

# 2017

TENNESSEE SENIOR OLYMPICS

# EAST TN



# DISTRICT

Presented by:



of Tennessee

**October 13-18, 2017**

Entry Deadlines:

Early Bird- September 1, 2017 Final  
Deadline- September 15, 2017

The Tennessee Senior Olympics is a sports competition for athletes ages 50 and older of all skill levels. The objectives of the Senior Olympics are to recognize people who have achieved and maintained good health throughout their lives; promote physical fitness and the pursuit of lifetime leisure activities; and provide opportunities for fun, recreation and fellowship.

# GENERAL INFORMATION

## DISTRICT INFORMATION

The Tennessee Senior Olympics hosts ten district events across the state of Tennessee. Athletes are encouraged to participate in their home district (determined by county of residence). If unable to do so, one may choose from any district.

Teams and individuals may participate in as many districts as desired. Registration and payment are required for each district.

For further information about all district dates and deadlines please visit [www.tnseniorolympics.com](http://www.tnseniorolympics.com) or call (615) 200-8760.

## AGE CATEGORIES

The Tennessee Senior Olympics age categories are as follows:

50-54	55-59	60-64	65-69	70-74
75-79	80-84	85-89	90-94	95+

Participants will qualify for age divisions according to their age as of December 31, 2018. **For more information, please read the State Finals article on page 7.**

In doubles events and in team competition, teams will compete in the division determined by the age of the youngest team member.

## REGISTRATION

Participants may enter an unlimited number of events. However, one may not register for events that will **overlap** in time.

Upon receipt of registration, athletes will receive a confirmation letter. Please make sure all the information is correct on your confirmation letter. For questions or corrections, please contact your district coordinator. Contact information is included in this form.

## HEALTH

The Tennessee Senior Olympics strongly recommends that each participant consult his/her doctor in regards to practice, preparation, and competition in these events or any similar physical activity.

## OUR WEBSITE

For those who may be new to the Senior Olympics, please visit our website at [www.tnseniorolympics.com](http://www.tnseniorolympics.com). A web page has been designed for each district, including information such as counties in the district, rules, entry forms, team rosters, and other information. The website is also a great source for additional details about the state finals and the Tennessee Senior Olympics.

## AWARDS

Medals will be presented for first, second, and third place finalists in each age/sex category. The awards will be presented at the conclusion of each event.

## INCLEMENT WEATHER

The Tennessee Senior Olympics reserves the right to cancel or postpone events in case of inclement weather or extenuating circumstances. Any schedule changes will be announced at the event site. For further information, please call your district coordinator (see chart or website).

## RULES AND EQUIPMENT

All events will be conducted in accordance with the 2017 Tennessee Senior Olympics Official Rules Manual. A copy of the manual is provided to each District Coordinator. The complete rules manual is also available on our website, [www.tnseniorolympics.com](http://www.tnseniorolympics.com). A copy of the rules for each event will be available at each event site.

Equipment for each event will be provided by the Tennessee Senior Olympics unless stated in the rules of each event. Participants are advised to consult the Official Rules Manual concerning equipment for their specific event(s).

## CHECK-IN FOR EVENTS

Unless notified by mail or phone, check-in for events will be at the starting time listed on the schedule of events. If an athlete is not present at game time (even exhibition), he or she will be scratched even if participating at another Senior Olympics event. Game Time is Forfeit Time.

## EVENT SITES

### Gatlinburg Community Center

156 Proffitt Road, Gatlinburg, TN 37738 | (865) 436-4990

### Herbert Holt Park

151 N. Park Lane, Gatlinburg, TN 37738 | (865) 436-4990

### Mynatt Park

634 Asbury Lane, Gatlinburg, TN 37738 | (865) 436-4990

### Mills Park

214 Mills Park Rd., Gatlinburg, TN 37738 | (865) 436-4990

### Three Ridges Golf Course

6101 Wise Springs Road, Knoxville, TN 37918 | (865) 687-4797

The following counties are included in the East District: Anderson, Blount, Campbell, Claiborne, Cocke, Grainger, Hamblen, Jefferson, Knox, Loudon, Morgan, Roane, Scott, Sevier and Union.

**PLEASE NOTE: READ SCHEDULE CAREFULLY AS IT HAS CHANGED.**

# EVENT SCHEDULE

**LEGEND:** HP-Holt Park | MP-Mills Park | GCC-Gatlinburg Community Center | TRGC-Three Ridges Golf Course | Mynatt Park

## FRIDAY, OCTOBER 13, 2017

Time:	Location	Event
8:00 a.m. – 1:00 p.m.	GCC	Registration
10:00 a.m.	MP	Track Events –LISTED IN MEET ORDER (50M, 800M, 100M, 400M, 200M, 1500M & 1500M Race Walk)
12:30 p.m.	MP	Field Events-LISTED IN MEET ORDER (Men-Shot Put, Discus, Javelin, Long Jump, & Softball Throw) (Women-Discus, Shot Put, Long Jump, Javelin, & Softball Throw)

## SATURDAY, OCTOBER 14, 2017

8:00 a.m.-1:00 p.m.	GCC	Registration
8:30 a.m.	MP	5K Run
9:30 a.m.	GCC Pool	Swimming warm ups
10:00 a.m.	GCC Pool	Swimming Events-LISTED IN MEET ORDER (200Y Free, 100Y Fly, 50Y Breast, 200Y IM, 100Y Back, 50Y Free, 200Y Breast, 100Y IM, 200Y Back, 100Y Free, 50Y Fly, 100Y Breast, 50Y Back, 500Y Free)
11:00 a.m.	GCC	Bowling Singles age 50-64
12:30 p.m.	GCC	Bowling-doubles age 50-64
2:00 p.m.	GCC	Bowling-mixed doubles age 50-64

## SUNDAY, OCTOBER 15, 2017

1:00 p.m. - 3:00 p.m.	GCC	Registration
1:30 p.m.	GCC	Bowling-singles age 75+
1:30 p.m.	Mynatt Park	Tennis (all events & age groups)
3:00 p.m.	GCC	Bowling-doubles age 75+
4:00 p.m.	GCC	Bowling-mixed doubles age 75+

Presented by:



District Sponsors





# EVENT SCHEDULE

**LEGEND:** HP-Holt Park | MP-Mills Park | GCC-Gatlinburg Community Center | TRGC-Three Ridges Golf Course | Mynatt Park

## MONDAY, OCTOBER 16, 2017

9am-2pm	GCC	Registration
9am	GCC	Pickleball (all events)
11am	GCC	Bowling - singles age 65-69
12:30pm	GCC	Bowling - doubles age 65-69
12:30pm	Hp	Shuffleboard - (all events)
2pm	GCC	Bowling-mixed doubles age 65-69

## TUESDAY, OCTOBER 17, 2017

9am-1pm	GCC	Registration
9am	MP	Horseshoes - women & men
11am	GCC	Table Tennis - women & men
11am	GCC	Bowling - singles age 70-74
12:30pm	GCC	Bowling - doubles age 70-74
1pm	GCC	Basketball - free throw etc. women
1:30pm	GCC	Basketball - free throw etc. men
2pm	GCC	Bowling - mixed doubles age 70-74

## WEDNESDAY, OCTOBER 18, 2017

9:00 a.m.	TRGC	Registration-golf
10:00 a.m.	TRGC	Golf- *Shot Gun Start*



**Crossroads Inn & Suites**  
**440 Parkway**  
**Gatlinburg, TN 37738**  
**(865) 436-5661**  
**(866) 645-6726**

The Crossroads Inn and Suites is conveniently located downtown just a short 2 block walk to The Aquarium. There are lots of wonderful shopping, restaurants and other attractions in walking distance. The hotel offers a hot breakfast each morning, spacious rooms that are accessible by elevator or ramp, exercise facility, free WIFI, free parking, lobby business station, and a seasonal outdoor heated pool. The room amenities include: cable TV, refrigerator, microwave, iron/ironing board, coffee/tea maker, hair dryer and seasonal fireplaces. The Atrium Restaurant is located in the parking lot and they have wonderful lunch specials each day.

**Tell the clerk you are with the TN Senior Olympics East District to receive your 15% off each night.**  
**We do require the first night stay as a deposit.**

Both sides of this Entry Form must be completed fully to successfully register  
**Register online: [www.tseniorolympics.com](http://www.tseniorolympics.com) or complete form and mail in.**

# ENTRY FORM

## General Information (please print)

Last Name \_\_\_\_\_ First Name \_\_\_\_\_ Initial \_\_\_\_\_

Street Address (Include Apartment Number) \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

County \_\_\_\_\_ Date of Birth \_\_\_\_\_

Phone Number \_\_\_\_\_ month \_\_\_\_\_ day \_\_\_\_\_ year \_\_\_\_\_  
Age \_\_\_\_\_ Male \_\_\_\_\_ Female \_\_\_\_\_

E-mail Address \_\_\_\_\_ as of 12/31/2018

T-Shirt Size  
\*(fill in appropriate box)

S	M	L
XL	XXL	

**\* dri-fit shirts  
run a size large**

**Events** –Note: Open events at the State level include: 5K & 10K Runs, Archery, Cycling, Racquetball, Power Walk and any sport not offered in your district event.

- Basketball
  - Free Throw  3-Point  Hot Shot
- Bowling (singles)
- Bowling (doubles)  
Partner's Name \_\_\_\_\_ Bday \_\_\_\_\_
- Bowling (mixed doubles)  
Partner's Name \_\_\_\_\_ Bday \_\_\_\_\_
- Field Events (indicate each event)
  - Long Jump  Javelin  Shot Put
  - Discus  Softball Throw
- Golf  
List others in foursome - all players must submit a registration form  
Self \_\_\_\_\_  
1 \_\_\_\_\_  
2 \_\_\_\_\_  
3 \_\_\_\_\_
- Horseshoes
- Pickleball (singles)
- Pickleball (doubles)  
Partner's Name \_\_\_\_\_ Bday \_\_\_\_\_
- Pickleball (mixed doubles)  
Partner's Name \_\_\_\_\_ Bday \_\_\_\_\_
- Shuffleboard (singles)
- Shuffleboard (doubles-may be mixed)  
Partner's Name \_\_\_\_\_ Bday \_\_\_\_\_
- Swimming (indicate each event - select only 6 events)
  - Backstroke  50Y  100Y  200Y
  - Breaststroke  50Y  100Y  200Y
  - Butterfly  50Y  100Y
  - Freestyle  50Y  100Y  200Y  500Y
  - Indiv. Medley (4 strokes)  100Y  200Y
- Table Tennis (singles)
- Table Tennis (doubles)  
Partner's Name \_\_\_\_\_ Bday \_\_\_\_\_
- Table Tennis (mixed doubles)  
Partner's Name \_\_\_\_\_ Bday \_\_\_\_\_
- Tennis (singles)
- Tennis (doubles)  
Partner's Name \_\_\_\_\_ Bday \_\_\_\_\_
- Tennis (mixed doubles)  
Partner's Name \_\_\_\_\_ Bday \_\_\_\_\_
- Track Events (indicate each event)
  - Run/Walk-  50M  100M  200M
  - 400M  800M  1500M Run  1500M Racewalk
  - 5K Run



## Health Information

Do you have specific health conditions or problems that would need to be known in case you need emergency treatment?

- No  
 Yes \_\_\_\_\_  
\_\_\_\_\_

Family Doctor \_\_\_\_\_

Phone ( ) \_\_\_\_\_

Emergency Contact \_\_\_\_\_

Relation \_\_\_\_\_

Phone ( ) \_\_\_\_\_

## Recruitment

Are you a first-time Senior Olympics athlete?

- No  
 Yes, but I wasn't recruited by a returning athlete  
 Yes, and I was recruited by a returning athlete and his/her name is \_\_\_\_\_

## Volunteer

Are you interested in volunteering for an event?

- Yes, and I would prefer to volunteer for:  
\_\_\_\_\_  
\_\_\_\_\_  
 No

## Liability Waiver

I, the undersigned, understand and expressly assume the dangers of the District Senior Olympics competition(s) I have entered. I hereby agree to indemnify, save and hold harmless Tennessee Senior Olympics, East District Tennessee Senior Olympics, BlueCross BlueShield of Tennessee, Town of Farragut, Gatlinburg Recreation Department, Three Ridges Golf Course and any other sponsoring agencies or their respective agents, representatives, successors or assignees for my health, safety, loss of property or injury resulting from my participation in the East District Tennessee Senior Olympics and planned special events. To the best of my knowledge, I have no physical restrictions which would prohibit my competing in the event(s) I have selected. Senior Olympics has my permission to have emergency medical personnel attend to me during my participation in the Senior Olympics if it is deemed necessary.

I, the undersigned, grant Senior Olympics and its sponsors the right to use any still or motion pictures taken of me during the 2017 District Senior Olympics without remuneration.

Signature \_\_\_\_\_ Date \_\_\_\_\_

## Entry and Event Fees

Early Bird Fee (postmarked by 9/1) \$25.00

Final Deadline Fee (postmarked by 9/15) \$30.00

I am entering over ten events  
\_\_\_\_\_ - 10 = \_\_\_\_\_ x \$3.00 = \$ \_\_\_\_\_.00  
number of  
events entered

I am participating in a bowling event  
\_\_\_\_\_ x \$5.00 = \$ \_\_\_\_\_.00  
number of  
bowling events

I am participating in golf + \$35.00 \$ \_\_\_\_\_.00

Donation \$ \_\_\_\_\_

TOTAL AMOUNT ENCLOSED \$ \_\_\_\_\_

Make checks payable to "East District TN Sr Olympics" .00

Mail all forms to: East District TN Sr Olympics  
c/o Gatlinburg Recreation Dept.  
P.O. Box 5  
Gatlinburg, TN 37738

Or scan &  
email form to: melissaw@gatlinburgtn.gov

V/MC/DISC/AX total \$ \_\_\_\_\_  
Card # \_\_\_\_\_  
Exp Date \_\_\_\_/\_\_\_\_/\_\_\_\_ 3 digit CVT \_\_\_\_ (on back of card)

This form must be completed and postmarked by September 15, 2017 in order to participate. Forms may be mailed to: East District Tennessee Senior Olympics, c/o Gatlinburg Recreation Department  
PO Box 5, Gatlinburg, TN 37738

Please include your team and/or partner's name when registering for doubles and team events. Partners must also submit a registration form. You may not enter an event after the deadline.

## NEXT SUMMER'S STATE FINALS IMPORTANT INFORMATION! PLEASE READ!

The Tennessee Senior Olympics State Finals are scheduled for June 2018 in Williamson County, TN. The exact dates will be posted at [www.tnseniorolympics.com](http://www.tnseniorolympics.com) by the end of the year. This is a qualifying year for the 2019 Nationals.

**To be eligible for the 2018 state finals, athletes must participate in a fall 2017 district event.**

**District participants will participate and qualify in age divisions that match the state finals age determination. Age at the district will be determined by the athlete's age as of December 31 of the next calendar year.**

**Athletes must be 50 years old by December 31 of 2018 to compete in the 2018 state finals.**

Open sports that do not require district qualification include archery, cycling, the 5K and 1 OK road race, racquetball, and the power and fitness walk. Sports not offered at your home district are also considered open. **This list is subject to change by our board of directors. Notification of changes will be via e-mail.**

Registration for the state finals will open in early March 2018. Details will be e-mailed to all district participants. Visit [www.tnseniorolympics.com](http://www.tnseniorolympics.com) for more information about the state finals.

## NATIONALS

The next National Senior Games- the Senior Olympics is scheduled for 2019 in Albuquerque, New Mexico. Qualification for this event will occur at the 2018 Tennessee Senior Olympics State Finals. For more information please visit [www.nsga.com](http://www.nsga.com).

## RULE HIGHLIGHTS

- 1) As mentioned on the general information page, athletes are encouraged to participate in their home district (determined by county of residence). If unable to do so, one may choose from any district.
- 2) If an athlete is the only individual in his or her respective age group, he or she must play an exhibition match to qualify for the state finals and before medals will be awarded.
- 3) Athletes must pre-register for each sport. Events may not be entered at the last minute and on site. Sports must be checked on entry forms.
- 4) Athletes must qualify in each specific event to qualify for the state finals. For example, swimming the 50 freestyle does not qualify an athlete for the 100 freestyle. Each event requires participation.
- 5) Doubles partners who qualify at the district for the state finals should plan to play together. If one of the partners cannot attend, another qualified athlete in the same competition may be chosen. Changes must be submitted no later than one month prior to the state finals.
- 6) An individual who lies about his or her age or address will be banned from the Tennessee Senior Olympics at all levels and for all events for three years. In addition, if the individual was a member of a team, that team will be disqualified. A team captain is required to verify all ages and addresses of team members. Team captains will be responsible for turning in rosters and entry forms for team members.
- 7) There are limits to the number of out-of-district players who can play on basketball, volleyball, and softball teams. Please consult our rulebook for these specific rules.
- 8) Athletes are allowed to play on one team per team sport. **The Tennessee Senior Olympics rulebook may be viewed online at [www.tnseniorolympics.com](http://www.tnseniorolympics.com). Please check this for a complete listing of all rules.**

District	2017 Dates	Contact Name	Phone Number	Email Address
Chattanooga	October 14-31, Pickleball February 2018	Kelly Price	(423) 240-1508	kellyelaineprice@hotmail.com
East TN	October 13 -18	Melissa Ward	(865) 436-4990	melissaw@gatlinburgtn.gov
First TN	Golf Sept. 6, Track/Field Sept. 9 - other events TBA	Teresa Sutphin	(423) 722-5120	tsutphin@ftaaad.org
Greater Nashville	September 25-30; Track 9/30; Golf September 19	Traci Meador	(615) 200-8760	gnseniorolympics@comcast.net
Memphis	September 15-29	Lori Fageol	(901) 383-9101	Lori.fageol@memphistn.gov
Northwest	September 25-October 20	Julie Jones	(731) 587-4213	julie.jones@nwtd.org
South Central	August 21-25	Pam Kemp	(931) 762-4231	pkemp@lawrenceburgtn.gov
Southeast	TBA	Tina South	(423) 744-2704	mcminnsenior@comcast.net
Southwest	September 25 - October 10, 2017	Linda Kauffman	(731) 425-8614	southjacksoncenter@cityofjackson.net
Upper Cumberland	TBA	Angela Shadden	(931) 484-7416	fpsctn@yahoo.com

Go to [www.tnseniorolympics.com](http://www.tnseniorolympics.com) for a complete list of counties and to download entry forms.

\*\*Dates are subject to change without notice, please check [www.tnseniorolympics.com](http://www.tnseniorolympics.com) for updates.



East TN District  
Tennessee Senior Olympics  
c/o Gatlinburg Recreation Department  
PO Box 5 Gatlinburg, TN 37738

## Final Checklist

- I completed the Official Entry Form and the Event Registration Form.
- I completed the Health Information Form and signed the Liability Waiver.
- I completed the Fee and Ticket Order Form and included a check or money order for the total amount payable to East District Tennessee Senior Olympics and I submitted all forms before September 15, 2017.
- I am including the above pages (3) to be mailed back.
- I understand I may not enter any events after the deadline.

## Contact Information

Melissa Ward, Coordinator

E-Mail: [melissaw@gatlinburgtn.gov](mailto:melissaw@gatlinburgtn.gov)

Phone: (865) 436-4990

Address: Melissa Ward, East District Coordinator

Tennessee Senior Olympics  
c/o Gatlinburg Recreation Department  
PO Box 5 Gatlinburg, TN 37738

District Dates: October 13-18, 2017

Presented by:



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