

# Tennessee Senior Olympics

## Covid- 19 Guidelines

September 19-25, 2020

The TN Senior Olympics plans to offer adult noncontact sports. According to the TN Pledge, “Noncontact sporting events and activities” mean sports that can be conducted while substantially maintaining appropriate social distancing, and that involve at most only close contact or proximity between participants that is incidental to the activity.

Spectators will **not** be allowed.

Venues: Academy Park/Franklin Recreation Center/Indoor Sports Complex

Sports offered: Badminton, Corn Hole, Pickleball, Shuffleboard, Swimming, Table Tennis, Volleyball

### **ATHLETES WHO CHOOSE TO ATTEND AND/OR PARTICIPATE IN TSO SPORTING EVENTS AND ACTIVITIES AT WILLIAMSON COUNTY PARKS AND RECREATION FACILITIES MUST ADHERE TO THE FOLLOWING TENNESSEE PLEDGE GUIDELINES.**

- **Symptom Checks:** All athletes, staff and volunteers reporting to the event will be screened for COVID-19 symptoms with the following questions. *Athletes/staff/volunteers will have their Temperature check at the front of the Recreation Center and have to answer the following questions before entering the facility.*
  - Have you been in close contact with a confirmed case of COVID-19 in the past 14-days? (this does not apply to medical personnel, first responders, or others who encounter COVID-19 as part of their professional or caregiving duties while wearing appropriate PPE);
  - Are you experiencing a cough, shortness of breath, or sore throat?
  - Have you had a fever in the last 48 hours?
  - Have you had any new loss of taste or smell?
  - Have you had vomiting or diarrhea in the last 24 hours?

Any athlete, staff, or volunteer who exhibits COVID-19 symptoms (i.e., answers “yes” to any of the screening questions or who is running a fever) to leave the premises immediately and seek medical care and/or COVID-19 testing, per Tennessee Department of Health and CDC guidelines

All coaches, athletes, officials, and spectators should stay home if feeling ill.

- **Athletes and Volunteer Staff Guidelines**
  - Should maintain at least 6-feet of separation from others when not on the court or in the pool or otherwise engaged in the event/activity where feasible. To further this practice, Williamson County Parks and Recreation/TSO will place physical markings on bleachers and check-in areas, or on/in other shared areas to serve as social distancing reminders.

- Limited group sizes and mixing will be adhered to within athlete groups. The plans are to bring in one age group at a time before proceeding to the next. 30 minutes between scheduled groups will be allotted for cleaning purposes.
  - Should refrain from high fives, handshakes, paddle taps or other physical contact with partners, opposing competitors, staff and volunteers. Volunteer staff will regularly review social distancing rules and guidelines with athletes.
- **Spectators will NOT be allowed.**
- **Cloth Face Coverings.**
    - **Volunteer staff will** wear cloth face coverings if in close proximity to others and/or if using a projected voice within 15-feet of others.
    - **Athletes** will wear cloth face coverings when not actively participating in athletic activity.
  - **Personal Hygiene Practices:**
    - **All athletes and competition managers will wash or sanitize their hands upon arriving and leaving each sporting event or activity. Designated hand sanitizer will be on site.**
    - **Athletes and volunteer staff will:**
      - Regularly wash their hands or use hand sanitizer between activity while on site and generally wash their hands more frequently;
      - Avoid touching their face;
      - Practice good respiratory etiquette when coughing or sneezing; and
      - Will not spit.

The TSO has recommended that persons more vulnerable or at-risk for COVID-19 as identified by the CDC (e.g. due to age or severe underlying medical conditions) take extra precaution or refrain from attending or participating for the time being.

- **Sanitization:** Staff or volunteers will conduct regular disinfecting of high-touch surfaces, equipment and common areas using disinfectant cleaning supplies in accordance with CDC guidelines.
- **Bathroom Facilities:** The number of persons present in bathroom facilities at any one time will be limited to reduce potential exposure within those confined spaces, and sanitization of such areas should occur at increased intervals.
- **Signage.** Signs will be posted encouraging social distancing (visible to athletes and volunteer staff). Signage and ground markings will be used to indicate proper social distancing at check-in or anywhere else a line is anticipated to form.
- **Equipment:**

- Personal equipment such as pickleball paddles, table tennis paddles, badminton racquets, tennis racquets, etc must be supplied by each athlete.
- To the extent possible, the sharing of equipment or balls between players will be avoided. For applicable sports, balls and equipment will be rotated on a regular basis to limit contact by multiple users unless sanitized. Balls will be sanitized after each age group.
- Balls will not be placed in a shared ball container.
- Medals (in plastic covering) will be available separately to winners instead of in a small ceremony.
- **Food & Beverage:**
  - Individuals should bring their own personal beverages to all athletic events and activities. Drinks should be labeled with the individual's name. Individuals should take their drink containers home each day for cleaning or use single-use bottles.
  - Athletes should bring individual, pre-packaged food, if needed. Unpackaged, shared food will not be allowed.
  - Individuals should avoid eating and spitting seeds, gum, or other similar products.
  - No concessions will be available.
- The TSO will maintain a **complete list** of athletes and volunteer staff present at each event and be prepared to cooperate with the local health department in the event of a confirmed case of COVID-19 by a participant.
- **Expectations and new protocols WILL be communicated to athletes in advance of the practices or activity in question. TSO Staff will have each team or individual sign that they have received information about the guidelines for using WCPR facilities.**