racquetball (mixed doubles)
Partner's Name _____ Age _____
- Rook Partner's Name _____
- Shuffleboard (singles)
- Shuffleboard (doubles-may be mixed)
Partner's Name _____ Age _____
- Softball Throw
- Swimming (indicate each event - select only 6 events)
 - Backstroke 50M 100M 200M
 - Breaststroke 50M 100M 200M
 - Butterfly 50M 100M
 - Freestyle 50M 100M 200M 400M
 - Individual Medley (4 strokes) - 100M 200M
- Table Tennis (singles)
- Table Tennis (doubles)
Partner's Name _____ Age _____
- Table Tennis (mixed doubles)
Partner's Name _____ Age _____
- Tennis (singles) (Select only 2 Tennis events)
- Tennis (doubles) (Select only 2 Tennis events)
Partner's Name _____ Age _____
- Tennis (mixed doubles) (Select only 2 Tennis events)
Partner's Name _____ Age _____
- Track Events (indicate each event)
 - Run/Walk 50M 100M 200M 400M
 - 800M Run 1500M Run 5K
 - 1500M Racewalk Power Walk
- Field Events (indicate each event)
 - Long Jump Javelin Shot Put Discus High Jump
- Volleyball Team Captain* _____
Team Name _____

Health Information

Do you have specific health conditions or problems that would need to be known in case you need emergency treatment?

- No
 Yes _____

Family Doctor _____
Phone () _____

Emergency Contact _____
Home Phone () _____
Cell Phones () _____

Is this your first year of competition? _____
Recruited by _____

Transportation

SETHRA may be able to transport athletes on weekdays (Monday - Friday.) In order to arrange for transportation, please contact the County Coordinator in your county at least two weeks in advance.

Liability Waiver

I, the undersigned, understand and expressly assume the dangers of the District Senior Olympics competition(s) I have entered. I hereby agree to indemnify, save and hold harmless Tennessee Senior Olympics, Southeast District Tennessee Senior Olympics, BlueCross BlueShield of Tennessee, McMinn County Senior Citizens, Inc., Classic Lanes, SETHRA, Lee University, Southeast TN Area Agency on Aging & Disability, Athens/McMinn Family YMCA, Cleveland YMCA, Athens Federal Community Bank, Life Care Center of Athens, DeVos Student Recreation Center, Rock Springs Golf Course, Walgreens, Ingleside School, McMinn County High School, Athens Insurance, Athens Place, Resolute Forest Products, Dominion Senior Living, Etowah Gentle Dental, Memorial Convenient Care, Volunteer Federal and any other sponsoring agencies or their respective agents, representatives, successors or assignees for my health, safety, loss of property or injury resulting from my participation in the Southeast District Tennessee Senior Olympics and planned special events. To The best of my knowledge, I have no physical restrictions which would prohibit my competing in the event(s) I have selected. Senior Olympics has my permission to have emergency medical personnel attend me during my participation in the Senior Olympics if it is deemed necessary.

Signature _____ Date _____

Entry and Event Fees

- Registration Fee \$30.00 \$ _____ .00
 I am participating in Golf \$20.00 \$ _____ .00
 I am participating in Bowling
_____ x \$3.25 = \$ _____ .00
number of events
 Extra Event Fee
_____ x \$3.00 \$ _____ .00
number of extra events (first 10 events are included in the registration fee. A \$3.00 fee is added for each event over the initial ten)

All Fees are non-refundable after August 27th
ALL refunds charged \$10.00 handling fee

- I will attend the Continental Breakfast
 I will attend the Ice Cream Social
 I will attend the Closing Celebration/Dance
_____ x \$3.00 per person= \$ _____ .00
 Donation \$ _____ .00
(pays entry fee for low income persons and helps with other costs of the Senior Olympics)

TOTAL AMOUNT ENCLOSED \$ _____ .00

Make checks payable to
Southeast District Tennessee Senior Olympics
Mail all forms and fees to
Southeast District Tennessee Senior Olympics
205 McMinn Avenue
Athens, TN 37303

*This form must be **completed and postmarked** by August 17, 2018 in order to participate.*

Team Captains must submit all entry forms and team roster(s).

Forms may be mailed to: Southeast District Tennessee Senior Olympics, 205 McMinn Ave., Athens, TN 37303

Please include your team and/or partner's name when registering for doubles and team events.

Partners must, also, submit a registration form. You may not enter an event after the deadline.

Event Sites

Athens Middle School
200 Keith Ln, Athens
423-745 1177

Athens Regional Park
Regional Park Dr, Athens
423-744-2704

Athens/McMinn Family YMCA
205 Knoxville Ave, Athens
423-745-4904

Classic Lanes
1001 S. Congress Pkwy, Athens
423-745-1532

Cleveland YMCA
220 Urbane Rd NE, Cleveland
423-476-5573

DeVos Student Recreation Center
1305 Parker St NE, Cleveland
423-614-8450

Eureka Trail
125 TN-307, Athens
423-744-2704

First Baptist Church of Athens
305 Ingleside Ave, Athens
423-745-5441

Ingleside School (tennis courts)
200 Guille St, Athens
423-745-3671

McMinn County High School
2215 Hwy 11 S, Athens
423-745-4172

McMinn Senior Activity Center
205 McMinn Ave, Athens
423-745-8630

Rock Springs Golf Course
1118 N. Congress Pkwy, Athens
423-453-5455

Next Summer's State Finals Important Information: Please Read

The Tennessee Senior Olympics State Finals are scheduled for June 2019 in Williamson County, TN. The exact dates will be posted at www.tnseniorolympics.com by the end of the year.

To be eligible for the 2019 state finals, athletes must participate in a fall 2018 district event in most sports.

District participants will participate and qualify in age divisions that match the state finals age determination.

Age at the district will be determined by the athlete's age as of December 31 of the next calendar year.

Athletes must be 50 years old by December 31, 2019 to compete in the 2019 state finals. For example, for the 2018 districts, age will be determined as of

December 31, 2019. For the 2019 state finals, age will be determined as of December 31, 2019. This is to ensure that athletes are practicing and playing in the age group that they will be placed in at the summer 2019 state finals.

For example, an individual who turns 50 on April 1, 2019 will play in the 50-54 division in the fall 2018 districts although he or she is 49. Athletes must be 50 years old by December 31 of 2019 year to compete in the 2019 state finals.

Open sports that do not require district qualification include archery, cycling (5K and 20K), the 5K and 10K road races, 5K Walk, racquetball, triple jump, pole vault, disc golf, and the powerwalk. Sports not offered at your home district are also considered open. This list is subject to change by our board of directors. **Notification of changes will be via e-mail.**

For doubles players, athletes who participated in ONE event at the district (i.e. singles, mixed, or doubles) within any doubles sport may register for all three events if interested.

Registration for the state finals will open early March 2019. Details will be e-mailed to all district participants.

Visit www.tnseniorolympics.com for more information about the state finals.

Nationals

The next National Senior Games- the Senior Olympics are scheduled for June 14-28, 2019 in Albuquerque, NM.

Qualification for this event occurred at our recent 2018 state finals in Williamson County.

We realize that our 2019 state finals will overlap the Nationals next summer. Unfortunately, late June during the high school dead period is the only time that we can secure the many venues needed across Williamson County. We wish those going to New Mexico the best of luck and we look forward to seeing those of you planning to stay in Tennessee next summer.

If you qualified, you should receive information directly from the National office by January 2019. For more Information please visit www.nsga.com.

Tennessee Senior Olympics

District Dates - Fall 2018

District	2018 Dates	Entry Deadline	Contact Name	Phone Number	Email Address
Chattanooga	October 12-31; Pickleball Feb 22-24, 2019	Deadline: September 15; PB Deadline: February 1	Kelly Price	(423) 240-1508	kellyelaineprice@hotmail.com
East TN	September 28 - October 3	Early Bird: August 31 Final Deadline: September 7	Melissa Ward	(865) 436-4990	melissaw@gatlinburgtn.gov
First TN	TBA	TBA	Teresa Sutphin	(423) 722-5120	tsutphin@ftaaad.org
Greater Nashville	September 24-29; Golf-9/18; Track and Field: TBA	Early Bird: August 24 Final Deadline: August 31	Traci Meador	(615) 200-8760	gnseniorolympics@comcast.net
Memphis	September 14 - 28	Early Bird: August 17 Final Deadline: August 24	Lori Fageol	(901) 383-9101	lori.fageol@memphistn.gov
Northwest	August 27 - October 26	Deadline: August 17	Julie Jones	(731) 587-4213	julie.jones@mwddd.org
South Central	October 22-26; Tennis-9/10-9/11; Pickleball-9/11-9/12	Deadline: August 31	Pam Kemp	(931) 762-4231	pkemp@lawrenceburgtn.gov
Southeast	September 18 - October 1	Deadline: August 27	Melody Moses	(423) 745-6830	sesolympics@hotmail.com
Southwest	September 10 - 21	Deadline: August 24	Linda Kauffman	(731) 425-8614	southjacksoncenter@cityofjackson.net
Upper Cumberland	September 8 - 20	Deadline: August 24	Angela Shadden	(931) 484-7416	fpsctn@yahoo.com

**Dates are subject to change without notice, please check www.tseniorolympics.com for updates or call the district coordinator for more information. Go to www.tseniorolympics.com for a complete list of counties and to download entry forms.



Southeast District
Tennessee Senior Olympics
205 McMinn Avenue
Athens, TN 37303