



Teresa Sutphin

My involvement in the First TN District Senior Olympics began in 2006 when I took over the coordinator responsibilities from a colleague. I did not know much about the Olympics and even less about running the events but with great help from the First Tennessee Area Agency on Aging and Disability (FTAAAD) staff, East Tennessee State University (ETSU) staff, volunteers, and athletes the games were very successful. I have made some wonderful friendships over my 15-year involvement in the games and respect each athletes need to remain fit and active.

I graduated from East Tennessee State University in December 2003 with a bachelor's degree. I have no husband, no children, or no grandchildren; however, I do have 2 cats, Smokey and Bandit.