2022 TENNESSEE SENIOR OLYMPICS



Presented by



June 22-30 (Williamson County Events)
August 5-7 - Pickleball - Chattanooga
September 10 &11 Cycling - Strawberry Plains



Strength is ageless. Dedication is timeless.

For more than 40 years, we've been right here to support the incredible athletes in the Tennessee Senior Olympics. Your commitment to health and wellness is an inspiration for us all.



THE TENNESSEE SENIOR

OLYMPICS is a special event for senior adults age 50 and older that combines a wide range of competitive events. The state finals are sponsored by BlueCross BlueShield of Tennessee, the Williamson County Parks and Recreation Department, the City of Franklin and the City of Brentwood.

This is the 42nd annual statewide Senior Olympics competition. The mission of the Tennessee Senior Olympics is to promote healthy lifestyles for Seniors through fitness, sports, and an active involvement in life.

Have a safe and happy 2022 state competition. Good luck to all!

Board of Directors

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Richard West

Senior Games Oath

Today the joy of competition
calls me to the test.
I have the opportunity
to strive to reach my best.
I have learned with age
There is victory in accepting challenge,
and in trying, there is grace.

Emergency Information

June Registration Headquarters:
(615) 200-8760 (No text messages please) —Franklin
High School - new location

Rain Out Info: **(615) 200-8760** (No text messages please) Williamson County Parks and Recreation Department: **(615) 790-5719**

Williamson County Medical Center staff will be present at most sites.

Other emergencies should be directed to Williamson County's emergency assistance number — 911.

State Finals Staff

Event Co-Chairs Christine Dewbre Gary Hathcock Traci Meador

Volunteer Coordinators Traci Meador Gail Ragland Lisa Wright

Medical
Williamson
County Medical
Center
Gretchen Jackson
Marty Kennedy

Archery Music City Archery Jeff Greer Theresa Greer

BadmintonKelly Price

Basketball 3-on-3 Chris Gravlee Richard West Pat Murphy

Basketball Skill Events Cindy Allen Chris Gravlee

Bowling Angel McKee Don McKee

Cornhole Ryan Pett Krystal Turner Cycling/Road Races Martin Coleman Andy Howe Gabe West

Disc Golf Bryce Bradley

Office Assistants Kimberly Hoffbauer Margaret Jones Brenda Williams Kelly Price

Party Kerri Hudson

Pickleball Kelly Price

*Racquetball*Joe Williams

Athlete Check-In Gail Ragland

Shuffleboard Ryan Pett Krystal Turner

Sponsors Jenny Stainback

Swimming Steven Murry Lisa Wright

T-ShirtsKellie Graves
Kelly Price

Table TennisLarry Thoman
Roger Dickson

Tennis Ann Marie Flynn

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WCPR Staff **Jack Aide** Angie Beasley Kristen Beasley Chris Betta Bryce Bradley Hunter Eubanks Ann Marie Flynn Chris Gravlee Kimberly Hoffbauer Bennett Johnson Evan Hampton Adrian Ludwig Kristi McDonald Amber Morris Rvan Pett Brandon Taylor Krystal Turner Evan Smith David Polk Roy Wayne Brittney Williams



June 22, 2022

Dear Tennessee Senior Athlete,

Welcome to the State Finals of the 2022 Tennessee Senior Olympics! Congratulations on your achievement. You're at the top of your game, and we're excited for your success.

For more than 40 years, BlueCross BlueShield of Tennessee has proudly sponsored the games and shown our support for Tennessee Senior Olympians. It's one of the ways we demonstrate our commitment to better health for our communities.

Every year, athletes like you inspire us with your drive and dedication, and for your commitment to living a healthy and active life. Thanks for being a great role model for us and all of your Tennessee neighbors.

We're right here to cheer you on as you go for the gold. Good luck in the finals!

Best of Health,

J. Todd Ray

SVP, Corporate Provider Network & Medicare



WILLIAMSON COUNTY GOVERNMENT

May 16, 2022

Welcome Tennessee Senior Olympics Participants and Fans!

It is my pleasure to welcome you to the 2022 Senior Olympics in Williamson County.

Williamson County Parks & Recreation Department is proud to provide the very best recreational equipment and facilities for your competitions, and we hope you will enjoy them during your visit! In addition to your scheduled Senior Olympic events, we hope you will have an opportunity to visit the many historic sites, restaurants, and shops that make our community a popular destination.

Thank you for the privilege of hosting the Senior Olympics again this year. I wish you good luck in your individual events and hope you enjoy your visit to Franklin and Williamson County.

Sincerely,

Rogers C. Anderson

Williamson County Mayor



GENERAL ATHLETE CHECK-IN *

(see exceptions below)

Participants must check in at the Athlete Check-in Headquarters at Franklin High School (new location) either before or after participating. This is mandatory.

Due to the distance from the Franklin High School (new location), athletes in these sports may report directly to your event site:

*CHECK-IN EXCEPTIONS:

GOLF NOTE: ATHLETE CHECK-IN WILL NOT OPEN UNTIL FRIDAY, 6/24 SO YOU WILL CHECK IN-IN AT THE GOLF COURSE.

RACQUETBALL (CHECK-IN AT RB VENUE)

PICKLEBALL (AUGUST IN CHATTANOOGA)

CYCLING (SEPTEMBER IN STRAWBERRY PLAINS)

Athlete Check-in	Headquarters	will be open:
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Friday, June 24	1:00 pm- 6:00 pm
Saturday, June 25	7:15 am- 5:00 pm
Sunday, June 26	7:15 am- 5:00 pm
Monday, June 27	7:15 am- 5:00 pm
Tuesday, June 28	7:15 am- 4:00 pm
Wednesday, June 29	7:15 am- 4:00 pm
Thursday, June 30	7:15 am- 11:00 am

Age Categories 50-54 80-84 55-59 85-89 60-64 90-94 65-69 95-99 70-74 100-104 75-79

Postponement/Cancellation of Events

In case of inclement weather or last minute site changes, a notice will be posted at the event site regarding postponement or cancellation of events. Please also call 615-200-8760 (No text messages please). If at all possible, we will also post notices at www.tnseniorolympics.com and www.facebook.com/tnseniorolympics.

Equipment

Equipment for each event will be provided by Tennessee Senior Olympics unless otherwise stated in the rules of each event. Participants are advised to consult the <u>Official Rules Manual</u> concerning equipment for their specific event(s).

TN Senior Olympics Hall of Fame

CONGRATULATIONS TO THE CLASS

OF 2022!
Joesph Daws
Joan Conant
Carol Sticklin
Richard West

THESE WORTHY INDIVIDUALS

IOIN THESE PAST HONOREES:

2017
Charlie Baker
Warren Barger
Margaret Jones
Robert Jones
Eddie Liscovec
Joanne Ramsey, posthumously

CLASS OF 2018

Bo Deaton John Disterdick Bill Lauer Georgia Phillips Christine Dewbre

CLASS OF 2019

Frank Baker Mary Tim Burgin Linda Kauffman Hollyce Kirkland

CLASS OF 2021 Joyce Manis

Wayne Matthews Margie Stoll Joe Sykes

NEXT SUMMER'S STATE FINALS IMPORTANT INFORMATION! PLEASE READ!

Information and exact dates for the 2023 Tennessee Senior Olympics State Finals will be posted at www. tnseniorolympics.com by the end of the year.

To be eligible for the 2023 state finals, athletes must participate in a fall 2023 district event in most sports.

District participants will participate and qualify in age divisions that match the state finals age determination. Age at the district will be determined by the athlete's age as of December 31 of the next calendar year. Athletes must be 50 years old by December 31, 2023 to compete in the 2023 state finals.

For example, for the 2022 districts, age will be determined as of December 31, 2023. For the 2023 state finals, age will be determined as of December 31, 2023. This is to ensure that athletes are practicing and playing in the age group that they will be placed in at the summer 2022 state finals. For example, an individual who turns 50 on April 1, 2023 will play in the 50-54 division in the fall 2022 districts although he or she is 49. Athletes must be 50 years old by December 31 of 2023 year to compete in the 2023 state finals.

Open sports that do not require district qualification include archery, cornhole, cycling (5K and 20K), disc golf, the 5K and 10K road races, 5K Walk, racquetball, triple jump, pole vault, and the powerwalk.

Sports not offered at your home district are also considered open. This list is subject to change by our board of directors. **Notification of changes will be via e-mail.** Registration for the state finals will open in March 2022.

Details will be e-mailed to all district participants.

Visit **www.tnseniorolympics.com** for more information about the state finals.

2022 Fall District Dates will be posted at www.tnseniorolympics.com

DON'T FORGET!

2023 STATE FINALS.

You must participate in a 2022 FALL DISTRICT to be eligible for the 2023 STATE FINALS.

Visit tnseniorolympics.com for full details



STATE FINALS EVENT SCHEDULE

Subject to Change



Golf 7:30am

Franklin Bridge Golf Club

Shotgun

Bowling Practice 3x3 Basketball

11 a.m.-6 p.m. Franklin Entertainment Center 2:00 pm Franklin High School

65+/70+/75+/80+

Tennis 12:00 p.m. Indoor

Indoor Sports Complex

Friday, June 24, 2022

Athlete Check-in 1:00-6:00 p.m. Franklin High School

Field Event Rotation 3-8:00 p.m. Franklin High School

(High jump, Long jump, Triple jump)

Softball 5:00 p.m. Fieldstone Farms

Saturday, June 25, 2022

Athlete Check-in 7:15 a.m. Franklin High School

5:00 p.m.

Track and Field 8:00 a.m. Franklin High School

(1500M Run, followed by 400M Run)

Volleyball 9:00 a.m. Academy Park

Softball 9:00 a.m. Fieldstone Farms

3x3 Basketball 9:00 a.m. Franklin High School

50+/55+/60+

Field Event Rotation 11a.m.–6 p.m. Franklin High School

(Shot put, Discus, Javelin)

Women report at 11am/ Men at 1pm

Softball Throw 12-3:00 p.m. Franklin High School

Archery Practice 2:00-5:00 pm. Williamson County Soccer

Complex

Track and Field 5:00 p.m. Franklin High School

(100M Run, Followed by 4x100M Relay** Power Walk, followed by Fitness Walk.)

Sunday, June 26, 2022

Athlete Check-in 7:15 a.m.–5 pm Franklin High School

Track and Field 8:00 a.m. Franklin High School

(50M Run followed by 800M Run,

followed by 1500M Racewalk, followed by

200M Run)

Archery 9:00 a.m. Williamson County Soccer

Complex

3x3 Basketball 9:00 a.m. Franklin High School

50+/55+/60+

Volleyball 9:00 a.m. Academy Park

Basketball

Skill Events (Free throw, 3-point, Hot Shot) 12:00 pm Franklin High School Monday, June 27, 2022

Athlete Check-in 7:15 a.m.-5 p.m. Franklin High School

Tennis 8:00 a.m. Indoor Sports Complex

Bowling 9:00 a.m. Franklin Entertainment (doubles 50-64) Center

Badminton 9:00 a.m. Franklin Recreation

(Doubles, mixed doubles) Complex

Shuffleboard 8:00 a.m. Academy Park

(Singles, Doubles all ages)

Racquetball 9:00 a.m. Longview Recreation Center

3x3 Basketball 9:00 am Franklin High School

65+/70+/75+/80+

Disc Golf 9:00 a.m. Crockett Park

Swimming Practice 12:00-3:00 p.m. Indoor Sports Complex

Bowling 12:00 p.m. Franklin Entertainment Center

(mixed 50-64)

Bowling 3:00 p.m. Franklin Entertainment Center

(singles 50-64)

Athlete Reception 6:30 p.m. Williamson County

and Mixer Enrichment Center

Tuesday, June 28, 2022

Athlete Check-in 7:15 a.m.-4 p.m. Franklin High School

5K Run/Walk 6:30 a.m. River Park

Tennis 8:00 a.m. Indoor Sports Complex

Cornhole 8:00 a.m. Academy Park

(singles, doubles)

Swimming 8:30 a.m. Indoor Sports Complex

(warm-ups)

^{*}Times listed are general start times. Please check website for more specific information per sport.

STATE FINALS EVENT SCHEDULE

continued

Tuesday,	lune 28	2022	Continue	h)
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Swimming 9:00 a.m. Indoor Sports Complex (200Y freestyle)

Rowling 9:00 a.m. Franklin Entertainment Center

Bowling 9:00 a.m. Franklin Entertainment Center (singles, 65-74)

Racquetball 9:00 a.m. Longview Recreation Center **Badminton** 9:00 a.m. Franklin Recreation Center

Swimming 9:30 a.m. Indoor Sports Complex

(100Y butterfly)

Swimming 10:00 a.m. Indoor Sports Complex

(50Y breaststroke)

Swimming 10:30 a.m. Indoor Sports Complex

(200Y individual medley)

Bowling 12:00 p.m. Franklin Entertainment Center

(singles 75+)

Swimming 12:00 p.m. Indoor Sports Complex

(100Y backstroke)

Swimming 12:30 p.m. Indoor Sports Complex

(50Y freestyle)

Swimming 1:00 p.m. Indoor Sports Complex

(200Y breaststroke)

Swimming 1:30 p.m. Indoor Sports Complex

(200Y butterfly followed by 100Y free relay)

Bowling 3:00 p.m. Franklin Entertainment Center

(doubles 65-74)

Wednesday, June 29, 2022

Athlete Check-in 7:15 am-4 pm Franklin High School
Tennis 8:00 a.m. Indoor Sports Complex

Cornhole 8:00 a.m. Academy Park

(Mixed Doubles)

Swimming 8:30 a.m. Indoor Sports Complex

(warm up)

Table Tennis 9:00 a.m. Academy Park

(singles, doubles, mixed doubles)

Swimming 9:00 a.m. Indoor Sports Complex

(200Y backstroke)

Bowling 9:00 a.m. Franklin Entertainment Center

(doubles 75+)

Swimming 9:30 a.m. Indoor Sports Complex

(100Y freestyle)

Swimming 10:00 a.m. Indoor Sports Complex

(50Y butterfly)

Swimming 10:30 a.m. Indoor Sports Complex

(100Y breaststroke)

Swimming 12:00 p.m. Indoor Sports Complex

(50Y backstroke)

Bowling 12:00 p.m. Franklin Entertainment Center

(mixed doubles 65-74)

Swimming 12:30 p.m. Indoor Sports Complex

(100Y individual medley)

Swimming 1:00 p.m. Indoor Sports Complex

(500Y freestyle)

Swimming 1:30 p.m. Indoor Sports Complex

(400Y individual medley followed by 100Y IM relay)

Bowling 3:00 p.m. Franklin Entertainment Center

(mixed doubles 75+)

Thursday, June 30, 2022

Athlete Check-in 7:15-11a.m. Franklin High School

10K Run 6:30 a.m. River Park

Tennis 8:00 a.m. Indoor Sports Complex

August 5-7, 2022

Pickleball Chattanooga Convention

(Singles, Doubles, Mixed) Center

Saturday, September 10, 2022

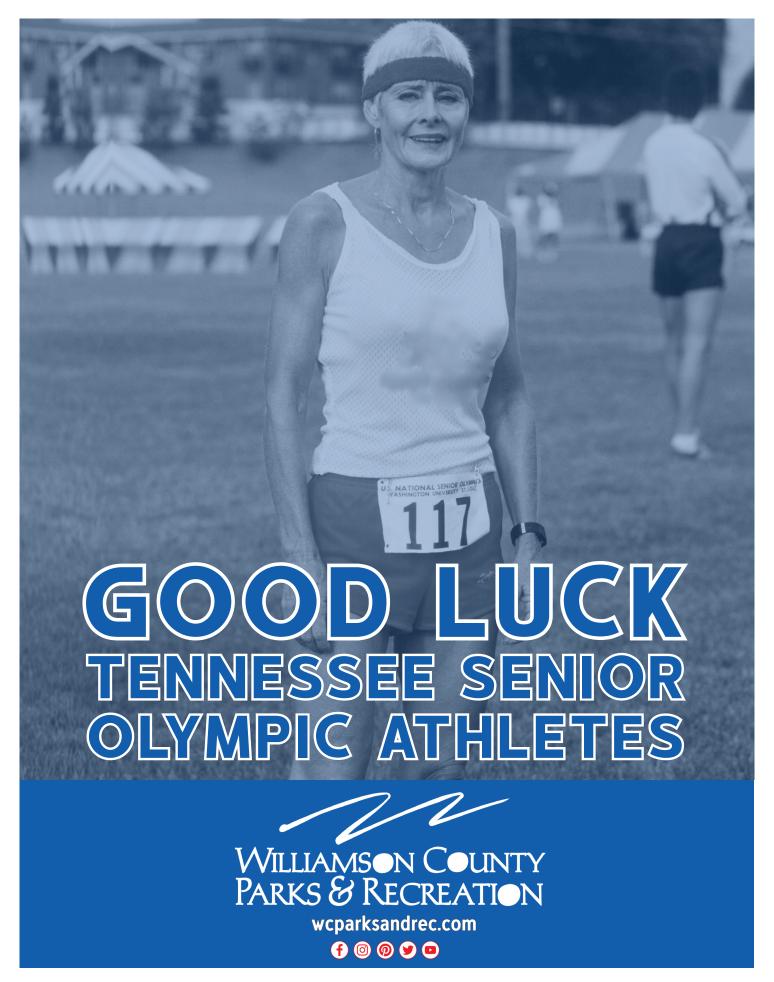
Cycling 5K/20K Strawberry Plains, TN

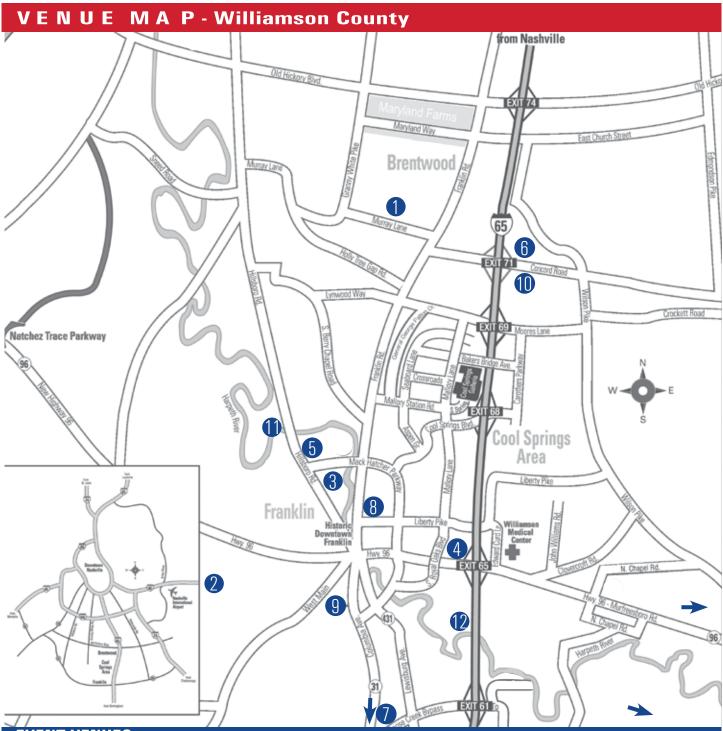
Sunday, September 11, 2022

Cycling 40K Strawberry Plains, TN

^{*}Times listed are general start times. Please check website for more specific information per sport.

^{**}Swimming relay registration will be at pool, Track 4x100M Relay registration will be at the track.



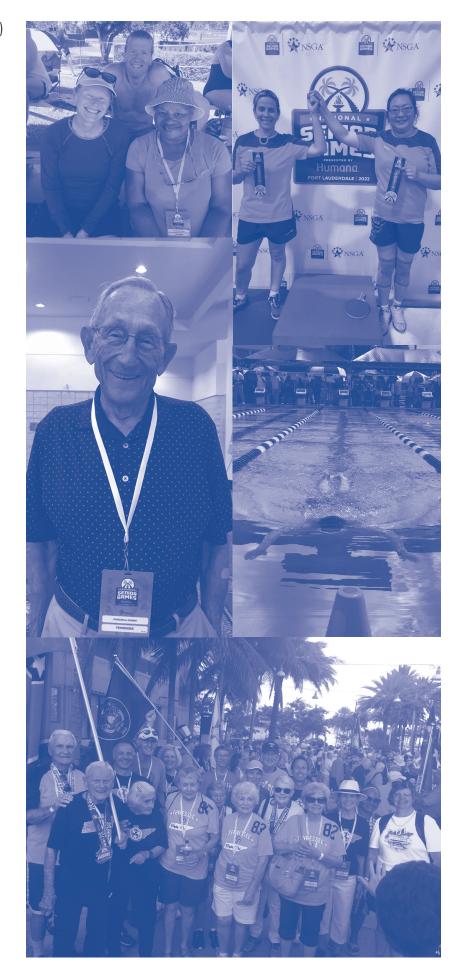


EVENT VENUES

- Brentwood High School (not used in 2022)
- 2 Williamson Co Soccer Complex
- 3 Franklin High School
- 4 Franklin Entertainment Center
- 5 Franklin Recreation Complex
- 6 Indoor Sports Complex

- **7** Longview Recreation Center
- 8 The Factory (not used in 2022)
- Academy Park/Enrichment Center
- River Park
- Fieldstone Farms Softball Complex
- 12 Franklin Bridge Golf Club

- Brentwood High School (not used in 2022) 5304 Murray Ln Brentwood, TN 37027
- Williamson County Soccer Complex (outdoor venue) 1878 Downs Boulevard, Franklin, TN 37064
- Franklin High School 810 Hillsboro Rd Franklin TN 37064
- Franklin Entertainment Center 1200 Lakeview Drive Franklin TN 37067
- Franklin Recreation Complex 1120 Hillsboro Road Franklin TN 37064
- Indoor Sports Complex 920 Heritage Way Brentwood, TN 37027
- Longview Recreation Center 2909 Commonwealth Drive Spring Hill, TN 37174
- The Factory (not used in 2022) 230 Franklin Road Franklin, TN 37064
- 9 Academy Park/Enrichment Center 120/110 Everbright Avenue Franklin, TN 37064
- River Park
 1100 Knox Valley Drive
 Brentwood, TN 37027
- Fieldstone Farms Softball Complex 1377 Hillsboro Rd Franklin, TN 37064
- Franklin Bridge Golf Club 750 Riverview Dr. Franklin, TN 37064



Thank You To Our Donors

Names in Red indicate that the gift was made in memory or honor of that person Bronze Level -

Donation of \$25 or more

Joe Ahearn	
Lisa Anderson-Houst	on Aline Davis
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Thank You To Our Donors

Names in Red indicate that the gift was made in memory or honor of that person

Silver Level 2 Donation of \$50 or more

Gold Level 3 Donation of \$100 or more

A T Ashby Jr Dan Ball Bob Barlow Amy Brown Greg Buzek Ariane Cap Ann Cornwall Michelle Curti

In Memory Of Dorothy Mcree

Michelle Curtin William Dann Ted Gaby Robert Glenn

obert Glenn Alice Glenn

Henri Grissino-Mayer Bootsie And Keith Summers
Rose Gustavson In Honor Of My Older Brother,

George Egbert Lindsay Harp

Jae Hill

David Huntsinger
Joel Kleinman
Dolores Law
Janice Mccollum
Larry Mills

In Honor Of Bill Laurer
Nadeanne Kleinman
In Memory Of Carole Scroggs
Donald Wayne Mccollum
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Luis Rosa

Ronnie Rudd Mark Rutledge

Clarence Shattuck

Josefina Sherman

Charles Sharp

Team Kristin

In Memory of Pat Burton

In Honor Of My Husband Alan Gray Sherman For His Service To Country While In The Us Navy And To

Community

Margie Stoll
Christine Warn

Christine Warmouth Peter Wimberg Maria Wood

In Memory Of Friends And Family Recently Lost: Lydia Kingsborough, Jeannie Vraciu, Carl And Ruby Wood

Michael Yagemann

Frank Baker Teresa Beals Rick Bean Evelyn Blackmon Debbie Brooks Mark Carver

Detra Cleven

Robert Craig Patricia Evans Norman Fox David Hazelwood Dwight James

Janet Jernigan George Mead Molly Myers Tom Nadeau James Nelson Linda Porterfield Patrick Prince

Patrick Prince Michael Stresser Carol Stricklin Todd Weddle In Memory Of Charlie Baker Richard And Shirley Beals

In Memory Of Glenn Mutters Naill Falls

Dwight & Irene James And Bob & Betty Thompson Amanda Floyd Ken Peterson

Clement P. Nadeau - Father

Leona Collins

In Memory Of John Ewing In Honor Of My Loving Parents: Roger & Delores Weddle

Special Thanks

The Honorable Rogers Anderson Williamson County Mayor

The Honorable Ken Moore Franklin Mayor

The Honorable Rhea Little Brentwood Mayor

Mr. J.D. Hickey

Chief Executive Officer,

BlueCross BlueShield of Tennessee

Mr. Gordon Hampton Mr. Gary Hathcock Williamson County Parks and Recreation

Mr. Gary Hathcock Chairperson of the Board of Directors, Tennessee Senior Olympics Dalya Qualls White
Laurel Eldridge
Alison Sexter
Rebecca Styles
Amanda Haskew
Steven Johns
Lisa Wright
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Christine Dewbre
Traci Meador
Tennessee Senior Olympics Staff

Kelly Price, Richard West, Melissa Ward, Amanda Johnson, Liz Whitmore, Pam Kemp, Linda Kauffman, Kim Preece Alicia Arehart, and Teresa Sutphin District Coordinators

> To the many volunteers of BlueCross BlueShield of Tennessee, the city, agencies, clubs, recreation departments, and other individuals who volunteered their time. A special thanks to Hands on Nashville for their assistance this year



Thank You Notes Encouraged Please consider taking the time after our event to express your appreciation to the following individuals. Without the support of these agencies, this event would truly not take place. Thank you in advance for your time spent on this correspondence.

Ms. Laurel Eldridge BlueCross BlueShield of Tennessee 1 Cameron Hill Circle Chattanooga, TN 37402 Laurel_Eldridge@bcbst.com Mayor Rogers Anderson Williamson County Mayor 1320 West Main Street, Suite 125 Franklin, TN 37064 Gordon Hampton, Director Williamson County Parks and Recreation 1120 Hillsboro Rd Franklin, TN 37064 gordon.hampton@ williamsoncounty-tn.gov

NATIONAL QUALIFYING INFORMATION

The National Senior Games- the Senior Olympics is scheduled for 2023 in Pittsburgh, PA. This year functions as a qualifying cycle for the 2023 event. Our state finals events in Williamson County, Chattanooga, and Strawberry Plains serve as the qualifying sites for Tennessee. Our Tennessee athletes always have a great showing at Nationals!

Top finalists from these **state finals** events will qualify. This includes:

- The top 3 teams in each age group for basketball, volleyball, and softball.
- The top 3 finalists in each age group in tennis.
- In **golf**, the **first- place winner** in each age group will qualify as well as all others who meet the **minimum performance standard**.
- For the 5K and 10K road races all who complete the event qualify.
- The **remaining individual sports** will qualify the **top 4** in each age group.
- Exceptions include **cornhole and powerwalk** which will be **open** for 2023, meaning qualification is not necessary. In addition, **these Tennessee sports are NOT held** at Nationals: Free throw, 3- point, hot shot, disc golf, and the softball throw.
- Athletes may also qualify by meeting or exceeding the Minimum Performance Standards (MPS) in archery, golf, race walk, road race, swimming and track & field at a 2022 qualifying games.

The TSO staff will submit our TN results to the national office. The national office will send out information to each qualified athlete. This does not come from the Tennessee Senior Olympics. Expect this information by January 1, 2023.

For further information, rules, and minimum performance standards please visit <u>www.nsga.com</u>.

Join the 50+ Movement!

Feel Younger · Healthier · Stronger · Joyful

Please help us share this information with a friend!

"My decision to participate in the TSO was a life changer. Exercise and fitness are now a part of me. A part of my identity. It was fun and I really loved being a part of a group that truly appreciates the gifts they have been given at this time in their life." Jennifer Ford, Race Walking

HOW TO JOIN THE TSO

- 1) Pick one of our sports. See the list at the bottom.
- 2) Register for one of our events during an open registration period. Visit www.tnseniorolympics.com for details.
- 3) You will receive a confirmation and communication along the way regarding where, when, and how to compete.

OPPORTUNITIES

Will you be 50 by the end of the calendar year and a TN resident or live within 30 miles of our border? JOIN US!

- 1) District events are held all over the state in the fall of each year.
- 2) State finals are held each summer
- 3) A national competition is held every other year.

For More Information

info@tnseniorolympics.com
615-200-8760
www.tnseniorolympics.com
We are happy to help guide and answer questions!

Be there for the next generation.

Never Stop Playing!

Archery · Badminton · Basketball (3 on 3) · Basketball Skill Events · Bowling · Corn Hole · Cycling · Disc Golf Field Events · Golf · Horseshoes · Pickleball · Racquetball · Road Races · Shuffleboard · Swimming Table Tennis · Track Events · Race Walk · Power Walk · Volleyball · Softball (on National qualifying years)

Please be aware that some sports listed are not offered at the district or national level.





Strength is ageless. Dedication is timeless.

Here's to those who live active, healthy lives. We're honored to support the Tennessee Senior Olympics, and the athletes who inspire us all.

